

2019

MEDIA GUIDE



#WeAreOne

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2019 ALIGNMENT

After almost two years of preparation, the 2019 USL League One season kicks off this season with 10 teams aiming to write their name into the history book as the winner of the league's inaugural title.

2019 LEAGUE ONE TEAMS

Chattanooga Red Wolves SC
FC Tucson
Forward Madison FC
Greenville Triumph SC
Lansing Ignite FC
North Texas SC
Orlando City B
Richmond Kickers
South Georgia Tormenta FC
Toronto FC II

KEY DATES

Regular Season Begins – March 29
Lamar Hunt U.S. Open Cup First Round – May 7/8
Lamar Hunt U.S. Open Cup Second Round – May 14/15
Lamar Hunt U.S. Open Cup Third Round – May 29
Lamar Hunt U.S. Open Cup Fourth Round – June 12
Lamar Hunt U.S. Open Cup Round of 16 – June 19
Lamar Hunt U.S. Open Cup Quarterfinals – July 10
Lamar Hunt U.S. Open Cup Semifinals – August 7

Lamar Hunt U.S. Open Cup Final – August 27/28
USL League One Roster Freeze – September 6
Regular Season Ends – October 5
USL League One Semifinals – October 10-14
USL League One Final – October 17-21

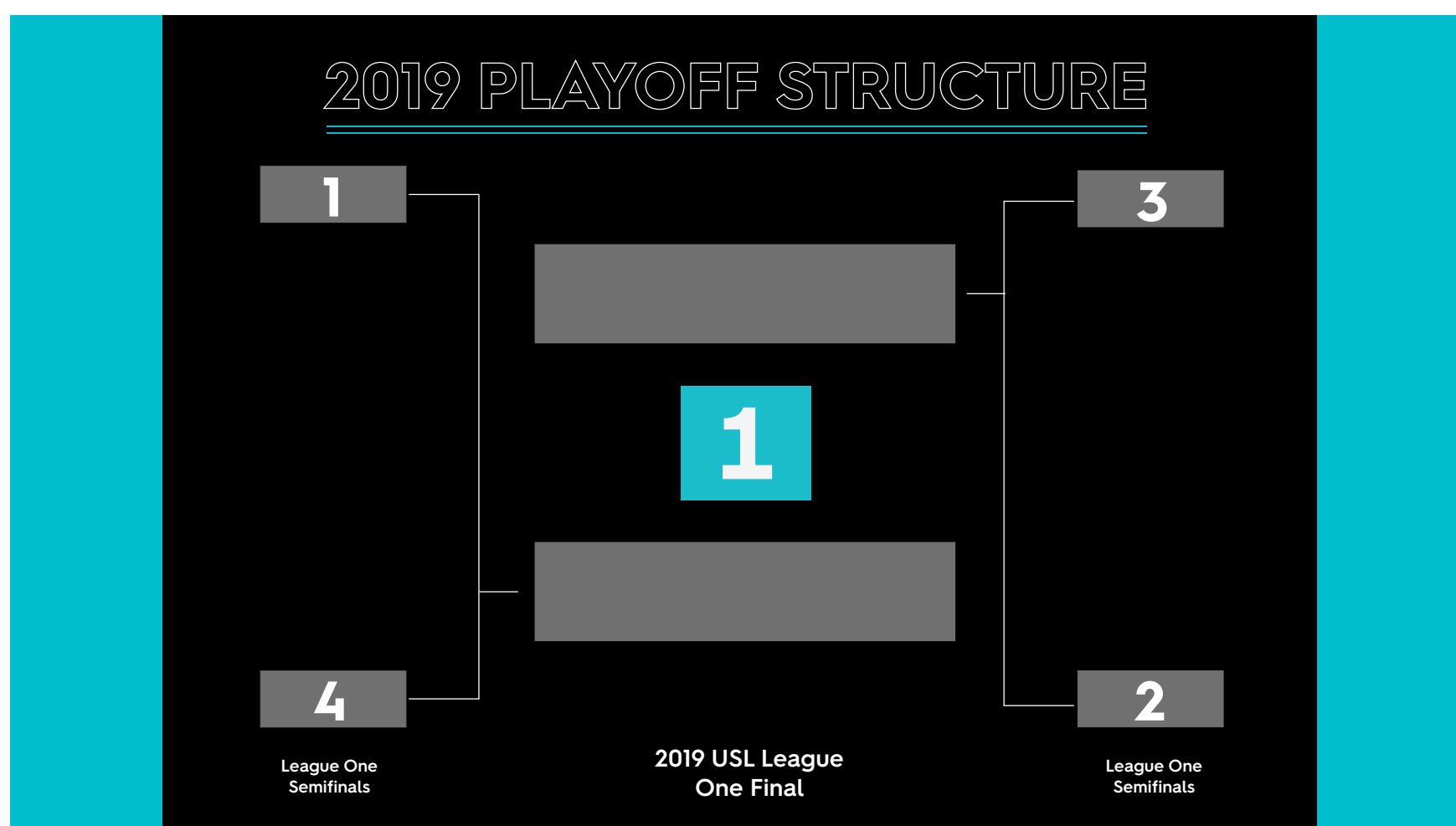
SEASON STRUCTURE

Regular Season Structure

The 2019 USL League One season will see its 10 teams compete in a single table, with the league's regular season consisting of 28 games. The regular season will see each club play eight clubs three times, and one regional rival four times.

Format For 2019 USL League One Playoffs

Following the conclusion of the regular season, the top four teams in the standings will advance to the 2019 USL League One Playoffs, which will be played in a single-elimination format. The No. 1 seed will host the No. 4 seed and the No. 2 seed will host the No. 3 seed in the Semifinals, with the higher remaining seed of the two semifinal winners to host the Final, which will be held between Oct. 17-21.





CHATTANOOGA RED WOLVES SC

411 Broad Street
Chattanooga, Tennessee
www.chattredwolves.com
P: (423) 541-1660

TEAM OUTLOOK

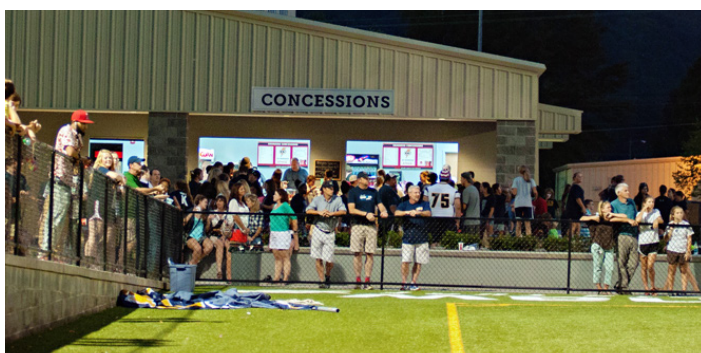
The Red Wolves enter their first season with a lot of experience both in the squad and on the sideline. Head Coach Tim Hankinson brings experience from both Major League Soccer and the lower divisions of North American soccer and has called on some central figures to his past success to lead Chattanooga into its inaugural season. Among those are former Charleston Battery defender Colin Falvey – who was 2014 USL Championship Defender of the Year during his time in the Low Country – and forward Eamon Zayed, who has been prolific since arriving in the United States from Ireland in 2016.

HEAD COACH



Tim Hankinson

HOME VENUE



David Stanton Field



CONTACTS

Kevin Friedman
Director of Game Day Operations
kfriedman@chattanoogaaredwolves-sc.com
(423) 255-6799

Grace Stewart
Social Media, Marketing Coordinator
gstewart@chattanoogaaredwolves-sc.com
(423) 933-5711

Terri Lee
Director of Community Relations
tlee@chattanoogaaredwolves-sc.com
(423) 903-6118

Noah Dillingham
Ticket Sales Account Executive
ndillingham@chattanoogaaredwolves-sc.com
(615) 713-9890

Mikaya Reynolds
Corporate Sales Executive
mreynolds@chattanoogaaredwolves-sc.com
(423) 313-2470

Jimmy Weekley
Director of Soccer Operations
jweekley@chattanoogaaredwolves-sc.com
(423) 680-1832

KEY PLAYERS



Ualefi
Midfielder

The Brazilian midfielder was an integral part of the Swope Park Rangers’ success in their inaugural USL Championship season in 2016 until he suffered a torn ACL after making 31 appearances for the side. Now back to full fitness, if the 25-year-old can mirror the smooth passing ability that saw him register five assists in his lone season with the Rangers in Chattanooga, it will make the Red Wolves dangerous when they get out on the front foot.



