



MEDIA GUIDE





Table of Contents



About the NC Courage.....	3	Box Scores 2019.....	58
NC Courage 2020 Kits.....	4	Box Scores 2018.....	70
International Champions Cup.....	5	Box Scores 2017.....	83
Staff Directory.....	6	History of NC Courage Draft.....	96
Technical Staff.....	7	Broadcast Information.....	97
Team Executives.....	8	2020 NWSL Media Contacts.....	98
Coaches Bio.....	10	Media Guidelines.....	99
Player Bios.....	14	Team Training Information.....	103
Numerical Roster.....	40	Stadium Information.....	104
Alphabetical Roster.....	43	National Women's Soccer League Directory.....	105
2019 NC Courage Schedule and Results.....	46	2020 NWSL Challenge Cup Rules.....	106
NC Courage 2019 Regular Season Stats.....	49	2020 NWSL Challenge Cup Roster Rules.....	112
NC Courage 2019 Playoff Seasons Stats.....	52	All-Time Player Registry.....	119
NC Courage 2019 Complete Season Stats.....	55	Important Dates in History.....	128



About the NC Courage



The North Carolina Courage is a professional women's soccer team that plays in the NWSL (Women's First Division). The NC Courage are the reigning two-time NWSL Champions and three-time NWSL Shield-winners. On January 9, 2017, the North Carolina Football Club announced it had entered into an agreement to acquire the rights to the National Women's Soccer League (NWSL) 2016 Champion Western New York Flash. The club was then renamed the North Carolina Courage. Steve Malik, owner of the North Carolina Courage, announced his intent to secure the awarding of an NWSL team on December 6, 2016 and achieved that objective in only one month's time.

The North Carolina Courage crest is a nod to the history of women's professional soccer in North Carolina, incorporating a stylized lion, a major component of the old WUSA Carolina Courage logo, while retaining the brand identity of the club's parent organization with the signature North Carolina Football Club star and the separated triangle. Additionally, the colors mirror those of the men's side, uniting the two teams under the North Carolina Football Club umbrella, while maintaining their individual identity.

In their inaugural season, the North Carolina Courage won the NWSL regular season, bringing the NWSL Shield home to North Carolina. The team also advanced to the NWSL Championship game. The NC Courage had three league award winners: Abby Dahlkemper (Defender of the Year), Ashley Hatch (Rookie of the Year) and Paul Riley (Coach of the Year).

In 2018, the NC Courage were the NWSL Champions and Shield-winners breaking the NWSL record for the most wins in a season with 17. The team also broke the record for most points (57), fewest losses (1), most goals scored (53), fewest goals allowed (17), lowest goals against average (.71), and largest goal differential (+36). The Courage defeated the Portland Thorns, 3-0, on September 22, 2018 to win the NWSL Championship.

Abby Erceg was named the 2018 Defender of the Year. Coach Paul Riley was named Coach of the Year in 2018, securing the award for the second consecutive season. Crystal Dunn, McCall Zerboni, Abby Dahlkemper, and Abby Erceg were all named 2018 Best XI, while Lynn Williams, Debinha, and Merritt Mathias were named 2018 Second Best XI. Jessica McDonald was named the NWSL Championship MVP.

In 2019, the Courage won their third-consecutive NWSL Championship before becoming the first NWSL team to win the NWSL Championship on their home turf. In the Courage's 4-0 NWSL Championship win over the Chicago Red Stars, Debinha was named the MVP.



NC Courage 2020 Kits





International Champions Cup

2018 Women's ICC

The North Carolina Courage captured the first ever Women's International Champions Cup by defeating five-time UEFA Champions League winner Olympique Lyonnais Feminin 1-0 on July 29th at Hard Rock Stadium in Miami Gardens. Three-time Olympic champion Heather O'Reilly scored the lone goal for the Courage, her first in a Courage uniform. A stellar performance by Sabrina D'Angelo and the back line kept the result, giving the 2017 NWSL Shield winners their second trophy since relocating to North Carolina.

2019 Women's ICC

In the second edition of the Women's International Champions Cup, the North Carolina Courage and Olympique Lyonnais Feminin were joined by FA Women's Cup winners Manchester City and Spanish Primera División winners Atlético Madrid Femenino. The Courage faced Manchester City at Sahlen's Stadium on August 15th where a stoppage time goal by USWNT player Jessica McDonald propelled the Courage to another matchup against Lyon in an International Champions Cup final. On August 18th, Lyon claimed the ICC title in a 1-0 win over the Courage. A second-half goal by Dzsennifer Marozsán put Lyon ahead as they outlasted the Courage and claimed victory in the 2019 iteration of the International Champions Cup.



Staff Directory



Curt Johnson

President and General Manager

Pete Sciandra

Executive Vice President

Bobby Hammond

Senior Vice President of Operations, NC Courage Assistant GM

Jorge Acuna

Vice President, Game Operations and Broadcasting

Morgan Brown

Senior Manager of Communications

Megan Rogers

Vice President, Marketing

Kyle McCue

Video Content & Marketing Manager

Letitia Stolarczyk

Ticket Sales Account Executive

Doug Strom

Controller

Nic Platter

Assistant General Manager and Keeper Coach, NCFC

Kyle Prairie

Chief Revenue Officer

Santiago Lucio

Director of Corporate Sponsorships

Matt Whiteside

Vice President, Merchandising and Strategic Projects





Technical Staff



Paul Riley	Head Coach	Kenny Lynne	Team Physical Therapist (Select PT)
Scott Vallow	Assistant Coach	Dr. Mike Young	Fitness Coach (Athletic Lab)
Bill Palladino	Assistant Coach	Austin Both	Assistant Fitness Coach (Athletic Lab)
Sean Nahas	Assistant Coach	Dr. Kristen Clarey	Medical Director
Nathan Thackeray	Assistant Coach	Dr. Jonathan Chappell, MD	Head Team Physician (Wake Ortho)
Vannessa Fulcher	Equipment Manager		
Lindsey Toman	Head Athletic Trainer (Select PT)		



Team Executives



Steve Malik, Chairman & Owner

A visionary entrepreneur with three decades of health information technology experience, Steve Malik has served as the chairman and owner of North Carolina Football Club since 2015. Since joining the club, Malik has ushered in a new era for soccer in North Carolina. He oversaw a full rebrand of the club in 2016 before securing the arrival of the North Carolina Courage and the birth of an historic partnership with North Carolina FC Youth in 2017, creating the largest youth-to-pro club in the country. Under Malik's guidance, the Courage have been the National Women's Soccer League's most successful club since arriving in North Carolina, winning consecutive NWSL titles in 2018-19. Additionally, Malik has helped North Carolina FC develop a reputation as one of the most ambitious clubs in the nation, having played English Premier League clubs West Ham United and Swansea City while also bringing in former U.S. National Team manager Dave Sarachan as head coach.

Touted for his business acumen and leadership ability, Malik serves on the U.S. Soccer Federation Board of Directors and is Chairman of the NWSL Executive Committee, where he helps shape the future of both men's and women's soccer in the U.S.

Currently, Malik heads Greenlight Health Data Services, a patient-initiated health data retrieval company. The founder of the Cary, N.C.-based Medfusion, Malik began the company in 1996 and re-acquired it in 2013 before selling again in November 2019. A 2010 finalist for the Ernst and Young Entrepreneur of the Year, Malik helped Medfusion grow from a medical website development company to the leading provider of enhanced healthcare communication solutions.

The son of a chemical engineer, Malik was born in Swansea, Wales, and moved to Kinston, N.C., at the age of four, where he grew up before attending the University of North Carolina-Chapel Hill. Malik graduated with a bachelor's degree in business administration with honors from UNC-Chapel Hill. Malik resides in Raleigh with his wife, Kathleen, and their four children. In his free time, Malik enjoys soccer, fishing and sailing.



Team Executives



Curt Johnson, President and General Manager

Johnson, a Raleigh native, played soccer locally with CASL, Ravenscroft School and NC State. As a defender for the Wolfpack, Johnson started 72 games in four years and as a senior captain, helped lead his team to the 1990 ACC Championship and NCAA semifinals. After graduating in 1991, he returned to NC State as a volunteer assistant coach.

Before heading up the RailHawks (now North Carolina FC) in 2011, he was GM with the Richmond Kickers from 1997-1999 and the Kansas City Wizards from 1999-2006, a club he helped guide to a 2000 MLS Cup and Supporters' Shield as well as a 2004 Lamar Hunt US Open Cup. Following the Wizards, Johnson returned to the Carolinas where he worked briefly for the Carolina Hurricanes of the NHL and US Club Soccer in Charleston, SC.

As president and general manager of the North Carolina Football Club, he helps lead the state's most successful professional soccer organization both from a team and business perspective. He has helped push the club to two NASL regular season championships, increased attendance, and an enriched fan experience.

In December 2016, Johnson led the club in introducing the New State of Soccer, transitioning from the Carolina RailHawks to North Carolina FC. Johnson became the president and General Manager of the North Carolina Courage (NWSL) in January 2017 after the club acquired the 2016 NWSL Champions, the Western New York Flash.

With the North Carolina Football Club, Johnson is active in promoting soccer at all levels on and off the field, with an emphasis on youth soccer partnerships with North Carolina FC Youth and throughout the state. He has been inducted into the Ravenscroft School Hall of Fame, Capital Area Soccer League (CASL) Hall of Fame, and the North Carolina Soccer Hall of Fame.



Coaches Bios



Paul Riley, Head Coach

Since the Western New York Flash relocated to Cary in 2017, Riley has led the North Carolina Courage to three consecutive NWSL Shields, an ICC Championship, and two NWSL Championship. Riley is no stranger to the NWSL Championship, having also won it with the Western New York Flash in 2016. Before coaching the Flash, he was the head coach of the Portland Thorns in 2014 and 2015. Riley was named NWSL Coach of the Year in both 2017 and 2018.

In 2010 and 2011, the Liverpool, England native coached the Philadelphia Independence of Women's Professional Soccer to back-to-back championship game appearances. With a 26-16-3 record in his two years with the team, Riley was named the WPS Coach of the Year in 2010 and 2011.

Before the Independence, Riley coached the Long Island Fury (WPSL) to a league Championship in 2006 and 2009, earning him the WPSL Coach of the Year Award in 2009. The team was Eastern Conference Champions four years in a row under his leadership and went 48-6-8.

Riley coached collegiately for CW Post from 1991-1997 and was awarded New York Regional Coach of the Year in 1991. With a 98-48-11 overall record, Riley was NYCAC Coach of the Year five times. He then moved on to coach the Long Island Rough Riders (USISL, USL D3 Pro), where he won the league championship in 2002.

His own professional playing career began in the United States where he played for the Long Island Rough Riders, Albany Capitals, New Jersey Eagles, Glen Cove, Hercules, and New York Atlas. He is the all-time assists leader for the Rough Riders.



Coaches Bios (cont.)



Scott Vallow, Assistant Coach

Vallow was a member of the coaching staff of the Championship-winning 2016 Western New York Flash team; the 2017, 2018, and 2019 NC Courage Shield Winner team; and the 2018 and 2019 Championship-winning NC Courage team. Vallow also coached the team to the first ever Women's ICC title in 2018 and runner-up at the 2019 Women's ICC.

The California native played collegiately at Bowling Green University, where he made 85 starts as the team's goalkeeper and was a member of the 1995 and 1996 teams that advanced to the Sweet Sixteen round of the NCAA Championship.

After his collegiate career, Vallow went on to have a successful career with the Rochester Rhinos. There, Vallow brought the team to the 2000 Championship, and he was also named the A-League Goalkeeper of the Year. Overall, Vallow made 167 appearances with the team from 2000-2002 and 2005-2010.

Vallow started his coaching career in 2011 after he retired from his playing days with the Raging Rhinos. He joined the coaching staff of the Flash and remained there until 2013. Next, he returned to the Rhinos, this time as an assistant coach, for the 2014 season.

In 2015, Vallow was an assistant coach with Portland Thorns FC before returning to the Flash for the 2016 season. He followed head coach Paul Riley to the North Carolina Courage when the Flash relocated.



Coaches Bios (cont.)



Sean Nahas, Assistant Coach

Nahas brings 14 years of experience with Capital Area Soccer League (now North Carolina FC Youth) to the NC Courage. In addition to being an assistant coach for the NC Courage, Nahas is a coach for the NC Courage Academy. He has held several leadership positions with CASL including Director of Girls Classic Soccer, ECNL Director, and Director of CASL Player Development. As ECNL Director, he helped CASL reach its highest ranking in USYS of No.7 nationally in 2010-2011. Nahas also has valuable US National Team coaching experience including assistant coaching positions with the U20 USWNT and U14 Youth National Team and serving as a US National Team Youth Scout. Nahas was a member of the coaching staff that lead the NC Courage to their 2018 and 2019 NWSL Championships.

Nathan Thackeray, Assistant Coach

Thackeray started his coaching career in 2011 after playing with England's Bradford City from 2003-2006 and William Woods University from 2006-2010. He worked with Young Harris College in Georgia, and then became the Head of Goalkeeping at the Houston Dynamo Academy in 2012. Thackeray, a USSF licensed coach, is currently the Director of Goalkeeping at the NC Courage Academy. He was a member of the coaching staff in 2018 and 2019 when the Courage won back-to-back NWSL Championships.



Coaches Bios (cont.)



Bill Palladino, Assistant Coach

Palladino is a respected member of the soccer community as he was the long-time chief assistant coach to the University of North Carolina women's soccer team. In 36 years with the Tar Heels, Palladino helped Anson Dorrance lead UNC to 22 national titles, which is more than every other school in the country combined. Palladino was awarded the Glenn "Mooch" Myernick Award as the national assistant coach of the year by the National Soccer Coaches Association of America following the 2012 season and was the key defensive mind behind the 1987 UNC team that allowed only two goals during the regular season.

Charlie Naimo, Technical Advisor

Since 2017, Naimo has served as Technical Advisor for the North Carolina Courage where he assists with scouting and roster development for the club. Previously he served as Technical Director for the NWSL's Western New York Flash from 2014-2016, helping form the backbone of their 2016 Championship season by drafting future U.S. National Team players Abby Dahlkemper, Samantha Mewis, Lynn Williams, and Jaelene Hinkle. In addition to serving as the LA Sol General Manager from 2008-2009 and as a Technical Advisor for the Chicago Red Stars in 2010, Naimo was a decorated coach with several W-League teams from 1995-2014, where his impressive accolades include: the most wins in league history as a Head Coach, three-time National Coach of the Year, five-time league champion, two Organization of the Year awards, one USL Progress award, and, in 2012, was named the W-League Executive of the Year and inducted into the USL Hall of Fame.



Katelyn Rowland #0

Professional

2019: Rowland started in 6 games in 2019, playing for 540 minutes. She had 15 saves throughout the season.
2018: Rowland started in 19 games in 2018, playing for a total of 1,710 minutes. She had 47 saves during the course of the season. She had eight clean sheets, including a clean sheet in the NWSL Championship game.
2017: Rowland started in 18 games, played for 1,620 minutes and recorded 13 saves on the season, plus earned nine clean sheets. She and teammate Sabrina D'Angelo set a league record with their combined 12 shutouts in the 2017 season. Rowland had a goals against average of 0.7 in 2017. She was also nominated for NWSL Goalkeeper of the Year and was named to the league's Second Best XI. 2016: Played in six games for the Flash, totaling 540 minutes. Made 16 saves and averaged 1.33 goals against per game. Katelyn Rowland was acquired by the Flash on June 10, 2016, via trade with FC Kansas City. 2015: Selected by FC Kansas City as the 17th overall pick in the 2015 NWSL College Draft.

International

Starting goalkeeper for the U.S. Under-20 National Team at the FIFA U-20 Women's World Cup and CONCACAF Championship. Won the Golden Glove at the CONCACAF Championship, totaling four shutouts in each of her four starts in the tournament. Former pool player with the U-18 Team. Traveled with the U-17s to Denmark in 2010. First brought into the U.S. National Team Program with the U-15s in 2008.

College

Rowland played all four years at UCLA from 2011-2014 where she set NCAA records for career shutouts (55) and single-season shutouts (19).

High School/Club

Rowland attended Vacaville Christian for high school. She helped her club team, San Juan, to a national championship in 2008 and was awarded the tournament's Golden Gloves Award at the final four. Rowland was named Top Drawer Soccer's "Player to Watch" in 2008. She was also a varsity basketball and volleyball player at Vacaville Christian High School, earning all-league honors in both sports.



Pronunciation: Roll-and
Position: G
Height: 5'11'
Jersey Number: 0
Date of Birth: 3/16/94
Age: 26
Hometown: Vacaville, CA
Citizenship: USA
College: UCLA
Last Club: WNY Flash
How Acquired: Acquired by the Flash on June 10, 2016, via trade with FC Kansas City



Stephanie Labbe #1

Professional

2019: Labbe played and started 16 matches for a total of 1,440 minutes. She recorded 33 saves and eight clean sheets. 2018: Played with Calgary Foothills WFC in the United Women's Soccer League at the beginning of the year and then for Linkopings later in the year. 2017: Played 17 games for the Washington Spirit 2016: Played eight games for the Washington Spirit and recorded five shutouts. 2014: Played for KIF Orebro and won a silver medal with the team. 2012-2013: Played for KIF Orebro. 2009-2011: Played for Pitea IF in Sweden.

International

2019: Was the starting goalkeeper on the Canadian Women's National Team for the 2019 Women's World Cup. She played four games for 360 minutes. 2018: Called up to Swedish National Team for World Cup qualifying and friendlies. 2017: Played 35 minutes in two appearances in friendlies. Made one appearance in the UEFA Women's Championship. 2016: Made her first appearance with the Swedish National Team in a friendly.

College

Attended the University of Connecticut 2008: Named Big East Goalkeeper of the Year. 2007: Played all 22 games and every minute with a career best goals against average of .61 goals. 2006: Started in 20 of 21 games with a .96 goals against average. 2005: Played all 22 games with the team but only three in goal.

19



Pronunciation: La-bay
Position: GK
Height: 5'10'
Jersey Number: 1
Date of Birth: 10/10/86
Age: 33
Hometown: Stony Plain,
Canada
Citizenship: Canada
College: University of
Connecticut
Last Club: Linkopings FC
How Acquired: Acquired with
the NC Courage on 02/22/19



Lauren Milliet #2

Professional

2019: Milliet played in two games for a total of 46 minutes.

College

2018: Scored six goals and have five assists in 18 games. Three of the goals were game-winning goals. 2017: First-team all-Mountain West selection. Started 19 games for 1,783 minutes. 2016: Started all 19 games and scored four goals. 2015: Started 21 games for 1,848 minutes. Scored four goals.

High School/Club

Milliet was a member of the New Mexico Olympic Development Program team from 2009 through 2012. She trained at the Region 1V ODP Camp (2009-11) and played for Rio Rapids FC. Milliet earned three varsity letters as a forward/midfielder at Durango High School in Durango, CO. She was a second-team all-district selection as a junior despite playing just four games and named district Player of the Year and first-team all-district for the second year in a row as a sophomore.



