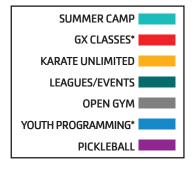


**Pav YMCA** 

## **GYM SCHEDULE**

(SUBJECT TO CHANGE)

## SUMMER SESSION 6/10/2024-8/18/2024



North & South Courts are available during select times only. There will be LIMITED OPEN GYM availability during camp, School's Out Days, blood drives, Group Exercise classes, sports programming, or during any other scheduled event.

\*PLEASE NOTE: There is a 15 minute window reserved before/after each Youth Programming and Group Exercise class for equipment setup/breakdown.

\*Gym closes at: 8:45p Mon-Fri & 2:45p Sat-Sun

Open Sam		SU	SUN		MON		TUE		WED		THU		FRI		SAT	
Manual		Open	s 8am	Open	s 6am	Open	s 6am	Open	s 6am	Open	s 6am	Open	s 6am	Open	s 7am	
March   Marc				Open	Open	Open	Open	Open	Open	Open	Open	Open	Open			
Control   Cont	6:15 AM										Gym	Gym				
Content   Cont	6:30 AM										N. Gym 6-9:15a	S. Gym				
25.50   March   Marc	6:45 AM			6-9:15a	6-9:15a	6-9:15a	6-9:15a	6-9:15a	6-9:15a	6-9:I5a		6-9:15a	6-9:15a			
75.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.00   10.0														Open		
27.05 AM															N. Gym	
Color   Colo															7-7:45a	
19.50 M   19.5														/-8:45a	GX	
\$2.5 mm		Open	GX													
\$250 AM		Gym	Class													
Second   S			Cycle												N. Gym	
25.00 Max		oa-2:45p	N. Gym 8-9a*												8-9a*	
Section   Company   Comp																
March   Marc		-				Summer		Summer		Summer		Summer				
100-00AM				S. Gym		S. Gym		S. Gvm		S. Gym	GX Class	S. Gym	GX Class	0.43a-11a		
100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100   100				9:15a-3p		9:15a-3p	Blast	9:15a-3p	Camp	9:15a-3p	Training	9:15a-3p	Blast			
Table   Tabl			2:45p		9:30-		9:30-		9:30-		9:30-		9:30-			
Docado		-			10:30a*		10:30a*		10:30a*		10:30a*		10:30a*			
135.5AM		-														
N. Gym																
10-5											N. Gym				Link	
118-30 AM													N. Gym 11a-1p			
13.45 AM					5:45p		4:15p				0.30р				N. Gym	
Table   Part		-												2:45p	11:30a-12p	
12-35 PM   13-5 PM   13-		-														
1235-19		-														
No PM		-														
135 PM		-														
1.30 PM		-														
1.3.45p		-													N. Gym	
2.15 PM		-													1:15-2p*	
2.35 PM 2.30 PM 3.35 PM 3.30 PM 3.5 FM 3.30 PM 3.5 FM 3.30 PM 3.5 FM 3.30 PM 3.5 FM 4.00 PM 4.00 PM 4.35 PM 4.35 PM 4.35 PM 6.35 PM 6.		-														
2-45 PM 3-00 PM 3-00 PM 3-35 PM 3-45 PM 4-30 PM 5-30 PM 6-55 PM 7-70 P		-													Open Gyr	
2-45 PM 3-00 PM 3-00 PM 3-35 PM 3-45 PM 4-30 PM 5-30 PM 6-55 PM 7-70 P		-													N. Gym	
3.05 PM															2:15-2:45p	
3.35 PM																
3.30 PM																
3-8:45p M																
### ### ##############################				3-8:45p		3-8:45p		3-8:45p	Little	3-4:30p		3-8:45p	Little			
## Adv. Youth Soccer N. Gym ## 4:30-5:315p* Youth Soccer N. Gym Si35-6p* Si30p*				1					Kickers				Ballers			
4.45 PM				1			Adv		N. Gym 4-4:30p*				N. Gym 4-4:30p*			
Soc   PM				1			Youth		Youth	Youth			Vauth			
Side   PM   Side   Si	4:45 PM						N. Gym		Soccer	Volleyball						
Si3 PM							4:30-		4:30-5:15p	S. Gym 4:45-			N. Gym 4:45-			
Sido PM													5:30p			
Side   PM   Side   Si							Youth		Soccer	Youth			Youth			
Giod PM							Soccer		N. Gym 5:15-6p*	Volleyball			Basketball			
Gils PM   Gils							5:15-6p*			S. Gym			5:45-			
Side   PM   Side   Si					Tone		0		CVG	3:43-0:30p			6:30p*			
Colored   Colo					N. Gym		Gym			Vallaub	II.					
7:00 PM 7:15 PM 7:30 PM 7:30 PM 7:45 PM 8:00 PM 8:45 P					6-6:50p*		N. Gym		Tone		"		0			
Tits PM							6:15-8:45p			North & S	outh Gyms		Gvm			
7:30 PM 7:45 PM 8:00 PM 8:45 P					Open					6:30-10p			N. Gym			
8:00 PM 8:15 PM 8:30 PM 8:45 PM* 9:00 PM 9:15 PM 9:30 PM 9:30 PM 9:45 PM 10:00 PM 10:00 PM 10:00 PM 10:00 PM  **CLOSES AT 2:45P** **CLOSES AT 8:45P** **CLOSES AT 8:45					N. Gym				0				6:45-			
8:00 PM 8:15 PM 8:30 PM 8:45 PM* 9:00 PM 9:15 PM 9:30 PM 9:30 PM 9:45 PM 10:00 PM 10:00 PM 10:00 PM 10:00 PM  **CLOSES AT 2:45P** **CLOSES AT 8:45P** **CLOSES AT 8:45					8:45p											
8:15 PM 8:30 PM 8:45 PM* 9:00 PM 9:15 PM 9:30 PM 9:30 PM 9:45 PM 10:00 PM 10:00 PM 10:00 PM  **CLOSES AT 2:45 P** **CLOSES AT 8:45 P**																
8:30 PM 8:45 PM* 9:00 PM 9:15 PM 9:30 PM 9:30 PM 9:30 PM 9:45 PM 10:00 PM **CLOSES AT 2:45P** **CLOSES AT 8:45P** **CLOSES AT									7:30-							
8:45 PM* 9:00 PM 9:15 PM 9:30 PM 9:30 PM 9:45 PM	8:30 PM								8:45p							
9:15 PM 9:30 PM 9:30 PM 9:45 P																
9:15 PM 9:30 PM 9:30 PM 9:45 P																
9:30 PM 9:45 PM 10:00																
9:45 PM   10:00 PM   **CLOSES AT 8:45P **CLOSES																
10:00 PM **CLOSES AT 2:45P **CLOSES AT 8:45P **CLOSES AT 2:45P **C				<b> </b>												
*CLOSES AT 2:45P *CLOSES AT 8:45P *CLOSES AT 2:45P  SUN MON TUE WED THU FRI SAT				<b> </b>												
SUN MON TUE WED THU FRI SAT		*CLOSES	AT 2:45P	*CLOSES	AT 8:45P	*CLOSES	AT 8:45P	*CLOSES	AT 8:45P	*CLOSES	AT 8:45P	*CLOSES	AT 8:45P	*CLOSES	AT 2:45P	
			SUN													
	ED CVMD	30												-	- 11	