Eamon Zayed
Forward

The well-traveled Libyan-Irish forward arrives in Chattanooga having previously had successful stints in North America with both Indy Eleven and the Charlotte Independence. After recording 26 goals in 59 games for the Eleven over two seasons, the 35-year-old bagged eight goals in 25 appearances for the Independence in 2018 at a team-best rate of a goal every 158.3 minutes. While there are some miles on Zayed’s tires, his experience and ability to get into good positions should still make him dangerous for the Red Wolves this season.

2019 SCHEDULE

| DATE | HOME | | AWAY | TIME EST |
|------|------|---|------|----------|
| 3/30 | NTX | V | CHT | 7:00 PM |
| 4/6 | CHT | V | MAD | 7:00 PM |
| 4/13 | GVL | V | CHT | 7:00 PM |
| 4/20 | CHT | V | TRM | 7:00 PM |
| 4/27 | RIC | V | CHT | 7:00 PM |
| 5/1 | ORL | V | CHT | 7:30 PM |
| 5/11 | CHT | V | MAD | 7:00 PM |
| 5/18 | TUC | V | CHT | 10:30 PM |
| 5/25 | CHT | V | GVL | 7:00 PM |
| 6/1 | CHT | V | TOR | 7:00 PM |
| 6/8 | TRM | V | CHT | 8:00 PM |
| 6/15 | RIC | V | CHT | 7:00 PM |
| 6/22 | CHT | V | GVL | 7:00 PM |
| 6/29 | CHT | V | RIC | 7:00 PM |
| 7/6 | CHT | V | LAN | 7:00 PM |
| 7/10 | ORL | V | CHT | 7:30 PM |
| 7/13 | MAD | V | CHT | 8:00 PM |
| 7/27 | CHT | V | TUC | 7:00 PM |
| 7/31 | LAN | V | CHT | 7:00 PM |
| 8/3 | CHT | V | NTX | 7:00 PM |
| 8/10 | TRM | V | CHT | 8:00 PM |
| 8/17 | CHT | V | NTX | 7:00 PM |
| 8/30 | TUC | V | CHT | 10:30 PM |
| 9/6 | TOR | V | CHT | 4:00 PM |
| 9/14 | LAN | V | CHT | 7:00 PM |
| 9/21 | CHT | V | ORL | 7:00 PM |
| 9/28 | CHT | V | RIC | 7:00 PM |
| 10/5 | CHT | V | TOR | 7:00 PM |

 /ChattRedWolves

 @ChattRedWolves

 @chattredwolves



FC TUCSON

3350 S Country Club Rd
Tucson, AZ 85713
www.fctucson.com
P: (520) 600-3095

TEAM OUTLOOK

FC Tucson makes the move up to the professional ranks after a highly successful start to its history in USL League Two. With a history that saw the club reach the postseason in six of seven seasons, the expectations are going to be of reaching the playoffs at the first attempt in League One. To accomplish that the club recruited Head Coach Darren Sawatzky to lead from the sidelines and brought back some familiar faces from past successes, including first signing in the club's professional era Moshe Perez (2017 League Two All-League Team). The lone side in League One to be operated by a Championship side - Phoenix Rising FC - FCT could also see some strong talent available from the north of the state to supplement the veterans it has brought on board.

HEAD COACH



Darren Sawatzky



CONTACTS

Jon Pearlman
Director of Soccer Operations
jonathan@fctucson.com

Kyle Cornell
Manager of Operations
kyle@fctucson.com
(480) 353-8555

Cole Eckel
Sponsorship Sales Executive
cole@fctucson.com
(520) 784-1884

Kelsi Darr
Sales Manager
kelsi@fctucson.com
(602) 900-0081

Xavier Vasquez
Account Executive
xavier@fctucson.com
(520) 277-1600

Dolphus Pearson III
PR and Social Media Manager
dolphus@fctucson.com
(919) 215-4425

HOME VENUE



Kino Sports Park

KEY PLAYERS



Kyle Venter
Defender

Having competed consistently at the Championship level over recent seasons, Venter brings a lot of experience to Tucson’s back line that could help the side form a solid foundation at the back. At 6-foot-3, the 28-year-old could also be a nice threat from set pieces after scoring six goals previously in the Championship.



Austin Ledbetter
Midfielder

A former FC Tucson player in 2014 and 2015, Ledbetter returns to the club after spending the past two seasons in the Championship with Saint Louis FC. After making 20 starts for STLFC, and only six a season ago, Ledbetter will be hoping his new environment provides more opportunity to make his mark after a stellar collegiate career that saw him earn Missouri Valley Conference Defender of the Year honors in 2016, which led to his selection by FC Dallas in the Third Round of the 2017 MLS SuperDraft.

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| DATE | HOME | | AWAY | TIME EST |
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| 3/30 | ORL | V | TUC | 7:30 PM |
| 4/3 | TRM | V | TUC | 8:00 PM |
| 4/13 | TUC | V | TOR | 10:30 PM |
| 4/26 | TUC | V | TRM | 10:30 PM |
| 4/30 | TUC | V | LAN | 10:00 PM |
| 5/11 | RIC | V | TUC | 7:00 PM |
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| 5/24 | TOR | V | TUC | 4:00 PM |
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| 10/4 | TUC | V | NTX | 10:30 PM |

 [/FCTUCSON](#)

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FORWARD MADISON FC

834 E. Washington Avenue, Suite 229
Madison, WI 53703
www.forwardmadisonfc.com
P: (608) 204-0855

TEAM OUTLOOK

There's been no team that's been more visible in the lead-up to League One's inaugural season than Forward Madison FC, but the side on paper also appears to have what it takes to contend for a playoff place in its inaugural season. While it might be fun and games off the field for Team #FullMingo, experienced Head Coach Daryl Shore's side has put together some impressive preseason results that have seen FMFC go toe-to-toe with solid Championship opposition. If it carries that form into the regular season, there could be some wild celebrations at the end of the campaign.

HEAD COACH



Daryl Shore

HOME VENUE



Breese Stevens Field



CONTACTS

Jim Kacmarcik
Owner

Peter Wilt
Managing Director
peter@forwardmadisonfc.com

Kuba Krzyzostaniak
Director of Fan Engagement & Digital
Media
kuba@forwardmadisonfc.com

Jessica Dawidziuk
Corporate Partnership Activation & Service
Manager
jessica@forwardmadisonfc.com

Elisabeth Dalton
Corporate Ticket Service & Box Office
Manager
elisabeth@forwardmadisonfc.com

KEY PLAYERS



Connor Tobin
Defender

A fan-favorite wherever he has played, Connor Tobin returns to the upper-Midwest to serve as one of the anchors for Madison’s defense after five successful seasons with North Carolina FC. Having spent two seasons with Minnesota United FC – which is now Madison’s MLS partner – earlier in his career, the 32-year-old will feel right at home at his new club while also providing the ability and experience any team needs for immediate success.



J.C. Banks
Forward

The first Wisconsin native to sign with FMFC, J.C. Banks brings tremendous experience from across the lower divisions of North American soccer to the capital of his home state. With more than 150 games in the professional ranks and 25 goals and 20 assists, Banks can create goals as well as score them and will likely be crucial to Madison’s chances of success in its inaugural season.

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| 4/6 | CHT | V | MAD | 7:00 PM |
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| 6/28 | TOR | V | MAD | 4:00 PM |
| 7/6 | TRM | V | MAD | 8:00 PM |
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| 10/5 | LAN | V | MAD | 7:00 PM |

 /ForwardMadisonFC

 @ForwardMSNFC

 @forwardmadisonfc



GREENVILLE TRIUMPH SC

One North Main Street, 4th Floor
Greenville, SC 29601
<https://www.greenvilletriumph.com>
P: (864) 203-0565

TEAM OUTLOOK

The first newly-formed club to join League One in March 2018, Greenville Triumph SC has arguably the most high-profile head coach in the league in former United States international John Harkes, and a squad that looks capable as it enters its first campaign. Harkes' success as the sideline leader of FC Cincinnati in 2016 – when he led the side to a third-place finish in the Eastern Conference in its expansion season – provides a pathway to follow for his new club, which includes some faces from that season in Ohio and others with Championship experience.