Pronunciation: Mil-lay
Position: M
Height: 5'1'
Jersey Number: 2
Date of Birth: 12/1/96
Age: 23
Hometown: Durango, CO
Citizenship: USA
College: Colorado College
Last Club: Colorado College
How Acquired: Drafted by
the NC Courage in the 2019
NWSL Draft



Kaleigh Kurtz #3

Professional

2019: Kurtz played 810 minutes in nine matches. She had a passing accuracy of 77.2%. 2018: Signed with the NC Courage in March. Started and played in six games for 540 minutes.

College

2016: In her senior season at the University of South Carolina, Kurtz was named the SEC Defensive Player of the Year and All-SEC First Team. She started all 24 matches and had five assists. 2015: Had her first collegiate goal of her career. Started 20 games during the season. 2014: Played in 25 games for a total of 552 minutes in her first year at University of South Carolina. 2013: Played 18 games for Richmond College and had one assist.

High School/Club

Kurtz attended Riverside High School and was a four-star prospect and ranked No. 127 nationally, No. 15 in the South Region and No. 28 in the country among defenders. She was a four-time ECNL All-Event Team selection and an ECNL Top Performer in 2012. She helped lead Carolina Elite Soccer Academy (CESA) to seven state championships. Kurtz won the 2012 regional championship and finished sixth at Nationals.



Pronunciation: Kay-lee

Position: D

Height: 5'8"

Jersey Number: 3

Date of Birth: 9/9/94

Age: 25

Hometown: Greer, SC

Citizenship: USA

College: University of South Carolina

Last Club: University of South Carolina

How Acquired: Joined NC Courage roster ahead of the 2018 Season in March.



Mackenzie Meehan #4

Professional

2019: Meehan was traded to the NC Courage midseason. She played 42 minutes in three games and scored one goal. 2018: Played 351 minutes in 11 appearances. She started three matches. 2017: Drafted by Sky Blue FC. Played 599 minutes in 17 games. Started five games in total.

International

2016: Represented the U-23 team in the Nordic Tournament. 2014: Scored six goals in the CONCACAF Women's U-20 Championship. Was named to the 2014 FIFA U-20 Women's World Cup roster, but was left out of the tournament due to an injury. 2013: Called up to the United States U-20s. 2012: Played for the United States U-18s.

College

2015: Played and started all 18 games of the season. Scored 12 goals and had two assists. Had 45 shots on goal. 2014: Started all 19 games of the season. Scored 16 goals and had three assists. Took 81 shots. 2013: Played and started all 21 games of the season. Scored 19 goals and had one assist. Had 39 shots on goal. 2012: Started five games as a freshman. Scored nine goals and had one assist.

High School/Club

Meehan attended the La Salle Academy, scoring 181 goals and notching 28 assists in her high school years. She was elected the Rhode Island Gatorade Player of the Year in 2010 & 2011. She was also included in the Rhode Island All-State first team and NSCAA High School All-Region in 2009, 2010, 2011; and NSCAA High School All-American in 2010 & 2011. Meehan also helped her high school team to capture the State Championships four times in a row.



Pronunciation: Me-han
Position: F
Height: 5'5'
Jersey Number: 4
Date of Birth: 12/25/94
Age: 25
Hometown: Glocester, RI
Citizenship: USA
College: Boston College
Last Club: Sky Blue FC
How Acquired: Acquired in midseason trade with Sky Blue FC



Samantha Mewis #5

Professional

2019: Mewis played in 14 games with 13 starts for a total of 1,194 minutes. She tallied 3 goals and 2 assists during the season. 2018: Played in 19 games with 13 starts for a total of 1,271 minutes. She had four goals and two assists on the season. 2017: Mewis started in 25 out of 26 games played and logged 2,277 minutes. She netted six goals and tallied three assists during the 2017 season. Mewis was a finalist for the NWSL Most Valuable Player Award and was voted to the league's Best XI. 2016: Played in and started 14 games for the Flash. Scored five goals and had two assists. 2015: NWSL Rookie of the Year finalist. Played in 20 games for the Flash and contributed 4 goals, 4 assists. Drafted 4th overall by the WNY Flash in the 2015 NWSL Draft.

International

2019: Was on the U.S Women's National Team roster for the 2019 Women's World Cup. Played six games for 467 minutes and scored two goals. 2018: Called up to the U.S. Women's National Team for the Tournament of Nations in July, friendlies against Chile in August and September, and the World Cup Qualifying Tournament in October. Mewis play 273 minutes during 2018 and had one goal. 2017: Mewis started each of the 16 games she played in during the year. She recorded 1,242 total minutes. Mewis scored three goals and had one assist. 2016: Scored the game-winning goal to beat Germany in the SheBelieves Cup on March 9th, 2016. Scored three more goals that year. 2015: Played for the US in the 2015 FIFA Women's World Cup. . 2013- 15: Member of USA U-23 Team. Scored 1 goal in 3 appearances. 2010-12: Member of the USA U-20 team. Scored 8 goals in 33 appearances. Won the 2012 FIFA U-20 Women's World Cup. 2008: Scored 8 goals in 13 appearances for the USA U-17 team.

College

Played at UCLA for four seasons. 2014: Led the Pac-12 with 16 goals, 13 assists and 7 game-winning goals. Recorded a goal or assist in 18 of the Bruins' 24 games. Winner of the 2015 Honda Award. MAC Hermann Trophy finalist. ESPN W National Player of the Year. Pac-12 Player of the Year. First-Team All-American. 2013: Scored 6 goals, 4 of which were game-winners. Added 9 assists. Helped UCLA win the Pac-12 Championship and eventually the NCAA Championship. 2012: Missed the first six games of the season due to national team commitments but finished the year with 3 goals and 3 assists in 16 starts. 2011: Second on the team in scoring (to U.S. Women's National teammate Sydney Leroux) in her Freshman year with 6 goals and 7 assists. Named to the Pac-12 All-Freshman Team.

High School/Club

Mewis was considered the nation's No. 1 recruit in the class of 2011. She was National Soccer Coaches Association (NSCAA) National Player of the Year in 2010, a two-time Parade All-American (2009 & 2010), a four-time NSCAA Youth All-American, a two-time NSCAA High School All-American, a two-time Gatorade Player of the Year for the state of Massachusetts.



Pronunciation: Mewis

Position: M

Height: 5'11'

Jersey Number: 5

Date of Birth: 10/9/92

Age: 27

Hometown: Hanson, MA

Citizenship: USA

College: UCLA

Last Club: WNY Flash

How Acquired: Drafted 4th overall by the WNY Flash in the 2015 NWSL Draft.

Signed contract with WNY Flash on March 17, 2015.



Abby Erceg #6

Professional

2019: Started and played 22 games for a total of 1,985 minutes in the 2019 season. She scored one header goal during the season and was named to NWSL Second Best XI 2018: Erceg started every game and played every minute of all 26 games during the season. She scored two header goals during the season and also had two assists. She was named the NWSL Defender of the Year and NWSL Best XI. 2017: Started in 24 games and has played for 2127 minutes. She recorded one goal, two assist and 19 shots. She received three yellow cards and one red card. The captain was named to the NWSL's Second XI at the conclusion of the 2017 season. 2016: Started in 16 out of 17 games played for the Flash, clocking 1,474 minutes. Had two goals and one assist as the team's 2016 captain. 2014-2015: Made 25 appearances for the Chicago Red Stars over two seasons. Sent to AS Elfen Saitama in Japan on a loan deal. Traded to the Flash in November of 2015. 2013-2014: Signed with FF USV Jena of Germany's Frauen-Bundesliga. Made 30 appearances and scored five goals. Was sent on loan to the Chicago Red Stars. 2011-2013: Made 23 appearances for Adelaide United in the Australian W-League. 2010: Made 25 appearances and scored 14 goals for Fencibles United in New Zealand. 2009: Made 23 appearances and scored 15 goals for Three Kings United FC in New Zealand. 2007-2008: Made 22 appearances and scored 12 goals for Western Springs AFC in New Zealand. 2004-2006: Made 36 appearances and scored 17 goals for Three Kings United FC in New Zealand.

International

2019: Erceg came out of international retirement after Tom Sermeni was named the new head coach of the New Zealand Women's National Team. She has represented New Zealand in friendlies leading up to the World Cup. She started and played in three games during the 2019 Women's World Cup for a total of 270 minutes. 2018: Rejoined the New Zealand National Team for two friendlies against Scotland. 2017: Announced her retirement from international play ahead of the 2017 Cyprus Cup. 2016: Former captain of New Zealand's squad. Helped the Kiwis to a third place finish at the 2016 Algarve Cup. Played with New Zealand in the 2016 Olympic Games in Rio. 2015: Played in all three matches for New Zealand in the 2015 FIFA Women's World Cup in Canada. 2014: Scored one goal in 16 matches. Became the first player to reach 100 caps for New Zealand on October 25 at the OFC Nations Cup. Helped New Zealand qualify for the 2015 FIFA Women's World Cup. 2013: Had 11 caps in the year. 2012: 16 appearances with New Zealand including the 2012 London Olympic Games. 2011: Became the youngest player to reach 50 caps for New Zealand at the Cyprus Cup. Made 13 appearances. A part of the Kiwis' squad at the 2011 FIFA Women's World Cup in Germany. NZF's Players' Player honoree. 2010: Scored 2 goals in 12 matches. 2009: Made 7 appearances with the Kiwis. 2008: Played in 13 matches. Made appearances at the 2008 Beijing Olympic Games. Represented the Kiwis at the FIFA Women's U-20 World Cup. 2007: Played in 15 matches, scoring 2 goals. Played in the 2007 FIFA Women's World Cup in China. Honored as the New Zealand Football Young Player of the Year. 2006: Earned first full international cap on November 14 against China at 17 years-old. Played at the 2006 FIFA Women's U-20 World Cup.



Pronunciation: Er-seg
Position: D
Height: 5'10'
Jersey Number: 6
Date of Birth: 11/20/89
Age: 30
Hometown: Whangarei, NZ
Citizenship: New Zealand
College: N/A
Last Club: WNY Flash
How Acquired: Traded to the Flash in November of 2015 from the Chicago Red Stars.



Abby Dahlkemper #7

Professional

2019: Dahlkemper played 1,470 minutes in 16 games. She took 36 corner kicks in those games. The California native had one assist on the season and it came in the NWSL Championship game. 2018: Played 1880 minutes in 21 games. She was named to the 2018 NWSL Best XI for her stellar performance on the Courage defensive line. 2017: Dahlkemper started in 26 games and played for 2,340 minutes. She tallied two assists and took 123 crosses during the season. She was named NWSL Defender of the Year and was also a member of the league's Best XI in 2017. 2016: Started all 20 games yet again for the Western New York Flash, and played every minute of the 2016 season, totaling 1,800 minutes. Scored two goals and tallied one assist. 2015: Started all 20 games for the Flash, racking up 1,784 minutes. Team Rookie of the Year and Defensive Player of the Year. Selected by the Flash in the first round of the 2015 NWSL College Draft (No. 3 overall). Signed a contract with the Flash on March 17.

International

2019: Was one of the 23 players selected to the USWNT 2019 Women's World Cup roster. She started and played seven games of the 2019 Women's World Cup for a total of 622 minutes. 2018: Dahlkemper made 17 appearances for the USWNT playing 1,358 minutes. She provided two assists on the year and played more minutes than any USWNT defender other than her teammate, Crystal Dunn. 2017: Made her USWNT appearances in international friendlies against Sweden and Norway in June. She made 11 appearances total in 2017, including two friendlies against Korea Republic in which she tallied an assist to teammate Samewis in Cary, NC. She started 10 of her 11 appearances. 2016: Helped the U.S. Women's U-23 National Team win the Istra Cup in Croatia. 2015: Played with the U-23 Wm in Spain. 2014: Participated in the 2014 Six Nations Tournament, helping to lead the U-23s to the championship. 2013 | Helped the U-23 team take the Four Nations Tournament Crown.

College

2014: Was a four-year letter winner and finished her defensive career with five goals and 10 assists through 93 games with the Bruins. Played defense for the UCLA squad that set a school record for least goals against in 2013 and 2014. 2014 Honda Sports Award winner as the best female collegiate athlete. Started in all 24 games, playing 2,155 minutes. Scored a goal and three assists. 2013: Finalist for the MAC Hermann Trophy. Starter in all 24 of 25 games, playing in 2,194 or a possible 2,311 minutes. Contributed a goal and two assists. 2012: Started in all 23 games and ranked second on the team in minutes played, with 2,016. Recorded three goals and three assists. 2011: Started in all 21 games. Recorded two assists.

High School/Club

Dahlkemper attended Sacred Heart Prep where she was the 2010 Gatorade Girls Soccer Player of the Year for the state of California, a 2010 Parade All-American, and a three-time NSCAA Youth All-American (2008-2010).



Pronunciation: Dall-kemp-er

Position: D

Height: 5'7"

Jersey Number: 7

Date of Birth: 5/13/93

Age: 27

Hometown: Menlo Park, CA

Citizenship: USA

College: UCLA

Last Club: WNY Flash

How Acquired: Selected by the Flash in the first round of the 2015 NWSL College Draft (No. 3 overall). Signed a contract with the Flash on March 17, 2015.



Denise O'Sullivan #8

Professional

2019: O'Sullivan played in 25 games with 24 starts for the 2019 season. She totaled 2,158 minutes with a 84.3% passing success rate and 1 assist. 2018: Played 1932 minutes in 24 games, 22 of which she started. She had 77.7% passing success rate during the season and three assists. O'Sullivan averaged 37 passes per game. 2017: O'Sullivan started in 13 out of 20 games played for the Courage, totaling 1,129 minutes. She tallied a goal and an assist in the 2017 season after being acquired by the NC Courage on July 28, 2017. She spent the first part of the 2017 NWSL season with the Houston Dash, where she made 11 appearances and tallied one assist. 2016: She appeared in 29 total games for the Dash, scoring two goals and making four assists since April 2016. 2013-2016: O'Sullivan was a valuable member of Scottish Women's Premier League's Glasgow City since July 2013 and impressively won eight trophies with the club. During that time, she made 65 starts and scored 33 goals. 2011-2013: O'Sullivan played for a number of European teams prior to Glasgow including Wilton United, Peamount United, and Cork City.

International

2019: Played every minute in nine matches during friendlies and World Cup qualifying. 2018: Played 720 minutes in eight games with the national team during World Cup qualifying matches. She scored one goal. 2017: Played 741 minutes for the Republic of Ireland during 2017 and scored two goals. 2011: Made her debut at 17 years old with Ireland's senior team. Scored both of the team's goals in her first match.



Pronunciation: Denise
O'Sullivan
Height: 5'4"
Position: M
Jersey Number: 8
Date of Birth: 2/4/94
Age: 26
Hometown: Cork, Ireland
Citizenship: IRE
College: N/A
Last Club: Houston Dash
How Acquired: Acquired from
the Houston Dash on July
28, 2017.



Lynn Williams #9

Professional

2019: Started in 23 of the 24 games she played in during the season for a total of 2,052 minutes. She scored 12 goals and had 6 assists. 2018: Williams started in 22 of the 23 games she played in during the season for a total of 1887 minutes. She scored 14 goals on the season, coming in second place in the Golden Boot race. She also had five assists during the season. Williams was named to the 2018 NWSL Second XI. 2017: Williams started in 23 games and played for 2,006 minutes. She recorded nine goals and five assists during the 2017 season and took 83 shots. 2016: Started in all 19 games played, logging 1,670 minutes for the Flash. Scored 11 goals and tallied five assists in 2016, making her the NWSL Golden Boot winner and League MVP. 2015: Selected by the Flash in the 2015 NWSL College Draft (No. 6 overall). Signed a contract with the Flash on March 17th. Had 17 appearances for the Flash, including 13 starts. Scored 4 goals and had 4 assists. Named the WNY Flash's Offensive Player of the Year.

International

2019: The forward was called into November camps with the USWNT after Vlatko Andonovski was named head coach. It was her first call up in a year and a half. She played 2 games for a total of 88 minutes. She scored two goals. 2018: Williams has played 20 minutes in one friendly game in 2018 with the US Women's National Team. She also made three appearance with the team during The SheBelieves Cup for a total of 44 minutes. 2017: Williams played in 11 games, four of which she started. She played a total of 484 minutes and scored three goals. 2016: Made four appearances and scored one goal for the USWNT. 2015: Member of the U-23 Women's National team in La Manga during the Six Nations Cup. Scored the game winner against England to lead her team to victory.

College

Williams graduated from Pepperdine University. 2014: Accumulated 24 goals, 15 game-winning goals, and 398 shots, which ranks 1st in Pepperdine women's soccer history. She also finished her career with 39 assists and 102 points, both which ranked her second in school history. Led her team with 14 goals and 10 assists. Led her team to an NCAA Sweet 16 appearance. Earned her third straight All-WCC first team honor. 2013: Started the first 15 games of the season before suffering an injury. Finished the season with 11 goals and three assists. 2012: Led the team in shots with 97. Registered team-high five goals in WCC play. 2011: Started all 20 games as a true freshman. Finished the season with six goals and eight assists.

High School/Club

Williams graduated from Bullard High School in Fresno, California in 2011, where she played four years on the varsity team. She was an ESPN RISE All-American third teamer in 2011 and set the school scoring record with 117 career goals.



Pronunciation: Williams
Position: F
Height: 5'7"
Jersey Number: 9
Date of Birth: 5/21/93
Age: 27
Hometown: Fresno, CA
Citizenship: USA
College: Pepperdine University
Last Club: WNY Flash
How Acquired: Selected by the Flash in the 2015 NWSL College Draft (No. 6 overall).



Debinha #10

Professional

2019: Played in 21 games and started 19 of them for a total of 1,737 minutes. She scored 10 goals and has 7 assists. She took 69 shots with 30 on goal. 2018: Played in 23 games, starting 22 of them, for a total of 1896 minutes. Debinha scored nine goals on the season and added two assists. She took 54 shots, 25 of which were on goal. 2017: Debinha played in 25 games, starting 17 for a total of 1,481 minutes. She recorded four goals, two assist, and 34 shots during the 2017 season. 2016: Played for Dalian Quanjian in the Chinese Women's Super League. 2015-13: Scored 23 goals in 30 appearances for Avaldsnes IL in the Norwegian Toppserien. She was Toppserien's top goal-scorer in 2014. 2014: Went on a short loan spell to SÅ o José. 2013-11: Played for Centro Olímpico. In 2012, the club was the runner-up in the Copa do Brasil.

International

2019: Played in the 2019 FIFA Women's World Cup with Brazil. She started all four games and had one assist during the tournament. 2018: Debinha made 13 appearances with the Brazilian National team during 2018. She played a total of 720 minutes and scored three goals. 2017: Played 144 minutes for the Brazilian national team between the Tournament of Nations and friendlies. She scored two goals during the year. 2011: Made her senior debut in the Pan American Games in Guadalajara. 2010: Represented Brazil in the 2010 FIFA U-20 Women's World Cup.



Pronunciation: Deb-in-ya
Position: M
Height: 5'2'
Jersey Number: 10
Date of Birth: 10/20/91
Age: 28
Hometown: Basópolis,
Brazil
Citizenship: Brazil
College: N/A
Last Club: Dalian Quanjian
How Acquired: Signed with
the New York Flash on
01/05/17.



