



# MATCHDAY





# MATCH PREVIEW



Sounders FC 2 hosts its regular-season home finale with a contest against Phoenix Rising FC at 7:30 p.m. PT on Wednesday evening. The match marks the second and final meeting between the two Western Conference foes, with Seattle falling 2-0 on the road earlier this month.

On Saturday, midfielder Henry Wingo scored a goal in the first half, as Sounders FC 2 (9-15-4, 31 points) drew Colorado Springs Switchbacks FC (9-11-8, 35 points) 1-1 at Starfire Stadium.

Unbeaten in eight consecutive matches, Phoenix Rising sits in a tie for seventh place in the Western Conference with a record of 11-7-7. Six points below Oklahoma City Energy FC, S2 remains in a tie 11th place in the Western Conference entering the match.

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**NIKE SOCCER**



# Sounders Academy standouts benefitting from First Team coaches

By Joseph Mondello

Prior to the start of the 2017 MLS campaign, Seattle Sounders FC announced that for the first time in club history, six current Sounders Academy players would join the first team for preseason. While this was an exciting chance for supporters to get a glimpse of future stars of the first team, it presented an opportunity to several youth-team standouts to make an impression on Head Coach Brian Schmetzer and the rest of the technical staff.

A few months later, it's plain to see that these young prospects have benefitted from their time with the First Team. And while part of their recent development can be attributed to training and competing regularly with the likes of Clint Dempsey and Jovon Jones, the opportunity to receive instruction from Schmetzer and his staff has been instrumental. And with several of the young Sounders playing the same position as the guys on the technical staff, all of whom played professionally at a high level, it's an ideal environment for Academy standouts.

"We have a well-rounded staff that has incredible experiences," said Sounders Academy Technical Director Marc Nicholls. "From Gonzalo Pineda, who has played in the World Cup for Mexico, to Djimi Traore, who has won the UEFA Champions League. Gonzalo and Djimi can have on guys like Sam Rogers (U-18) and [left back] Jake Morris (U-18) is massive."



For Rogers in particular, working in close quarters with the likes of Traore and Pineda has been a boon to his development. An elite defensive midfielder making the transition to center back with Sounders FC 2, learning from a pair of coaches with vast professional experience has been a catalyst of his rapid ascent from Academy standout to S2 starter.

"It's been great working with Djimi and Pineda, two guys who were some of the best in the world at their positions," Rogers said of learning from the First-Team staff. "It's great to get insight from them, ask them questions and get feedback so I can work on the little things to improve my overall game."

According to Traore, Rogers' growth in recent months has excited the coaching staff about his long-term potential.

"Sam is a good young prospect," said Traore. "He's already shown that he can do the job and he's improved a lot, but I want to see him continue to start with S2."

"He has a very, very high-ceiling, and now it's just a matter of time whether or not he breaks into the First Team," Traore added. "It's a long process, but he's lucky to be in a club where we have some of the top center backs in the country with international experience, for example Chad Marshall and Román Torres."

In addition to Rogers, two U.S. Youth National Team goalkeepers in the Academy eligible for S2 this Season, Trey Muse (U-18) and Sam Fowler (U-16), have been valuable additions in training. The pair of talented shot-stoppers join a goalkeepers

union boasting the likes of MLS Cup MVP Stefan Frei and Club Director of Goalkeeping Tom Dutra.

"Trey and Sam have both done really well and have progressed a lot," said Dutra. "It's really important for them to train with us so they can learn the culture we're trying to set here, and Stef and Tyler Miller are great mentors and bring the young guys in as one of their own."

In addition to the coaching staff, the youth-team prospects can emulate the progression and coachability of Homegrown Players Jordan Morris and Aaron Kovar. As fellow Academy alums, they can lean on the established professionals for advice and ultimately follow in their footsteps.

Only time will tell if these hyper-talented young players will make it as professionals. But with coaches like Schmetzer, Dutra, Traore, and Pineda, they're in the perfect environment to develop and realize their full potential.