HEAD COACH



John Harkes

HOME VENUE



Legacy Early College



CONTACTS

Chris Lewis
President
clewis@greenvilletriumph.com
(864) 477-0103

Doug Erwin
Vice Chairman & Brand Officer
derwin@greenvilletriumph.com
(864) 423-3689

Kaitlyn Unruh
Digital & Social Media Manager
kunruh@greenvilletriumph.com
(864) 387-0871

Meg Dotson
VP of Partnership Marketing & Community Relations
mdotson@greenvilletriumph.com
(216) 235-2891

Stacy Wise
Ticket Operations and Service Manager
swise@greenvilletriumph.com

Clay Varner
Merchandise Manager
cvarner@greenvilletriumph.com

KEY PLAYERS



Cole Seiler
Defender

With more than 60 games of experience in the Championship over the past three seasons – including helping both Vancouver Whitecaps FC 2 (2016) and Sacramento Republic FC (2018) to the USL Cup Playoffs – Cole Seiler should be a solid defensive piece for Triumph SC to build around. The 25-year-old showed a good ability to pick out long deliveries last season in Sacramento, completing 57.7 percent of his long passes, while also registering 69 interceptions over his past two seasons of action.



Paul Clowes
Midfielder

Returning to the United States after a year’s sojourn in his native England, Paul Clowes could be an important figure in the type of passing system that Harkes will be looking to implement tactically for his side. The former Clemson standout certainly has that ability, having completed 82 percent of passes at a rate of 51.6 passes per 90 minutes for Orlando City B during the 2017 USL Championship campaign. Becoming a main central piece to Greenville’s midfield should be Clowes’ aim for this season.

2019 SCHEDULE

| DATE | HOME | | AWAY | TIME EST |
|------|------|---|------|----------|
| 3/29 | TRM | V | GVL | 7:00 PM |
| 4/6 | GVL | V | LAN | 7:00 PM |
| 4/13 | GVL | V | CHT | 7:00 PM |
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| 5/18 | GVL | V | RIC | 7:00 PM |
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| 7/26 | NTX | V | GVL | 8:00 PM |
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| 9/24 | TUC | V | GVL | 10:00 PM |
| 9/27 | GVL | V | ORL | 7:00 PM |
| 10/5 | TRM | V | GVL | 8:00 PM |

 /GreenvilleTriumphSC

 @GVLTriumph

 @gvltriumph



LANSING IGNITE FC

505 E. Michigan Ave.
Lansing, MI 48912
<https://www.lansingignite.com/>
P: (517) 580-5432

TEAM OUTLOOK

Bringing professional soccer back to the state of Michigan, Lansing Ignite FC has brought on board some solid on-field pieces as it looks to find success in its inaugural season. Building on the legacy of former USL League Two side Lansing United, where Head Coach Nate Miller previously served as Head Coach and General Manager, Ignite FC has brought in a core of former United players that will get the chance to make their professional debuts this season. There is previous professional experience here as well, though, including former Pittsburgh Riverhounds SC goalkeeper Michael Kirk and Colorado Rapids midfielder Ricardo Perez.

HEAD COACH



Nate Miller

HOME VENUE



Cooley Law School Stadium



CONTACTS

Nick Grueser
President
ngrueser@lansingignite.com

Jeremy Sampson
Vice President/ General Manager
jsampson@lansingignite.com

Angela Sees
Executive Administrator
asees@lansingignite.com

Aaron Cranford
Communications Manager
acranford@lansingignite.com

Josh Holliday
Director of Marketing
jholliday@lansingignite.com

Alex Withorn
Director of Sales
awithorn@lansingignite.com

Ashley Loudan
Corporate Partnerships Manager
aloudan@lansingignite.com

Bri Pfeil
Director of Finance
bpfeil@lansingignite.com

KEY PLAYERS



Nathan Lewis
Midfielder

A former player for Indy Eleven, Nathan Lewis brings international experience to Lansing having made 18 appearances for the Trinidad & Tobago national team during his career. The 28-year-old could be in line for a call-up to the Gold Cup this summer with the Soca Warriors, and with his speed down the flank he will offer Ignite FC a serious attacking threat that could be key to unlocking opposing defenses over the course of this campaign.



Alex Bruce
Forward

A young forward who arrived with Ignite FC on loan from the USL Championship's San Antonio FC, Alex Bruce will be aiming to make his time in Lansing a success as he enters his second professional year. The 20-year-old recorded three goals in 13 appearances for SAFC a season ago, including one of the league's candidates for Goal of the Year. A native of Gateshead, England, Bruce could provide a solid focal point for Lansing's attack over the coming season.

2019 SCHEDULE

| DATE | HOME | | AWAY | TIME EST |
|------|------|---|------|----------|
| 3/30 | RIC | V | LAN | 5:00 PM |
| 4/6 | GVL | V | LAN | 7:00 PM |
| 4/13 | LAN | V | RIC | 7:00 PM |
| 4/26 | LAN | V | TOR | 7:00 PM |
| 4/30 | TUC | V | LAN | 10:00 PM |
| 5/4 | RIC | V | LAN | 7:00 PM |
| 5/11 | LAN | V | GVL | 7:00 PM |
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| 5/25 | TRM | V | LAN | 8:00 PM |
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| 7/31 | LAN | V | CHT | 7:00 PM |
| 8/3 | LAN | V | ORL | 7:00 PM |
| 8/16 | ORL | V | LAN | 7:30 PM |
| 8/22 | LAN | V | NTX | 7:00 PM |
| 9/6 | TUC | V | LAN | 10:30 PM |
| 9/14 | LAN | V | CHT | 7:00 PM |
| 9/21 | LAN | V | TRM | 7:00 PM |
| 10/5 | LAN | V | MAD | 7:00 PM |

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NORTH TEXAS SOCCER CLUB

9200 World Cup Way, Suite 202
Frisco, Texas 75033
www.fcdallas.com/northtexassc

TEAM OUTLOOK

With one of the most highly-regarded Academy programs in the United States, North Texas SC's arrival in League One for its inaugural season brings plenty of promise that its young charges led by Head Coach Eric Quill could be one of the most entertaining sides to watch this season. At the forefront is United States U-17 international Ricardo Pepi, who notched six goals in four preseason contests. But consider the fact that eight current or former FC Dallas Academy players were named in January's combined United States U-17, U-19 and U-20 training camp and you can appreciate the level of talent that could be taking the field this season.



HEAD COACH



Eric Quill

HOME VENUE



Toyota Stadium

CONTACTS

Clark Hunt
Chairman and CEO

Dan Hunt
President

Jimmy Smith
Chief Operating Officer &
Chief Financial Officer

Melissa Jannetta
Vice President of Business Development
mjannetta@fcdallas.net

Matt Denny
General Manager
mdenny@fcdallas.com

Gina Miller
Vice-President of Communications
gmiller@fcdallas.com

Garrett Melcer
Media Coordinator
gmelcer@fcdallas.com

Melissa Miller
Director of Marketing
mmiller@fcdallas.net

Scott Morrison
Director Ticket Operations
smorrison@fcdallas.net

KEY PLAYERS



Brecc Evans
Defender

A former FC Dallas Academy standout, Evans elected to turn professional with North Texas after having a strong freshman season at Cal Poly during which he earned All-Big West Freshman Team honors. A member of Dallas' U-16 National Championship side in 2016, Evans made almost 100 appearances for FCD Academy sides during his youth career. At 6-foot-4, he should be one of the central pieces for NTSC in its inaugural season at the heart of the team's back line.



Oscar Romero
Midfielder

Despite being only 22 years old, Romero figures to be one of the more experienced heads for North Texas' young squad as he returns to Dallas after beginning his professional career in Mexico with Pumas UNAM. While he didn't get the chance to see first-team minutes with Pumas, he did fare well with other opportunities, including scoring five goals in 14 appearances for Inter Playa de Carmen in Asenso MX - Mexico's second division - and featuring for Pumas' U-23 side in Liga Premier. Another former FCD Academy product, Romero scored 11 goals in 25 games during his final year at the Academy for the club's U-18 side.