Merritt Mathias #11

Professional

2019: Mathias started and played 20 games for a total of 1,772 minutes before a season ending injury. She took 22 shots and had 5 assists. 2018: Mathias was traded to the North Carolina Courage from the Seattle Reign. She started 24 games in 2018, scoring three goals and adding three assists. One of her goals was featured on Sports Center's Top 10. Mathias played a total of 2140 minutes during the season. 2017: Played 21 games and scored two goals. She also had an assist during the season. 2016: Started 17 games and made appearances in two others during the year. She played a total of 1,431 minutes and scored one goal. 2015: Recorded 1,480 minutes and started 19 games in her first season with Seattle. 2014: Played in 22 matches for FC Kansas City, 18 of which she started. She was traded to the Seattle Reign at the end of the 2014 season. 2013: Selected 23rd overall in the NWSL Supplemental Draft by FC Kansas City and started 20 games in her first season. She scored two goals during the season.

International

2018: Mathias was called up for an international friendly, making a 16-minute appearance with the U.S. Women's National Team for the first time in two years. She was also on the roster for the Tournament of Nations. 2016: First called up to the United States women's national team in October 2016 for friendlies against Switzerland.

College

2011: Started all 24 matches during the season and scored eight goals. She also had eleven assists. Named All0Big 12 First Team. 2010: Transferred to Texas A&M where she started 20 games and scored nine goals. 2008: Played in 20 matches as a freshman at the University of North Carolina at Chapel Hill.

High School/Club

Mathias attended Oak Mountain High School where she was a Parade Magazine high school All-America selection in 2007 and a 2006 and 2007 National High School Coaches Association All-America.



Pronunciation: Math-eye-is

Position: D

Height: 5.6'

Jersey Number: 11

Date of Birth: 7/2/90

Age: 29

Hometown: Birmingham, Al.

Citizenship: USA

College: Texas A&M

Last Club: Reign FC

How Acquired: Acquired from
Seattle Reign FC



Ryan Williams #13

Professional

2019: Started three of the four games she played for a total of 232 minutes. 2018: Drafted by the Courage in the 2018 NWSL College Draft. Was signed as a national team replacement for the season and made one appearance as a substitute for a total of 10 minutes.

College

2017: Started and played in 22 matches. Had six assists and one goal. 2016: Played in 20 games during the season. Played every minute of 18 of those games. Had two assists. 2015: Had 5 assists in 19 games started and played. 2014: Started 18 of 19 games for 1,702 minutes. Had two assists.

High School/Club

Williams attended Cherry Creek High school where she was a part of the team that won the 2012 5A state championship. She played club soccer with the Colorado Rush in the Elite Clubs National League (ECNL). Won the ECNL national championship in the 2011-2012 season.



Pronunciation: Williams

Position: D

Height: 5'6"

Jersey Number: 13

Date of Birth: 2/23/96

Age: 24

Hometown: Centennial, CO

Citizenship: USA

College: TCU

Last Club: TCU

How Acquired: Selected 40th overall in the NWSL by the NC Courage.



Jessica McDonald #14

Professional

2019: McDonald played in 16 games and started 11 games for a total of 1,031 minutes. She scored 6 goals and had 3 assists during the season. 2018: McDonald was named MVP of the NWSL Championship after scoring two goals in the championship game. She played in 25 games throughout the season, scoring 10 goals. She also had eight assists. She played a total of 1,865 minutes. 2017: McDonald played in 21 games, starting 11 for a total of 1,122 minutes. She recorded four goals, three assists, and 35 shots. 2016: Played in and started 19 games for the Flash, totaling 1,665 minutes. Scored 10 goals and had the most assists on the team in 2016 with seven. 2015: Appeared in nine matches for the Houston Dash. Scored five goals. 2014: Appeared in 24 matches for Portland Thorns FC. Scored 11 goals. 2013: Re-joined the Chicago Red Stars in 2013 and appeared in nine matches with Chicago before being waived and eventually signed by Seattle. Appeared in seven matches for Seattle Reign FC and tallied three goals. 2012: Started in all 13 of her appearances for Melbourne Victory FC in Australia's W-League. Tallied seven goals and helped the squad to the Grand Final match. 2010: Was the 15th overall pick by Chicago Red Stars in the 2010 WPS Draft. Made five appearances before suffering an injury in her rookie season.

International

2019: McDonald joins the U.S. Women's National Team for January camps and friendlies. She was selected as one of the 23 players on UWSNT Women's World Cup Roster. She played 1 game during the World Cup for a total of 45 minutes. 2018: McDonald made an appearance in November 2018, scoring a goal in her first cap to earn the USWNT the win. She made an appearance in one other game for a total of 68 minutes. 2017: McDonald was called up to participate in the US Women's National Team January training camp in Carson, California. Appeared on USWNT roster for the SheBelieves Cup in March 2017. 2009: Member of Team USA U-23 team. 2007: Represented Team USA at the Pan-Am games.

College

Attended Phoenix College for two years before transferring to the University of North Carolina. 2008: Played a key role in the Tar Heels' run to the National Championship. Played in 21 games and had 17 starts. Scored five goals and had 10 assists, which led the team. Ended up winning the National Championship with UNC.

High School/Club

McDonald graduated from Cactus High School in Glendale, Ariz. in 2006. She was a member of the Sereno Soccer club from 2000-2007 where she won a state championship each year she played.



Pronunciation: McDonald

Position: F

Height: 6'0"

Jersey Number: 14

Date of Birth: 2/28/88

Age: 32

Hometown: Phoenix, AZ

Citizenship: USA

College: UNC Chapel Hill

Last Club: WNY Flash

How Acquired: Acquired by

WNY Flash in a trade with

Houston Dash in January

2016.



Jaelene Daniels #15

Professional

2019: Daniels started and played 26 games for 2,370 minutes. She had one goal and six assists throughout the season. 2018: Started and played in 22 games for 1958 minutes. She provided five assists on the season and took 32 corner kicks. 2017: Hinkle started in 22 games and accumulated 1,954 minutes in 2017. She recorded two assists and eight shots during the season. 2016: Played in and started 15 games for the Flash, logging 1,325 minutes for the Flash. Scored one goal and tallied three assists. 2015: Selected by the Flash in the 2015 NWSL College Draft (No. 7 overall). Signed a contract with the Flash on March 17. Started all 20 matches and recorded 1 goal.

International

2017: Daniels was called up to participate in the US Women's National Team January training camp in Carson, California. Has made 8 appearances for the USWNT. 2015: Played with the U-23 Women's National team in La Manga. Helped lead the team to a victory in the Six Nations Cup. Made senior team debut in October during the U.S. Women's National Team's Victory Tour. 2014: Played with the U-23 Women's National Team in Spain. 2010: Began her International career with the U-17 Women's National Team.

College

Daniels attended Texas Tech. 2014: Played in 84 games for the Red Raiders, accumulating one goal and 19 assists. Became the first Texas Tech player to be named Big-12 Scholar Athlete of the Year, also earning Academic All-American honors. Helped anchor a defense that posted nine shutouts and a third post season appearance in her four years at Texas Tech. 2013: Appeared in 19 matches, starting in 17. Member of a Tech backline that posted a school record 17 shutouts. Led the Red Raiders with six assists. 2012: Started all 23 games. Recorded five assists. 2011: Played in 20 matches with 19 starts. Led the Red Raiders with four assists. Scored her first career goal against Hofstra.

High School/Club

Daniels graduated from Valor Christian High School where she was a 2010 Parade All-American, the Pioneer League Top Scorer in 2010, the Pioneer League Player of the Year in 2009, first team all-conference in 2009 and 2010, and named first team all-state and All-Colorado team in 2009 and 2010 by Denver Post.



Pronunciation: Jay-lean

Position: D

Height: 5'4"

Jersey Number: 15

Date of Birth: 5/28/93

Age: 27

Hometown: Denver, CO

Citizenship: USA

College: Texas Tech

Last Club: WNY Flash

How Acquired: Selected 7th overall by the WNY Flash in the 2015 NWSL College Draft. Signed contract with WNY Flash on March 17, 2015.



Hailie Mace #16

Professional

2019: Drafted by Sky Blue FC in the 2019 NWSL Draft, but did not sign with the team and joined Melbourne City FC on a guest player contract. Made two appearances with the club and scored one goal. In February 2019, Mace signed with FC Rosengard, where she scored four goals in 16 appearances.

International

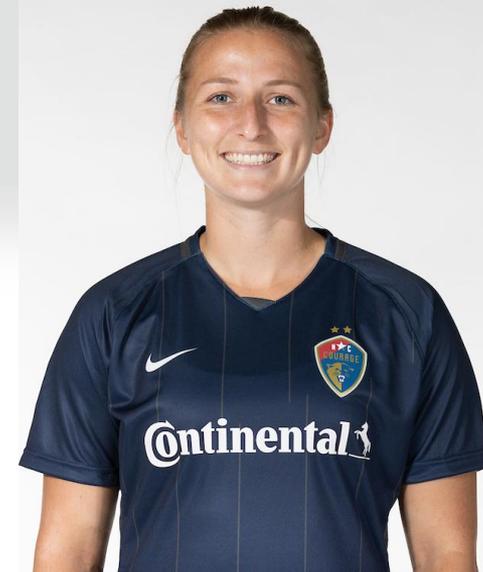
2018: Selected to the U.S. team for the 2018 CONCACAF Women's Tournament and helped the U.S. win the tournament and qualify for the 2019 Women's World Cup. Recorded her first career start with the U.S. Women's National Team on Oct. 7, 2018, starting and playing all 90 minutes against Panama in a 5-0 victory. Earned her first cap with the full national team on Apr. 8, 2018, playing the final 31 minutes at center back in the USA's 6-2 win over Mexico. Earned her first senior team call-up in February 2018 as part of the preliminary roster for the SheBelieves Cup. 2017: Participated in Youth National Team camps for the U-23s in April and July 2015: Participated in Youth National Team camps for the U-20s

College

2018: Despite playing in just 13 games, Mace still ranked second on the team in scoring with nine goals and 24 points and tied for the team lead in game-winning goals with three. Selected to the Senior CLASS Award All-America First Team. Second-team All-West Region and All-Pac-12 selection as a defender. Selected to the MAC Hermann Trophy Watch List
2017: MAC Hermann Trophy semifinalist. First-team All-American, All-West Region and All-Pac-12. Selected to the College Cup All-Tournament Team. Moved from center back to forward in 2017 and became UCLA's leading scorer with a career-high 15 goals and 33 points. Ranked second in the Pac-12 in goals and points and ranked ninth in the NCAA in goals scored. Led the team with four game-winning goals. One of two players to start in every game and started in 62 consecutive games.
2016: Earned honorable mention All-Pac-12 honors. One of two players who started all 22 games for the Bruins. Helped UCLA record nine shutouts. Second on the squad in minutes played with 1943 minutes. 2015: Led Bruin freshmen in games played and started. Earned her first start against Texas and remained in the starting lineup the remainder of the year.

High School/Club

Mace totaled 26 goals and 15 assists during her senior year at Buena High School. She was awarded the Ventura County Sports Hall of Fame Player of the Year in 2015 and Channel League Offensive MVP in 2014. She played volleyball for four years and was an all-league and all-county performer. She played club soccer with Eagles SC in the Elite Clubs National League (ECNL).



Pronunciation: Hay-lee
Position: F
Height: 5'7"
Jersey Number: 16
Date of Birth: 3/24/97
Age: 23
Hometown: Venutra, CA
Citizenship: USA
College: UCLA
Last Club: FC Rosengard
How Acquired: Signed in trade with Sky Blue FC in exchange for McCall Zerboni and fourth round pick in 2021 NWSL Draft



Ally Watt #17

Professional

2020: Signed with Melbourne City FC in late January 2020. In five appearances, Watt scored three goals with 11 shots on goal. She started only one game and totaled 173 minutes with the W-League team.

International

2016: After her 2015 freshman season at Texas A&M, Watt took a redshirt year in order to represent the U.S. National Team at the 2016 FIFA U-20 World Cup in Papua New Guinea. Watt took full advantage of the opportunity, scoring twice in the tournament. In the US' quarterfinal stage win over Mexico, Watt scored the game-tying goal and was named the FIFA Player of the Match. In total, Watt scored seven goals in 14 matches with the U-20 National Team.

College

2019: Honors included United Soccer Coaches All-America First Team, TopDrawerSoccer.com Best XI Third Team, MAC Hermann Trophy semifinalist, United Soccer Coaches All-Southeast Region, SEC Forward of the Year and All-SEC First Team. Played in 20 games, all starts, racking up 1,419 minutes. Led squad with 16 goals and 39 points while adding seven assists. Collected 10 goals and two assists for 22 points in conference play 2018: Honors included United Soccer Coaches All-America First Team, TopDrawerSoccer.com Best XI Second Team, MAC Hermann Trophy semifinalist, United Soccer Coaches All-Southeast Region First Team and All-SEC First Team. Started in 22 games for the Aggies. Led the team in points (33) and goals (15) 2017: Honors included All-SEC First Team and SEC All-Tournament Team. Appeared in all 22 matches for the Aggies, including 20 starts. Led the Aggies in points (24) and goals (11) 2015: Played in all 26 games as a freshman with 17 starts. Earned SEC All-Freshman Team recognition. Ranked fourth on the squad with 14 points and tied for second with 7 goals. Also ranked second on the Aggies with four game-winning goals, 72 shots and 30 shots-on-goal

High School/Club

Watt was a two-sport athlete at Pine Creek High School in Colorado Springs, Colorado. She was named Colorado Springs Metro League 5A Player of the Year and All-Colorado Springs Metro League First Team in 2014. She was also selected to Colorado High School Athletic Association MaxPreps All-State Second Team in 2014. In track and field, she won state titles in both the 100 Meter and 200 Meter at the 2012 and 2014 Colorado Class 5A Track & Field Championship. She was on the All-America watch list for indoor track & field with the fastest 60-meter time in the nation. She was player for the Region IV ODP team since 2012 and the Colorado ODP since 2010. Watt helped guide Region IV ODP team to Costa Rica International Tournament Title. This culminated into her being named two-time Most Valuable Player at the Colorado State Cup. She played club soccer with the Pride Soccer Club Predators 97.



Pronunciation: Al-ee Watt

Position: F

Height: 5'8"

Jersey Number: 17

Date of Birth: 3/12/97

Age: 23

Hometown: Colorado

Spring, CO

Citizenship: USA

College: Texas A&M

University

Last Club: Melbourne City FC

How Acquired: Drafted 6th overall in the NWSL Draft 2020



Crystal Dunn #19

Professional

2019: Dunn played 15 games and had 13 starts for 1,181 minutes. She scored nine goals and had four assists during the season. She took 42 shots, 25 of which were on goal. Dunn was named to the 2019 NWSL Second XI. 2018: Dunn played in 23 games and had 22 starts for 1976 minutes. She scored eight goals and seven assists during the season. She took 59 shots, 28 of which were on goal. Dunn was named to the 2018 NWSL Best XI. Dunn was traded to the North Carolina Courage from the Washington Spirit in early 2018. 2017: Dunn joined Chelsea for the season. She scored four goals during the season. 2016: Scored four goals and had five assists during the season. Two of her goals came in the NWSL Championship game. 2015: Scored the Washington Spirit franchise's first ever hat trick on August 1. Recipient of the 2015 NWSL Golden Boot after scoring 15 goals during the season. She also received NWSL Most Valuable Player Award. 2014: Selected as the first overall pick in the NWSL Draft by the Washington Spirit. She started 19 games during her rookie season and played in 22 games total.

International

2019: On the USWNT Roster for the Women's World Cup. She played six matches for 540 minutes. She totaled one assist during the tournament. 2018: Made 18 appearances and had 15 starts. Dunn played 1411 minutes overall with appearances in friendlies, the Tournament of Nations, SheBelieves Cup, and World Cup qualifying. She had two goals and two assists on the year. 2017: Started seven of her 12 appearances in 2017, playing for a total of 657 minutes. She had four goals and one assist for the year. 2016: Dunn played in 25 games during the season. She scored 14 goals and had eight assists. She played a total of 1,494 minutes. 2015: Dunn played 488 minutes in eight games, six of which she started. She scored four goals and had three assists. 2014: Dunn had one start for the United States National Team in 2014. She played 197 minutes in 4 games. 2013: Made her US National Team debut on February 13 against Scotland. Dunn played 532 minutes during eight games during the year.

College

2013: Scored 14 goals during her senior season helping her win the ACC Offensive Player of the Year Award. 2012: Named ACC Defensive Player of the Year for the second time. Scored five goals during the season, all of which came during the NCAA Tournament. 2011: Had three goals and six assists during her sophomore season. Named third-team All-America by the NSCAA. 2010: Named ACC Defensive Player of the Year as a freshman. Played in 23 games and scored nine goals.

High School/Club

Dunn graduated from South Side High School in Rockville Centre, N.Y. where she led her team to New York state championships in 2006, 2007 and 2009. In her three years, she scored 46 goals and had 35 assists.



Pronunciation: Dunn

Position: F

Height: 5'1"

Jersey Number: 19

Date of Birth: 7/3/92

Age: 27

Hometown: New Hyde Park, NY

Citizenship: USA

College: UNC

Last Club: Chelsea LFC

How Acquired: Acquired by NC Courage via trade with Washington Spirit on Jan. 16, 2018



Lindsay Agnew #20

Professional

2020: The Houston Dash waived the rights to Agnew in January 2020. She was signed by Sydney FC in the W-League where she made four appearances. 2019: Played seven games and made five starts for the Houston Dash for a total of 373 minutes. 2018: Traded to the Houston Dash in exchange for the third overall pick in the 2018 NWSL Draft. Agnew would start six of the 12 games she played in for a total of 609 minutes. 2017: Selected by the Washington Spirit as the 19th overall pick in the NWSL Draft 2017. She would make eight appearances and two starts for the club for a total of 291 minutes.

International

2019: Represented Canada at the 2019 FIFA Women's World Cup 2018: Won Silver at 2018 CONCACAF Women's Championship and helped Canada qualify for the 2019 Women's World Cup. 2017: Made her debut for Canada on March 6th, 2017. 2014: Finished sixth with Canada at the 2014 FIFA U-20 Women's World Cup 2012: Won a silver medal at the 2012 CONCACAF Women's Under-17 Championship in Guatemala. Represented Canada at the 2012 FIFA U-17 Women's World Cup. 2011: Debuted in the Canadian youth program

College

Scored 18 goals and tallied 19 assists in 72 games for Ohio State University. She was a Second-Team Academic All-American.

High School/Club

Agnew attended Dublin Jerome High School where she played on the varsity soccer team all four years of her high school career. She also played basketball. After helping the team reach the state finals during her junior year, Agnew was named to first team All-Ohio and ESPNHS second team All-American. She played club soccer for Ohio Premier for five years and helped the team win the U-18 ECNL national championship in 2013.



Pronunciation: Ag-new

Position: F

Height: 5'9"

Jersey Number: 20

Date of Birth: 3/31/95

Age: 25

Hometown: Kingston,
Ontario

Citizenship: Canada

College: Ohio State
University

Last Club: Houston Dash

How Acquired: Signed with
NC Courage in July 2020



Cari Roccaro #21

Professional

2019: Roccaro played in 15 games and started 11 of those games for a total of 920 minutes. She had one assist and took six shots. 2018: Started and played two games for 172 minutes. 2017: Played in 18 matches for 1,500 minutes. 2016: Drafted 5th overall in the NWSL Draft by the Houston Dash.