# 2017 SEATTLE SOUNDERS FC PLAYERS

| NO. | NAME              | POS. | HT.  | WT. | D.O.B.   | HOMETOWN            | PREVIOUS CLUB            |
|-----|-------------------|------|------|-----|----------|---------------------|--------------------------|
| 1   | Tyler Miller      | GK   | 6-4  | 195 | 3/12/93  | Woodbury, NJ        | Northwestern (NCAA)      |
| 2   | Clint Dempsey     | F    | 6-1  | 170 | 3/9/83   | Nacogdoches, TX     | Tottenham Hotspur (ENG)  |
| 3   | Brad Evans        | M    | 6-1  | 170 | 4/20/85  | Phoenix, AZ         | Columbus                 |
| 4   | Gustav Svensson   | M    | 6-0  | 155 | 2/7/87   | Gothenburg, Sweden  | Guangzhou R&F (CHI)      |
| 5   | Nouhou Tolo       | D    | 5-10 | 175 | 6/23/97  | Douala, Cameroon    | Sounders FC 2 (USL)      |
| 6   | Osvaldo Alonso    | M    | 5-11 | 155 | 11/11/85 | San Cristobal, Cub  | Charleston (USL)         |
| 7   | Cristian Roldan   | M    | 5-8  | 165 | 6/3/95   | Pico Rivera, CA     | Washington (NCAA)        |
| 8   | Alvaro Fernandez  | M    | 6-1  | 159 | 10/11/85 | Soriano, Uruguay    | Chicago                  |
| 10  | Nicolás Lodeiro   | M    | 5-7  | 150 | 3/21/89  | Paysandú, Uruguay   | Boca Juniors (ARG)       |
| 11  | Aaron Kovar       | M    | 5-10 | 155 | 8/14/93  | Seattle, WA         | Stanford (NCAA)          |
| 12  | Seyi Adegoya      | F    | 5-11 | 170 | 12/5/95  | Seattle, WA         | UCLA (NCAA)              |
| 13  | Jordan Morris     | F    | 6-0  | 185 | 10/26/94 | Mercer Island, WA   | Stanford (NCAA)          |
| 14  | Chad Marshall     | D    | 6-4  | 190 | 8/22/84  | Riverside, CA       | Columbus                 |
| 15  | Tony Alfaro       | D    | 6-2  | 190 | 6/15/93  | Santa Barbara, CA   | Cal State (NCAA)         |
| 17  | Will Bruin        | F    | 6-2  | 194 | 10/24/89 | St. Louis, MO       | Houston                  |
| 19  | Harry Shipp       | M    | 5-9  | 145 | 11/07/91 | Lake Forest, IL     | Montreal                 |
| 21  | Jordy Delem       | M    | 5-11 | 156 | 3/18/93  | Martinique          | Sounders FC 2 (USL)      |
| 23  | Henry Wingo       | M    | 6-0  | 170 | 10/4/95  | Seattle, WA         | Washington (NCAA)        |
| 24  | Stefan Frei       | GK   | 6-3  | 195 | 4/20/86  | Altstaetten, Switz. | Toronto FC               |
| 27  | Lamar Neagle      | M    | 5-11 | 165 | 5/7/87   | Federal Way, WA     | D.C. United              |
| 29  | Román Torres      | D    | 6-2  | 195 | 3/20/86  | Panama City, Panama | Milionario (COL)         |
| 30* | Javorn Stevens    | F    | 6-0  | 150 | 5/9/98   | Green Bay, Antigua  | Hoppers FC (AG)          |
| 31* | Lorenzo Ramos     | M    | 5-7  | 150 | 1/29/97  | Fife, WA            | Sounders FC Academy      |
| 32  | Zach Mathers      | M    | 5-11 | 172 | 4/14/94  | Ft. Worth, TX       | Sounders FC 2 (USL)      |
| 33  | Joevin Jones      | D    | 5-11 | 160 | 8/3/91   | Trinidad & Tobago   | Chicago                  |
| 34* | Brian Nana-Sinkam | D    | 6-0  | 185 | 1/1/95   | Lititz, PA          | Stanford (NCAA)          |
| 35  | Bryan Meredith    | GK   | 6-2  | 209 | 8/2/90   | Scotch Plains, NJ   | San Jose                 |
| 36* | Denso Ulysse      | D    | 5-8  | 133 | 11/20/98 | Gonaives, Haiti     | Real Hope (HT)           |
| 37* | Shandon Hopeau    | F    | 5-10 | 158 | 12/1/98  | Kapolei, HI         | Sounders FC Academy      |
| 40* | Aziel Gonzalez    | M    | 5-9  | 145 | 5/24/01  | Las Vegas, Nevada   | Sounders FC Academy      |
| 53* | Sam Rogers        | D    | 6-3  | 182 | 5/17/99  | Seattle, WA         | Sounders FC Academy      |
| 71* | David Olsen       | F    | 6-0  | 180 | 2/5/96   | Seattle, WA         | Seattle (NCAA)           |
| 70* | Guy Edoa          | M    | 5-8  | 160 | 6/14/97  | Yaounde, Cameroon   | Rainbow FC Bamenda (CAM) |
| 77* | Francisco Narbon  | M    | 5-9  | 150 | 2/11/95  | Panama City, Panama | FC Cincinnati            |
| 78* | Charles Renken    | M    | 5-7  | 140 | 12/10/93 | Edwardsville, Ill.  | Saint Louis FC           |
| 88* | Ray Saari         | M    | 5-7  | 150 | 4/18/95  | Kansas City, MO     | Tulsa (NCAA)             |
| 91  | Oniel Fisher      | D    | 5-9  | 155 | 11/22/91 | Portmore, Jamaica   | New Mexico (NCAA)        |
| 92* | Rodrigue Ele      | D    | 6-0  | 160 | 3/2/98   | Yaounde, Cameroon   | Rainbow FC Bamenda (CAM) |
| 99* | Felix Chenkam     | F    | 5-6  | 165 | 12/8/98  | Doula, Cameroon     | Rainbow FC Bamenda (CAM) |
|     | Calum Mallace     | M    | 6-1  | 181 | 1/10/90  | Mendota Heights, MN | Montreal Impact          |

