

Hall County, Georgia



Board of Commissioners

WHEREAS, *mental health includes our emotional, psychological, and social well-being; it affects how we think, feel, and act; and affects how we handle stress, relate to others, and make choices; and*

WHEREAS, *mental health disorders commonly begin during adolescence, with a large number of young people reporting having a serious mental health disorder at some point in their lives; and*

WHEREAS, *suicide is one of the leading causes of death for individuals ages 10-34 in the United States; and*

WHEREAS, *the Hall County Strategic Plan calls for promotion of mental health initiatives; and*

WHEREAS, *evidence-based mental and behavioral health training teaches adults how to recognize signs and symptoms of mental health and substance use problems in others and provides them with skills to use a five-step action plan to help individuals who may be facing a mental health problem or crisis; and*

WHEREAS, *during Mental Health Awareness Month and throughout the year, Hall County is committed to ending stigmas surrounding mental health and promoting solutions to the mental health struggles of every person in our county; and*

NOW THEREFORE, BE IT RESOLVED *that the Hall County Board of Commissioners does hereby proclaim the month of May 2024 to be*

MENTAL HEALTH AWARENESS MONTH

and calls upon citizens, private businesses, non-profit organizations and other groups to join in activities and take action to strengthen the mental health of our community.

Adopted this 23rd day of April 2024.

RICHARD HIGGINS
CHAIRMAN

KATHY COOPER
DISTRICT 1

BILLY POWELL
DISTRICT 2

GREGG POOLE
DISTRICT 3

JEFFREY STOWE
DISTRICT 4

JENNIFER RIVERA
COMMISSION CLERK