International

2014: Served as co-captain of the U-20 National Team. 2012: A member of the U-20 National Team that won the FIFA U-20 World Cup. 2009: Made her first appearance for the U-20 National Team.

College

2015: Led the Notre Dame defensive line, only allowing 11 goals during the course of her senior season. 2014: Started 18 games. Averaged 1.56 shots per game. 2013: Scored five goals and had two assists. Named All-ACC First Team. 2012: Played 17 games and had six goals and an assist. Named Big East Rookie of the Year.

High School/Club

Roccaro graduated from East Islip High School in Islip Terrace, N.Y., playing for head coach Julie Susskind. She amassed 39 goals and 19 assists during her prep career, including 11 goals and four assists as a senior in 2011. Led East Islip to New York state semifinals in 2008, following Long Island and Suffolk County Class AA titles. Roccaro was a two-time NSCAA High School All-American (2010, 2011), a Parade All-American (2010), an ESPNHS first-team All-American (2010), Gatorade New York High School Player of the Year (2011), NSCAA New York State Player of the Year (2011), a three-time all-state selection (2008, 2010, 2011), Long Island Player of the Year (2011), two-time Suffolk County High School Player of the Year (2010, 2011), three-time all-Suffolk County pick (2008, 2010, 2011), three-time Newsday Player To Watch (2009, 2010, 2011), a three-time all-conference selection (2008, 2010, 2011), and the Suffolk County Class AA Finals MVP (2008).



Pronunciation: Row-car-o

Position: D

Height: 5'6"

Jersey Number: 21

Date of Birth: 7/18/94

Age: 25

Hometown: East Islip, NY

Citizenship: USA

College: Notre Dame

Last Club: Houston Dash

How Acquired: Signed with NC Courage in April 2018.



Hailey Harbison #22

Professional

2019: Drafted 9th overall in the NWSL Draft. Signed a supplemental contract on April 11th. Harbison was unable to play in 2019 due to an injury.

College

2018: Named WCC Defensive Player of the Year for the second year in a row. Started all 19 games adding one goal and two assists for the team. 2017: WCC Defensive Player of the Year. Started all 21 games and had two assists. 2015: Started and played 17 games. Had one goal and one assist. 2014: Named WCC Freshman of the Year. Started all 23 games. Scored one goal and had two assists.

High School/Club

Harbison graduated from Westview High School, located in San Diego, CA where she played three varsity seasons, scored 25 goals and posted 14 assists for a total of 64 points in her prep career. Her team won a state championship in 2014. She played club soccer with the Del Mar Sharks where she won a state, regional, and national championship.



Pronunciation: Harbison
Position: D
Height: 5'4'
Jersey Number: 22
Date of Birth: 10/3/96
Age: 23
Hometown: Rancho Penasquito, CA
Citizenship: USA
College: Pepperdine University
Last Club: Pepperdine
How Acquired: Drafted by the NC Courage in the 2019 NWSL Draft



Kristen Hamilton #23

Professional

2019: Played in 24 games and started 17 throughout the season. She played for 1,352 minutes with nine goals and five assists. 2018: Appeared in 25 games with eight starts on the season. Hamilton played for 796 minutes. She scored three goals and had four assists. 2017: Hamilton started in 13 games out of 18 played for a total of 1,191 minutes. She recorded three goals and one assist during the 2017 season. 2016: Played in 12 games for the Flash, logging 125 minutes. 2015: Signed by the WNY Flash during pre-season. Made 2 appearances for the club. 2014: Selected in the fourth round by the Flash in the 2014 NWSL College Draft (No. 36 overall). Did not play in the 2014 season due to an ACL injury.

International:

2019: Called into the USWNT for Victory Tour matches against Portugal in August and September.

College

Hamilton graduated from the University of Denver. 2013: Semifinalist for the MAC Hermann trophy. Started all 21 games, playing 1,784 minutes. Scored 14 goals and 13 assists, including four game-winning goals. 2012: Started all 24 games, playing 1,917 minutes. Scored 14 goals and seven assists. 2011: Started all 21 games. Scored 16 goals, third highest in program history. Tallied 9 assists. Scored six game-winning goals. 2010: Started in all 22 games. Scored seven goals.

High School/Club

Attended Columbine High School in Columbine, Colorado.



Pronunciation: Hamilton

Position: F

Height: 5'4'

Jersey Number: 23

Date of Birth: 4/17/92

Age: 28

Hometown: Littleton, CO

Citizenship: USA

College: University of Denver

Last Club: WNY Flash

How Acquired: Selected in the fourth round by the Flash in the 2014 NWSL College Draft. Signed by WNY Flash in April 2015.



Meredith Speck #25

Professional

2019: Played in eight games for a total of 72 minutes. 2018: Played in 15 games and made two starts for 246 total minutes. 2017: Speck appeared in four games and played a total of 197 minutes. 2016: Speck joined the Western New York Flash ahead of the 2016 season. Started in five out of six games played in 2016, earning one assist.

College

Played at Yale University for four seasons. Made 56 appearances and started 54 games for the Bulldogs. Three-time first team All-Ivy selection (only one in school history). 2014: Named first team All-Ivy and first team All-New England. Started 14 of Yale's 15 games. Scored 2 goals and had 2 assists. 2013: First team All-Ivy and first team All-New England selection. One of only two players to start all 16 of the Bulldogs' games. Had 1 goal and 5 assists. 2012: Started 7 games for Yale, contributing 4 assists. Limited to only 8 games because of injury. 2011: First team All-Ivy selection. Started all 17 games. Had four goals and four assists.

High School/Club

Speck attended Sacred Heart Academy where she was 2010 CHSSA League Player of the Year, and a two-time all-league and All-Long Island selection. She helped Sacred Heart to 2008 state championship. Speck played club soccer for the Albertson Fury '92 where she was an ECNL national finalist and three-time State Cup finalist, a five-year Region I team member, a six-year New York State team member, and a TopDrawerSoccer.com Player To Watch. She also played for Long Island Fury, which won the 2008 national championship.



Pronunciation: Speck
Position: D
Height: 5'3"
Jersey Number: 25
Date of Birth: 2/1/93
Age: 27
Hometown: Rockville Centre, NY
Citizenship: USA
College: Yale University
Last Club: WNY Flash
How Acquired: Signed with WNY Flash in April 2016.



Sinclair Miramontez #26

International

2018: Selected for U.S U-23 Women's National Team training camp. 2017: Attended U.S U-20 Women's National Team training camp. 2016: Attended U.S U-19 Women's National Team training camp.

College

2019: Miramontez garnered second-team All-Big Ten recognition. Miramontez, who started all 18 games, amassed 1,658 minutes, the fourth-most on the team in 2019. She managed two goals, taking 29 shots, eight of which were on goal. 2018: Miramontez earned first-team All-Region and first-team All-Big Ten accolades in 2018. She helped Nebraska to six shutouts, while individually scoring two goals. Miramontez started each of the first 17 games, compiling 1,536 minutes, before suffering a season-ending injury on Oct. 18 at Wisconsin. 2017: Miramontez started all 19 games and played all but 28 seconds of a possible 1,848 minutes with second-team All-Region and first-team All-Big Ten honors. She scored one goal and tallied one assist, while taking 19 shots (five shots on goal). 2016: Miramontez was named to the Big Ten All-Freshman Team after playing nearly every minute of every game in 2016. She started all 22 games and amassed 2,088 minutes. She was a crucial member of a defense that tallied 11 shutouts, helping Nebraska to the Big Ten Tournament and NCAA Tournament with an 11-6-5 record.

High School/Club

Miramontez helped guide Shawnee Mission West to a pair of top-four finishes at the state tournament during her last two years with the team. Shawnee Mission West finished third in 2014 and fourth in 2015. Miramontez scored 11 goals for her career and added 20 assists. She was named a first-team All-American by TopDrawerSoccer.com in 2016. In addition, Miramontez was named first-team All-Sunflower League Defense on three occasions, first-team all-state defense twice, Sunflower League Defender of the Year in 2015 and Wendy's High School Heisman School Winner in 2015. She also played high school tennis. She played club soccer for Sporting Blue Valley ECNL 97-98 where she served as a team captain for four years and helped the team qualify for the ECNL Nationals.



Pronunciation: Sin-claire
Mira-montez
Position: D
Height: 5'6'
Jersey Number: 20
Date of Birth: 4/11/98
Age: 22
Hometown: Lenexa, KS
Citizenship: USA
College: University of
Nebraska
How Acquired: Drafted 27th
overall at the NWSL Draft
2020



Addisyn Merrick #27

College

2019: Started all 25 games of the 2019 season. Earned spots on All-Big 12 and All-Region First Teams and was named Big 12 Defender of the Year. Merrick logged 2,278 minutes. 2018: Played in 21 games with 19 starts for her junior year. Helped the Kansas defense post nine shutouts. 2017: Started all 20 games her sophomore year and was second on the team in minutes with 1,867 minutes. 2016: Merrick appeared in all 21 matches with 14 starts. She scored one goal and was named to Big 12 All-Newcomer team.

High School/Club

Merrick was a four-year letter winner at Lee's Summit North High School. She was named the Missouri Class 4 Defender of the Year, Missouri Western Region Defensive Player of the Year and Conference Defender of the Year in 2015. Also earned first-team honors for all-state, all-area, all-district, all-conference and the Kansas City Star's All-Metro Team in 2015. Merrick played five seasons with the Sporting Blue Valley Soccer Club. She helped team finish fourth in the U18 Elite Clubs National League (ECNL) Midwest Conference during the 2015-16 season.



Pronunciation: Add-i-sin
Mer-rick
Position: D
Height: 5'5'
Jersey Number: 26
Date of Birth: 3/4/98
Age: 22
Hometown: Lee's Summit,
MO
Citizenship: USA
College: Kansas University
How Acquired: Drafted 28th
overall at the NWSL Draft
2020



Samantha Murphy #42

Professional

2019: Murphy started and played two games for 180 minutes. She recorded three saves and had one clean sheet.

College

2018: Did not allow a goal for a streak of 1,119 minutes. Had six solo shutouts allowing only seven goals throughout the season. Had 34 saves. 2017: Started all 22 games for 2,046 minutes. Recorded 13 shutouts.

2016: Played four games for 74 minutes. 2015: Played one game for 14 minutes.

High School/Club

Murphy graduated from Mount Notre Dame High School where she played 68 career games. She competed with the Ohio Elite Soccer Academy.



Pronunciation: Murphy

Position: GK

Height: 5'11"

Jersey Number: 42

Date of Birth: 4/21/97

Age: 23

Hometown: Liberty

Township, Ohio

Citizenship: USA

College: UNC Chapel-Hill

Last Club: UNC-CH

How Acquired: Signed as a goalkeeper replacement in April 2019



Numerical Roster



No.	Name	Position	Pronunciation	Place of Birth	Last Team
0	Rowland, Katelyn	GK	Roll-and	Vacaville, CA	Western New York Flash
1	Labbe, Stephanie	GK	La-bay	Edmonton, Canada	Linkopings FC
2	Milliet, Lauren	MID	Mil-lay	Durango, CO	Colorado College
3	Kurtz, Kaleigh	DEF	Kay-lee	Greer, SC	University of South Carolina
4	Meehan, McKenzie	FWD	Me-han	Glocester, RI	Sky Blue FC
5	Mewis, Samantha	MID	Mewis	Hanson, MA	Western New York Flash
6	Erceg, Abby	DEF	Er-seg	Whangarei, New Zealand	Western New York Flash
7	Dahlkemper, Abby	DEF	Dall-kemp-er	Menlo Park, CA	Western New York Flash
8	O'Sullivan, Denise	MID	O'Sullivan	Cork, Ireland	Houston Dash
9	Williams, Lynn	FWD	Williams	Fresno, CA	Western New York Flash
10	Debinha	MID	Deb-in-ya	Brasópolis, Brazil	Dalian Quanjian
11	Mathias, Merritt	DEF	Math-aye-is	Birmingham, AL	Reign FC



Numerical Roster



No.	Name	Position	Pronunciation	Place of Birth	Last Team
13	Williams, Ryan	MID	Williams	Centennial, CO	TCU
14	McDonald, Jessica	FWD	McDonald	Phoenix, AZ	Western New York Flash
15	Daniels, Jaelene	DEF	Jay-lean	Denver, CO	Western New York Flash
16	Mace, Hailie	FWD	Hay-lee	Venutra, CA	FC Rosengard
17	Watt, Ally	FWD	Watt	Colorado Springs, CO	Melbourne City FC
19	Dunn, Crystal	FWD	Dunn	New Hyde Park, NY	Chelsea LFC
20	Agnew, Lindsay	FWD	Agg-new	Kingston, Ontario, Canada	Sydney FC
21	Roccaro, Cari	DEF	Care-ee Ro-car-oh	East Islip, NY	Houston Dash
22	Harbison, Hailey	DEF	Harbison	Rancho Penasquitos, CA	Pepperdine
23	Hamilton, Kristen	FWD	Hamilton	Littleton, CO	Western New York Flash



Numerical Roster



No.	Name	Position	Pronunciation	Place of Birth	Last Team
25	Speck, Meredith	MID	Speck	Golden, CO	Western New York Flash
26	Miramontez, Sinclaire	DEF	Mira-montez	Lenexa, KS	University of Nebraska
27	Merrick, Addisyn	DEF	Mer-rick	Lee's Summit, MO	Kansas University
42	Murphy, Sam	GK	Murphy	Liberty Township, OH	UNC



Alphabetical Roster



No.	Name	Position	Height	DOB	Hometown	College/School	Status
20	Agnew, Lindsay	FWD	5.9'	3/31/95	Kingston, Ontario	Ohio State University	
7	Dahlkemper, Abby	DEF	5.7'	5/13/93	Menlo Park, CA	UCLA	FED
15	Daniels, Jaelene	DEF	5.4'	5/28/93	Denver, CO	Texas Tech	
10	Debinha	MID	5.2'	10/20/91	Brasopolis, Brazil	N/A	INTL
19	Dunn, Crystal	FWD	5.2'	7/3/92	New Hyde Park, NY	UNC Chapel Hill	FED
6	Erceg, Abby	DEF	5.10'	11/20/89	Whangarei, NZ	N/A	INTL
23	Hamilton, Kristen	FOR	5.4'	4/17/92	Littleton, CO	University of Denver	
22	Harbison, Hailey	DEF	5.4'	10/3/96	Rancho Penasquitos, CA	Pepperdine University	
3	Kurtz, Kaleigh	DEF	5.8'	9/9/94	Greer, SC	University of South Carolina	
1	Labbe, Stephanie	GK	5.10'	10/10/86	Edmonton, Canada	University of Connecticut	FED
16	Mace, Hailie	FWD	5.7'	3/24/97	Venutra, CA	UCLA	



Alphabetical Roster



No.	Name	Position	Height	DOB	Hometown	College/School	Status
11	Mathias, Merritt	DEF	5.6'	7/2/90	Birmingham, AL	Texas A&M	
14	McDonald, Jessica	FWD	6.0'	2/28/88	Phoenix, AZ	UNC Chapel Hill	
4	Meehan, McKenzie	FWD	5.5'	12/25/94	Glocester, RI	Boston College	
27	Merrick, Addisyn	DEF	5.5'	3/4/98	Lee's Summit, MO	Kansas University	
5	Mewis, Samantha	MID	5.10'	10/9/92	Hanson, MA	UCLA	FED
2	Milliet, Lauren	MID	5.1'	12/1/96	Durango, CO	Colorado College	
26	Miramontez, Sinclair	DEF	5.6'	4/11/98	Lenexa, KS	University of Nebraska	
42	Murphy, Sam	GK	5.11'	4/21/97	Liberty Township, OH	UNC Chapel Hill	
8	O'Sullivan, Denise	MID	5.4'	2/4/94	Cork, Ireland	N/A	INTL
21	Roccaro, Cari	DEF	5.7'	7/18/94	East Islip, NY	Notre Dame	



Alphabetical Roster



No.	Name	Position	Height	DOB	Hometown	College/School	Status
0	Rowland, Katelyn	GK	5.11'	3/16/94	Vacaville, CA	UCLA	
25	Speck, Meredith	MID	5.3'	2/1/93	Rockville Centre, NY	Yale University	
17	Watt, Ally	FWD	5.8'	3/12/97	Colorado Springs, CO	Texas A&M University	
9	Williams, Lynn	FWD	5.7'	5/21/93	Fresno, CA	Pepperdine University	
13	Williams, Ryan	DEF	5.6'	2/23/96	Centennial, CO	TCU	



2019 North Carolina Courage Schedule and Results

	Opponent	Result	NC Courage Goal Scorers
Sat 4.13	vs. Chicago Red Stars	D, 1-1	Dunn (McDonald, 66')
Wed 4.17	vs. Orlando Pride	W, 5-0	Williams (Dunn, 45'), McDonald (Williams, 55'), Dunn (Unassisted, 70'), Dunn (Unassisted, 77'), Spetsmark (Hamilton, 88')
Sun 4.28	@ Houston Dash	W 4-1	Williams (Unassisted, 45'+1'), Dunn (Daniels, 60'), Debinha (Unassisted, 69'), Pruitt (Williams, 76')
Sat 5.4	vs. Sky Blue FC	D, 0-0	--
Sun 5.12	@ Chicago Red Stars	L, 1-3	Williams (Mathias, 33')
Sun 5.19	Vs. Utah Royals	D, 1-1	Eddy (Debinha, 78')
Mon 5.27	@ Reign FC	L, 1-2	Erceg (Daniels, 89')
Sat 6.1	@ Orlando Pride	W, 3-0	Hamilton (Unassisted, 59'), Hamilton (Pruitt, 66'), Hamilton (Daniels, 85')



2019 North Carolina Courage Schedule and Results

	Opponent	Result	NC Courage Goal Scorers
Sat 6.15	vs. Portland Thorns	D, 1-1	Spetsmark (Mathias, 59')
Sat 6.29	@ Washington Spirit	W, 2-1	Debinha (Unassisted, 45'+4'), Pruitt (Williams, 53')
Fri 7.5	vs. Houston Dash	W, 5-2	Hamilton (Mathias, 5'), Hamilton (Daniels, 18'), Williams (O'Sullivan, 31'), Hamilton (Williams, 54'), Hamilton (Debinha, 71')
Sat 7.13	Vs. Reign FC	W, 2-0	Williams (Hamilton, 22'), Debinha (Mathias, 55')
Sun 7.21	@ Chicago Red Stars	L, 1-2	Williams (Debinha, 30')
Sat 7.27	@ Utah Royals	W, 2-1	Hamilton (Mewis, 35'), McDonald (Hamilton, 54')
Sat 8.3	vs. Washington Spirit	W, 1-0	Debinha (Spetsmark, 64')
Sun 8.11	@ Portland Thorns	L, 1-2	Dunn (Williams, 4')



