



**WHEREAS,** *mental health includes our emotional, psychological, and social well-being; it affects how we think, feel, and act; and affects how we handle stress, relate to others, and make choices; and*

**WHEREAS,** *mental health disorders commonly begin during adolescence, with a large number of young people reporting having a serious mental health disorder at some point in their life; and*

**WHEREAS,** *suicide is one of the leading causes of death for individuals ages 10-34 in the United States; and*

**WHEREAS,** *the Hall County Strategic Plan calls for promotion of mental health initiatives; and*

**WHEREAS,** *evidence-based mental and behavioral health training teaches adults how to recognize signs and symptoms of mental health and substance use problems in others and provides them with skills to use a 5-step action plan to help individuals who may be facing a mental health problem or crisis; and*

**WHEREAS,** *during Mental Health Awareness Month and throughout the year, Hall County is committed to ending stigmas surrounding mental health and promoting solutions to the mental health struggles of every person in our county; and*

**NOW THEREFORE, BE IT RESOLVED** *that the Hall County Board of Commissioners does hereby proclaim the month of May 2025 to be*

***MENTAL HEALTH AWARENESS MONTH***

*Adopted this 8<sup>th</sup> day of May 2025.*

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DAVID GIBBS  
CHAIRMAN

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KATHY COOPER  
DISTRICT 1

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BILLY POWELL  
DISTRICT 2

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GREGG POOLE  
DISTRICT 3

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JEFFREY STOWE  
DISTRICT 4

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JENNIFER RIVERA  
COMMISSION CLERK