

## LEARNING ONLINE RESOURCE 13.1

### Weekly Schedule Template

Create your weekly schedule for this semester following the principles you have just learned. Follow your schedule as you have created it for two weeks. After two weeks, make any adjustments necessary. Perhaps you need more time to study for a difficult class, or perhaps you would like to add a recreational activity to maintain a good life balance.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 a.m.							
8:30 a.m.							
9:00 a.m.							
9:30 a.m.							
10:00 a.m.							
10:30 a.m.							
11:00 a.m.							
11:30 a.m.							
12:00 p.m.							
12:30 p.m.							
1:00 p.m.							
1:30 p.m.							
2:00 p.m.							
2:30 p.m.							
3:00 p.m.							
3:30 p.m.							
4:00 p.m.							
4:30 p.m.							
5:00 p.m.							
5:30 p.m.							
6:00 p.m.							
6:30 p.m.							
7:00 p.m.							
7:30 p.m.							
8:00 p.m.							
8:30 p.m.							
9:00 p.m.							
9:30 p.m.							
10:00 p.m.							
10:30 p.m.							
11:00 p.m.							
<b>KEY</b>	Self-care	Study	Free time	Commute	Work		