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| DATE | HOME | | AWAY | TIME EST |
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| 3/30 | NTX | V | CHT | 7:00 PM |
| 4/13 | NTX | V | MAD | 10:20 PM |
| 4/27 | NTX | V | ORL | 5:50 PM |
| 5/4 | GVL | V | NTX | 7:00 PM |
| 5/11 | NTX | V | ORL | 4:20 PM |
| 5/18 | LAN | V | NTX | 07:00 PM |
| 5/22 | NTX | V | MAD | 8:00 PM |
| 5/29 | TOR | V | NTX | 11:00 AM |
| 6/1 | RIC | V | NTX | 7:00 PM |
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| 6/22 | MAD | V | NTX | 8:00 PM |
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| 7/26 | NTX | V | GVL | 8:00 PM |
| 8/3 | CHT | V | NTX | 7:00 PM |
| 8/10 | NTX | V | TUC | 10:20 PM |
| 8/17 | CHT | V | NTX | 7:00 PM |
| 8/22 | LAN | V | NTX | 7:00 PM |
| 8/27 | NTX | V | TRM | 8:00 PM |
| 9/1 | NTX | V | TOR | 7:00 PM |
| 9/6 | ORL | V | NTX | 7:30 PM |
| 9/10 | NTX | V | RIC | 8:00 PM |
| 9/14 | TRM | V | NTX | 8:00 PM |
| 9/22 | MAD | V | NTX | 8:00 PM |
| 10/4 | TUC | V | NTX | 10:30 PM |

 /NorthTexasSC

 @northtexasSC

 @northtexassc



ORLANDO CITY B

655 W Church Street

Orlando, FL 32805

<https://www.orlandocitysc.com/ocb>

P: (855) 675-2489

TEAM OUTLOOK

After a year's hiatus, Orlando City B returns with a new home venue and a new Head Coach in Fernando Jose De Argila Irurita who will look to lead the Lions to a second postseason appearance in club history. Expanding the partnership with Montverde Academy – which prior to becoming the home to OCSC's Development Academy had a strong history of producing talented young players – should offer both the opportunity for success on the field and a solid platform for Orlando's young standouts to maximize their potential in the professional ranks. With a handful of players already competing at the youth national team level, OCB should produce a solid product on the field as it looks to emulate the USL success experienced by the club's first team before its move to Major League Soccer.

HEAD COACH



Fernando Argila

HOME VENUE



Montverde Academy



CONTACTS

Alex Leitao
Chief Executive Officer

Fred Pollastri
Chief Operating Officer

Carlos Osorio
Chief Financial Officer

Oguchi Onyewu
Sporting Director

Diogo Kotscho
Senior Vice President of Communications
dkotscho@orlandocitysc.com
(407) 325-6833

Mike Potempa
General Manager

Jackie Maynard
Sr. Communications Manager
jmaynard@orlandocitysc.com
(585) 944-6995

KEY PLAYERS



Christian Herrera
Goalkeeper

Having played professionally in both Mexico for Pachuca II and in the USL Championship for the Swope Park Rangers, Christian Herrera arrives in Orlando looking to establish himself as the starter for OCB. The 21-year-old didn't fare badly in his spot starts for the Rangers last season, posting one shutout and a save percentage of 70 percent in his four appearances for the side. Having served as a back-up for most of his young career, though, this is the moment for Herrera to step into the spotlight.



Jordan Bender
Midfielder

The first signing of OCB's new era, Jordan Bender brings experience from the U.S. Youth National Team program as he enters the professional ranks. The 17-year-old scored 11 goals in 54 games across the past two U.S. Soccer Development Academy seasons for the club and will now look to take the next step in his career. After competing previously for the United States U-16 national team, a strong season in 2019 could put Bender on the map for the next cycle in the United States U-20s as they look ahead to the 2021 FIFA U-20 World Cup.

2019 SCHEDULE

| DATE | HOME | | AWAY | TIME EST |
|------|------|---|------|----------|
| 3/30 | ORL | V | TUC | 7:30 PM |
| 4/5 | ORL | V | TOR | 7:30 PM |
| 4/14 | ORL | V | TRM | 5:00 PM |
| 4/19 | ORL | V | MAD | 7:30 PM |
| 4/27 | NTX | V | ORL | 5:50 PM |
| 5/1 | ORL | V | CHT | 7:30 PM |
| 5/11 | NTX | V | ORL | 4:20 PM |
| 5/17 | ORL | V | TOR | 7:30 PM |
| 5/22 | ORL | V | RIC | 7:30 PM |
| 5/31 | TUC | V | ORL | 10:30 PM |
| 6/7 | ORL | V | MAD | 7:30 PM |
| 6/12 | ORL | V | TUC | 7:30 PM |
| 6/15 | TRM | V | ORL | 8:00 PM |
| 6/22 | LAN | V | ORL | 7:00 PM |
| 6/28 | ORL | V | GVL | 7:30 PM |
| 7/10 | ORL | V | CHT | 7:30 PM |
| 7/13 | GVL | V | ORL | 7:00 PM |
| 7/20 | RIC | V | ORL | 7:00 PM |
| 7/24 | ORL | V | TRM | 7:30 PM |
| 7/27 | MAD | V | ORL | 8:00 PM |
| 8/3 | LAN | V | ORL | 7:00 PM |
| 8/16 | ORL | V | LAN | 7:30 PM |
| 8/24 | TUC | V | ORL | 10:30 PM |
| 9/6 | ORL | V | NTX | 7:30 PM |
| 9/13 | TOR | V | ORL | 4:00 PM |
| 9/21 | CHT | V | ORL | 7:00 PM |
| 9/27 | GVL | V | ORL | 7:00 PM |
| 10/5 | RIC | V | ORL | 7:00 PM |

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RICHMOND KICKERS

2001 Maywill Street, Suite 203
Richmond, VA 23230
www.richmondkickers.com
P: (804) 644-5425

TEAM OUTLOOK

One of the two longest-standing professional clubs in the United States, the Richmond Kickers enter their 27th season with new leadership in the front office after the purchase of the club by 22 Holdings, LLC. The goal for the group –led by former player Rob Ukrop – is to return to the sort of form on the field that has seen numerous postseason successes over the years. With some key faces returning from the 2018 Championship campaign, the Kickers may have a slight head-start on some of their fellow League One sides as Head Coach David Bulow leads the club he previously played for from the sidelines.

HEAD COACH



David Bulow



CONTACTS

Rob Ukrop
Chairman
rukrop@richmondkickers.com

Matt Spear
President/GM
mspear@richmondkickers.com

Charlie Slagle
VP, Community Engagement & Gameday
Experience
cslagle@richmondkickers.com

Scott Sutton
VP, Business Development & Marketing
ssutton@richmondkickers.com

Patrick Wood
Director, Communications & Digital
pwood@richmondkickers.com

Ray Smetanick
Director, Team Operations
ray@richmondkickers.com

Scott McGuire
Stadium General Manager & Director,
Game Operations
smcguire@richmondkickers.com

HOME VENUE



City Stadium

KEY PLAYERS



Dennis Chin
Forward

The 2012 Championship Golden Boot-winner when a player for Orlando City SC, Chin arrives in Richmond looking to provide the scoring touch that has eluded the Kickers over the past two seasons. Richmond ranked last in the Championship a season ago with only 30 goals in 34 regular-season contests and while the competition might not be as quite as fierce in League One, there will be pressure on Chin to try and recapture the form of his early career if the Kickers are going to make a postseason run in their new environment.



Braeden Troyer
Defender

A Kickers veteran, Braeden Troyer has made 110 league appearances for Richmond over the past four seasons and has served as one of the most consistent performers for the club in that span. Having played collegiately at the University of South Carolina and in USL League Two for the SC United Bantams, Troyer hit the ground running with 26 appearances as a rookie and has never made fewer than 25 appearances in his four seasons with Richmond. Last season, he ranked first on the team with 72 interceptions and 58 tackles won, while also logging 72 clearances. Alongside the returning Conor Shanosky, Troyer gives Richmond a reliable piece who has also become a fan-favorite at City Stadium.

