

metrounitedway.org/yalift

A Partial List of Community Resources:

<u>Louisville Youth Network</u> is a one-stop shop for understanding what services and programs are available to Louisville's youth (ages 16-24) needing support and services. Through the Network, youth will have the opportunity to receive wrap around services, support, and mentorship.

Metro United Way 2-1-1 | 24/7 Service and Resource

Adult Education - Want to continue your education?

- 1. JCTC Scholarships
- 2. Louisville Metro Govt. Adult Education Resources

Childcare - Looking for early childhood development programs? Search through the options below.

- 1. Community Coordinated Child Care (4-C)
- 2. Family & Children's Place (Jefferson Co. Head Start Grantee)
- 3. JCPS Childcare CEP (Child Enrichment Program)
- 4. JCPS Early Childhood (Public Pre-K provider)
- 5. Louisville Central Community Center
- 6. Ohio Valley Educational Cooperative (OVEC) (Jefferson Co. Head Start Grantee)
- 7. Play Cousins Collective
- 8. YMCA of Greater Louisville Republic Bank Foundation YMCA

Financial Education and Counseling - Want to learn more about money - whether it's opening a bank account or learning about building credit? Look below for some options.

- 1. AcceLOUrate Savings Metro United Way
- 2. Apprisen
- 3. Bank on Louisville- Banking Access
- 4. Bank on Louisville Financial Education Resources
- 5. FDIC's #GetBanked
- 6. KY Financial Empowerment Commission
- 7. L-HOME
- 8. Louisville Urban League Financially In Tune (Budget and Credit Support Group)

Free Tax Prep Assistance - Need to file your taxes? Below are links to free tax prep locations.

- 1. Louisville Asset Building Coalition
- 2. AARP Tax Prep Locations in Louisville

Health & Wellness - Are you seeking a new family doctor, treatment for mental health, or COVID-19 testing and vaccination? Find a few options below.

- 1. Dare to Care Food Bank
- 2. Evolved Counseling Center
- 3. The Healing Place Recovery Program
- 4. Louisville Metro Public Health and Wellness MORE Center
- 5. New Leaf Clinic Mental Health and Recovery facility
- 6. Park Duvalle Community Health Center Russell location OPEN!
- 7. Seven Counties Services
- 8. Shawnee Christian Health Center
- 9. Smoketown Family Wellness Center
- 10. Step by Step Family Services

Housing - Looking for housing, shelter, or ready to move? Check out the resources below to help with your next transition.

- 1. Coalition for the Homeless
- 2. L-HOME
- 3. Louisville Metro- Eviction Prevention Program
- 4. Louisville Metro Housing Authority
- 5. Louisville Urban League Housing and Financial Services
- 6. New Directions Affordable Rental Company
- 7. REBOUND REbuilding Our Neighborhood Dwellings, Inc.
- 8. RPOP Housing Resources for Renters and Homeownership

Jobs - Do you need support finding a job? Look below for job readiness programs and development opportunities.

- 1. AMPED
- 2. Goodwill Career Path Resources
- 3. Louisville Urban League Center for Workforce
- 4. Kentuckiana Works
- 5. Kentucky Career Center Youth Support
- 6. Louisville Central Community Center
- 7. Louisville Future of Work Initiative
- 8. Wesley House Workforce Development

Kids Eat Free! - Dine out with your kids at these locations for free or low price!

- 1. Kids Eat Free Louie Kids!
- 2. Kids Eat Free (or cheap!) Louisville Family Fun

Legal Services – Need help with a civil (non-criminal) legal matter on issues related to income, family, housing, safety, and health?

1. Legal Aid Society - www.laslou.org

Public Benefits - Need to navigate public benefits for health coverage, local programs provided by the government?

- 1. Jefferson County https://louisvilleky.gov/government/resilience-and-community-services
- 2. Kentucky https://kynect.ky.gov/s/?language=en US

Social Emotional Support - If you are seeking a sense of belonging or community with positive and uplifting energy, check out some resources below.

- 1. Louisville Rites of Passage
- 2. Play Cousins Collective Brother Healing Brother
- 3. Play Cousins Collective Soul Sisters

Start-up Business Support - Do you want to start a business, need mentorship and access to business resources? Look below for organizations willing to help.

- 3. Community Ventures | Small Business Courses and Advising
- 4. Community Ventures | Women's Business Center of KY
- 5. Jewish Family and Career Services Enterprise Center
- 6. <u>Kentucky District Office</u> | Small Business
- 7. Kentucky Small Business Development Center
- 8. Louisville Central Community Center
- 9. Russell Technology Business Incubator
- 10. SCORE Louisville

Transportation - Need support moving throughout the city? Maybe one of the options below can help!

- 1. Goodwill Industries of Kentucky (Cars to Work Program)
- 2. TARC

Articles/Reports about Guaranteed Income

- 1. <u>Guaranteed Minimum Income: What Is It and How Is It Different From Universal</u> Basic Income?
- 2. Mayors for a Guaranteed Income: End of Year Report 2021
- 3. <u>Russell: A Place of Promise Virtual Library on Guaranteed Income (includes national discussions, articles, and podcasts)</u>