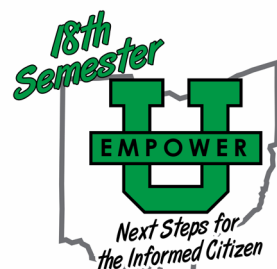




www.EmpowerUohio.org

EmpowerU Calendar of Events

Free Courses
Educate Enjoy Engage



www.EmpowerUohio.org

Reservation Required! Reserve your spot now by signing up for sessions at www.empoweruohio.org.
Read Entire Course Listing online including speaker information and location maps. Space is limited, Sign up online!



STOP The Bleed

Oct
01



EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Virtual
Class

Tuesday, October 1, 7:00–8:30 PM



Gina Menninger

The #1 cause of preventable death after injury is bleeding. Education early-on will prevent these statistics from continuing to trend up as trauma continues to be the leading cause of death for those age one to forty and the third leading cause of death for all ages. **Stop the Bleed** is a nationwide campaign to empower individuals to act quickly and save lives. Uncontrolled bleeding injuries can result from natural and manmade disasters and from everyday accidents. If the bleeding is severe, it can kill within minutes, potentially before trained responders can arrive. Providing bystanders –like you– with basic tools and information on the simple steps they can take in an emergency situation to stop life threatening bleeding, saving lives. Research has shown that bystanders, with little or no medical training can become heroic lifesavers. Gina Menninger, a nurse for 13 years and the Trauma Prevention Outreach Coordinator for UC Health and the University of Cincinnati Medical Center will guide us through this important training. Don't miss this FREE class..



China Will Never be #1 & Why

Oct
03

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Thursday, October 3, 7:00–8:30 PM

China's growth over the last four decades has been amazing. Since it adopted the Japanese economic development model of top-down, government-directed, it has grown from a poor, backward, weak nation to become the worlds #2 power. China's self-stated goal is to pass the US before mid-century. Dr. Al Tuchfarber talks to us about China: 1) How will the trade war affect China and the US?, 2) Will China get old before it gets rich?, 3) Has China nearly reached it's peak?, 4) Will the U.S.A.'s long term growth trends outpace China's? One of the biggest stories currently in the news is **China, China China.**



Cold Cases

Oct
08

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, October 8, 7:00–8:30 PM

Are you intrigued by crime shows and wonder if fictional TV shows and movies are giving the straight facts on how crimes, especially Cold Cases are solved? Learn firsthand the challenges detectives face. Retired Homicide Detective John Newsom will guide us through the process that differentiates Cold Cases from other crimes. What is a Cold Case? You will learn the challenges facing detectives and CSI's in trying to solve the most difficult cases and you'll learn more about some of John's cases that have been featured on shows like *48 Hours Mystery*, *Dateline*, and *The Stranger Next Door*.



Bankrupt Pensions & Bailouts:

How can Congress protect pensioners and taxpayers

Oct
15

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, October 15, 7:00–8:30 PM

Virtually every worker with a union-run pension plan stands to lose some or most of his promised pension. That is because the multiemployer pension system as a whole is only 43 percent funded. Over the past decades, about 1,400 multiemployer (union-run) pension plans covering 10.6 million workers were promised an estimated \$638 billion more in pension benefits than they set aside to pay workers. Now, the unions and employers that failed to deliver on their promises want Congress to solve their problems through taxpayer-funded bailouts. Rachel Grezler from the Heritage Foundation comes to Cincinnati to inform and discuss this upcoming crisis.

TWO FOR! 7:05-7:20 PM Matt Miller-Novak from the Godbey Law Firm joins us to tell us about one of his most interesting cases involving--Government!



DeWine's Proposed Gun Legislation (What Do You Think)

Oct
17

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Thursday, October 17, 7:00–8:30 PM

EmpowerU favorite Sean Maloney joins us to review and discuss Governor Mike DeWine's 17-point plan to reduce gun violence. In the midst of the Dayton shooting, much is being discussed at the state level that might change your rights. Hear DeWine's thoughts point by point from the eyes of a pro firearms Second Amendment Defense Attorney. What about Universal Background Checks? How will Mental Health provisions be dealt with? Red Flags laws will be discussed in depth. Sean will have the latest information. **Note: We invited Governor DeWine to attend this event and discuss his gun plan. He was unable to attend.**



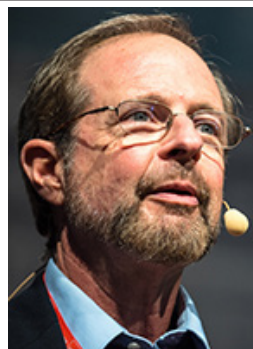
Why the Free and Fair Election is in Jeopardy