2019 SCHEDULE

| DATE | HOME | | AWAY | TIME EST |
|------|------|---|------|----------|
| 3/30 | RIC | V | LAN | 5:00 PM |
| 4/6 | RIC | V | TRM | 5:00 PM |
| 4/13 | LAN | V | RIC | 7:00 PM |
| 4/20 | GVL | V | RIC | 7:00 PM |
| 4/27 | RIC | V | CHT | 7:00 PM |
| 5/4 | RIC | V | LAN | 7:00 PM |
| 5/11 | RIC | V | TUC | 7:00 PM |
| 5/18 | GVL | V | RIC | 7:00 PM |
| 5/22 | ORL | V | RIC | 7:30 PM |
| 6/1 | RIC | V | NTX | 7:00 PM |
| 6/8 | TUC | V | RIC | 10:30 PM |
| 6/15 | RIC | V | CHT | 7:00 PM |
| 6/22 | TRM | V | RIC | 8:00 PM |
| 6/29 | CHT | V | RIC | 7:00 PM |
| 7/13 | RIC | V | NTX | 7:00 PM |
| 7/20 | RIC | V | ORL | 7:00 PM |
| 7/26 | TOR | V | RIC | 4:00 PM |
| 8/10 | MAD | V | RIC | 8:00 PM |
| 8/17 | RIC | V | TOR | 7:00 PM |
| 8/24 | MAD | V | RIC | 8:00 PM |
| 8/31 | TRM | V | RIC | 8:00 PM |
| 9/7 | RIC | V | GVL | 7:00 PM |
| 9/10 | NTX | V | RIC | 8:00 PM |
| 9/14 | RIC | V | MAD | 7:00 PM |
| 9/21 | TUC | V | RIC | 10:30 PM |
| 9/28 | CHT | V | RIC | 7:00 PM |
| 10/2 | RIC | V | TOR | 7:00 PM |
| 10/5 | RIC | V | ORL | 7:00 PM |

 [/richmondkickers](#)

 [@RichmondKickers](#)

 [@richmondkickers](#)



SOUTH GEORGIA TORMENTA FC

2704 Old Register Road
Statesboro, GA 30458
www.tormentaafc.com
P: (912) 871-1000

TEAM OUTLOOK

The first team to join League One, South Georgia Tormenta FC will look to maintain the ascent that had seen the club establish itself as one of the best in USL League Two. With plans for a soccer-specific stadium already established, there is a high level of expectation within the club that Tormenta FC will not only stand in League One's history as its first club but will also be one of its flagships moving forward. With Head Coach John Miglarese remaining at the helm and bringing numerous players up from League Two with him, there will be a good deal of continuity as the club gears up for its new campaign in the professional ranks.

HEAD COACH



John Miglarese



CONTACTS

Darin Van Tassell
Owner and President

Mike Panter
Vice President, Soccer Operations
mpanter@tormentaafc.com
(813) 482-8385

Jennifer Woodard
Vice President, Finance and Personnel
jwoodard@tormentaafc.com
(912) 871-1000 ext. 211

Bryce Judy
Director, Gameday Operations
bjudy@tormentaafc.com
(912) 690-1277

James Griffith
Director, Ticket Operations and Sponsorships
jgriffith@tormentaafc.com
(904) 451-2102

Zachary Dalgard
Director, Corporate Partnerships
zdalgard@tormentaafc.com
(912) 314-9255

Bernadette O'Donnell
Director, Communications and Public Relations
bodonnell@tormentaafc.com
(478) 508-2604

Logan Gleaton
Director, Marketing and Fan Engagement
lgleaton@tormentaafc.com
(912) 230-4479

HOME VENUE



Erk Russell Park

KEY PLAYERS



Josh Phelps
Defender

While Tormenta FC was the first club in League One, Australian defender Josh Phelps wrote his name in the history books last November when he became the first signing in the league’s history. A standout for Tormenta FC in 2018 as it went undefeated in the regular season to claim the Deep South Division in League Two, Phelps steps up to the next level after completing his collegiate career at UNC Pembroke. Phelps was South Georgia’s captain a season ago, and at 6-foot-4 he could play a big role in making Tormenta FC as effective defensively as it was in its previous seasons.



Chris Hellmann
Forward

One of the newcomers to Statesboro, Georgia for the new season is German forward Chris Hellmann, who returns to the United States after a stint with League Two’s Des Moines Menace last summer. Now 26 years old, Hellmann shone previously with the Menace over two seasons in 2014-15 that saw him notch 15 goals in 21 appearances and earn All-League honors in 2014 when Des Moines claim the regular-season title. Hellmann hasn’t broken through yet at the professional level in the U.S., having played briefly with the Championship’s Charlotte Independence in 2016, but he could be a very valuable piece in the attacking line if his game is sharp.

2019 SCHEDULE

| DATE | HOME | | AWAY | TIME EST |
|------|------|---|------|----------|
| 3/29 | TRM | V | GVL | 7:00 PM |
| 4/3 | TRM | V | TUC | 8:00 PM |
| 4/6 | RIC | V | TRM | 5:00 PM |
| 4/14 | ORL | V | TRM | 5:00 PM |
| 4/20 | CHT | V | TRM | 7:00 PM |
| 4/26 | TUC | V | TRM | 10:30 PM |
| 5/12 | TRM | V | TOR | 8:00 PM |
| 5/18 | MAD | V | TRM | 8:00 PM |
| 5/25 | TRM | V | LAN | 8:00 PM |
| 6/1 | GVL | V | TRM | 7:00 PM |
| 6/8 | TRM | V | CHT | 8:00 PM |
| 6/15 | TRM | V | ORL | 8:00 PM |
| 6/22 | TRM | V | RIC | 8:00 PM |
| 7/6 | TRM | V | MAD | 8:00 PM |
| 7/12 | TOR | V | TRM | 4:00 PM |
| 7/20 | NTX | V | TRM | 7:00 PM |
| 7/24 | ORL | V | TRM | 7:30 PM |
| 7/27 | TRM | V | LAN | 8:00 PM |
| 8/3 | GVL | V | TRM | 7:00 PM |
| 8/10 | TRM | V | CHT | 8:00 PM |
| 8/17 | TRM | V | TUC | 8:00 PM |
| 8/27 | NTX | V | TRM | 8:00 PM |
| 8/31 | TRM | V | RIC | 8:00 PM |
| 9/7 | MAD | V | TRM | 8:00 PM |
| 9/14 | TRM | V | NTX | 8:00 PM |
| 9/21 | LAN | V | TRM | 7:00 PM |
| 9/27 | TOR | V | TRM | 4:00 PM |
| 10/5 | TRM | V | GVL | 8:00 PM |

 /SouthGeorgiaTormentaFC

 @Tormenta_FC

 @tormenta_fc



TORONTO FC II

85 Carl Hall Road
Toronto, Ontario M3K 2B9
<https://www.torontofc.ca/tfcII>
P: (416) 360-4625

TEAM OUTLOOK

After four seasons that saw Toronto FC II struggle on the field in the USL Championship – maxing out at six wins on three occasions – the lone side in the league from north of the border enters 2019 with recalibrated expectations as Head Coach Michael Rabasca begins his first full season in charge of the side. While it couldn't accumulate wins in the Championship consistently, Toronto was always a side that could produce a surprise or two when visitors came north. With a plethora of young Canadian talent set to lead the way, TFC II will be hoping it can find more consistency at its new level and put itself in the picture for a first postseason berth.

HEAD COACH



Michael Rabasca

HOME VENUE



BMO Ontario Soccer Centre



CONTACTS

Bill Manning
President

Ali Curtis
General Manager

Jordan Custoreri
Manager, Team Operations
jcustoreri@torontofc.ca
(416) 509-4689

Mike Masaro
Sr. Manager, Media Relations
mmasaro@torontofc.ca
(416) 716-1311

Alejandra Rueda
Coordinator, Communications
arueda@torontofc.ca
(416) 371-9398

Frank Russo
Equipment Manager
frusso@torontofc.ca

Corey Wray
Team Operations and Strategy
cwray@torontofc.ca

KEY PLAYERS



Jacob Shaffelburg
Forward

A native of Nova Scotia, Jacob Shaffelburg signed with TFC II last November but has already seen professional action within the organization after coming on as a substitute in Toronto FC’s Concacaf Champions League clash with CA Independiente in February. That’s an indicator of the upside that Toronto’s brass feels the 19-year-old TFC Academy graduate brings to the table. And if he can put a strong first season under his belt, it could accelerate his progression to even greater heights.



