



## OLD GLORY DC vs NOLA GOLD

WEEK 13

Saturday, June 12th, 2021 at Segra Field

### Gameday Rosters

Head Coach Andrew Douglas names his 23-man squad for today's home match.

### Game Day Preview

Read Evan Lappen's match preview ahead of the Old Glory DC v NOLA Gold kickoff.



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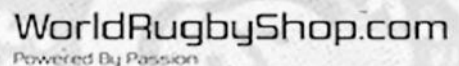
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The Road to Glory  
Podcast

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# THANKS TO OUR 2021 SEASON PARTNERS!



# 2021 SEASON SCHEDULE

WEEK	DAY	DATE	OPPONENT	TIME	SCORE
					HOME - AWAY
1	SUN	MARCH 21	at NOLA GOLD	4 PM	26-26
2	SAT	MARCH 27	RUGBY ATL	5 PM	30-23
3	SAT	APRIL 3	TORONTO ARROWS	5 PM	19-40
5	SUN	APRIL 18	at RUGBY UNITED NEW YORK	2 PM	38-34
6	SUN	APRIL 25	NEW ENGLAND FREE JACKS	3:30 PM	35-22
7	SAT	MAY 1	at LA GILTINIS	8:30 PM	47-17
8	SAT	MAY 8	at UTAH WARRIORS	9 PM	34-33
9	SUN	MAY 16	SEATTLE SEAWOLVES	12 PM	22-18
10	SAT	MAY 22	at HOUSTON SABERCATS	8 PM	13-21
11	SUN	MAY 30	RUGBY UNITED NEW YORK	1 PM	46-10
12	SUN	JUNE 6	at NEW ENGLAND FREE JACKS	4 PM	38-34
13	SAT	JUNE 12	NOLA GOLD	5 PM	
15	SAT	JUNE 26	at RUGBY ATL	8 PM	
16	SUN	JULY 4	at TORONTO ARROWS	6 PM	
17	SAT	JULY 10	SAN DIEGO LEIGON	5 PM	
18	SAT	JULY 17	AUSTIN GILGRONIS	5 PM	

BYE WEEK: WEEK 4 AND WEEK 14 / SUBJECT TO CHANGE



# LETTER FROM THE OWNERS

Old Glory Nation –

How very quickly time passes and things change.

Fewer than four months ago, we had no certainty that we would be able to play any of our MLR 2021 season games, or that we would be able to allow any fans to enjoy the experience with us in person. In fact, Old Glory lost our whole pre-season to COVID-related cancellations, and most of our regular season until now has been played in front of heavily restricted crowds.

Today, MLR has played every single game scheduled for the 2021 season to date, and Old Glory is hosting its home matches at Segra Field with no restrictions on capacity. We are not only playing every scheduled game and working to fill our stadium to its 5,000-seat capacity, but we have also returned to our tradition of a full event day, providing entertainment for both hard-core rugby fans and entire families new to the game, from our kids' zone games to culturally-themed events like Pacific Islanders Day, to the highest quality of rugby ever played in North America.

We must acknowledge honestly that Old Glory has experienced its challenges along the way. Following a 4-1 COVID-shortened 2020 season, we now face the final five games of the 2021 regular season standing in the lower half of the Eastern Conference table and with a playoff position distant -- but not entirely out of reach.

It is now – when we have fought our way through the worst conditions that a pandemic and economic crisis could throw at us, , as an organization and as a team – that we need our fans most. Over the last year, the sporting world has been reminded that fans are the most important ingredient to a sporting event. The game and atmosphere are not the same without you. Old Glory is known throughout MLR for its raucously supportive home crowd and the home field advantage that results. Now is when we appeal to you, for our final three home games, to come out and support us in force.

For the next three games – June 12 vs NOLA, July 10 vs San Diego, and July 17 vs Austin – come and support Old Glory. Come out and cheer your home team to victory. Return to participate in the rugby community of the Mid-Atlantic. Or perhaps come out and support a new discovery for you – the most exciting new professional sport in Greater Washington.

Help us return to Glory. We look forward to seeing you at Segra Field!

