

**Pav YMCA Winter Session Gym Schedule
01/05/2026 - 02/15/2026 (SUBJECT TO CHANGE)**

PROGRAMS	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open Gym Times South Gym	Open Gym (South) 8:00am-2:45pm	Open Gym (South) 6:00am-8:45pm	Open Gym (South) 6:00am-6:00pm	Open Gym (South) 6:00am-3:45pm 6:45pm-8:45pm	Open Gym (South) 6:00am-4:30pm	Open Gym (South) 8:00am-8:45pm	Open Gym (South) 7:00am-8:45am 11:15am-2:45pm
Open Gym Times North Gym (Rock climbing wall)	Open Gym (North) 8:00am-2:45pm	Open Gym (North) 6:00am-8:15am 10:45am-5:45pm 7:15pm-8:45pm	Open Gym (North) 6:00am-9:15am 10:00am-8:15am 10:45am-6:30pm	Open Gym (North) 6:00am-8:15am 10:45am-5:45pm 7:15pm-8:45pm	Open Gym (North) 6:00am-9:15am 10:45am-8:45pm	Open Gym (North) 7:00am-7:45am 11:15am-11:45am	
Karate Unlimited (Contact Karate Unlimited for registration):							
Youth Programs (Classes will be located In the South Gym unless noted otherwise)							
	EVENTING PROGRAMS						
	Open Volleyball 6:30pm-9:00pm Full Gym FREE to members; \$8 per Guest	Little Kickers (3-5yrs) 4:00pm-4:35pm Youth Soccer (6-9yrs) 4:45pm-5:30pm Youth Soccer (10-13yrs) 5:45pm-6:30pm	Youth Volleyball (6-9yrs) 4:45pm-5:30pm Youth Volleyball (10-13yrs) 5:45pm-6:30pm	Little Ballers (3-5yrs) 12:15pm-12:45pm Youth Basketball (6-9yrs) 1:00pm-1:45pm Youth Basketball (10-13yrs) 2:00pm-2:45pm			
Sports Events	Strength & Tone 6:00pm-7:00pm North Gym	Strength & Tone 6:00pm-7:00pm North Gym	Co-Ed Volleyball League Jan 29 - April 16				

Schedules available on our website pavymca.org or our DAXKO app for further information.
***Please note: There is a 15 minute window reserved before/after each class for equipment setup/breakdown.**