Oct
22

Virtual
Class

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, October 22, 7:00–8:30 PM



Dr. Robert Epstein

You've seen him on Tucker Carlson's Show and also on Matt Levin's Sunday show. Learn first hand about Dr. Robert Epstein's 2015 report in PNAS entitled "The Search Engine Manipulation Effect (SEME). What is the possible impact that large Internet content companies can have on the outcomes of Elections? How will Google influence our next election? Dr. Epstein's research has now been downloaded more than 200,000 times since it was reported. The report describes one of the largest effects ever discovered in the behavioral sciences, how it leaves no paper trail for authorities to follow, and is an especially dangerous form of influence. Learn how SEME is now determining the outcomes of upwards of 25 percent of the world's national elections and is affecting a wide range of opinions, not just voting preferences. In 2016, Dr. Epstein also discovered that search suggestions we see in Google's "autocomplete" can be used to shift votes and opinions. Is the 2020 election in danger of vote manipulation? Dr. Robert Epstein will join EmpowerU for a live webinar hookup for this extremely important topic--get your questions ready!



Chess The Game of Kings

Oct
24

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Thursday, October 24, 7:00–8:30 PM

Chess is perhaps the most widely recognized and played game in the world. What accounts for its popularity? Does it really make people smart? Alan Hodge presents this fun class which will look at the history of chess, it's role in the world and some of its most interesting players... Watch the strategy behind a couple of the great chess matches and get ready to play. This class is for players and non-players and we are sure you will find this class interesting.

TWO FOR! 7:05-7:20 PM State School Board member Dr. Jenny Kilgore will join us to talk about the School Board, what it does and what it's mission is.



EmpowerU is an independent Ohio Corporation and is not affiliated with any other entity. We are able to offer FREE classes based on your generous donations. Please consider sending a contribution or sponsoring a class at: EmpowerUOhio.org, Inc., 225 Northland Blvd., Cincinnati, OH 45246 email:info@empoweruohio.org

See Other Side



Armstrong The Documentary

Oct
29

DATELINE

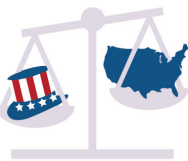
EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, October 29, 7:00–9:00 PM

EmpowerU takes you to the movies. *Armstrong, The Documentary* is a dramatic and emotional film that features never-before-seen family home-movie footage, along with still and moving images that chronicle Neil Armstrong's incredible life. With the support of the Armstrong family, including his two sons Rick and Mark, the film details his near-death experiences as a fighter pilot in Korea, his test pilot days, the drama and excitement of the Gemini 8 and Apollo 11 missions, and the challenges that followed his extraordinary fame. Join us as we give tribute to the life of Neil Armstrong 50 years after his walk on the moon.

TWO
FOR!

7:05-7:20 Sharon Coolidge, Cincinnati Enquirer reporter will speak about the day she first interviewed Neil Armstrong at his Indian Hill Home.



Federalism and Supremacy

Oct
30

Virtual
Class

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Wednesday, October 30, 7:00–8:30 PM

Can state and local governments just say “no” to federal law? The concept of dual government is central to American constitutional order, with state and federal governments sharing authority to govern. Join Attorney Joseph Ashbrook of the Federalist Society as he discusses supremacy and the interplay between local, state and federal governments, including some salient issues today like immigration, sanctuary cities, competing marijuana and drug laws. Who decides and how does the U.S. Constitution fit into all of this?

TWO
FOR!

7:05-7:20 PM Friend of EmpowerU, Chris Monzel, will join EmpowerU and tell us what he is up to and what his plans are for the future.

TED

Empower U
Does Ted

Nov
06

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Wednesday, November 6, 7:00–8:30 PM

Got an idea that the world needs to know about? Now is your chance to tell a crowd of people at our EmpowerU Ted class on November 6. Pass this notice around to your friends and family--you know--to those who like to get up and talk. Six people will be invited to speak for 15 minutes at our session with the winner to receive \$100.00. Your idea should be a BIG idea--something that would be a positive change for your City, County, The World. Auditions for this night will be held Wed, Oct 16 at 7:00 PM or Saturday, October 19, at 10:00 am.

Email jill@empoweruohio.org to audition. You've been thinking that you wanted to speak for awhile about your idea: now is your chance! *Carpe Diem!*



Saying Goodbye to Vietnam

Nov
07

Virtual
Class

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Thursday, November 7, 7:00–8:30 PM

“Saying Goodbye to Vietnam”, is an engaging story documented by Ken Williamson, a U.S. Army photographer, about life in a combat zone. Fifty years ago, Ken went to Vietnam as a U.S. Army photographer with a BFA in photography and an old Leica camera. Ken will present what life was like as a photographer in a combat zone and how he struggled with thoughts of why our country had a military presence in Vietnam. From developing film in lake water, to capturing daily events under challenging conditions “Saying Goodbye to Vietnam”, became a limited edition, hardback book that captures Vietnam at war & peace through Ken's experiences.