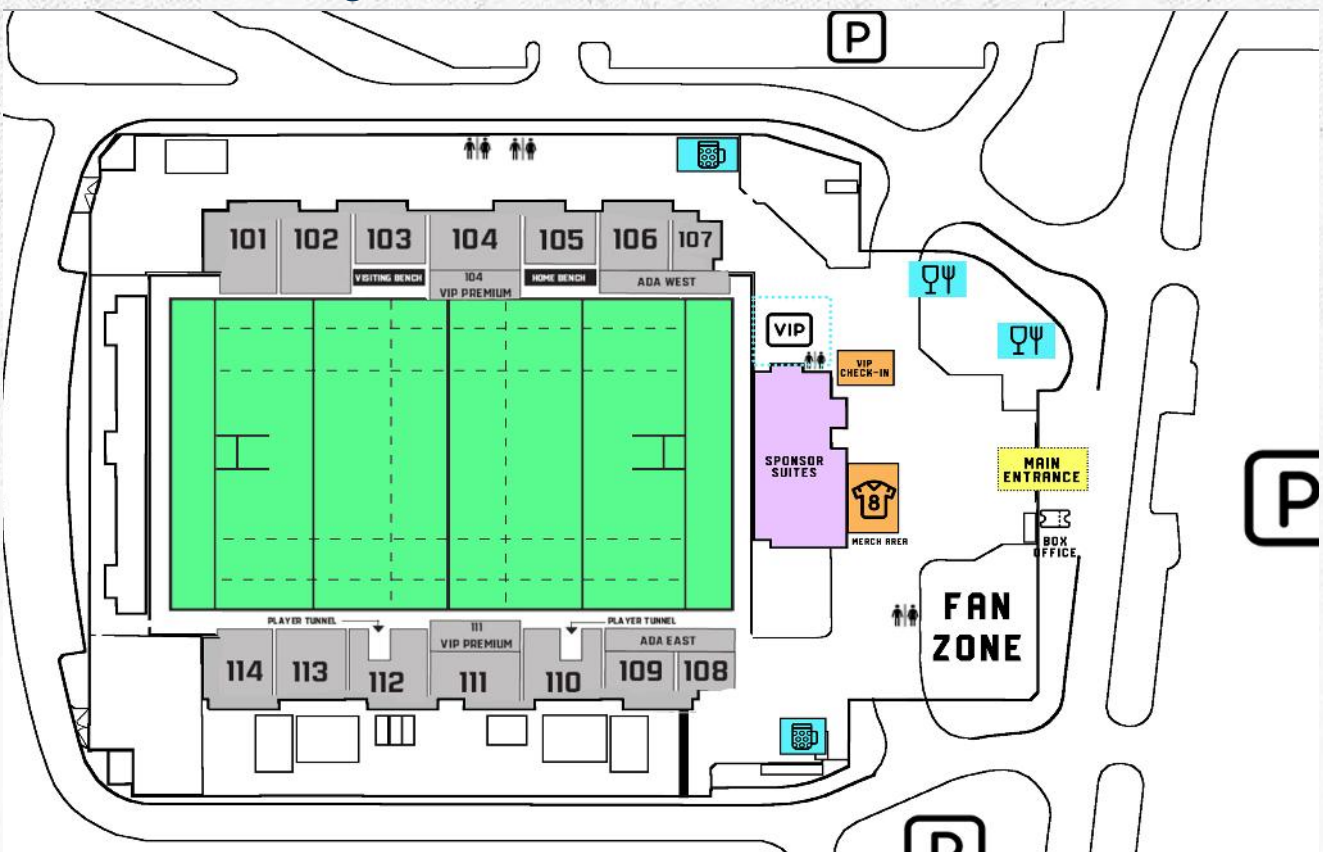
Chris Dunlavey and Paul Sheehy

# GAMEDAY INFO



Old Glory DC is proud to call Segra Field in Loudoun County home during the 2021 Major League Rugby Season. The stadium is still under renovations for the next few weeks and we kindly ask you to excuse our mess for the next few games. As we refine our skills on the pitch, we are working to refine our game day experience in our new home.

**There are new guidelines in place this season at Segra Field. Please review the whole guide at [our website](#).**





# GAMEDAY ACTIVITIES

## **Curtain Raisers**

Old Glory is excited to welcome a curtain-raiser to tomorrow's match. Come at 3 PM to watch Loudoun Rugby take on Maryland Exiles!

## **Meki's Tamure Polynesian Arts Group**

We are honored to host Meki's Tamure Polynesian Arts Group at this weekend's match! Find them on the concourse to take an exciting imaginary tour of the Polynesian Triangle which is formed by connecting New Zealand, Hawaii, and Easter Island, through dance!

## **Merchandise Offers**

We will have our Pacific Islander merchandise on sale at the merchandise table this Saturday, be sure to stop by and pick up this limited edition Old Glory apparel while supplies last.

## **Return of the Kids Zone**

Kids will have their own area to learn about and explore the game of rugby, play games, get their arms or faces painted, and make signs to show their support of our players! This Saturday, we are excited to be able to bring back our fun inflatables!

## **Expanded food options**

With our ability to bring in more people to each match, we will now be able to expand our food opportunities throughout the concourse.

## **Return of the Beer Garden**

Situated near the Sheehy Showcase area by the north try zone, we will be bringing back our popular beer garden area. Enjoy a drink with your mates in the shade of the tents while you watch the match!

## **Halftime events**

We are honored to continue our efforts to grow the sport of rugby by hosting several local youth clubs for OG Halftime Minis once again!





## UPDATED MASK POLICIES

Segra Field officials have announced an update to the stadium's mask policy to align with the latest guidance provided by the Centers for Disease Control and Prevention (CDC) and Virginia Department of Health.