Noble Okello
Midfielder

One of the highly-touted players to come through TFC and Canada’s youth development system, it feels as though Okello could be on the verge of a breakout year after featuring prominently in the Canada U-20 side that competed at the Concacaf U-20 Championship last November.. The 18-year-old, who scored three goals in five games at the tournament, made 22 appearances for TFC II a season ago and completed 80.4 percent of 56.1 passes per 90 minutes. With the physical tools to do the dirty work in the middle of midfield, Okello will be looking to hit top gear regularly this season.

2019 SCHEDULE

| DATE | HOME | | AWAY | TIME EST |
|------|------|---|------|----------|
| 4/5 | ORL | V | TOR | 7:30 PM |
| 4/13 | TUC | V | TOR | 10:30 PM |
| 4/26 | LAN | V | TOR | 7:00 PM |
| 5/4 | MAD | V | TOR | 8:00 PM |
| 5/12 | TRM | V | TOR | 8:00 PM |
| 5/17 | ORL | V | TOR | 7:30 PM |
| 5/24 | TOR | V | TUC | 4:00 PM |
| 5/29 | TOR | V | NTX | 11:00 AM |
| 6/1 | CHT | V | TOR | 7:00 PM |
| 6/7 | TOR | V | LAN | 4:00 PM |
| 6/12 | TOR | V | NTX | 4:00 PM |
| 6/19 | LAN | V | TOR | 7:00 PM |
| 6/28 | TOR | V | MAD | 4:00 PM |
| 7/3 | TUC | V | TOR | 10:00 PM |
| 7/12 | TOR | V | TRM | 4:00 PM |
| 7/19 | TOR | V | LAN | 4:00 PM |
| 7/26 | TOR | V | RIC | 4:00 PM |
| 7/31 | TOR | V | MAD | 4:00 PM |
| 8/9 | TOR | V | GVL | 4:00 PM |
| 8/17 | RIC | V | TOR | 7:00 PM |
| 8/23 | TOR | V | GVL | 4:00 PM |
| 9/1 | NTX | V | TOR | 7:00 PM |
| 9/6 | TOR | V | CHT | 4:00 PM |
| 9/13 | TOR | V | ORL | 4:00 PM |
| 9/20 | GVL | V | TOR | 7:00 PM |
| 9/27 | TOR | V | TRM | 4:00 PM |
| 10/2 | RIC | V | TOR | 7:00 PM |
| 10/5 | CHT | V | TOR | 7:00 PM |

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Since 1947 SELECT has been one of the world's leading manufacturers of professional match balls. From the creation of the first laceless ball to the modern 32 panel design SELECT is dedicated to quality and committed to innovation. The legendary Brilliant Super is the product of SELECT's commitment and dedication. Currently used as the official match ball in the top leagues of Denmark, Belgium, Sweden, Finland, Norway and Germany.

2019 begins the second year of SELECT as the Official Ball Supplier of the USL. With the new season comes a new ball which showcases the branding specific to the USL League.



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USL EXECUTIVE STAFF

Alec Papadakis

USL Chief Executive Officer

Papadakis has served as the USL's top executive since 2009, and he is the CEO and Managing Partner of NuRock Soccer Holdings. Papadakis is a franchise attorney with four decades' worth of domestic and international experience.

A former player for the Atlanta Chiefs and Boston Minutemen, Papadakis had a long, successful career in the U.S. at both the professional and collegiate level. He helped Atlanta to a 1971 regular-season championship and Boston to a 1974 regular-season crown. Papadakis was a three-time, First Team All-American at Hartwick College (New York) and he also attended Ibero-American University in Mexico City before receiving his law degree at the University of Akron in 1976.

Papadakis' legal focus has been U.S. and European franchise transactions. He also has practiced in the area of commercial real estate, acquisitions, development, financing and leasing. He was the founder and first president of the Hellenic Franchise Association and holds affiliations with the Board of Advisors of International Quarterly, the International Franchise Association, the State Bar of Georgia, the American Hellenic Chamber of Commerce and the Board of Directors for the Hellenic American Institute in Washington, D.C.

Jake Edwards

USL President

Edwards has served as USL President since March 2, 2015, when he succeeded Tim Holt in this position. Edwards has played an integral role toward the league's long-term strategic plan, Destination 2020, which focuses on the USL's expansion, the launch of media and commercial properties, partnership with Major League Soccer and the important step for all USL teams to be situated in soccer-specific stadiums. Edwards oversees the 40-plus staff at the league's headquarters in Tampa, Fla., and the daily servicing of its 30-plus clubs.

Edwards joined the USL as the league's Vice President in 2013. The Manchester native is a former professional soccer player whose career spanned 11 years, mostly for England-based clubs as well as with the Charleston Battery, signing with the USL side in July of 2002.

Edwards played collegiately for James Madison in Virginia. After completing his MBA from Warwick Business School in 2009, while also serving as commercial manager for Solihull Moors Football Club, Edwards was hired by Octagon, the global sports sponsorship agency. Based in Octagon's London office, Edwards served as a business strategy consultant in the company's rights holder side of the business.

Justin Papadakis

USL Chief Operating Officer

Papadakis was named the USL President of Commercial Ventures in December of 2014 and in May of 2016 began his role as the league's Chief Operating Officer.

A former goalkeeper, Papadakis represented Duke from 2004-07, with one of his biggest highlights being a two-save effort during a penalty shootout to lift the Blue Devils past North Carolina to win the 2005 ACC Championship. The Roswell, Ga., native also had a strong youth career in the greater Atlanta region as well as abroad with Benfica FC in Portugal during his high school years.

Papadakis earned his juris doctorate in real state after attending the Cleveland-Marshall College of Law from 2011-15.

Robert Hoskins, Chairman
Alec Papadakis, Chief Executive Officer
Jake Edwards, President
Justin Papadakis, Chief Operating Officer
Court Jeske, Executive Vice President
Karen Gittens, Chief Financial Officer
Garrison Mason, Vice President, General Counsel
Lauren T. Mehta, Associate General Counsel
Brett Luy, Senior Vice President, League Operations
Dan Lohrs, Director, USL Championship Operations
Justen Braddock, Director, USL Championship Operations
Steven Short, Senior Vice President, USL League One
Casey Mills, Director, USL League One Operations
Lizzie Seedhouse, Senior Vice President, Digital & Content
Bradley D. Baker, Vice President, Broadcasting
Ryan Madden, Vice President, Communications & Public Relations
John Cochol, Vice President, Club Services
Josh Keller, Vice President, Business Development
Kelly Dohre, Director, Business Development
Matt Reda, Director, Business Development
Rachel Bukszar, Director, People
Matthew Calvo, Director, Creative Services
Vincent Wiskowski, Director, Digital Projects and Emerging Technology
Nick Papadakis, Director, Merchandising
Michael Cohen, Media Consultant

Matthew Fischer, Broadcast Coordinator
Kevin Pikus, Director, Finance
Dominic Colarusso, Associate, Business Development
Shannon Amely, Associate, Club Services
Nicholas Murray, Associate Director, Communications
Scott Stewart, Senior Manager, Communications & Public Relations
Sarah Cardamone, Manager, Communications & Public Relations
Matthew Reed, Coordinator, Communications & Social Media
John Arlia, National Writer
Kelsi Steele, Senior Manager, Social Media
A.J. Coleman, Manager, Social Media
Nina Cusmano, Coordinator, Social Media
Tania Kerr, Administrative Director
William Gillette, Manager, Finance & Accounting
Brittany Stolzenberg, Manager, Events
Jaime Austin, Graphic Artist
Sonjai Persaud, Graphic Artist
Angela Zangaglio, Graphic Artist
Augustus Rachels, Video Editor & Motion Graphic Designer
JB Allen, Jr. Video Editor
Clay Benjamin, Coordinator, Digital Assets
Adam Satz, Manager, Digital Network
Mark Hite, Coordinator, Digital Network
Wesley Roesch, Coordinator, Digital Network

RULES & REGULATIONS

DISCIPLINARY REGULATIONS

Disciplinary Powers

The USL shall have the authority to suspend, fine or disqualify players, team officials or competing clubs for violating league rules, or for any action or conduct not in the best interest of soccer or the USL. The USL hands down any final decision on a breach of rules.

The USL Disciplinary Committee

The USL Disciplinary Committee is charged with the responsibility to enforce the playing rules and allow for a competitive, but fair, environment for all teams to compete against each other. A panel of at least three USL staff members, consisting of the League Director, Operations Director and Referee Services Coordinator, shall conduct the review of critical disciplinary issues. An alternate League Director may be utilized in the event any of the three members above are unable to participate.