\*Signed to a 52 Contract \*\* Out on loan

# 2017 SOUNDERS FC 2 USL STATS

| POS   | Player                | GP | MIN  | G  | A  | SHT | SOG | FS  | FC  | YC | RC | OG |
|-------|-----------------------|----|------|----|----|-----|-----|-----|-----|----|----|----|
| M     | Zach Mathers          | 20 | 1656 | 10 | 4  | 45  | 25  | 40  | 23  | 4  | 0  | 0  |
| F     | Irvin Parra           | 20 | 1502 | 6  | 6  | 37  | 16  | 57  | 37  | 7  | 0  | 0  |
| F     | David Olsen           | 23 | 1578 | 5  | 1  | 32  | 14  | 27  | 24  | 1  | 0  | 0  |
| F     | Felix Chenkam         | 15 | 877  | 5  | 1  | 23  | 10  | 14  | 29  | 3  | 0  | 0  |
| D     | Brian Nana-Sinkam     | 25 | 2200 | 3  | 2  | 10  | 5   | 26  | 23  | 1  | 0  | 0  |
| M     | Ray Saari             | 24 | 1990 | 2  | 4  | 15  | 6   | 42  | 33  | 6  | 1  | 0  |
| D     | Sam Rogers            | 22 | 1980 | 2  | 1  | 5   | 3   | 18  | 21  | 1  | 0  | 0  |
| M     | Henry Wingo           | 9  | 637  | 2  | 1  | 15  | 5   | 18  | 7   | 0  | 0  | 0  |
| M     | Francisco Narbon      | 22 | 1807 | 1  | 1  | 8   | 1   | 24  | 30  | 4  | 0  | 1  |
| D     | Riley Grant           | 12 | 949  | 1  | 0  | 2   | 1   | 5   | 17  | 0  | 0  | 0  |
| D     | Nouhou                | 6  | 450  | 1  | 0  | 4   | 1   | 3   | 7   | 0  | 0  | 0  |
| F     | Seyi Adekoya          | 10 | 418  | 1  | 0  | 7   | 2   | 6   | 3   | 2  | 0  | 0  |
| F     | Paul Rothrock         | 1  | 23   | 1  | 0  | 1   | 1   | 1   | 1   | 0  | 0  | 0  |
| M     | Lorenzo Ramos         | 21 | 1205 | 0  | 3  | 4   | 1   | 14  | 20  | 2  | 0  | 0  |
| D     | Denso Ulysse          | 12 | 1020 | 0  | 2  | 1   | 0   | 5   | 11  | 2  | 0  | 0  |
| M     | Charles Renken        | 15 | 941  | 0  | 1  | 10  | 4   | 12  | 7   | 1  | 0  | 0  |
| M/F   | Shandon Hopeau        | 13 | 693  | 0  | 1  | 9   | 3   | 11  | 12  | 0  | 0  | 0  |
| F     | Azriel Gonzalez       | 7  | 250  | 0  | 1  | 2   | 1   | 4   | 4   | 0  | 1  | 0  |
| D     | Rodrigue Ele          | 13 | 1069 | 0  | 0  | 4   | 0   | 17  | 20  | 4  | 1  | 0  |
| D     | Christian Koontz      | 6  | 540  | 0  | 0  | 0   | 0   | 2   | 5   | 5  | 0  | 1  |
| D     | Khai Brisco           | 9  | 450  | 0  | 0  | 0   | 0   | 4   | 3   | 0  | 0  | 0  |
| M     | Guy Edoa              | 7  | 274  | 0  | 0  | 7   | 3   | 5   | 8   | 1  | 0  | 0  |
