**Men’s Health Week Social Media Toolkit**

June 15-21, 2020

**Proposed Content Sharing Partners**

* Indian Health Service
* National Indian Health Board
* National Council for Urban Indian Health
* National Institutes of Health/NIAMS
* Northwest Portland Area Indian Health Board
* Healthy Native Youth
* Robert Wood Johnson Foundation
* Annie E. Casey Foundation
* Indian Country Today
* Urban Indian Health Institute
* Illuminatives

**Facebook**

While COVID-19 infects men and women equally, men with COVID-19—especially those with underlying health conditions—seem to be at a higher risk for worse outcomes and death across the world. Protect yourself and your family by social distancing. Wear a mask outside the home. Contact a health provider to get tested if you have symptoms such as cough, fever, or shortness of breath. Learn more about COVID-19 and its impact on the body. <https://bit.ly/3fvase9>

[Insert any of images below]

**Twitter**

A picture containing text, person, person

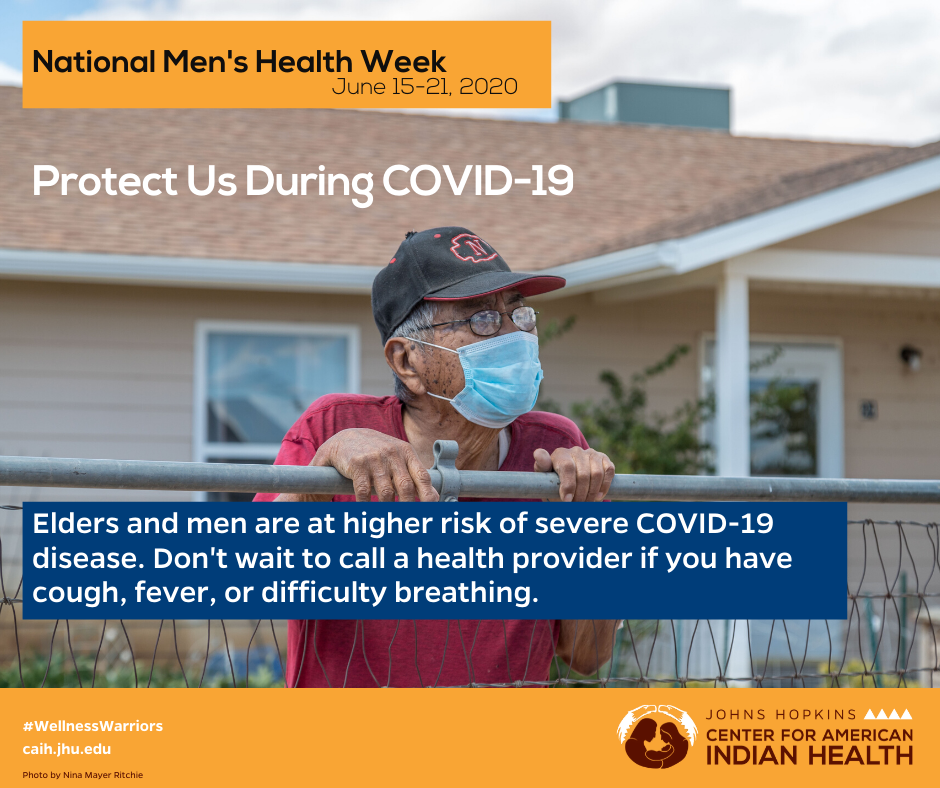
Description automatically generated

Across the world, men 👨🏽are more likely to become severely ill🦠 from #COVID-19. Protect yourself by social distancing in the beauty of nature🌲. #TheMoreYouKnow #BreatheDeep #PreventCOVID Learn how to stop the spread <https://bit.ly/2YIaybE>