Disciplinary Process

USL disciplinary issues (including all send-offs) reported by the Referee shall be reviewed by the USL Disciplinary Committee via match videos, official reports, individual accounts and other pertinent information. Depending on the timeliness of the reports and match videos, the Committee will make every effort to rule on all cases from the preceding week and issue these rulings by Monday of each week.

Every disciplinary incident shall be reviewed to ensure that players are not over-penalized, either by the number of matches served or fines. The USL has the authority and reserves the right to levy additional suspensions or fines (above the minimum for that type of infraction), if a review of the incident warrants such action.

The USL Disciplinary Committee may act in contravention of a referee's ruling on the field when a play, or the consequences of a play, are of an egregious or exceptional nature. The USL Disciplinary Committee is the body that deems whether or not an incident undergoes a formal review by the Independent Disciplinary Panel.

Independent Disciplinary Panel

The Independent Disciplinary Panel is comprised of three outside members, consisting of a former professional coach, a former professional referee and a former professional player. This panel is charged with the responsibility of reviewing any disciplinary matters deemed worthy of increased disciplinary measures (i.e. escalating a yellow card to a red card). Any disciplinary decisions rendered by the Independent Disciplinary Panel will be final and cannot be appealed. A unanimous decision must be reached in order for any discipline to be escalated by the panel.

Disparaging Comments

Players, coaches and team officials may not disparage referees, referee decisions, league disciplinary decisions or the league in team press releases, press conferences or in quotes provided to the media which includes social media platforms. Fines will be levied accordingly based on the nature, severity and context of the comments made. Suspensions could also be levied for very serious comments.

Serving Suspensions During the Regular Season

Any player and/or coach sent off/dismissed during a regular-season game will be fined (min. \$100 for player and min. \$500 for coaches) and will be suspended from the next league regular-season game. A person who serves as both player and coach may not return as a player or a coach until the suspension has been served. The USL Disciplinary Committee reserves the right to assess further or limited penalties depending on the severity of the incident.

The penalties set forth shall apply to all cards awarded to a player in any USL match. For the purposes of determining accumulations and game suspensions, any games that count as part of a team's official league schedule shall be utilized.

Exhibition Game Send-off

Any player and/or coach sent off/dismissed in an exhibition game shall serve a suspension during the team's next exhibition game.

Final Regular Season Game Send-off

Any player sent off in a final regular season match must serve the suspension in the first playoff match, unless the season is over, in which case the suspension will be served in the team's first league game the following season.

Coach/Staff Cautions and Ejections

Referees, at their discretion, may warn or dismiss coaches and team staff for unprofessional behavior. Any coach or other team staff member not acting in a professional manner in the opinion of the League, whether or not the incident is reported in the Referee Game Report, shall be subject to a minimum \$500 fine and/or suspension. Referees are instructed not to physically show a red card to non-players, although they may require the removal of coaches and team staff in accordance with Rule 647 for unprofessional behavior at their own discretion.

Suspension Parameters & Restrictions

Any manager, coach, assistant coach, athletic trainer, player or other official bench personnel is prohibited from assuming any official duty at or near the team bench while serving a suspension. Any athletic trainer sent off during a match should remain in the locker room area through the end of the match and may only return to the pitch at the request of the Referee in the event of an emergency. Any infringement of this rule or the restrictions below may result in the forfeiture of the game and include a fine for each infraction. The following restrictions apply:

Pre-Game

Suspended personnel are allowed to communicate pre-game information to the team in the locker room prior to the match. However, they are not allowed on the field during warm-ups and may not stand or in any way be in close proximity to the field of play.

In-Game, Including Halftime

Field Access: At no time during the game are suspended personnel allowed on or around the field of play.

Communication: There is to be no direct or indirect communication whether written, verbal, cellular or electronic to any other coach, player or staff member on the team bench.

Stadium Seating: The suspended personnel must sit in the press box or in some location other than in the stands. The suspended person is not permitted to sit in the stands as a “spectator.” If it is not possible to sit in the press box, then they are prohibited from attending the match.

Locker Room Access: The coach/staff member is not allowed to be in the locker room at any time during halftime.

Post-Game

The coach/staff member may join their team in the locker room, but not on the field of play or its surrounding areas.

Extending a Suspension

In any case, the USL reserves the right to impose suspensions beyond any of these parameters for offenses deemed to be particularly violent and against the spirit of the game. This can be imposed regardless of whether a send-off occurred.

League Disciplinary Point System

The USL has the authority to discipline players, coaches, and/or team personnel based upon the USL disciplinary regulations in accordance with FIFA and the respective National Federation.

Penalty Points

All cautions/yellow cards will account for one point and send-offs/red cards will account for two points. Any player receiving two cautions in one match, which results in a send-off, will receive one point for the first caution and one point for the resulting send-off for a total of two points. Any player receiving one caution and one red card in a match, which results in a send-off, will receive one point for the caution and two points for the send-off for a total of three points. Send-offs/red card suspensions must be served the following game in which the team participates.

Player Caution Accumulation

Players exceeding the caution accumulation penalty point plateau(s) will begin serving their suspension in their next match. If a player receives two cautions in one match, these cautions will not count toward a player’s caution accumulation total. The USL also reserves the right to reevaluate player accumulation plateaus for player eligibility rulings, including playoffs, with the reserved power to postpone suspensions to the following season.

Players accumulating the following number of caution/yellow cards throughout the season will be sanctioned as follows:

Five cautions: one-game suspension and \$200 fine

Eight total cautions: one-game suspension and \$300 fine

11 total cautions: two-game suspension and \$400 fine

14 total cautions: three-game suspension and \$500 fine

Caution accumulation suspensions can only affect regular-season games. For those players who reach a caution accumulation suspension at the end of the season that suspension will not be implemented in any potential playoff games that season. Accumulations will be wiped clean at the end of the season. If a player exceeds 14 cautions in a season, the league reserves the right to fine and suspend the player at its discretion.

Good Behavior Incentive

A player will automatically reduce his yellow card accumulation total by one yellow card each time he appears in five consecutive league games without a card or supplemental discipline. For clarity, a player cannot have a negative yellow card accumulation total; the Good Behavior Incentive reset can only reset to a zero-card total. This incentive will be automatically applied a maximum of three times through the course of the USL season.

For example, a player on his third caution of the season appearing in five consecutive league matches without receiving a card or supplemental discipline removes one (1) caution from his cumulative total, leaving the player with a total of two. This player now has two remaining Good Behavior Incentive opportunities for the 2018 Season. If that player completes five more consecutive league matches without receiving a card or supplemental discipline, one more caution is removed from his cumulative total leaving the player a total of one caution and one more Good Behavior Incentive opportunity.

Staff Send-off Accumulation

Any coach accumulating the following number of ejections, will be suspended and fined as the following:

First Send-off: coach will serve a one game suspension and will be fined minimum of \$500

Second Send-off: coach will serve a one game suspension and will be fined minimum of \$1,000

Third Send-off: coach will serve a two game suspension and will be fined minimum of \$1,500

*Note that the accumulation is an aggregation of all dismissals of the club’s staff (i.e. the first individual dismissed is punished under the “First Dismissal” guideline, the second individual dismissed is punished under the “Second Dismissal” guideline, etc., even if the first party dismissed and second party dismissed are different individuals)

Suspension During USL League One Playoffs

Any player and/or coach who is sent off during the USL League One Playoffs will be suspended from the next playoff game, unless the season is over, in which case the suspension will be served in the team’s first league game the following season.

RULES & REGULATIONS

Major Game Misconduct

In addition to the penalties set forth above, major fines or suspensions, at the sole and absolute discretion of the USL Disciplinary Committee, shall be levied against players (whether or not they were awarded a card by the referee), coaches or other team staff for conduct including, but not limited to: fighting, provoking a fight, criticizing game officials with words or gestures, entering the game officials' locker room, physical contact with game officials separate from referee assault, using excessive force, deliberate attempts to injure, spitting, provoking crowd disorders, profane language that can be heard by the crowd or broadcast audience, obscene gestures, racist, homophobic, or derogatory comments, improper conduct during the national anthem, taunting, abuse of spectators and others, failure to leave the field when instructed by the Referee to do so, improper conduct following the award of a card, excessive delay tactics, excessive and obvious feigning of injuries, or other unsportsmanlike conduct detrimental to the USL and the sport of soccer in general. The league may levy fines and/or suspensions for such behavior whether or not it is reported in the Referee Game Report.