DATELINE



Lisa McCrary-Tokes

Dateline comes to EmpowerU. Lisa McCrary-Tokes will be traveling from Florida to join us. She will discuss the tragic death of her oldest daughter Reagan Delaney Tokes. Reagan was abducted just after leaving work in the Short North area of Columbus on February 8, 2017, by a previous violent offender. She is a mother who never thought she would be thrust into the political arena to fight for the rights of innocent victims and to push important statewide legislation in Ohio. Reagan was robbed, raped and shot in the head twice in Scioto Grove Metro Park. As the Tokes family dug deep into this situation they found the laws and systems in place at the time of this heinous crime were severely flawed. Lisa will speak to the current flaws in the State of Ohio judicial system's post control release program and what has been done currently to combat them along with the perceived perception of how the ankle monitor program is providing a “false sense of security” to the citizens of this state. Are ankle monitor criminals even being watched or monitored? Rob Fletcher will join Lisa to empower and educate people on the dangers in society today and how to protect yourself. Rob will give us advice for safety and prevention awareness along with an explanation of self-defense techniques.



Virtual
Class

The Incredibly Tragic Story of OSU Student Reagan Tokes

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, November 12 7:00–8:30 PM

Virtual
Class



Rob Fletcher

Nov
12



About the Debt....

Nov
14

Virtual
Class

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Thursday, November 14, 7:00–8:30 PM

Four years ago, EmpowerU asked the question—*Is the U.S. the Next Greece?* Join us this semester as we take a new look at what has happened to our Government spending since a Republican administration took over. The Tea Party was started in 2009 with its stated goal of Fiscal Responsibility. How did the Tea Party and its followers do? We will take a look at the budget of the U.S. Government and make it simple. Where does the United States get its revenue? What are its expenses? What is the Debt? What is our Deficit? What happens if we run a \$1 Trillion Deficit? What about the Democrats pet projects: The Green New Deal, Reparations, Free Health Care and more? Join Managing Board Member Dan Regenold who will break this subject down in a way you can understand.



Over The Rhine

German Heritage

Nov
19

Frameshop USA in OTR
1317 Main Street
Cincinnati, OH 45202

Tuesday, November 19, 7:00–8:30 PM

German immigrants to Cincinnati created a German district known as Over-the-Rhine. This presentation describes the churches and institutions they created, and the contributions they made since the 19th century, covering the district's rise, fall, and recent renaissance. Dr. Don Heinrich Tolzmann is Historian for the Covington-Cincinnati Suspension Bridge Committee, and also is President of the German-American Citizens League of Greater Cincinnati and Curator of its German Heritage Museum. He is the author of books, including several about John A. Roebling and the Suspension Bridge. This class will take place in Over-the-Rhine. If you arrive early, stop by Mr. Pitifuls next door and join us for a drink between 6-7 PM.



The Assassination of JFK by J.T. Townsend

Nov
21

Virtual
Class

EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Thursday, November 21, 7:00–8:30 PM

Was JFK the victim of a conspiratorial coup? The assassination of President John Fitzgerald Kennedy is the most important and pivotal murder case in American history. 56 years later, 75% of Americans reject the Warren Commission finding that Lee Harvey Oswald acted alone. Most believe that JFK was killed as part of a massive conspiracy to cripple our government. More than a thousand books have been written about the events that day. JT Townsend, local true crime writer, will cut through the quagmire of information and isolate the details. Most Americans are completely unfamiliar with the key evidence in this case. You'll be an expert after EmpowerU looks at the Assassination of JFK.



Christmas Memories

Dec
17



EmpowerU Studio at Frame USA
225 Northland Blvd.
Cincinnati, OH 45246

Tuesday, December 17, 7:00–8:30 PM

Doris Day and Rosemary Clooney began their spectacular big band singing careers in Cincinnati. With holiday scenes, past memories of Cincinnati's Christmas traditions and the vocal stylings of a local professional singer, take a Christmas stroll with these two great ladies of American entertainment. Twelve Christmas songs made memorable by Doris and Rosemary will be performed live by “Dolores Raye” (Dee Mason) during this presentation. Before relocating back home to downtown Cincinnati in December, 2011, with sound/music engineer Michael Schultz, Dolores lived in Estero, Florida. She is a local graduate of Princeton High School, class of 1964. She joined TWA as an overseas flight attendant in 1968 retiring in 2001. During her years of working, and living in Europe while with the airline, she sang in several different hotels and clubs throughout Europe, the British Isles. She continues to perform her own shows locally. **EmpowerU wishes you and your family a very Merry Christmas!**



If you attend 12 classes over two semesters (Fall and Spring) you will receive an Empowered Citizen Plaque. Thanks for being an Empowered Citizen and thanks for attending EmpowerU Sessions! Please tell your friends. They can add their email addresses online at www.empoweruohio.org to receive emails.

Many of our classes are hosted virtually. This means you can come to the class in person or watch the class live online. Look for the virtual logo listed by each class. Go to: empoweruohio.org and find the class, then click the link. Most virtual classes are recorded and can be watched later.

Virtual
Class

Register

Please register for our classes at empoweruohio.org. Registering helps us understand how many people we need to have to volunteer at each session (thanks!).