| D     | Jordy Delem           | 3  | 270  | 0  | 0  | 1   | 0   | 7   | 5   | 1  | 0  | 0  |
| D     | Steve Whyte           | 4  | 360  | 0  | 0  | 1   | 1   | 3   | 3   | 0  | 0  | 0  |
| F     | Milo Barton           | 6  | 268  | 0  | 0  | 1   | 0   | 4   | 5   | 0  | 0  | 0  |
| M     | Calum Mallace         | 3  | 221  | 0  | 0  | 7   | 3   | 1   | 5   | 0  | 0  | 0  |
| F     | Javorn Stevens        | 9  | 207  | 0  | 0  | 4   | 0   | 2   | 4   | 0  | 0  | 0  |
| D     | Tony Alfaro           | 2  | 180  | 0  | 0  | 0   | 0   | 0   | 3   | 1  | 0  | 0  |
| M     | Aaron Kovar           | 8  | 135  | 0  | 0  | 3   | 1   | 2   | 1   | 0  | 0  | 0  |
| M     | Jamie Dimitroff       | 5  | 131  | 0  | 0  | 1   | 0   | 3   | 6   | 3  | 1  | 0  |
| D     | Jackson Ragen         | 3  | 118  | 0  | 0  | 1   | 0   | 1   | 2   | 1  | 0  | 0  |
| M     | Dylan Teves           | 2  | 116  | 0  | 0  | 1   | 1   | 0   | 0   | 0  | 0  | 0  |
| M     | Camilo Santiago       | 2  | 93   | 0  | 0  | 0   | 0   | 1   | 2   | 0  | 0  | 0  |
| D     | Ethan Lotenero        | 1  | 90   | 0  | 0  | 0   | 0   | 1   | 0   | 0  | 0  | 0  |
| F     | Alfonso Ocampo-Chavez | 1  | 90   | 0  | 0  | 0   | 0   | 0   | 2   | 0  | 0  | 0  |
| M     | Harry Shipp           | 1  | 85   | 0  | 0  | 0   | 0   | 2   | 3   | 0  | 0  | 0  |
| M     | Cameron Martin        | 1  | 63   | 0  | 0  | 0   | 0   | 0   | 0   | 0  | 0  | 0  |
| F     | Victor Mansaray       | 2  | 62   | 0  | 0  | 1   | 0   | 1   | 0   | 0  | 0  | 0  |
| D     | Joe Hafferty          | 1  | 30   | 0  | 0  | 0   | 0   | 0   | 1   | 0  | 0  | 0  |
| M     | Kei Tomozawa          | 1  | 12   | 0  | 0  | 0   | 0   | 0   | 1   | 1  | 0  | 0  |
| TOTAL |                       | 28 | 2520 | 43 | 27 | 314 | 112 | 386 | 372 | 30 | 3  | 2  |

## GOALKEEPER STATS

| POS   | Player         | GP | MIN  | GA | SV  | SV%  | GAA  | W-L-D   | PKA | PKG | SO |
|-------|----------------|----|------|----|-----|------|------|---------|-----|-----|----|
| GK    | Tyler Miller   | 18 | 1620 | 33 | 58  | .637 | 1.83 | 7-7-4   | 4   | 2   | 3  |
| GK    | Bryan Meredith | 8  | 720  | 15 | 30  | .666 | 1.88 | 2-6-0   | 2   | 2   | 2  |
| GK    | Sam Fowler     | 2  | 180  | 6  | 13  | .684 | 3.00 | 0-2-0   | 0   | 0   | 0  |
| TOTAL |                | 28 | 2520 | 54 | 101 | .651 | 1.93 | 9-15-4x | 6   | 4   | 5  |