Game Official Assault or Abuse

In addition to enforcing the mandatory sanctions from USSF Policy 531-9, the USL may impose additional fines and/or suspensions.

USSF Fine for Serious Incidents

The U.S. Soccer Federation has the power to impose fines for any incident bringing the game into disrepute within the league.

Red Card and Second Yellow Card Appeal

Within 24 hours after the completion of a match a team may request a review of a red card or the second yellow card if a player receives two yellow cards in a match to rectify a case where a serious and obvious error has occurred. An independent panel of three people made up of one representative from the USSF, the CSA, and PRO will oversee the appeal. The panel must unanimously agree to overturn a red card or second yellow card for the appeal to be successful.

Suspension and Fine Appeal

Within 24 hours after the USL distributes its Weekly Discipline Report, a team may appeal a suspension and/or fine that is greater than one game or \$100, unless the established minimum fine and suspension exceeds those amounts. The USL must receive the appeal in writing via email. The appeal must be state why the team feels the punishment is not appropriate, and it must provide supporting evidence to support its position.

Within 48 hours of receiving the appeal the USL shall hold a call to determine the appeal. The USL shall convene the Independent Disciplinary Panel to decide the appeal. The panel will review the video of the incident prior to the appeal. \$500 is due to the USL in order to conduct an appeal, but if the appeal is successful, then the \$500 will not be invoiced.

Cross League and Competition Suspensions

Players joining the USL (on loan or through transfer) may be subject to any suspension that has been levied by other competitions. The USL shall determine if it will permit a player who receives a red card or other supplemental discipline in another competition for an egregious act to play in USL matches. As per USSF policy, supplemental discipline issued for referee assault/abuse shall preclude the suspended individual from participating in any soccer competition until the suspension has expired.

Players who are suspended in any cup competition such as the Lamar Hunt U.S. Open Cup, Canadian Championship or CONCACAF Champions League are not automatically suspended in the USL. The USL will independently review the action and suspension and have the right to implement supplemental discipline in the USL Disciplinary Committee, if it determines the player's behavior was deemed to be egregious.

Master Roster

23-Man Game Day Player Pool – All players must be rostered (i.e., registered with the League and Federation) prior to their inclusion in a Team's 23-Man Game Day Player Pool. Suspended players cannot be included in the 23-Man Game Day Player Pool. Should a player be successfully rostered (provided all registration paperwork and ITC cleared before the applicable match registration deadline) and fall within the 48-24 hour window, they may be added to the 23-Man Game Day Player Pool; however, the change will be subject to the opposing team's approval in accordance with Master Roster Guidelines.

The Master Roster consists of up to 30 Active Players and is the official player roster of the team as set by the USL. Inactive Players do not count toward a team's Master Roster.

A maximum of seven players on the Master Roster may be International Players, pending the trade or sale of international roster spots.

A professional team must carry 12 or more professional players on its Master Roster. Players loaned from leagues other than MLS with no right to recall count toward this minimum.

Active Players consist of properly registered players on USL contracts and players in on loan and Academy Players whose the team has indicated are to be active. Players who are signed to a USL Standard Professional Player Contract and are not in on loan can only be active on the roster.

Teams are required to submit their 23-Man Game Day Player Pool of players that are available and active for a match 48 hours prior to each match. Between 48 and 24 hours prior to the match, any change to that Game Day Player Pool must be approved by the opposing team and the league. There will be no changes allowed to 23-Man Game Day Player Pool less than 24 hours prior to a match. Failure to submit the 23-Man Game Day Player Pool 48 hours prior to the match will result in a minimum fine of \$500. If a player not included on the 23-Man Game Day Player Pool appears on the Game Day Lineup, it will result in a minimum fine of \$1,000. All appropriate parties must be included on the correspondence for the standard to be met. All aforementioned times are subject to change in accordance with the best interests of the game and in the spirit of the intent of this rule in the League's absolute discretion. The League reserves the right to override approvals or denials of the opposing team.

No player may be simultaneously active on the Master Roster of two separate teams in two different leagues. The only exception to this rule occurs if a player has been listed as active on a USL team's 23-Man Game Day Player Pool, which is submitted to the League no later than 48 hours prior to the match. In such an instance, a player may remain active in both systems. Any player that does not meet this exception must be listed as inactive in the USL registration system to participate on a separate team in a different league. No player may be listed on the active roster for two separate teams in two different leagues on the same day. Failure to meet this standard will result in a minimum fine of \$500.

Inactive Players can only consist of players out on loan, in on-loan, or Academy Players who the team has indicated are to be inactive. Inactive Players do not count against a team's International Player limit.

Academy Players

In addition to the 30 Active Players allowed on the Master Roster, a team may have up to five active Academy Players which do not count against the 30 players on the Master Roster and are allowed to participate in all competitions. After the first five Academy Players rostered, Academy Players will count against the Master Roster. To be considered an Academy Player, all of the following must be in place:

Player is under the age of 21 as of the official start date of the current season,

Player cannot compete (or have ever previously have competed) in any NCAA or NAIA university or college soccer program, and

Player has never been signed or registered as a professional soccer player as recognized by FIFA.

The Academy Player must play for a club that conducts its activities (home games and/or training) within the team's franchise territory or play for a club which has a documented affiliation with the team. In the latter scenario, the affiliated club outside the territory of the team must not be in the territory of another USL team and the team must register all documented affiliate clubs with the League Office prior to the season or upon completion of the affiliation agreement. Additionally, teams with MLS affiliations can use the Academy Players of their MLS affiliate. Academy Players do count against a team's maximum of seven foreign players. Academy Players must be registered as an amateur with the USL team or its formally-recognized MLS affiliate. Teams may make Academy Players active or inactive on the Master Roster. Inactive Academy Players do not count towards the roster maximum or the international player maximum. A player cannot sign more than 1 USL Academy Player contract per season. There cannot be more than five Academy Players listed in the Game Day Lineup.

Master Roster Changes

Whenever a team makes a change to its master roster, notification must be sent via email to the USL. Changes are not approved until the USL confirms via email.

Master Roster Freeze

No team will be allowed to sign, receive a player on loan, change a player's active/inactive status, and/or replace players after the Roster Freeze date. All trades, transfers and/or loans between teams must be finalized and approved by the USL prior to this time. The USL will not allow "deals in progress" or "extensions" to go beyond the deadline for any reason.

The date of the Roster Freeze is Sept. 6, 2019, at 5 p.m. ET.

Any MLS player legitimately on the final Master Roster of a USL team at the time of the Roster Freeze date will be permitted to compete for the USL team for the rest of the season, regardless of whether or not that player is subsequently traded or transferred to another MLS team. In this instance, it is possible that a newly executed loan agreement would be required by the USL. However, if a player is sold or released from his contract with MLS, this will terminate the player's loan with the USL team.

Any outfield player on loan from another league must play a minimum of five games during the regular season to be eligible to play in the USL League One Playoffs. One of these games must occur prior to the roster freeze date. This standard does not apply to goalkeepers.

Any player who is sold to an MLS team after the Roster Freeze deadline may rejoin the USL team on loan for the remainder of the season, as long as he assumes the spot on the roster he vacated when he was sold by the USL club. As long as the player played in a minimum of five games during the season, either prior or after being sold, he is eligible to play in the USL League One Playoffs.

SPECIAL EXEMPTION (GOALKEEPERS): In the unlikely event that a team is reduced to a single "available and healthy" goalkeeper due to National Team call-up or medically-verifiable injury, the team may petition the USL in writing to be permitted to add a backup goalkeeper to their Master Roster. This may only be done in the event that at least two eligible and healthy goalkeepers are under contract with the club, participating in regular team activities, not on loan with another team, and listed on the final Master Roster submitted at the time of the Roster Freeze date. This backup goalkeeper will be permitted to remain on the team's roster until such time that one or more of the originally rostered goalkeepers becomes available and is able to compete. The USL will have the power to reject the addition of a goalkeeper in this situation if it feels its primary intent is to create a competitive advantage.