2019 North Carolina Courage Schedule and Results

	Opponent	Result	NC Courage Goal Scorers
Sat 8.24	vs. Reign FC	W, 1-0	Williams (Dunn, 82')
Sat 9.7	@ Sky Blue FC	W, 2-1	Skroski (1'), Dunn (Hamilton, 57')
Wed 9.11	@ Portland Thorns	W, 6-0	Debinha (Dunn, 15'), Williams (Debinha, 21'), Williams (Mathias, 24'), Dunn (Daniels 61'), Williams (Debinha, 68'), Hamilton (Debinha, 89')
Sat 9.14	vs. Orlando Pride	W, 6-1	Williams (Hamilton, 6'), Edmonds (37'), McDonald (Daniels 41'), Meehan (McDonald, 78'), O'Reilly (Zerboni, 85'), Debinha (O'Reilly, 90'+2')
Tue 9.17	vs. Houston Dash	W, 1-0	Mewis (Unassisted, 87')
Sat 9.21	@ Utah Royals	W, 3-0	Mewis (Unassisted, 30'), Daniels (Unassisted, 65'), Debinha (Dunn, 70')
Sat 9.28	@ Washington Spirit	L, 1-2	Williams (McDonald, 45'+2')
Sat 10.12	vs. Sky Blue FC	W, 3-2	McDonald (Unassisted, 16'), Debinha (Roccaro, 28'), McDonald (Debinha, 81')



NC Courage 2019 Regular Season Stats



	NAME	P	GP	GS	Min	G	A	Sh	SOG	FC	FS	CK	OFF	YC	RC	Saves	CS
0	Rowland, Katelyn	GK	6	6	540	0	0	0	0	0	0	0	0	0	0	15	0
1	Labbe, Stephanie	GK	16	16	1,440	0	0	0	0	0	0	0	0	0	0	33	8
3	Kurtz, Kaleigh	MID	9	9	810	0	0	1	0	3	2	0	0	1	0	--	--
4	Meehan, Mckenzie	FWD	3	0	42	1	0	1	1	2	0	0	2	0	0	--	--
5	Mewis, Samantha	MID	12	11	995	2	1	26	6	18	16	3	2	1	0	--	--
6	Erceg, Abby	DEF	20	20	1,775	1	0	15	7	8	6	0	0	1	0	--	--
7	Zerboni, McCall	MID	22	19	1,670	0	1	10	3	45	25	0	3	0	0	--	--
8	O'Sullivan, Denise	MID	23	22	1,966	0	1	4	1	29	26	35	1	4	0	--	--
9	Williams, Lynn	FWD	22	21	1,850	12	5	86	44	9	6	2	28	0	0	--	--
10	Debinha	MID	19	17	1,527	8	7	59	25	11	18	33	5	0	0	--	--
11	Mathias, Merritt	DEF	20	20	1,772	0	5	16	7	16	19	32	0	0	0	--	--



NC Courage 2019 Regular Season Stats



	NAME	P	GP	GS	Min	G	A	Sh	SOG	FC	FS	CK	OFF	YC	RC	Saves	CS
12	Pruitt, Leah	FWD	14	6	554	2	1	18	8	8	6	0	5	1	0	--	--
13	Dahlkemper, Abby	DEF	14	14	1,260	0	0	1	1	3	6	41	0	0	0	--	--
14	McDonald, Jessica	FWD	14	9	860	5	3	26	14	5	6	0	7	1	0	--	--
15	Daniels, Jaelene	DEF	24	24	2,160	1	6	5	2	14	11	4	3	1	0	--	--
16	Spetsmark, Julia	MID	11	2	810	2	1	15	6	7	0	0	7	1	0	--	--
17	O'Reilly, Heather	MID	13	4	437	1	1	2	2	2	1	21	1	0	0	--	--
19	Dunn, Crystal	FWD	13	11	999	7	4	31	18	8	21	0	0	0	0	--	--
20	Williams, Ryan	MID	4	3	232	0	0	1	0	4	1	0	0	0	0	--	--
21	Roccaro, Cari	MID	13	11	908	0	1	6	2	2	9	0	0	0	0	--	--
22	King, Julie	DEF	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
23	Hamilton, Kristen	FWD	22	17	1,313	9	5	38	23	14	17	1	9	0	0	--	--



NC Courage 2019 Regular Season Stats



	NAME	P	GP	GS	Min	G	A	Sh	SOG	FC	FS	CK	OFF	YC	RC	Saves	CS
25	Speck, Meredith	MID	8	0	72	0	0	0	0	0	0	0	1	0	0	--	--
26	Harbison, Hailey	DEF	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
27	Milliet, Lauren	MID	2	0	46	0	0	1	0	2	3	0	0	0	0	--	--
30	Perea, Peyton	MID	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
31	Horgan, Shannon	DEF	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
37	Murphy, Samantha	GK	2	2	180	0	0	0	0	0	0	0	0	0	0	3	1



NC Courage 2019 Playoff Season Stats



	NAME	P	GP	GS	Min	G	A	Sh	SOG	FC	FS	CK	OFF	YC	RC	Saves	CS
0	Rowland, Katelyn	GK	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
1	Labbe, Stephanie	GK	2	2	210	0	0	0	0	0	0	0	0	0	0	5	1
3	Kurtz, Kaleigh	MID	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
4	Meehan, Mckenzie	FWD	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
5	Mewis, Samantha	MID	2	2	199	1	1	7	4	3	2	0	0	0	0	--	--
6	Erceg, Abby	DEF	2	2	210	0	0	0	0	0	1	0	0	0	0	--	--
7	Zerboni, McCall	MID	2	0	46	0	0	1	0	6	2	0	0	0	0	--	--
8	O'Sullivan, Denise	MID	2	2	192	0	0	1	0	3	1	3	0	0	0	--	--
9	Williams, Lynn	FWD	2	2	202	0	1	13	4	0	0	0	2	0	0	--	--
10	Debinha	MID	2	2	210	2	0	10	5	1	4	0	1	0	0	--	--
11	Mathias, Merritt	DEF	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--



NC Courage 2019 Playoff Season Stats



	NAME	P	GP	GS	Min	G	A	Sh	SOG	FC	FS	CK	OFF	YC	RC	Saves	CS
12	Pruitt, Leah	FWD	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
13	Dahlkemper, Abby	DEF	2	2	210	0	1	0	0	0	1	0	0	0	0	--	--
14	McDonald, Jessica	FWD	2	2	171	1	0	6	2	1	0	0	1	0	0	--	--
15	Daniels, Jaelene	DEF	2	2	210	0	0	2	1	1	0	0	0	0	0	--	--
16	Spetsmark, Julia	MID	1	0	8	0	0	0	0	0	1	0	0	0	0	--	--
17	O'Reilly, Heather	MID	2	2	209	1	0	3	1	0	0	16	0	0	0	--	--
19	Dunn, Crystal	FWD	2	2	182	2	0	11	7	0	2	0	0	0	0	--	--
20	Williams, Ryan	MID	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
21	Roccaro, Cari	MID	2	0	12	0	0	0	0	1	1	0	0	0	0	--	--
22	King, Julie	DEF	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
23	Hamilton, Kristen	FWD	2	0	39	0	0	1	0	0	0	0	0	0	0	--	--



NC Courage 2019 Playoff Season Stats



	NAME	P	GP	GS	Min	G	A	Sh	SOG	FC	FS	CK	OFF	YC	RC	Saves	CS
25	Speck, Meredith	MID	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
26	Harbison, Hailey	DEF	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
27	Milliet, Lauren	MID	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
30	Perea, Peyton	MID	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
31	Horgan, Shannon	DEF	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
37	Murphy, Samantha	GK	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0



NC Courage 2019 Complete Season Stats



	NAME	P	GP	GS	Min	G	A	Sh	SOG	FC	FS	CK	OFF	YC	RC	Saves	CS
0	Rowland, Katelyn	GK	6	6	540	0	0	0	0	0	0	0	0	0	0	15	0
1	Labbe, Stephanie	GK	18	18	1,650	0	0	0	0	0	0	0	0	0	0	38	9
3	Kurtz, Kaleigh	MID	9	9	810	0	0	1	0	3	2	0	0	1	0	--	--
4	Meehan, Mckenzie	FWD	3	0	42	1	0	1	1	2	0	0	2	0	0	--	--
5	Mewis, Samantha	MID	14	13	1,194	3	2	33	10	21	18	3	2	1	0	--	--
6	Erceg, Abby	DEF	22	22	1,985	1	0	15	7	8	7	0	0	1	0	--	--
7	Zerboni, McCall	MID	24	19	1,716	0	1	11	3	51	27	0	3	3	0	--	--
8	O'Sullivan, Denise	MID	25	24	2,158	0	1	5	1	32	27	38	1	4	0	--	--
9	Williams, Lynn	FWD	24	23	2,052	12	6	99	48	9	6	2	30	0	0	--	--
10	Debinha	MID	21	19	1,737	10	7	69	30	12	22	33	6	0	0	--	--
11	Mathias, Merritt	DEF	20	20	1,772	0	5	16	7	16	19	32	0	0	0	--	--



NC Courage 2019 Complete Season Stats



	NAME	P	GP	GS	Min	G	A	Sh	SOG	FC	FS	CK	OFF	YC	RC	Saves	CS
12	Pruitt, Leah	FWD	14	6	554	2	1	18	8	8	6	0	5	1	0	--	--
13	Dahlkemper, Abby	DEF	16	16	1,470	0	1	1	1	3	7	41	0	0	0	--	--
14	McDonald, Jessica	FWD	16	11	1,031	6	3	32	16	6	6	0	8	1	0	--	--
15	Daniels, Jaelene	DEF	26	26	2,370	1	6	7	3	15	11	4	3	1	0	--	--
16	Spetsmark, Julia	MID	12	2	294	2	1	15	6	7	1	0	7	1	0	--	--
17	O'Reilly, Heather	MID	15	6	646	2	1	5	3	2	1	37	1	0	0	--	--
19	Dunn, Crystal	FWD	15	13	1,181	9	4	42	25	8	23	0	0	0	0	--	--
20	Williams, Ryan	MID	4	3	232	0	0	1	0	4	1	0	0	0	0	--	--
21	Roccaro, Cari	MID	15	11	920	0	1	6	2	3	10	0	0	0	0	--	--
22	King, Julie	DEF	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
23	Hamilton, Kristen	FWD	24	17	1,352	9	5	39	23	14	17	1	9	0	0	--	--



NC Courage 2019 Complete Season Stats



	NAME	P	GP	GS	Min	G	A	Sh	SOG	FC	FS	CK	OFF	YC	RC	Saves	CS
25	Speck, Meredith	MID	8	0	72	0	0	0	0	0	0	0	1	0	0	--	--
26	Harbison, Hailey	DEF	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
27	Milliet, Lauren	MID	2	0	46	0	0	1	0	2	3	0	0	0	0	--	--
30	Perea, Peyton	MID	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
31	Horgan, Shannon	DEF	0	0	0	0	0	0	0	0	0	0	0	0	0	--	--
37	Murphy, Samantha	GK	2	2	180	0	0	0	0	0	0	0	0	0	0	3	1



Box Scores 2019



North Carolina Courage vs. Chicago Red Stars

NWSL Championship Game

October 27, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	4	21	10	7	8	23	1	6	1	0	50.3%	2
CHI	0	13	2	5	4	19	0	4	2	0	49.7%	6

4'- Debinha, 26'- Jessica McDonald (Lynn Williams), 45'+5'- Crystal Dunn, 61'- Samantha Mewis (Abby Dahlkemper)

North Carolina vs. Reign FC

NWSL Semifinal Game

October 20, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	4	34	14	4	11	36	3	10	0	0	58%	3
SEA	1	7	4	0	2	6	7	11	1	0	42%	11

88'- Heather O'Reilly, 90'+3'- Ifeoma Onumonu (Celia), 99'- Debinha, 106'- Lauren Barnes (Own Goal), 107'- Crystal Dunn (Samantha Mewis)



Box Scores 2019



North Carolina Courage vs. Sky Blue FC

October 12, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	3	23	9	8	10	27	4	9	0	0	61.7%	5
NJ	2	11	7	1	2	7	1	12	0	0	38.3%	6

16'- Jessica McDonald, 26'- Carli Lloyd (Raquel Rodriguez), 28'- Debinha (Cari Roccaro), 81'- Jessica McDonald (Debinha), 86'- Domi Richardson

North Carolina Courage vs. Washington Spirit

September 28, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	27	9	6	10	42	2	10	1	0	57%	1
WAS	2	6	3	1	1	8	4	8	2	0	43%	7

45'+2'- Lynn Williams (Jessica McDonald), 75'- Mallory Pugh (Bayley Feist), 84'- Rose Lavelle (Arielle Ship)



Box Scores 2019



North Carolina Courage vs. Utah Royals FC

September 21, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	3	14	6	2	5	20	1	4	1	0	57.6%	5
UTA	0	12	5	3	5	13	1	4	0	0	42.4%	2

30'- Samantha Mewis, 65'- Jaelene Daniels, 70'- Debinha (Crystal Dunn)

North Carolina Courage vs. Houston Dash

September 17, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	18	5	2	9	27	0	7	0	0	60.6%	1
HOU	0	7	1	2	2	9	1	6	3	0	39.4%	4

87'- Samantha Mewis



Box Scores 2019



North Carolina Courage vs. Orlando Pride

September 14, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	6	23	11	7	6	24	7	7	0	0	67.3%	1
ORL	1	2	0	1	8	8	0	9	3	0	32.7%	6

6'- Lynn Williams (Kristen Hamilton), 37'- Kristen Edmonds (Own Goal), 41'- Jessica McDonald (Jaelene Daniels), 78'- Mckenzie Meehan (Jessica McDonald), 82'- Rachel Hill (Danica Evans), 85'- Heather O'Reilly (McCall Zerboni), 90'+2'- Debinha (Heather O'Reilly)

North Carolina Courage vs. Sky Blue FC

September 7, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	21	6	6	7	24	2	5	1	0	57.7%	2
HOU	1	10	3	2	1	9	2	11	1	0	42.3%	5

1'- Erica Skroski (Own Goal), 13'- Carli Lloyd, 57'- Crystal Dunn (Kristen Hamilton)



Box Scores 2019



North Carolina Courage vs. Reign FC

August 24, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	26	7	8	8	32	1	8	0	0	56.2%	1
SEA	0	9	1	4	4	10	4	9	0	0	43.8%	6

82'- Lynn Williams (Crystal Dunn)

North Carolina Courage vs. Portland Thorns FC

August 11, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	20	11	2	5	19	5	10	0	0	52.4%	4
POR	2	10	4	1	4	15	3	10	1	0	47.6%	10

4'- Crystal Dunn (Lynn Williams), 56'- Stephanie Labbe (Own Goal), 82'- Abby Erceg (Own Goal)



Box Scores 2019



North Carolina Courage vs. Washington Spirit

August 3, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	20	5	7	6	29	9	14	1	0	60.7%	3
WAS	0	6	3	0	1	9	3	7	0	1	39.3%	4

64'- Debinha (Julia Spetsmark)

North Carolina Courage vs. Utah Royals FC

July 27, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	16	5	2	6	14	0	12	0	0	45.6%	6
UTA	1	12	7	0	8	15	4	8	0	0	54.4%	3

13'- Christen Press (Veronica Boquete), 35'- Kristen Hamilton (Samantha Mewis), 54'- Jessica McDonald (Kristen Hamilton)



Box Scores 2019



North Carolina Courage vs. Chicago Red Stars

July 21, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	18	3	3	9	20	3	9	1	0	49.5%	1
CHI	2	12	4	4	2	15	2	7	1	0	50.5%	2

30'- Lynn Williams (Debinha), 37'- Vanessa Dibernardo (Arin Wright), 58'- Sam Kerr (Katlyn Johnson)

North Carolina Courage vs. Reign FC

July 13, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	23	10	4	0	23	1	10	1	0	52.7%	1
SEA	0	8	1	2	0	10	1	11	1	0	47.3%	8

22'- Lynn Williams (Kristen Hamilton), 55'- Debinha (Merritt Mathias)



Box Scores 2019



North Carolina Courage vs. Houston Dash

July 5, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	5	12	8	0	1	11	3	7	0	0	46.3%	3
HOU	2	8	5	0	3	14	2	7	2	0	53.7%	3

5'- Kristen Hamilton (Merritt Mathias), 18'- Kristen Hamilton (Jaelene Daniels), 24'- Kristie Mewis (Kyah Simon), 31'- Lynn Williams (Denise O'Sullivan), 43'- Kyah Simon (Sophie Schmidt), 54'- Kristen Hamilton (Lynn Williams), 71'- Kristen Hamilton (Debinha)

North Carolina Courage vs. Washington Spirit

June 29, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	18	7	4	5	26	2	8	1	0	46.8%	3
WAS	1	13	4	2	5	11	2	8	1	0	53.2%	5

45'+4'- Debinha, 53'- Leah Pruitt (Lynn Williams), 82'- Crystal Elaine Thomas (Bayley Feist)



Box Scores 2019



North Carolina Courage vs. Portland Thorns FC

June 15, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	21	6	3	9	37	6	8	1	0	65.5%	2
POR	1	7	3	4	2	5	1	10	1	0	34.5%	5

26'- Midge Purce (Celeste Boureille), 59'- Julia Spetsmark (Merritt Mathias)

North Carolina Courage vs. Reign FC

May 27, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	13	5	4	9	22	4	9	0	0	56.4%	4
SEA	2	16	6	5	3	9	5	12	1	0	43.6%	4

13'- Bethany Balcer (Kristen McNabb), 86'- Shea Groom, 89'-Abby Erceg (Jaelene Daniels)



Box Scores 2019



North Carolina Courage vs. Utah Royals FC

May 19, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	18	3	5	6	30	4	4	0	0	53.5%	0
UTA	1	2	1	0	5	12	1	1	1	0	46.5%	2

7'- Amy Rodriguez (Veronica Boquete), 78'- Elizabeth Eddy (Debinha)

North Carolina Courage vs. Chicago Red Stars

May 12, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	17	5	2	10	31	5	5	1	0	53.2%	0
CHI	3	10	3	2	5	12	3	3	1	0	46.8%	4

13'- Sam Kerr (Yuki Nagasato), 33'- Lynn Williams (Merritt Mathias), 40'- Michele Vasconcelos (Sam Kerr), 90'+3'- Sam Kerr



Box Scores 2019



North Carolina Courage vs. Sky Blue FC

May 4, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	0	28	3	7	15	32	3	9	1	0	58.1%	2
NJ	0	8	3	2	5	10	0	8	1	0	41.9%	3

North Carolina Courage vs. Houston Dash

April 28, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	4	20	13	4	7	29	3	5	0	0	57.4%	3
HOU	1	9	4	2	1	5	6	11	1	0	42.6%	9

45'+1'- Lynn Williams, 60'- Crystal Dunn (Jaelene Daniels), 69'- Debinha, 76'- Leah Pruitt (Lynn Williams), 86'- Rachel Daly (Kyah Simon)



Box Scores 2019



North Carolina Courage vs. Orlando Pride

April 17, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	5	31	13	10	7	23	1	10	2	0	53.5%	0
ORL	0	9	0	5	2	8	3	13	1	0	46.5%	8

45'- Lynn Williams (Crystal Dunn), 55'- Jessica McDonald (Lynn Williams), 70'- Crystal Dunn, 77'- Crystal Dunn, 88'- Julia Spetsmark (Kristen Hamilton)

North Carolina Courage vs. Chicago Red Stars

April 13, 2019

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	24	6	10	13	39	3	8	0	0	59.9%	0
CHI	1	6	1	2	1	11	5	11	1	0	40.1%	5

26'- Sam Kerr (Yuki Nagasato), 66'- Crystal Dunn (Jessica McDonald)