A group of people around each other

Description automatically generated

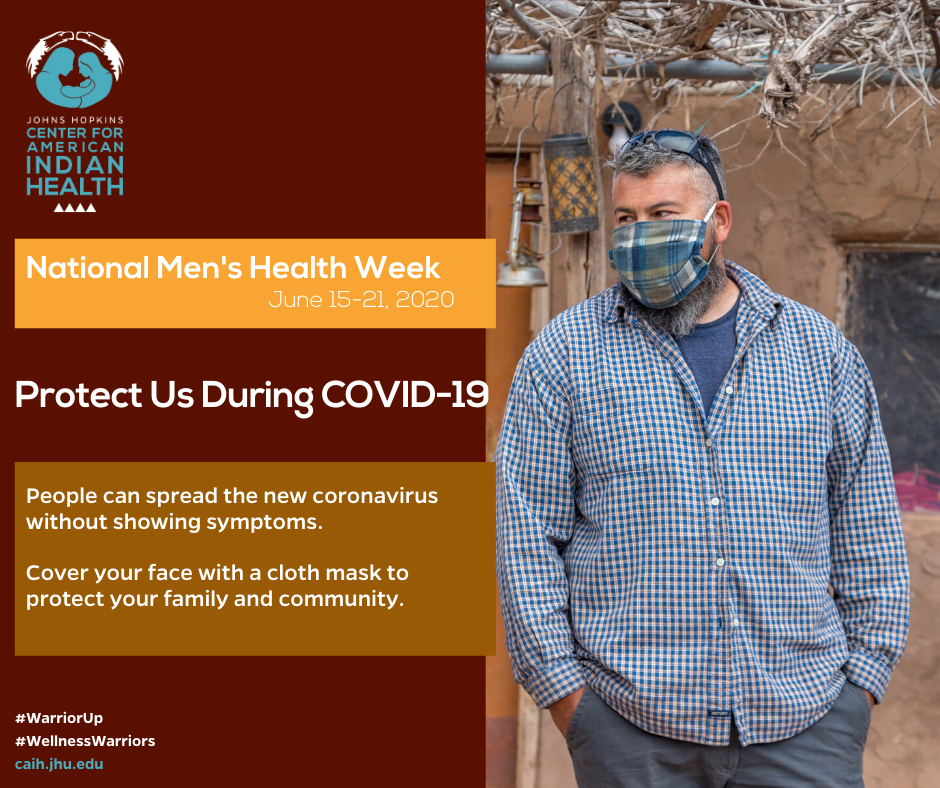
DYK? Elders are at elevated risk for severe #COVID19 disease🦠. Call your health care provider if you have 🌡️fever, cough, headache, or other symptoms. Care for yourself at 🏠 home with these tips. <https://bit.ly/WYSWN8j>



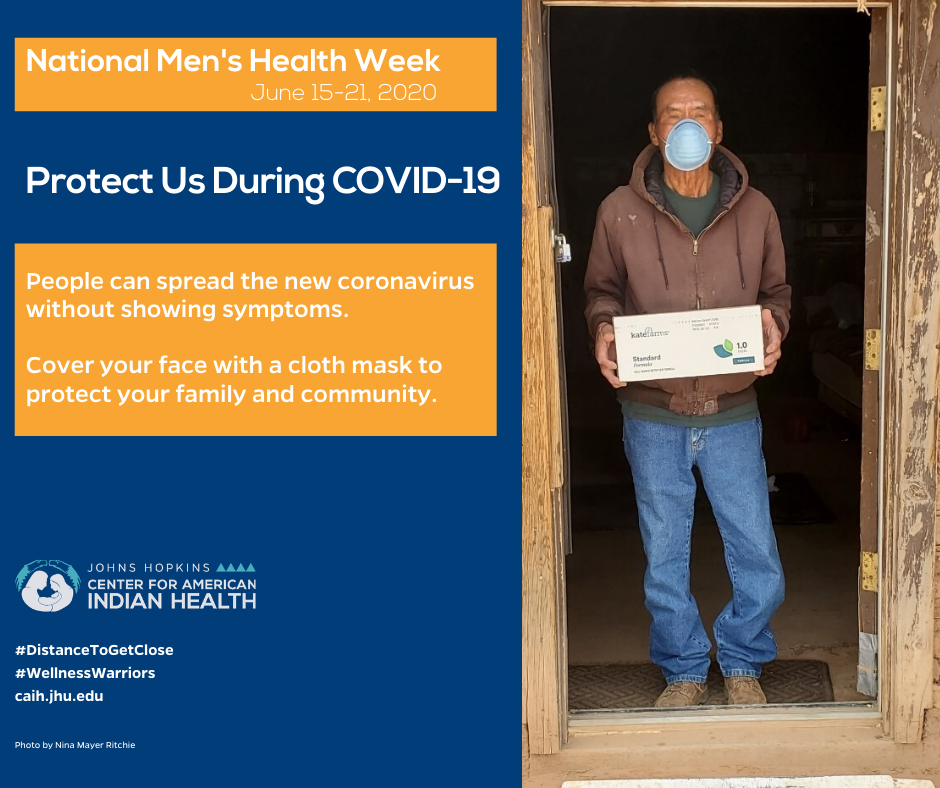
Elders are at elevated risk for severe #COVID19 disease🦠. Call your health care provider if you have 🌡️fever, cough, headache, or other symptoms. Care for yourself at 🏠 home with these tips. <https://bit.ly/WYSWN8j>

A picture containing application

Description automatically generatedLife during #COVID19 can feel stressful. There are ways to practice traditional healing while keeping your distance socially—like sharing traditional stories by 📱phone. Learn more <https://bit.ly/2YIaybE>



#WarriorUP and cover your face😷 to slow the spread of #COVID19 when leaving home. Cloth masks and bandanas should be worn over nose and mouth. Learn more <https://bit.ly/2zDbZj0>



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**Instagram**

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