

# UNITED SHORE PROFESSIONAL BASEBALL LEAGUE BASEBALL OPERATIONS



The value of the United Shore Professional Baseball League exists in our commitment to provide a unique developmental system to players who may have been overlooked or may need one to two additional years to refine their skill set in order to become a Major League Prospect.

As Director of Baseball Operations, I'm committed to continually building, implementing, and executing a developmental system that is proven to increase the skill sets of our players and make them legitimate Major League Prospects. In our first three seasons, our developmental system has produced tremendous results.

Our results are not the work of one person but an entire staff that dedicates their time to the overall improvement of our players. The staff for all the teams in the USPBL collaborate for the benefit of the players. By design, each member of our staff brings a unique skill set to influence our player development on a daily basis.

The knowledge and skills of our staff have had a significant impact in a short period due to how the league is structured. With fewer games and more practices, we create more time to refine and improve the skills of our players. Learning a new skill takes time, and we strive to create an atmosphere that embraces change and allows a player time for the transition to manifest into the game.

The USPBL will continue to revolutionize the way the game is played and practiced. Every year we will assess our efficiency and look to make improvements for the next season. Every player walks down a path towards failure or success in this game. The USPBL wants to give our players the tools and guidance to make sure the path is directed towards success and fulfilling their true potential.

Justin Orenduff

Director of Baseball Operations  
United Shore Professional Baseball League



## MISSION

To identify an untapped market of very high performing college seniors passed over by Major League Baseball along with players released by MLB Organizations and work with them to improve their skill set. Our proprietary development programs are designed to position our players for success at any level of baseball.

## PROCESS

1. Evaluate player deficiencies.
2. Create a plan that accelerates player development.
3. Demonstrate our development system is improving player skills.
4. Aggressively market players to MLB Organizations.

## DEVELOPMENT TOOLS

We utilize the knowledge and skill of our baseball staff together with the resources and technology provided by tools such as the Delivery Value System (DVS) and FlightScope.

DVS offers a proprietary method to evaluate a pitcher's mechanics (DVS Score), an arm cerw system built to increase shoulder motion, and a throwing program that prescribes safe throwing distances, soreness protocols, and stresses the repeatability of mechanics. DVS was recently published in *Orthopedics* medical journal for its research into the pitching delivery. The research of the DVS Scoring System, aided by Duke University orthopedic surgeons, proved to predict injury risk in professional baseball pitchers using a statistical model based on a video analysis evaluating delivery mechanics in a large population. Over the last three seasons, the USPBL has had exclusive use of the DVS System to give pitchers the opportunity to improve performance and eliminate injury risk. Since using the DVS System, pitchers in the USPBL have combined to throw over 4,500 innings with just one major-throwing related injury in three seasons. Every year the pitchers in the league have increased their average fastball, going from 1.04 MPH to 1.40 MPH, and improving that to 1.46 MPH in 2018.

FlightScope allows the USPBL to establish benchmark metrics of our players and track their progress over the course of the season. All players in the USPBL are able to track how they are progressing concerning the most valuable performance analytics.