# 2017 SOUNDERS FC 2 USL REGULAR SEASON SCHEDULE & RESULTS

| DAY           | DATE                | OPPONENT                      | KICKOFF (PT)/ RESULTS |
|---------------|---------------------|-------------------------------|-----------------------|
| <b>Sun.</b>   | <b>March 26</b>     | <b>Sacramento Republic FC</b> | <b>L, 1-2</b>         |
| <b>Sun.</b>   | <b>April 2</b>      | <b>Portland Timbers 2</b>     | <b>W, 2-1</b>         |
| Sat.          | April 8             | at Whitecaps FC 2             | L, 0-3                |
| Sat.          | April 15            | at LA Galaxy II               | L, 1-2                |
| <b>Sat.</b>   | <b>April 22</b>     | <b>Real Monarchs SLC</b>      | <b>W, 3-1</b>         |
| <b>Tues.</b>  | <b>April 25</b>     | <b>San Antonio FC</b>         | <b>L, 2-3</b>         |
| Sat.          | April 29            | at Switchbacks FC             | W, 3-2                |
| <b>Fri.</b>   | <b>May 5</b>        | <b>Portland Timbers 2</b>     | <b>W, 2-0</b>         |
| Sat.          | May 13              | at San Antonio FC             | D, 0-0                |
| Sat.          | May 20              | at Reno 1868 FC               | L, 0-6                |
| <b>Sun.</b>   | <b>May 28</b>       | <b>Sacramento Republic FC</b> | <b>D, 2-2</b>         |
| <b>Sat.</b>   | <b>June 3</b>       | <b>LA Galaxy II</b>           | <b>W, 3-0</b>         |
| Sat.          | June 10             | at Toros FC                   | L, 1-3                |
| <b>Mon.</b>   | <b>June 19</b>      | <b>OKC Energy FC</b>          | <b>W, 3-2</b>         |
| Sat.          | June 24             | at Orange County SC           | L, 3-4                |
| Sat.          | July 1              | at Whitecaps FC 2             | W, 2-0                |
| Sat.          | July 8              | at Real Monarchs SLC          | L, 1-4                |
| <b>Sun.</b>   | <b>July 16</b>      | <b>Orange County SC</b>       | <b>L, 1-2</b>         |
| <b>Thurs.</b> | <b>July 20</b>      | <b>Swope Park Rangers</b>     | <b>L, 2-0</b>         |
| Sun.          | July 23             | at Sacramento Republic FC     | L, 0-2                |
| Sat.          | July 29             | at Switchbacks FC             | L, 1-2                |
| <b>Sun.</b>   | <b>August 6</b>     | <b>Toros FC</b>               | <b>L, 3-4</b>         |
| <b>Sun.</b>   | <b>August 13</b>    | <b>Whitecaps FC 2</b>         | <b>W, 3-0</b>         |
| Fri.          | August 18           | at Portland Timbers 2         | W, 2-1                |
| <b>Wed.</b>   | <b>August 30</b>    | <b>Tulsa Roughnecks FC</b>    | <b>L, 0-2</b>         |
| Sat.          | September 2         | at Phoenix Rising FC          | L, 2-2                |
| <b>Sat.</b>   | <b>September 9</b>  | <b>Reno 1868 FC</b>           | <b>D, 1-1</b>         |
| <b>Sat.</b>   | <b>September 16</b> | <b>Switchbacks FC</b>         | <b>D, 1-1</b>         |
| <b>Wed.</b>   | <b>September 20</b> | <b>Phoenix Rising FC</b>      | <b>7:30 p.m.</b>      |
| Sat.          | October 7           | at Tulsa Roughnecks FC        | 5:00 p.m.             |
| Wed.          | October 11          | at Swope Park Rangers         | 5:30 p.m.             |
| Sun.          | October 15          | at OKC Energy FC              | 3:00 p.m.             |

A close-up photograph of a hand pouring shredded purple cabbage from a small glass bowl into a large black pan. The pan is filled with cooked ground beef, sliced onions, and green bell peppers. A wooden spoon is visible on the right side of the pan. Overlaid on the image is a soccer ball graphic with the word "BEEF" in large red letters above it and "FUEL FOR FITNESS" in red letters below it.

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