

Pav YMCA Pool Schedule - Fall Session I (9/2-10/26)

MONDAY

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6:00am-4:00pm Adult Swim		6:00am-5:00pm Lap Swim			
4:00pm-5:00pm WSSRA		Private Swim Lessons 4:00pm - 8:00pm	5:00pm-6:00pm (Blue); 6:00pm-7:30pm (White) Swim Team		
5:00pm-5:35pm (Pre-K) Lv 1-2					
5:45pm-6:20pm (Youth) Lv 1-2					
6:30pm-7:05pm (Youth) Lv 3					
7:15pm-7:50pm (Pre-K) Lv 3					
8:00pm-8:45pm Family Swim		8:00pm-8:45pm Lap Swim		7:30pm-10:30pm DJ Scuba	

TUESDAY

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6:00am-9:00am Adult Swim		6:00am-10:00am Lap Swim			
9:00am-10:00am Water Fitness					
10:00am-4:00pm Adult Swim		10:00am-5:00pm Lap Swim			
4:00pm - Unity MS	5:00 PM Fam Swim				
5:00pm-5:35pm (Pre-K) Lv 1-2		Private Swim Lessons 4:00pm - 8:00pm	5:00pm-6:00pm (Blue); 6:00pm-7:30pm (White) Swim Team		
5:45pm-6:20pm (Youth) Lv 1-2					
6:30pm-7:05pm (Youth) Lv 3					
7:15pm-7:50pm (Teen/Adult) Beg					
8:00pm-8:45pm Family Swim			7:30pm-8:05pm (Youth) Lv 4-5-6		
		8:00pm-8:45pm Lap Swim			

WEDNESDAY

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6:00am-9:00am Adult Swim	6:00am-10:00am Lap Swim				
9:00am-10:00am Water Fitness					
10:00am-4:00pm Adult Swim	10:00am-5:00pm Lap Swim				
4:00pm-5:00pm Family Swim					
5:00pm-5:35pm (Pre-K) Lv 1-2					
5:45pm-6:20pm (Youth) Lv 1-2					
6:30pm-7:05pm (Youth) Lv 3					
7:15pm-7:50pm (Pre-K) Lv 3					
8:00pm-8:45pm Family Swim	7:30pm-8:05pm (Youth) Lv 4-5-6				
		8:00pm-8:45pm Lap Swim			

THURSDAY

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6:00am-9:00am Adult Swim	6:00am-10:00am Lap Swim				
9:00am-10:00am Water Fitness					
10:00am-4:00pm Adult Swim	10:00am-5:00pm Lap Swim				
4:00pm-5:00pm Family Swim	Private Swim Lessons 4:00pm - 8:00pm		5:00pm-6:00pm (Blue); 6:00pm-7:30pm (White) Swim Team		
5:00pm-5:35pm (Pre-K) Lv 1-2					
5:45pm-6:20pm (Youth) Lv 1-2					
6:30pm-7:05pm (Youth) Lv 3					
7:15pm-7:50pm (Baby) Swim Start					
8:00pm-8:45pm Family Swim	8:00pm-8:45pm Lap Swim			7:30pm-10:30pm DJ Scuba	

FRIDAY

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6:00am-9:00am Adult Swim	6:00am-9:00am Lap Swim				
9:00am-10:00am Water Fitness					
10:00am-4:00pm Adult Swim	10:00am-5:30pm Lap Swim				
4:00pm-5:30pm WSSRA					
5:30pm-8:45pm Family Swim	5:30pm-7:30pm (Blue/White) Swim Team				
		7:30pm-8:45pm Lap Swim			

SATURDAY

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
7:00am-8:00am Water Fitness		7:00am-11:00am Lap Swim			
8:00am-10:00am Adult Swim					
10:00am-11:00am Family Swim					
11:00am-11:35am (Baby) Swim Start					
11:45am-12:20pm (Teen/Adult) Beg		Private Swim Lessons 10:00am - 1:05pm	11:00am-11:35am (Pre-K) Lv 1-2		
12:30pm-1:05pm (Pre-K) Lv 3			11:45am-12:20pm (Youth) Lv 1-2		
			12:30pm-1:05pm (Youth) Lv 3		
1:05pm-2:45pm Family Swim			1:05pm-2:45pm Lap Swim		Private Swim Lessons 1:05pm - 2:00pm
3:00pm-6:00pm RENTALS					

SUNDAY

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8:00am-10:00am Adult Swim		8:00am-10:00am Lap Swim			
10:00am-11:00am Family Swim		Private Swim Lessons 10:00am - 12:30pm			
11:00am-11:35am (Baby) Swim Start			11:00am-11:35am (Pre-K) Lv 1-2		
11:45am-12:20pm (Teen/Adult) Int			11:45am-12:20pm (Youth) Lv 1-2		
12:30pm-1:05pm (Youth) Lv 3			12:30pm-1:05pm (Youth) Lv 4-5-6		Private Swim Lessons 12:30pm - 2:00pm
1:05pm-2:45pm Family Swim			1:05pm-2:45pm Lap Swim		
3:00pm-6:00pm RENTALS					

KEY:

Lane Line	Programs
Lap Swim	Swim Team
Adult Swim	Private Lessons
Family Swim	Rentals

End OPEN SWIM during Swim Starters and Swim Basics Classes.

Unity MS will ONLY use the Deep end. Members and Guests can still use the shallow end for Family Swim.

Adult Swim: Members/Guest must be Age 16+

Lap Swim: Must be actively swimming to use lane

Family Swim: Open to all Members/Guests (ages 12 and under require adult supervision)