	CLUSES AT 2.43F	CLUSES AT 8.43F	CLOSES AT 8.43F	CLOSES AT B.43F	CEOSES AT 6.43F	CLUDED AT 8.43F	CLOSES AT 2.45F
	SUN	MON	TUE	WED	THU	FRI	SAT
SUMMER CAMP	-	9:15a-3p	9:15a-3p	9:15a-3p	9:15a-3p	9:15a-3p	-
GX CLASSES	8-9a*	9:30-10:30a*/ 6-6:50p*	9:30-10:30a*	9:30-10:30a*/ 6:15-7:15p*	9:30-10:30a*	9:30-10:30a*	8-9a*
KARATE UNLIMITED	-	-	-		-	-	8:45-11a
LEAGUES/EVENTS		i	-	-	6:30-10p	-	-
OPEN GYM	VARIOUS TIMES	VARIOUS TIMES	VARIOUS TIMES	VARIOUS TIMES	VARIOUS TIMES	VARIOUS TIMES	VARIOUS TIMES
YOUTH PROGRAMMING	1	-	4:15-4:30p*/4:30-5:15p/ 5:15-6p/6-6:15p*	3:45-4p*/4-4:30p/ 4:30-5:15p/5:15-6p*	4:30-4:45p*/4:45- 5:30p/5:45-6:30p	3:45-4p*/4-4:30p/ 4:45-5:30p/ 5:45-6:30p/6-6:45p*	11:15-11:30a*/ 11:30a-12p/12:15-1p/ 1:15-2p/2-2:15p*
PICKLEBALL		-	-	11a-1p		11a-1p	-