**Mask Social Media Toolkit**

**Set 1: Choosing the best mask against COVID-19 — a series of four graphics meant to be combined as a “swipe-through” set for one post.**

A screenshot of a cell phone

Description automatically generated

A picture containing computer

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A picture containing food

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**Message:** #DYK that different types of #masks 😷 offer different levels of protection against COVID-19? When selecting a mask, avoid masks that have valves or vents that allows germs to escape, those that that should be saved for healthcare workers, or those that are loose-fitting. The best mask is one with two or more layers and one that fits tightly around the nose and mouth. Swipe right to learn more about which masks can help #stopthespread of #COVID19 or visit https://bit.ly/3joUUuL!

A picture containing computer, computer, phone

Description automatically generated

**Message**: Do you have questions about masks? 😷 Find information about the best types of #masks, how to wear a mask correctly, and how to make your own mask at home by visiting the #COVID19 Resources for #Tribes at caih.jhu.edu. Click here for more on masks: https://bit.ly/3joUUuL

A screenshot of a cell phone

Description automatically generated

**Message**: Wearing a mask 😷 can help #stopthespread of #COVID19 in our communities but are only effective if worn correctly. Make sure your #mask tightly covers your nose and mouth and practice physical distancing. Want to learn more about masks? Visit the COVID-19 resources for Tribes page at caih.jhu.edu below or click here: <https://bit.ly/3joUUuL>.

A picture containing person, outdoor, young, holding

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**Message**: It’s important to #WearAMask 😷 in public when around other people not in your household in order to protect our communities from #COVID19, but #masks should NOT be worn by children under 2 or anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance. Get more information on masks by visiting caih.jhu.edu or clicking here: <https://bit.ly/3joUUuL>.

**Hashtags to use at end of posts:**

#covidWarrior

#protectourelders

#indigenouselders

#Nativehealthcare

#wearamask

#protectourpeople

#strongresilientindigenous

#nativehealthmatters