Box Scores 2018



North Carolina Courage vs. Portland Thorns

NWSL Championship Game

September 22, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	3	23	5	6	3	15	2	11	2	0	39.8%	3
POR	0	14	3	4	6	21	2	13	0	0	60.2%	2

13'- Debinha, 40'- Jessica McDonald (Jaelene Daniels), 64'- Jessica McDonald (Merritt Mathias)

North Carolina vs. Chicago Red Stars

NWSL Semifinal Game

September 18, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	15	8	4	7	28	5	8	1	0	45.2%	4
CHI	0	11	4	2	4	24	1	6	0	0	54.8%	5

5'- Jessica McDonald (Crystal Dunn), 86'- Samantha Mewis (Crystal Dunn)



Box Scores 2018



North Carolina Courage vs. Houston Dash

September 8, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	5	25	9	8	4	16	2	4	0	0	53.4%	4
HOU	0	16	4	4	4	19	3	6	0	0	46.6%	4

13'- Jessica McDonald (Abby Erceg), 26'- Crystal Dunn, 44'- Lynn Williams (Jessica McDonald), 57'- Lynn Williams (Jessica McDonald), 70'- Kristen Hamilton

North Carolina vs. Seattle Reign FC

August 25, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	29	13	10	5	26	2	12	3	0	54.6%	12
SEA	1	6	3	3	7	10	5	16	1	0	45.4%	12

67'- Theresa Nielsen (Jessica Fishlock), 90+6'- Lynn Williams



Box Scores 2018



North Carolina Courage vs. Orlando Pride

August 19, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	3	18	5	7	5	18	4	10	1	0	54.8%	1
ORL	0	9	1	6	12	21	1	11	1	0	45.2%	3

75'- Shelina Zadorsky (own goal), 81'- Debinha (Lynn Williams), 88'- Lynn Williams (Merritt Mathias)

North Carolina Courage vs. Chicago Red Stars

August 10, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	18	4	6	3	27	1	8	1	0	49.6%	0
CHI	1	10	1	5	6	25	2	9	1	0	50.4%	3

21'- Debinha (Jessica McDonald), 64'- Sam Kerr (Vanessa DiBernardo)



Box Scores 2018



North Carolina Courage vs. Portland Thorns

August 5, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	31	9	8	7	24	3	10	0	0	51.1%	1
POR	1	8	2	1	1	15	1	10	2	0	48.9%	7

37'- Lynn Williams (Jessica McDonald), 45'- Lynn Williams, 49'- Lindsey Horan (Tobin Heath)

North Carolina Courage vs. Utah Royals FC

July 20, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	0	20	3	4	8	26	2	8	0	0	40.7%	1
UTA	0	5	1	2	5	11	1	6	0	0	59.3%	3



Box Scores 2018



North Carolina Courage vs. Sky Blue FC

July 14, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	4	25	13	5	9	20	4	4	0	0	49.5%	5
NJ	0	12	6	0	1	10	5	12	1	0	50.5%	9

15'- Abby Erceg (Kristen Hamilton), 56'- Lynn Williams (Kristen Hamilton), 72'- Lynn Williams (Debinha), 89'- Lynn Williams

North Carolina Courage vs. Washington Spirit

July 11, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	22	6	4	5	18	1	12	1	0	53.9%	4
WAS	0	6	4	0	2	5	1	5	0	0	46.1%	4

12'- Debinha, 60'- Jessica McDonald (Crystal Dunn)



Box Scores 2018



North Carolina Courage vs. Chicago Red Stars

July 4, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	4	21	7	7	2	29	4	8	0	0	48.9%	2
CHI	1	16	4	6	2	8	2	8	1	0	51.1%	3

20'- Crystal Dunn (Jessica McDonald), 67'- Lynn Williams (Merritt Mathias), 69'- Debinha (Samantha Mewis), 87'- Kristen Hamilton (Lynn Williams), 90+3'-Yuki Nagasato

North Carolina Courage vs. Orlando Pride

June 30, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	3	16	7	4	3	13	4	8	0	0	44.8%	5
ORL	0	14	5	5	10	25	2	4	0	0	55.2%	4

37'- Debinha, 39'- Merritt Mathias (Debinha), 40'- Jessica McDonald (Crystal Dunn)



Box Scores 2018



North Carolina Courage vs. Seattle Reign FC

June 23, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	4	25	14	5	5	22	2	9	0	0	46.8%	4
SEA	1	16	5	3	11	24	2	7	0	0	53.2%	10

18'- Megan Oyster, 27'- Lynn Williams (Jaelene Daniels), 33'- Crystal Dunn (Lynn Williams), 48'- Merritt Mathias, 70'- Crystal Dunn (Lynn Williams)

North Carolina Courage vs. Utah Royals FC

June 16, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	0	15	4	3	4	29	2	9	1	0	56.4%	2
UTA	1	8	3	1	1	8	6	5	1	0	43.6%	4

90+4'- Brittany Ratcliffe



Box Scores 2018



North Carolina Courage vs. Houston Dash

June 3, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	8	3	1	2	13	1	6	2	0	51.8%	0
HOU	1	13	1	3	3	13	6	9	2	0	45.2%	2

49'- Kealia Ohai, 80'- Frannie Crouse

North Carolina Courage vs. Portland Thorns

May 30, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	4	17	8	5	5	18	2	19	2	0	43.5%	4
POR	1	9	5	0	1	20	3	13	2	0	56.5%	4

31'- Lynn Williams, 58'- Debinha (Crystal Dunn), 62'- Lynn Williams (Samantha Mewis), 64'- Samantha Mewis (McCall Zerboni), 89'- Katherine Reynolds



Box Scores 2018



North Carolina Courage vs. Orlando Pride

May 23, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	4	25	8	9	8	19	3	6	1	0	51.4%	0
ORL	3	7	3	0	3	10	2	10	1	0	48.6%	4

32'- Jessica McDonald (Denise O'Sullivan), 52'- Chioma Ubogagu (Marta), 57'- Debinha, 62'- Samantha Mewis (Crystal Dunn), 65'- Alanna Kennedy (Christine Nairn), 83'- Rachel Hill (Marta), 90'- Jessica McDonald (Jaelene Daniels)

North Carolina Courage vs. Sky Blue FC

May 19, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	27	6	7	10	29	2	11	1	0	59.2%	4
NJ	1	8	5	1	3	9	2	11	2	0	40.8%	4

16'- Crystal Dunn (Jessica McDonald), 27'- Samantha Mewis, 90+4'- Carli Lloyd (Sarah Killion)



Box Scores 2018



North Carolina Courage vs. Washington Spirit

May 12, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	18	6	7	4	21	5	12	0	0	52.2%	3
WAS	0	9	3	2	2	6	0	10	1	0	47.8%	5

63'- Abby Erceg (Jaelene Daniels)

North Carolina Courage vs. Chicago Red Stars

May 6, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	42	15	11	12	33	4	7	2	0	57.8%	1
CHI	1	8	2	3	3	14	3	8	2	0	42.2%	11

37'- Sam Kerr, 82'- McCall Zerboni (Abby Erceg)



Box Scores 2018



North Carolina Courage vs. Houston Dash

April 28, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	27	7	10	7	26	2	8	1	0	64.1%	3
HOU	0	8	3	1	3	14	2	9	0	0	35.9%	5

3'- Crystal Dunn (Jessica McDonald), 48'- Kristen Hamilton (Denise O'Sullivan)

North Carolina Courage vs. Utah Royals FC

April 21, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	10	5	0	10	30	3	5	2	0	48.4%	2
UTA	2	4	4	0	0	7	2	11	1	0	51.6%	3

6'- Merritt Mathias, 52'- Katie Stengal, 66'- Brittany Ratcliffe, 80'-Crystal Dunn



Box Scores 2018



North Carolina Courage vs. Seattle Reign FC

April 18, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	22	5	5	6	25	3	9	1	0	44.7%	1
SEA	0	5	1	2	1	8	5	11	0	0	55.3%	4

70'- Jessica McDonald (Kristen Hamilton)

North Carolina Courage vs. Washington Spirit

April 14, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	4	16	11	3	7	15	4	9	0	0	48.8%	1
WAS	2	8	3	1	4	10	1	7	1	0	51.2%	7

3'- Mallory Pugh, 20'- Crystal Dunn (Jessica McDonald), McCall Zerboni (Lynn Williams), 48'- McCall Zerboni (Kristen Hamilton), 57'- Francisca Ordega (Havana Solaun), 66'- Lynn Williams (Crystal Dunn)



Box Scores 2018



North Carolina Courage vs. Sky Blue FC

March 31, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	23	5	7	5	20	3	11	0	0	47.1%	0
NJ	0	3	0	2	3	2	2	8	2	0	52.9%	4

90+2'- Jessica McDonald (Jaelene Daniels)

North Carolina Courage vs. Portland Thorns FC

March 24, 2018

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	20	4	6	12	23	1	11	1	0	56.2%	1
POR	0	3	1	0	1	8	2	14	2	0	43.8%	3

70'- Debinha (Denise O'Sullivan)



Box Scores 2017



North Carolina Courage vs. Portland Thorns

NWSL Championship Game

October 14, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	0	16	5	5	4	15	3	11	0	0	52.6%	2
POR	1	4	3	0	2	7	0	13	3	0	47.4%	2

49' - Lindsey Horan

North Carolina vs. Chicago Red Stars

NWSL Semifinal Game

October 8, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	19	5	7	9	28	1	10	0	0	53.8%	1
CHI	0	6	1	3	1	12	3	10	1	0	46.2%	3

89' - Denise O'Sullivan (Jessica McDonald)



Box Scores 2017



North Carolina Courage vs. Orlando Pride

September 30, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	14	6	5	7	22	2	11	1	0	46.6%	0
ORL	3	8	3	1	1	8	2	9	2	0	53.4%	4

22'- Kristen Edmonds (Chioma Ubogagu), 51'- Marta (Alex Morgan), 62'- Lynn Williams (Taylor Smith), 67'- Williams, 90+1'- Alanna Kennedy

North Carolina Courage vs. Houston Dash

September 27, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	4	16	6	4	7	19	2	15	0	0	45.3%	4
HOU	0	12	4	3	4	22	4	11	0	0	54.7%	2

13'- Samantha Mewis (Abby Dahlkemper), 38'- Lynn Williams (Ashley Hatch), 51'- Debinha (Lynn Williams), 56'- Ashley Hatch (Debinha)



Box Scores 2017



North Carolina Courage vs. Sky Blue FC

September 24, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	24	7	8	13	26	2	7	0	0	44.6%	1
NJ	1	8	2	1	2	13	7	5	1	0	55.4%	6

27'- Ashley Hatch (Kristen Hamilton), 75'- Raquel Rodriguez (Sam Kerr)

North Carolina Courage vs. Houston Dash

September 9, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	22	6	8	6	14	4	12	1	0	43.6%	2
HOU	0	8	2	3	5	16	6	8	2	0	56.4%	5

26'- Kristen Hamilton (Abby Erceg)



Box Scores 2017



North Carolina Courage vs. Chicago Red Stars

September 9, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	15	8	4	7	28	5	8	1	0	45.2%	4
CHI	0	11	4	2	4	24	1	6	0	0	54.8%	5

5'- Jessica McDonald, 86'- Samantha Mewis

North Carolina Courage vs. Washington Spirit

August 30, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	3	21	7	4	11	19	6	8	0	0	51.5%	2
WAS	2	6	4	1	2	5	6	8	2	0	48.5%	4

8'- Estefania Banini, 45+1'- Samantha Mewis (Abby Dahlkemper), 61'- Jessica McDonald (Jaelene Daniels), 66'- Jessica McDonald (Lynn Williams), 73'- Cheyna Williams



Box Scores 2017



North Carolina Courage vs. Chicago Red Stars

May 27, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	9	5	1	9	42	0	7	0	0	49.9%	1
CHI	3	8	4	1	4	16	6	8	1	0	50.1%	2

27'- Danielle Colaprico (Vanessa DiBernardo), 45+4'- Abby Erceg (Samantha Mewis), 54'- Alyssa Mautz (Christen Press), 59'- Vanessa DiBernardo, 82'- Debinha

North Carolina Courage vs. Sky Blue FC

May 24, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	21	14	2	6	17	1	13	1	0	50.3%	2
NJ	0	2	2	0	2	18	0	9	2	0	49.7%	11

20'- Lynn Williams (Taylor Smith), 42'- Samantha Mewis



Box Scores 2017



North Carolina Courage vs. Washington Spirit

August 19, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	10	4	0	2	11	4	6	1	0	47.8%	3
WAS	0	11	3	3	5	9	2	11	2	0	52.2%	3

46'- Ashley Hatch, 84'- Kasey Kallman (own goal)

North Carolina Courage vs. Seattle Reign

August 13, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	6	2	1	1	9	0	8	0	0	45.5%	5
SEA	1	12	6	1	4	20	4	8	0	0	54.5%	0

24'- Samantha Mewis (Lynn Williams), 40'- Rumi Utsugi (Lindsay Elston), 74'- Samantha Mewis



Box Scores 2017



North Carolina Courage vs. FC Kansas City

August 10, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	27	5	4	3	16	1	12	0	0	46.1%	2
KC	0	6	2	1	2	10	2	10	1	0	53.9%	4

86' - Lynn Williams

North Carolina Courage vs. Seattle Reign FC

August 5, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	14	5	3	6	18	0	14	0	0	43.8%	2
SEA	0	6	2	1	4	13	3	8	2	0	56.2%	4

32' - Lynn Williams (Makenzy Doniak)



Box Scores 2017



North Carolina Courage vs. Portland Thorns

July 15, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	0	12	2	3	4	14	1	10	1	0	44.5%	6
POR	1	14	7	3	9	19	1	7	1	0	55.5%	2

70'- Hayley Raso (Meghan Klingenburg)

North Carolina Courage vs. Seattle Reign FC

July 8, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	29	6	3	4	26	1	8	1	0	46.7%	4
SEA	0	13	4	5	4	5	1	6	1	0	53.3%	3

33'- Ashley Hatch, 81'- McCall Zerboni



Box Scores 2017



North Carolina Courage vs. Sky Blue FC

July 1, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	0	15	5	3	6	15	2	12	1	0	44%	1
NJ	1	7	2	1	1	7	2	12	1	0	56%	4

84' - Sam Kerr (Maya Hayes)

North Carolina Courage vs. Boston Breakers

June 24, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	17	3	6	8	21	3	7	0	0	50.8%	3
BOS	0	11	3	1	6	15	2	15	2	0	49.2%	2

44' - Ashley Hatch (Samantha Mewis)



Box Scores 2017



North Carolina Courage vs. Boston Breakers

June 17, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	3	17	8	5	5	17	0	14	0	0	45.2%	1
BOS	1	9	2	1	4	13	2	11	1	0	54.8%	5

3'- Kristen Hamilton (Samantha Mewis), 13'- Kristen Hamilton (McCall Zerboni), 38'- Ashley Hatch (Makenzy Doniak), 73'- Adriana Leon (Natasha Dowie)

North Carolina Courage vs. FC Kansas City

June 3, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	2	22	4	8	5	19	0	12	2	0	46.2%	3
KC	0	13	3	1	1	3	2	10	1	0	53.8%	2

60'- McCall Zerboni (Abby Erceg), 67'- Ashley Hatch (Lynn Williams)



Box Scores 2017



North Carolina Courage vs. Chicago Red Stars

May 21, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	14	5	6	9	40	1	9	0	0	56.6%	5
CHI	3	11	8	1	1	5	7	10	2	0	43.4%	4

30'- Christen Press, 37'- Sofia Huerta (Christen Press), 45'- Vanessa DiBernardo, 55'- Lynn Williams (Jaelene Daniels)

North Carolina Courage vs. Orlando Pride

May 14, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	16	4	2	8	23	1	14	1	0	47.9%	2
ORL	3	9	5	4	7	17	6	10	2	0	52.1%	3

49'- Chioma Ubogagu (Ali Krieger), 50'- Camila (Jamia Fields), 51'- Debinha (Lynn Williams), 82'- Jasmynne Spencer (Marta)



Box Scores 2017



North Carolina Courage vs. Boston Breakers

May 7, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	10	4	5	10	26	0	11	1	0	49.4%	1
BOS	0	8	1	3	4	12	5	14	3	0	50.6%	2

32'- Jessica McDonald

North Carolina Courage vs. Orlando Pride

April 29, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	3	24	13	5	10	21	1	9	3	0	45.8%	4
ORL	1	12	5	2	2	12	4	6	1	0	54.2%	10

6'- Jessica McDonald, 27'- Camila (Alanna Kennedy), 33'- Samantha Mewis, 70'- Lynn Williams (Debinha)



Box Scores 2017



North Carolina Courage vs. Portland Thorns FC

April 22, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	16	3	2	5	22	3	11	2	0	53.7%	2
POR	0	4	2	0	5	17	2	12	0	0	46.3%	2

81'- Debinha (Jessica McDonald)

North Carolina Courage vs. Washington Spirit

April 15, 2017

	GOALS	SHOTS	SOG	SB	COR	CROSSES	OFF	FOULS	YC	RC	POSS	SV
NC	1	22	9	2	14	29	5	10	1	0	50.1%	0
WAS	0	3	0	1	7	13	2	9	2	0	49.9%	8

18'- McCall Zerboni (Makenzy Doniak)



History of NC Courage Draft



NWSL Draft 2017

First Round

- Ashley Hatch was selected as the NC Courage's first ever NWSL Draft Pick. Hatch was selected 2nd overall out of BYU.
- Darian Jenkins was selected 7th overall out of UCLA.

Second Round

- Claire Wagner was selected 20th overall out of Clemson.

Third Round

- Jaycie Johnson was selected 27th overall out of Nebraska.

NWSL Draft 2018

First Round

- Frannie Crouse was selected 10th overall out of Penn State University.

Second Round

- Rebecca Rasmussen was selected 20th overall out of University of Colorado Boulder.

Fourth Round

- Morgan Reid was selected 38th overall out of Duke University.
- Carlin Hudson was selected 39th overall out of Yale University.
- Ryan Williams was selected 40th overall out of Texas Christian University.

NWSL Draft 2019

First Round

- Leah Pruitt was selected 5th overall out of the University of Southern California.
- Hailey Harbison was selected 9th overall out of Pepperdine University.

Second Round

- Lauren Milliet was selected 14th overall out of Colorado College.

Fourth Round

- Kaycie Tillman was selected 6th overall out of Florida State University.

NWSL Draft 2020

First Round

- Alleandra Watt was selected 6th overall out of Texas A&M University

Third Round

- Sinclair Miramontez was selected 27th overall out of the University of Nebraska

Fourth Round

- Addisyn Merrick was selected 28th overall out of the University of Kansas
- Brianne Folds was selected 36th overall out of Auburn University



Broadcast Information



For 2020, all of the NWSL Challenge Cup matches will be streamed on CBS All Access while international fans will be able to watch games on Twitch. Two games of the NWSL Challenge Cup will be broadcasted on CBS.

CBS will air the opening match of the 2020 NWSL Challenge Cup presented by P&G and Secret between back-to-back champions North Carolina Courage and Portland Thorns FC on June 27 at 10:30 a.m. MT (12:30 p.m. ET).

