



Pav YMCA Winter Session 2026 Pool Schedule

1/5/26 - 2/15/26 (SUBJECT TO CHANGE)

Lanes/Programs	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning Programs							
Water Fitness Classes			Water Works 9am-10am Lanes 1-4	Water Works 9am-10am Lanes 1-4	Water Works 9am-10am Lanes 1-4	Water Works 9am-10am Lanes 1-4	Water Arthritis 7:15am-8am Lanes 1-2
Adult/Open Swim	Open Swim 8am-10am Lanes 1-2	Open Swim 6am-Noon Lanes 1-2	Adult Swim 6am-9am & 10am-Noon Lanes 1-2	Adult Swim 6am-9am & 10am-Noon Lanes 1-2	Adult Swim 6am-9am & 10am-Noon Lanes 1-2	Adult Swim 6am-9am & 10am-Noon Lanes 1-2	Adult Swim 8am-10am Lanes 1-2
Lap Swim (Some lanes may be closed due to other programs)	Lap Swim 8am-10am Lanes 4-6	Lap Swim 6am-Noon Lanes 3-6	Lap Swim 6am-Noon Lanes 3-6	Lap Swim 6am-Noon Lanes 3-6	Lap Swim 6am-Noon Lanes 3-6	Lap Swim 6am-Noon Lanes 3-6	Lap Swim 7am-11am Lanes 3-4
Family Swim (Some lanes may be closed due to other programs)	Family Swim 10am-11am Lanes 1-2						Family Swim 10am-11am Lanes 1-2
Afternoon/Evening Programs							
Swim Team		Blue & White Swim Team 5pm-7:30pm Lanes 3-6	Blue & White Swim Team 5pm-7:30pm Lanes 3-6	Blue & White Swim Team 5pm-7:30pm Lanes 3-6	Blue & White Swim Team 5pm-7:30pm Lanes 3-6	Blue & White Swim Team 5pm-7:30pm Lanes 3-6	
Swim Lessons. Private/semi-private lessons	Swim Lessons 11am-1:05pm Lanes 1-6	Swim Lessons 5pm-7:50pm Lanes 1-2	Swim Lessons 5pm-7:50pm Lanes 1-2	Swim Lessons 5pm-7:50pm Lanes 1-2	Swim Lessons 5pm-7:50pm Lanes 1-2	Private/ Semi-Private Swim Lessons 4pm-8pm	Swim Lessons 11am-1:05pm Lanes 1-6
Vendor Pool Classes/ Rentals		Mondays WSSRA 4pm-5pm DJ's Scuba 7:30pm-10:30pm	Tuesdays Unity Robotics Club 4pm-5pm		Thursdays DJ's Scuba 7:30pm-8:30pm	Fridays WSSRA 4pm-5:30pm	
Adult/Open Swim		Open Swim Noon-4pm Lanes 1-2	Open Swim Noon-4pm Lanes 1-2	Open Swim Noon-4pm Lanes 1-2	Open Swim Noon-4pm Lanes 1-2	Open Swim Noon-4pm Lanes 1-2	
Lap Swim (Some lanes may be closed due to other programs)		Lap Swim Noon-5pm Lanes 3-6	Lap Swim Noon-5pm Lanes 3-6	Lap Swim Noon-5pm Lanes 3-6	Lap Swim Noon-5pm Lanes 3-6	Lap Swim Noon-5:30pm Lanes 3-6	
Family Swim (Some lanes may be closed due to other programs)	Family Swim 1:05pm-2:45pm Lanes 1-2	Family Swim 8pm-8:45pm Lanes 1-2	Family Swim 4pm-5pm & 8pm-8:45pm Lanes 1-2	Family Swim 4pm-5pm & 8pm-8:45pm Lanes 1-2	Family Swim 4pm-5pm & 8pm-8:45pm Lanes 1-2	Family Swim 5:30pm-8:45pm Lanes 1-2	Family Swim 1:05pm-2:45pm Lanes 1-2

Schedule is subject to change. Please visit our website pavymca.org for further information.