Chris Dula sets  
USPBL record with  
102 MPH fastball

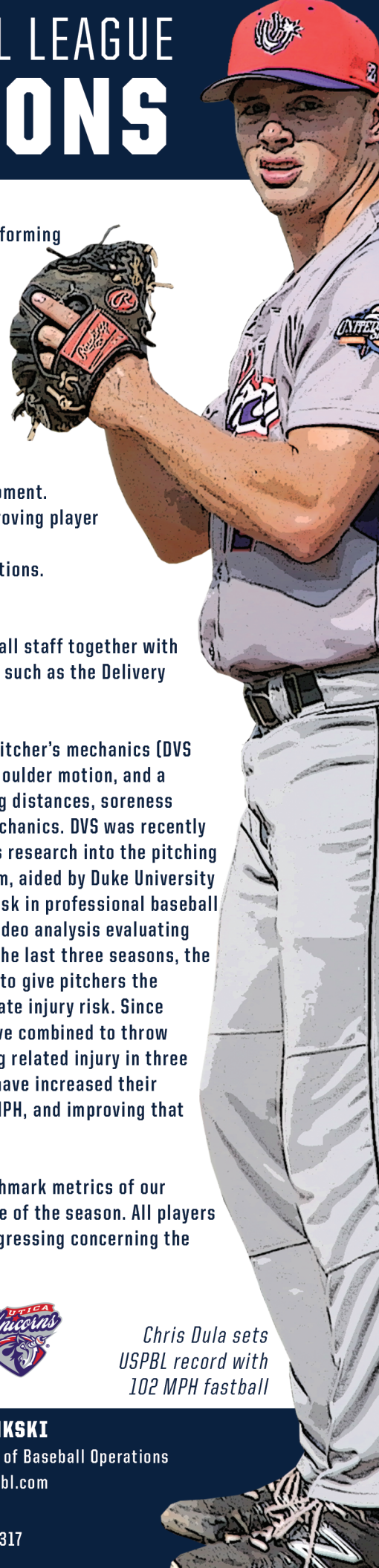
## JUSTIN ORENDUFF

Director of Baseball Operations  
Jorenduff@uspbl.com

## MIKE ZIELINKSKI

Deputy Director of Baseball Operations  
Mzielinski@uspbl.com

BaseballOperations@uspbl.com | (248) 601-2400  
Jimmy John's Field | 7171 Auburn Road, Utica, MI 48317



"Playing in the USPBL was a game changer for me because it gave me another chance to keep playing baseball, when it was looking like I was done for good. Between the coaches and working with Justin Orenduff on my mechanics and lower half movement, I became a whole new pitcher from when I got here to when I left. If I had not come to the USPBL, I probably would be done playing baseball and not where I am today. I am very thankful for the opportunity."

- **Cody Brown, RHP Utica Unicorns - Seattle Mariners**

"Getting the opportunity to play in the USPBL is something special to me. Having the chance to play baseball beyond college is something every kid dreams of doing and I got the chance to live it. Throughout my time here, I've learned even more about the game and how I can become better as a person and as a player, pushing myself to my limits. The players, coaches, and staff in the USPBL are top notch and I could not have asked for anything more. This is something I will always cherish and I am extremely excited about what my future has in store for me."

- **Randy Dobnak, RHP Utica Unicorns - Minnesota Twins**



### **TYLER PALM**

Signed by Minnesota Twins and led Elizabethton to Championship, posting 45 strikeouts and just 11 walks in 51 innings pitched.

### **KEVIN MARNON**

Signed by Minnesota Twins and promoted to High A Ball tallying 3 saves and striking out 21 in 28.1 innings pitched.



"I showed up to the USPBL and did not know what to expect. Every day I tried to get better and if it wasn't for Duff (Justin Orenduff), I wouldn't be where I am right now with the Brewers. The USPBL showed me how to take care of my arm in ways I never knew possible."

- **Logan Gillaspie, RHP Diamond Hoppers - Milwaukee Brewers**

"The USPBL has been an incredible experience, from the facility to the staff at Jimmy John's Field, I could not have asked for a better opportunity. I will be forever grateful for the chance that Andy Appleby, Justin Orenduff and Jim Essian have given me. They allowed me to continue my baseball career, and helped get me signed by the Minnesota Twins organization. I'm excited to see what this new chapter brings but I will never forget my time as a Utica Unicorn."

- **Taylor Grzelakowski, C Utica Unicorns - Minnesota Twins**



### **TAYLOR GRZELAKOWSKI**

Signed by Minnesota Twins and became an All-Star in High A with 8 home runs, 40 RBI and a .298 batting average.

### **EVAN PIECHOTA**

Signed by Pittsburgh Pirates and went 3-0 with 49 strikeouts in 45.1 innings pitched before being promoted to High A.



"After the draft and college baseball, I wasn't sure where I would end up continuing my career. Fortunately, the USPBL gave me a chance to do that. The competition was very solid. The managers pushed and cared for us as players and gave us the tools to be successful. I wouldn't be where I am today without the USPBL."

- **Greg Jones, C Utica Unicorns - Colorado Rockies**

"I want to thank the USPBL for giving me the opportunity to continue my career and get showcased to affiliated scouts. I can't thank Mr. (Andy) Appleby, Justin Orenduff, and Skip Johnson (Jim Essian) enough for believing in me. I could not have achieved this without the help of the USPBL and the work Mr. Orenduff put in with me."

- **Jesse Stinnett, RHP Utica Unicorns - Colorado Rockies**

**SPRING OPEN TRYOUT:** April 17-19, 2019

**COLLEGE SENIOR SHOWCASE:** June 9-10, 2019

FOR MORE INFORMATION PLEASE VISIT [USPBL.COM](http://USPBL.COM)

1.04

INCREASE IN PITCHERS  
AVG FB IN 2016

1.40

INCREASE IN PITCHERS  
AVG FB IN 2017

1.46

INCREASE IN PITCHERS  
AVG FB IN 2018

26

PLAYERS SIGNED TO A  
MLB ORGANIZATION

100+

YEARS COACHING AND  
PLAYING EXPERIENCE AT  
THE MLB AND MILB  
LEVEL

1

MAJOR THROWING  
INJURY IN OVER 4500  
INNINGS PITCHED