CBS will also air the championship game of the 2020 NWSL Challenge Cup presented by P&G and Secret on Sunday, July 26th at 10:30 a.m. MT (12:30 p.m. ET).





2020 NWSL Media Contacts



NWSL

Kirsten Brierley
Communications Director
Work: 312-549-8831
Cell: 631-617-7093
kbrierley@nwslsoccer.com

CHICAGO RED STARS

Joe Azar
Communications Coordinator
Cell: 720-212-3384
jazar@chicagoredstars.com

HOUSTON DASH

Paloma Alatorre
Communications Coordinator
Cell: 832-454-6139
palatorre@houstondashsoccer.com

NORTH CAROLINA COURAGE

Morgan Brown
Sr. Communications Manager
Cell: 252-814-1301
Mbrown@northcarolinafc.com

OL REIGN

Liz Davis
Director of Marketing
Cell: 206-453-0348
liz@olreign.com

ORLANDO PRIDE

Jackie Maynard
Sr. Communications Manager
Cell: 585-944-6995
jmaynard@orlandocitysc.com

PORTLAND THORNS FC

Katie Simons
Director of Media Relations
Cell: 720-207-8167
ksimons@timbers.com

SKY BLUE FC

Nichole Paolino
Digital Media and Communications Coordinator
Cell: 518-365-0385
npaolino@skybluesoccer.com

Bridget Baker
Communications and Marketing Director
Cell: 785-969-6742
bbaker@skybluesoccer.com

UTAH ROYALS FC

Meg Van Dyk
Media Manager
Cell: 407-341-1905
Meg.vandyk@rsl.com

WASHINGTON SPIRIT

Mason Cavalier
Communications Coordinator
Cell: 240-818-3740
mcavalier@washspirit.com





Media Guidelines



Guidelines for Media Operations

Included below are the media operations guidelines for the 2020 NWSL Challenge Cup presented by P&G and Secret. While recognizing the critically important role that the media plays for sport and society, all guidelines have been developed with health and safety as the number one priority. The media operations guidelines are in addition to venue operations protocols, which include but are not limited to, required face coverings, social distancing requirements, assigned arrival/departure times, media-specific entrances/exits and assigned seating/photo positions. In addition to the availabilities described below, players, coaches and technical staff may be available remotely and requests should be made with each club's communications staff.

*Note: The National Women's Soccer League reserves the right to change and update these guidelines at any point.

Credentiaing

- The credential request process for the Challenge Cup presented by P&G and Secret will open June 19, 2020.
- Up to 13 media credentials (10 press and 3 photographers) will be available for each match.
- During the credential request process, members of the media will be asked to prioritize matches in the event that any match is over-subscribed.
- An approved credential does not guarantee access to a specific match. Utilizing the prioritized requests, an approved list for each match will be distributed 24 to 48 hours prior to the start of each match.
- In order to access the venue on match day, media will need their credential and their name must be on the access list.
- Credentials will be distributed in advance of the tournament via mail whenever possible.
- For on-site distribution, there will be a media will-call attendant at the venue on each match day.
- Media will access the venue during scheduled hours and specific access points.



Media Guidelines



- The limited number of media in the venue for each match is below:
 - 10 press
 - Priority consideration for press credentials will be:
 - Wire services (i.e. AP, Reuters, etc.)
 - National domestic news organizations
 - News organizations that routinely cover the NWSL, its clubs and Athletes
 - Local news organizations for participating teams
 - Major international news organizations
 - 3 photographers
 - Priority for photo credentials will be:
 - ISI, the NWSL photography partner
 - Wire services (i.e. AP, Reuters, etc.)
 - National news organizations
 - News organizations that routinely cover the NWSL, its clubs and Athletes
 - Local news organizations for participating teams
 - Bib distribution will take place at media will-call. One-time use bibs are being explored so that media do not need to return them after the match.

Media seating and work areas

- Distribution of match notes, rosters, lineups and stats will only be done electronically.
- Assigned seating will be in place and there will not be traditional media or photo work rooms.
- Concessions will be unavailable, but limited snacks will be provided.
- Wi-fi and power will be available.



Media Guidelines



Pre and Post-Game Press Conferences

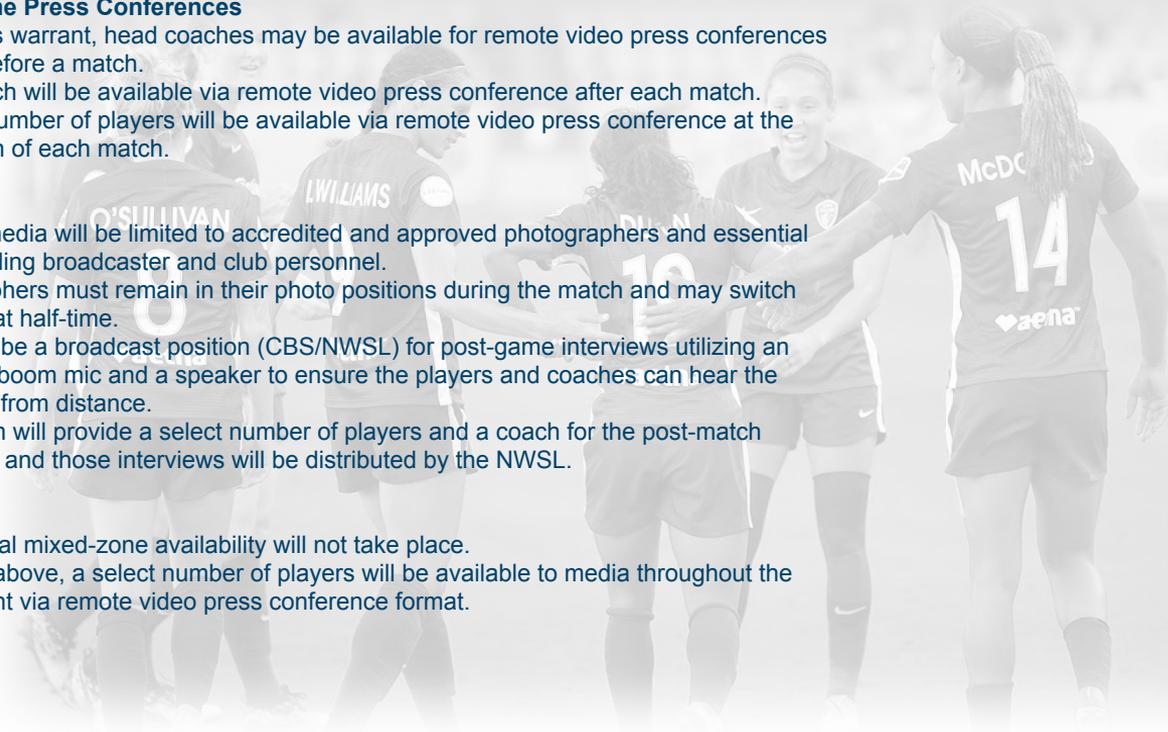
- If requests warrant, head coaches may be available for remote video press conferences the day before a match.
- Each coach will be available via remote video press conference after each match.
- A select number of players will be available via remote video press conference at the conclusion of each match.

On-field Media

- On-field media will be limited to accredited and approved photographers and essential rights-holding broadcaster and club personnel.
- Photographers must remain in their photo positions during the match and may switch positions at half-time.
- There will be a broadcast position (CBS/NWSL) for post-game interviews utilizing an extended boom mic and a speaker to ensure the players and coaches can hear the questions from distance.
- Each team will provide a select number of players and a coach for the post-match interviews and those interviews will be distributed by the NWSL.

Mixed Zone

- A traditional mixed-zone availability will not take place.
- As noted above, a select number of players will be available to media throughout the tournament via remote video press conference format.





Media Guidelines



Training Media Availability

- With prior approval of the participating club, a player and a coach, or member of the technical staff, may be available 15 minutes prior to training near a designated media area utilizing an extended boom mic and a speaker to ensure the players and coaches can hear the questions from distance. Questions will be routed through a moderator (club/leagues press officers) to avoid passing microphones.
- With prior approval of the participating club, accredited media may be able to observe the first 15 minutes of training from a designated media area near the training pitch. A limit on the number of media able to attend will be instituted if necessary.
- Health and safety protocols will be strictly enforced, and include but are not limited to, temperature checks, symptom screening, face coverings and social distancing requirements.

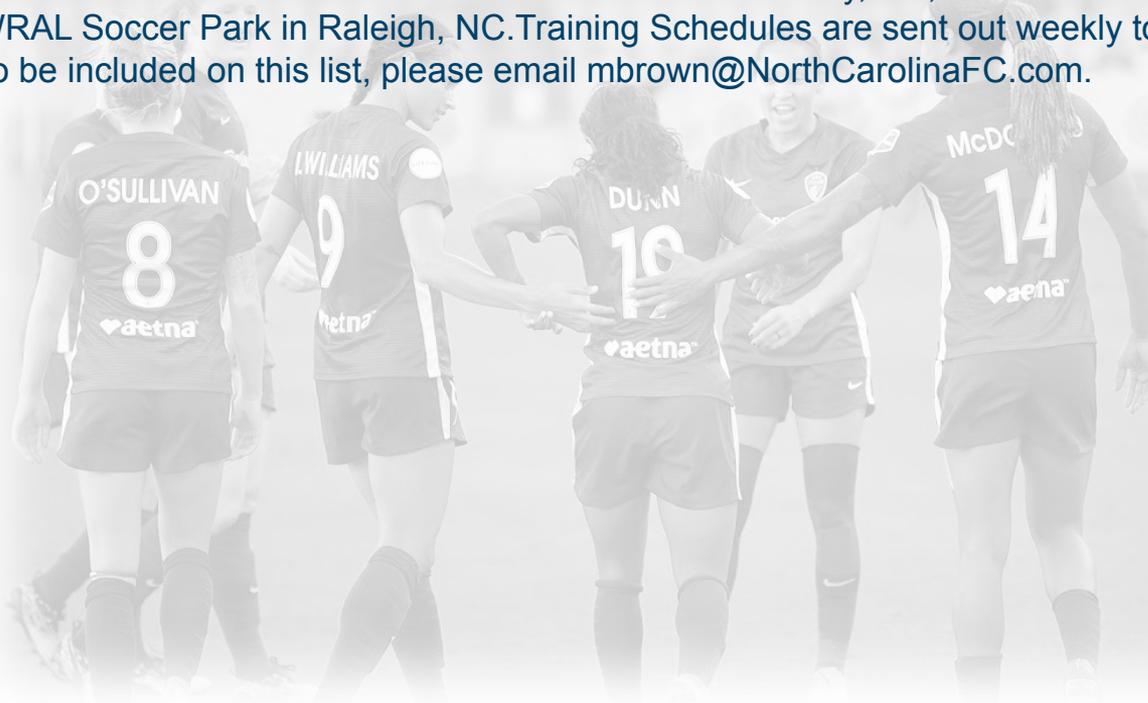




Team Training Information



The team trains at WakeMed Soccer Park located in Cary, NC, and occasionally at WRAL Soccer Park in Raleigh, NC. Training Schedules are sent out weekly to media. To be included on this list, please email mbrown@NorthCarolinaFC.com.

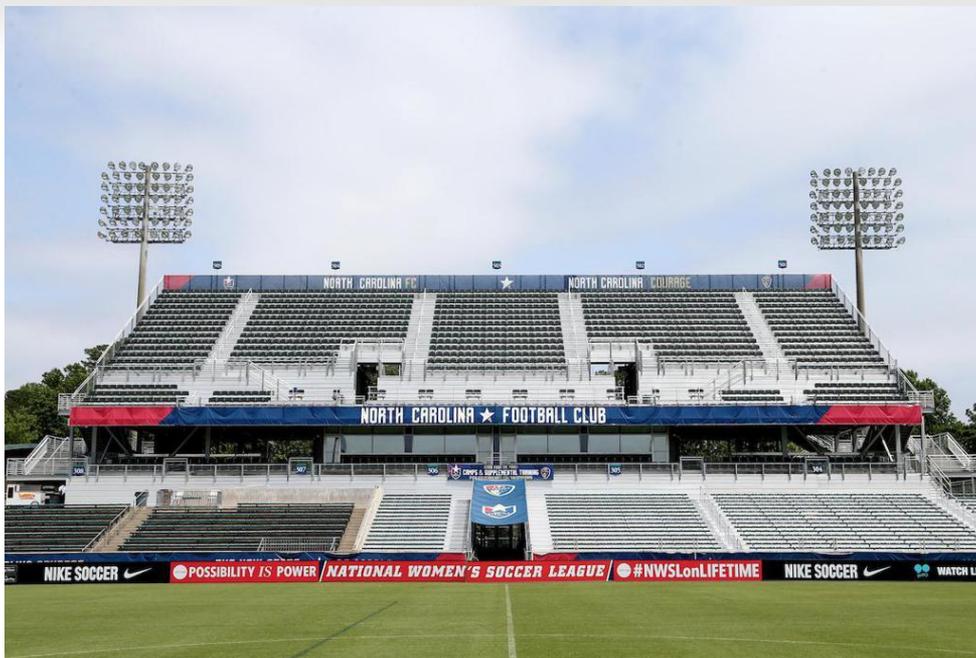




Stadium Information



WakeMed Soccer Park





National Women's Soccer League Directory



Address

1556 S. Michigan Avenue, Floor 2
Chicago, IL 60605

Phone: (312) 549-8900
Fax: (312) 549-8900

Staff

Commissioner.....	Lisa Baird
General Council.....	Lisa Levine
Events Manager.....	Natalie McKeough
Operations Manager.....	Victoria Rich

About

The National Women's Soccer League (NWSL) is a nine-team Division-I women's professional soccer league featuring national team players from around the world. The clubs are the Chicago Red Stars, Houston Dash, Orlando Pride, North Carolina Courage, Portland Thorns FC, OL Reign, Sky Blue FC, Utah Royals FC and the Washington Spirit. Based in Chicago, the NWSL is supported by Canadian Soccer and U.S. Soccer. For more information about the NWSL, log on to the league's official website at NWSLsoccer.com.





2020 NWSL Challenge Cup Rules and Regulations



All policies and procedures found in the NWSL Competition Manual and NWSL Operations Manual are in effect, except where not applicable or superseded by the 2020 NWSL Challenge Cup Rules. In addition, all protocols and guidelines created for the tournament are in effect. The Tournament Committee will rule in situations not covered by this document or the aforementioned documents.

I. Preliminary and Knockout Stages

- 1) The 2020 NWSL Challenge Cup will be played in preliminary rounds comprised of four matches per team, followed by two knockout stages (quarterfinals and semifinals), and the final.
- 2) All nine teams will all be included in a single table, ranked by points. In the event two or more teams are even on points tiebreakers as described in Section II will be employed to determine standings.
- 3) The matches in the preliminary rounds will be played following the NWSL produced schedule. Each team will play four matches, according to a league system (three points for a win, one for a draw, zero for a defeat).
- 4) The eight teams advancing from the preliminary rounds will be placed into the seeded bracket below to contest the quarterfinals.
- 5) The four winners of the quarterfinals will advance to contest the semifinals.
- 6) The two winners of the semifinals will advance to contest the final.



2020 NWSL Challenge Cup Rules and Regulations



II. Equal points and Qualification for Knockout stage

- 1) If two or more teams are equal on points after the completion of the preliminary stage, the following criteria, in the order below, shall be applied to determine the preliminary round ranking:
 - a) Head-to-Head (only if two teams are tied and they've played each other);
 - b) Superior goal difference in all preliminary matches;
 - c) Greatest number of goals scored in all preliminary matches;
 - d) lowest team conduct score relating to the number of yellow and red cards obtained:
 - i) yellow card: 1 point
 - ii) indirect red card (as a result of two (2) yellow cards): 3 points direct
 - iii) red card: 4 points
 - iv) yellow card and direct red card: 5 points
 - e) Only one of the above point totals shall be applied to a player in a single match.
 - e) Drawing of lots by NWSL.
- 2) The top eight teams, as determined by the process outlined in this Section II, will advance to the knockout rounds.



2020 NWSL Challenge Cup Rules and Regulations



III. Home and Away Designation

- 1) The home team for each match shall be determined randomly by NWSL assignment. Each team will have two home matches and two away matches in the preliminary stage. In the knockout rounds the home team will be the higher seed.
- 2) The home team shall be permitted to choose to wear either their primary or secondary kit. The away team must wear a kit that does not conflict with the home team's selection. The away team will call the coin toss.

IV. Tournament Rosters

- 1) The final list of 22-28 players selected by each team to participate in the 2020 NWSL Challenge Cup will be finalized on June 21, 2020. Only the 22-28 players on the final roster will be permitted to participate in the tournament. Players may not be added to the roster after June 21, 2020 for the duration of the tournament. Players may join their teams late as long as they are included on the final roster.
- 2) Of the 22-28 players on the final roster, three must be goalkeepers.



2020 NWSL Challenge Cup Rules and Regulations



V. Yellow and Red Cards

- 1) Single yellow cards will be cancelled after the quarterfinal matches have been played.
- 2) If a player receives two cautions during two different matches, she will automatically be suspended from her team's subsequent match.
- 3) If a player is sent off as a result of a direct or indirect red card, she will automatically be suspended from her team's subsequent match in the tournament. In addition, further sanctions may be imposed in the case of a direct red card.
- 4) Any direct red card suspension that cannot be served during the 2020 NWSL Challenge Cup will be carried over to the team's next NWSL Regular Season match. Indirect red card suspensions will not carry over to the team's next NWSL Regular Season match.

VI. Extra Time and Kicks from the Penalty Mark

- 1) There will be no extra time in any match played in the NWSL Challenge Cup.
- 2) In the knockout stages, if a match is tied at the end of normal playing time, kicks from the penalty mark shall be taken to determine the winner, in accordance with the procedure specified in the Laws of the Game.
- 3) There will be a five-minute break between the end of normal playing time and the start of penalty kicks. The players shall remain on the pitch during this interval.



2020 NWSL Challenge Cup Rules and Regulations



VII. Start List

- 1) All players on a team's tournament roster may dress for each match, except for those serving a suspension.
- 2) At the match coordination meeting, both teams will receive a start list with all players' full names and shirt numbers together with the full names of the technical staff who will be seated on the bench. The start list should be duly completed by selecting the 11 players who will start the match, indicating the captain. The Start List must be signed by the head coach.

VIII. Technical Area

- 1) No more than 26 people (9 officials and all players not starting on the roster) shall be allowed to sit on the team bench. Suspended players or officials and injured players will not be allowed to sit on the team bench.
- 2) Additional technical seats in the stand shall be allocated for accredited officials providing technical support to the team during the match (kit manager, assistant physiotherapist, etc). Staff occupying such seats shall have access to the locker rooms and fields during pregame, half time and postgame.



2020 NWSL Challenge Cup Rules and Regulations



IX. Substitutions

- 1) Teams are permitted five (5) substitutions during each match to be used in accordance with IFAB Laws of the Game temporary addendum to Law 3 (shown on pg. 5)
- 2) In any match in the knockout round that is level at the end of normal playing, teams may not make substitutions after the end of normal playing time, except in the case of a goalkeeper who is unable to continue before or during the kicks, in accordance with the procedure specified in the Laws of the Game.

X. Trophy and Player Medals

- 1) Medals will be presented to each of the top two teams in the final competition. All players on the teams' final roster are eligible to receive a medal, as are all members of the technical staff (maximum 35 medals per team).
- 2) The winner of the final will receive the 2020 NWSL Challenge Cup Trophy. The trophy will be presented by the NWSL Commissioner to the team captain and team owner of the winner of the final.
- 3) At the conclusion of the NWSL Challenge Cup, the NWSL will also select winners of the following awards:
 - a) Golden Boot
 - b) Golden Glove
 - c) Golden Ball
 - d) Best XI



2020 NWSL Challenge Cup

Roster Rules



Competition Calendar

Monday, May 25

Preseason Starts – 40 Player Maximum Roster

Friday, June 12

Trade window opens

Teams may waive players

Sunday, June 21

Tournament roster compliance date

Trade window closes

Final rosters due (22-28 players)

Wednesday, June 24

Primary registration window closes

Friday, July 31

Short-term contracts terminate

Monday, August 3

Trade window opens

Secondary registration window opens

Friday, August 7

Post-tournament roster compliance date

Short-term contract players become discovery eligible unless signed for the remainder of the 2020 season or for the 2021 season

Wednesday, September 2

Secondary Registration window closes

Allocation Money

All allocation money that has been purchased or acquired by a team, but will go unused during the 2020 season, may be refunded to the Team upon request.



2020 NWSL Challenge Cup

Roster Rules



PRESEASON

Roster Sizes

Maximum of 40 rostered players, draft picks, and trialists.

Roster Compliance

Tournament roster compliance date is Sunday, June 21. The League will circulate a tournament roster submission form due on June 21.

Max: 28 Contracted Players (24 Senior + 4 Supplemental)

Min: 22 Contracted Players (Combined Senior and Supplemental)

Contracted players (including allocated players) who choose not to participate in the tournament will not count towards a team's roster spots or salary cap. Salary cap relief will extend from June 21, 2020 through July 31, 2020, and may be extended on a case by case basis.

Contracted international players will not count towards a team's roster spots, salary cap, or international spots under the following conditions:

- Player cannot obtain her visa due to embassy closures
- Player cannot report to her team because of COVID-19 related travel restrictions
- Player chooses not to participate in the tournament



2020 NWSL Challenge Cup Roster Rules



New Contracts

All contracts for signings with typical terms (terminating 12/31/2020 or after future seasons) are acceptable.

Short-term contracts starting before June 21, 2020 and terminating July 31, 2020 are also acceptable. Short-term contracts may not include an option. Short-term contracts must be pro-rata minimum salary or greater. Teams are permitted a maximum of four (4) short-term contracts. Unlike NTRP or GK replacement contracts, you must hold the player's rights (via discovery, college draft, retirement, etc.) in order to sign that player to a short-term contract. No player currently under contract with a NWSL team may be offered a short-term contract (i.e. teams cannot modify an existing contract to change it to a short-term contract). Short-term loans (ending 7/31/2020) from teams outside the NWSL are permissible. Players on short-term contracts may be on the supplemental roster, as long as the contract conforms to all requirements for the supplemental roster.

At the expiration of a short-term contract, teams will have 7 days to provide a bona fide offer to the player for the 2021 season that has a start date between August 1, 2020 and March 1, 2021. If a bona fide offer is not presented to the player by August 7, the player will become discovery eligible to all teams. Contrary to the foregoing, if the player on a short-term contract was selected by the team in the 2020 NWSL College Draft, the team will retain the player's rights through the start of the 2021 preseason even if a bona fide offer is not made.

In addition to short-term contracts, teams may employ National Team Replacement Player contracts on a one-to-one basis for any United States or Canadian allocated player who chooses not to participate in the tournament.



2020 NWSL Challenge Cup

Roster Rules



Discovery

Discovery list limits will remain at seven (7) total players, including a maximum of three (3) international players, until the discovery policy is revised by the Competition Committee.

Trades

The trade window will open on Friday, June 12. The trade window will close on June 21.

Trades may proceed on Friday, June 12. There are no new restrictions on trades that are limited to non-player assets (i.e. allocation money, draft picks, international spots, etc.), but trades involving one or more players requires approval of all players involved in the trade. The NWSL will provide oversight to ensure that the transition between teams is compliant with all safety protocols.

Waivers

Players may be waived starting Friday, June 12. No players may be waived after the Tournament Roster Compliance Date on June 21 (all contracts become guaranteed on the roster freeze date).

A player may NOT be waived prior to August 3 if the player has indicated that she will not play in the tournament.

For any players waived prior to the Tournament Roster Compliance Date on June 21, the team waving the player will be responsible for paying the salary of the player and providing housing through July 31, unless the player is selected by another team via the waiver process.

For players waived on or after August 3, Teams will be responsible for fulfilling all contractual obligations for 2020.



2020 NWSL Challenge Cup Roster Rules



TOURNAMENT

2020 Player Incentives

For any player who has a contract that includes financial incentives (i.e. a bonus based on achieving certain performance metrics, such as goals, minutes played, etc.), the following guidelines will be utilized to determine if the financial incentives will be paid.

- 1) The “2020 NWSL Season” will be defined by the NWSL as the number of games played by a team in the tournament. For example, this means that for two teams (those making the final) the 2020 NWSL Season will include 7 games, while for one team the 2020 NWSL will include only 4 games.
- 2) There will be no “NWSL postseason/playoffs” in 2020, so it will not be possible for players to earn any incentives based on post-season/playoff achievements. This will only impact contracts that include incentives based on post-season/playoff performance.
- 3) For incentives that are earned by players based on achieving a specific quantity of an achievement (i.e. goals per season, clean sheets per season, etc.), teams will be required to pay any such incentives earned based on the terms of the existing contract. This would include (but is not limited to):
 - a) Goals per season
 - b) Assists per season
 - c) Games played
 - d) Games started
 - e) Minutes played
 - f) Saves per season
 - g) Clean sheets per season
 - h) Wins per season



2020 NWSL Challenge Cup

Roster Rules



In the event the incentive is not achievable given the reduced number of games in the 2020 NWSL Season (i.e. bonus paid for playing 1000 or more minutes in the season) the incentive cannot be earned and teams are not responsible for paying the incentive.

4) For incentives that require players to achieve a specific percentage of an achievement (i.e. play in 50% or more of games), the denominator will be determined using the total number of games played by the team in the tournament, and the numerator will be the number of the achievement.

Using the example above, if a team played 7 games, and the player played in 4 of those games, the player would be deemed to have played in 57% of the games and would therefore earn the incentive.

5) “NWSL Awards” for the 2020 season will not be issued, and as such, any incentives that are triggered by a NWSL award (as detailed below) are not possible to earn.

- a. Best XI
- b. Second XI
- c. Rookie of the Year
- d. MVP
- e. Golden Boot
- f. Making NWSL semi-final or final
- g. Winning NWSL championships



2020 NWSL Challenge Cup Roster Rules



6) The above rules will also apply to contracts where the achievement occurs in the 2020 NWSL Season but the incentive is paid in 2021 (or impacts the terms of future years in the contract).

For example, if a player's contract will change to guaranteed status and her base compensation will increase by \$5,000 for the 2021 season if she scores 5 or more goals in the 2020 season, the contract would be adjusted accordingly if the Player scored 5 or more goals in the Tournament.

Goalkeepers

Each team must have three (3) goalkeepers on their 22-28 player roster for the tournament.

EXPANSION TEAMS

Expansion teams may acquire players through the following mechanisms:

- 1) Add players to discovery list on June 25
- 2) Sign players on their discovery list on August 3
- 3) College Draft in January 2021



All-Time Player Registry



Dahlkemper, Abby- DEF #13

Hometown: Menlo Park, CA

(UCLA)

Height: 5' 6"

Born: May 13, 1993

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	24	24	2160	0	2	2	1	12	116	0	3	0
2018	19	19	1710	0	0	1	0	7	77	0	1	0
2019	14	14	1260	0	1	1	1	3	41	0	0	0

Debinha- MID #10

Hometown: Brasopolis

Height: 5' 2"

Born: October 20, 1991

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	24	16	1471	4	2	34	15	17	13	0	0	0
2018	21	20	1728	8	2	44	22	11	26	4	0	0
2019	19	17	1527	8	7	59	25	11	33	5	0	0

Daniels, Jaelene- DEF #15

Hometown: Denver, CO

(Texas Tech)

Height: 5' 4"

Born: May 28, 1993

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2017	20	20	1774	0	2	7	1	19	0	3	0	0
2018	20	20	1779	0	4	7	1	12	12	0	1	0
2019	24	24	2160	1	6	5	2	14	11	3	1	0

Doniak, Makenzy- MID #3

Hometown: Chino Hills, CA

(Virginia)

Height: 5' 8"

Born: February 25, 1994

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	21	15	1214	0	3	7	1	7	1	0	0	0



All-Time Player Registry



Dunn, Crystal- FWD #19

Hometown: New Hyde Park, NY

(UNC)

Height: 5' 1"

Born: July 3, 1992

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2018	22	21	1800	8	5	53	27	15	0	8	0	0
2019	13	11	999	7	4	31	18	8	0	0	0	0

Eddy, Elizabeth- MID #4

Hometown: Costa Mesa, CA

(University of Southern California)

Height: 5' 4"

Born: September 13, 1991

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	5	0	55	0	0	0	0	2	0	0	0	0
2018	2	1	94	0	0	0	0	1	0	0	0	0

D'Angelo, Sabrina- GK #1

Hometown: Welland

(University of South Carolina)

Height: 5' 6"

Born: May 11, 1993

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC	Saves	CS
2017	8	8	720	0	0	0	0	0	0	0	0	0	19	4
2018	6	6	540	0	0	0	0	0	0	0	0	0	8	4

Erceg, Abby- DEF #6

Hometown: Whangarei

Height: 5' 9"

Born: November 20, 1989

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	22	22	1947	1	2	15	4	10	0	0	1	1
2018	24	24	2160	2	2	19	5	8	0	0	1	0
2019	20	20	1775	1	0	15	7	8	0	0	1	0



All-Time Player Registry



Hamilton, Kristen- FWD #23

Hometown: Littleton, CO

(University of Denver)

Height: 5' 4"

Born: April 17, 1992

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	16	12	1072	3	1	19	10	16	0	2	0	0
2018	23	8	781	3	4	19	12	18	0	4	4	0
2019	22	17	1313	9	5	38	23	14	1	9	0	0

Holstad, Nora- DEF #2

Hometown: Oslo

Height: 5' 8"

Born: March 26, 1987

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	1	1	89	0	0	0	0	2	0	0	0	0

Hatch, Ashley- FWD #12

Hometown: Littleton, CO

(BYU)

Height: 5' 8"

Born: May 25, 1995

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2017	22	13	1200	7	1	43	20	21	1	0	2	0

Jenkins, Darian- FWD #16

Hometown: Murray, UT

(UCLA)

Height: 5' 10"

Born: January 5, 1995

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	0	0	0	0	0	0	0	0	0	0	0	0
2018	13	0	178	0	0	3	1	5	0	4	0	0



All-Time Player Registry



Kawamura, Yuri- DEF #20

Hometown: Nigata

Height: 5' 5"

Born: May 17, 1989

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	8	7	588	0	0	2	1	10	0	0	1	0
2018	2	1	98	0	0	1	0	0	0	0	0	0

Labbe, Stephanie- GK #1

Hometown: Edmonton, Canada

(Connecticut)

Height: 5' 10"

Born: October 10, 1986

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC	Saves	CS
2019	16	16	1440	0	0	0	0	0	0	0	0	0	33	8

Kurtz, Kaleigh- MID #3

(University of South Carolina)

Hometown: Greer, SC

Height: 5' 8"

Born: September 9, 1994

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2019	9	9	810	0	0	1	0	3	0	0	1	0

Mathias, Merritt- DEF #11

Hometown: Birmingham, AL

(Texas A&M)

Height: 5' 6"

Born: July 2, 1990

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2019	20	20	1772	0	5	16	7	16	32	0	0	0



All-Time Player Registry



McDonald, Jessica- FWD #14

Hometown: Phoenix, AZ

(UNC)

Height: 6' 0"

Born: February 28, 1988

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	19	11	1064	4	2	33	16	7	0	10	0	0
2018	23	21	1686	7	8	59	26	11	0	17	1	0
2019	14	9	860	5	3	26	14	5	0	7	1	0

Mewis, Samantha- MID #5

Hometown: Hanson, MA

(UCLA)

Height: 5' 10"

Born: October 9, 1992

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	24	23	2097	6	3	34	17	30	30	3	2	0
2018	17	11	1091	3	2	34	16	19	1	0	1	0
2019	12	11	995	2	1	26	6	18	3	2	1	0

Meehan, Mckenzie- FWD #4

Hometown: Gloucester, RI

(Boston College)

Height: 5' 5"

Born: December 25, 1994

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2019	3	0	42	1	0	1	1	2	0	2	0	0

Milliet, Lauren- MID #27

Hometown: Durango, CO

(Colorado College)

Height: 5' 1"

Born: December 1, 1996

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2019	3	0	42	1	0	1	1	2	0	2	0	0



All-Time Player Registry



Murphy, Samantha- GK #37 (UNC)
 Hometown: Liberty Township, OH Height: 5' 11" Born: April 21, 1997

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC	Saves	CS
2019	2	2	180	0	0	0	0	0	0	0	0	0	3	1

O'Sullivan, Denise- MID #8
 Hometown: Cork Height: 5' 4" Born: February 4, 1994

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	18	11	953	0	1	6	3	21	0	0	0	0
2018	22	20	1751	0	3	18	7	28	2	1	2	0
2019	23	22	1966	0	1	4	1	29	35	1	4	0

O'Reilly, Heather- MID #17 (UNC)
 Hometown: East Brunswick Township, NJ Height: 5' 5" Born: January 2, 1985

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2018	10	2	266	0	0	1	1	3	5	1	0	0
2019	13	4	437	1	1	2	2	2	21	1	0	0

Pruitt, Leah- FWD #12 (University of Southern California)
 Hometown: Rancho Cucamonga, CA Height: 5' 8" Born: September 5, 1997

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2019	14	6	554	2	1	18	8	8	0	5	1	0



All-Time Player Registry



Roccaro, Cari- MID #21

(Notre Dame)

Hometown: East Islip, NY Height: 5' 6" Born: July 18, 1994

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2018	2	2	172	0	0	0	0	0	0	0	0	0
2019	13	11	908	0	1	6	2	2	0	0	0	0

Rosana- MID #8

Hometown: São Paulo

Height: 5' 7"

Born: July 7, 1982

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2017	4	1	68	0	0	1	1	5	0	1	0	0

Rowland, Katelyn- GK #0

(UCLA)

Hometown: Vacaville, CA

Height: 5' 10"

Born: March 16, 1994

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC	Saves	CS
2017	18	18	1620	0	0	0	0	0	0	0	0	0	13	9
2018	18	18	1620	0	0	0	0	0	0	0	1	0	44	7
2019	6	6	540	0	0	0	0	0	0	0	0	0	15	0

Smith, Taylor- DEF #7

(UCLA)

Hometown: Fort Worth, TX Height: 5' 2"

Born: December 1, 1993

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2017	24	18	1750	0	2	7	3	26	0	0	2	0



All-Time Player Registry



Speck, Meredith- DEF #25 (Yale)
 Hometown: Rockville Center, New York Height: 5' 2" Born: February 1, 1993

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2017	2	2	197	0	0	0	0	1	0	0	0	0
2018	15	2	246	0	0	1	1	2	3	0	0	0
2019	8	0	72	0	0	0	0	0	0	1	0	0

Spetsmark, Julia- FWD #16
 Hometown: Arvika, Sweden Height: 5' 5" Born: June 30, 1989

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2019	11	2	810	2	1	15	6	7	0	7	1	0

Williams, Lynn- FWD #9 (Pepperdine)
 Hometown: Fresno, CA Height: 5' 6" Born: May 21, 1993

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2017	21	21	1826	9	5	74	36	13	0	17	0	0
2018	21	20	1707	14	5	96	42	12	1	25	1	0
2019	22	21	1850	12	5	86	44	9	2	28	0	0

Williams, Ryan- MID #20 (TCU)
 Hometown: Centennial, CO Height: 5' 6" Born: February 23, 1996

	GP	GS	MIN	G	A	Sh	SOG	FC	CK	OFF	YC	RC
2018	0	1	10	0	0	0	0	0	0	0	0	0
2019	4	3	232	0	0	1	0	4	0	0	0	0



All-Time Player Registry



Witteman, Sam- MID #26

Hometown: Redondo Beach, CA

(University of California Berkley)

Height: 5' 2"

Born: February 26, 1994

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2017	10	5	421	0	0	1	1	10	0	0	2	0

Zerboni, McCall- MID #7

Hometown: Camarillo, CA
1986

(UCLA)

Height: 5' 3"

Born: December 13,

	GP	GS	MIN	G	A	Sh	SOG	FC	FS	OFF	YC	RC
2017	23	23	2017	3	1	21	9	51	2	0	5	0
2018	20	20	1800	3	1	13	8	35	1	0	1	0
2019	22	19	1670	0	1	10	3	45	0	3	3	0



Important Dates in History



January 9, 2017- New York Flash relocate to Cary, NC and become the North Carolina Courage

January 12, 2017- North Carolina Courage participate in their first NWSL Draft

April 15, 2017- North Carolina Courage play first regular season game, beating the Washington Spirit, 1-0

April 22, 2017- The NC Courage play first home game at WakeMed Soccer Park in Cary, NC, defeating the Portland Thorns, 1-0

September 27, 2017- The NC Courage clinch the 2017 NWSL Shield.

October 8, 2017- The North Carolina Courage defeat the Chicago Red Stars in the NWSL Semifinal to advance to the NWSL Championship.

October 14, 2017- The NC Courage play in the team's first NWSL Championship game.

January 16, 2018- USWNT standout Crystal Dunn is acquired by the NC Courage in a trade with the Washington Spirit.

January 18, 2018- The North Carolina Courage participate in their second NWSL Draft.

March 24, 2018- The 2018 NWSL season kicks off with the NC Courage defeating the Portland Thorns, 1-0.

July 29, 2018- In the inaugural Women's International Champions Cup, the North Carolina Courage defeated Olympique Lyon in the Championship match to clinch the title.

August 5, 2018- The NC Courage clinch their second-consecutive NWSL Shield.

September 18, 2018- The North Carolina Courage defeat the Chicago Red Stars, 2-0, in the NWSL Semifinal to advance to the NWSL Championship for the second year in a row.

September 22, 2018- The North Carolina Courage win the NWSL Championship, defeating the Portland Thorns, 3-0.

January 10, 2019- The NC Courage participate in the team's third NWSL Draft.

April 13, 2019- NC Courage draw Chicago Red Stars in the first match of the 2019 NWSL Season.

August 15, 2019- The NC Courage defeated Manchester City to advance to their second-consecutive ICC Championship game.

September 28, 2019- The NC Courage clinched their third consecutive NWSL Shield.

October 20, 2019- The Courage defeated Reign FC, 4-1, in overtime of the NWSL Semifinal match.

October 27, 2019- At Sahlen's Stadium at WakeMed Soccer Park, the NC Courage defeated the Chicago Red Stars, 4-0 to win their second-consecutive NWSL Championship.

January 16, 2020- NC Courage participate in the team's fourth NWSL Draft