Beginning on Sunday, May 30, guests attending any sport or entertainment event who are fully vaccinated – meaning 2 weeks after the second dose in a two-dose series, or 2 weeks after a single-dose vaccine – will have the choice to not wear a mask. Guests who are not fully vaccinated will continue to be required to wear a mask at all times except when eating or drinking in their seat.



# **2021 Old Glory Season SINGLE-GAME TICKETS AVAILABLE**



**PURCHASE TICKETS NOW**

## **SINGLE-GAME TICKETS ARE NOW ON SALE!**

Old Glory DC is excited to announce that we will open for full capacity for the remainder of the 2021 Major League Rugby season at Segra Field, starting May 30th during our Week 11 match against Rugby United New York. Season ticket holders will be moved back to their chosen season seating locations and single-game tickets are now available for purchase for games on June 12th, July 10th, and July 17th.

We thank our season ticket holders, supporters, and partners for their continued support throughout the pandemic and first half of the season and we are excited to welcome the entire DC, Virginia, and Maryland community to experience our game days and the best sport in the world!



# WELCOME HOME TO SEGRA FIELD!



**Andrew Douglas**  
Head Coach

“

It is a beautiful turf pitch, and having 5,000 fans right alongside the touchline will create a great atmosphere. To have a pitch that allows us to play a wide, expansive game is exciting for players .







### **A new place to call home**

Segra Field, which is located in Leesburg, Virginia, will offer Old Glory's fans the best possible presentation of the sport of rugby, from the properly dimensioned, top-quality turf field, to the clear sight-lines, comfortable seating, and festival-like match day experience that Old Glory fans have come to expect, with activations, a beer garden, and kids' play zone.



# WEEK 13 PREVIEW AGAINST NOLA GOLD

## Old Glory in Battle for Playoff Hopes Against NOLA

**Written by Evan Lappen**  
**Photos by Paris Malone**

With five games left in the season, Old Glory DC is under pressure to make the MLR Eastern Conference playoffs, and it all starts with NOLA Gold on Saturday. At Segra Field in Leesburg, Va., OGDC needs to put aside the disappointing results of the last two weeks and show the DC faithful the pride and glory of rugby in the Nation's Capital. The Gold is the top contender in the East and is coming off a brutal one-point loss in their final home game of the season. Kickoff is at 5:00 pm, and the game will be broadcast live on NBC Sports Washington and the Rugby Network.

Last weekend, After falling behind versus New England on the road, Old Glory fought hard and strong for 80 minutes but, ultimately, didn't have enough to make that final connection to win the game.



"It was a kicker," Mike Dabulas said. "A lot of opportunities that we missed out on. As it has happened all season, we started slow. We start battling, trying to figure it out, get ourselves in a hole too quickly, and have to dig out. Starting quick and fast is something we really need to do better on and then capitalizing on opportunities."

The slow start has been a focus for the team, and the solutions begin with personal accountability. "It comes back to individuals getting themselves ready for that game," head coach Andrew Douglas stated. "We're doing nothing different from what we did last year. It's individual accountability, and we have to be there ready to go when the time comes. We need to learn to switch on and be ready to play."

Part of that is the absence of key players that the coaching staff hopes to have on the pitch soon. Jamason Fa'anana-Schultz will be serving the final game of his suspension this

weekend, while Mungo Mason and Thretton Palamo will be tested this week to gauge if they are game-ready. Unfortunately for Doug Fraser, he left the game early against New England and is in the concussion protocol this week. S

aturday's match versus NOLA is paramount for an end-of-the-season run. At a record of 5-4-1 and fourth place in the East, the Gold is four points away from the conference semifinal. Last weekend's 8-7 loss in its final home game was a blow; however, with the remainder of their schedule on the road, NOLA will be desperate to show they can win away from the Gold Mine.



## "We haven't had a real big crowd since last year, and we didn't lose a single home game"



Old Glory and NOLA have a history together, starting with a 46-13 defeat last year and then a 26-26 draw to begin the 2021 campaign. The Gold has always been a difficult test for DC, but this weekend is the first time they will be at Old Glory's house.

"We had to match them physically in that first game," Douglas indicated. "It was our most physical performance, and we have to do that again. Our set-piece was pretty good last time, and we have to be conscious of that again because NOLA generates everything off their set-piece. If we take that away from them, it will certainly be easier for us. We have to start better in this game because you can't give NOLA 12 or 17 points like we did against New England and expect to come back. They are too good of a team for that."

NOLA's set-piece was efficient in its first game against DC and has only improved since. 19 of the Gold's 30 tries have been scored off of its set-piece with 17 coming from the lineout. NOLA leads the league in successful lineouts (86.2%) and is the best in the MLR with winning 97% of its scrums.

"[NOLA's] front row has been really strong," Douglas said. "The Irish hooker, Pat O'Toole, has come on and played really well lately. Matt Harmon and Dino Waldren are hurting, having been cut from the USA squad, so they will have a point to prove. Obviously, their midfield is quite dangerous with [JP] du Plessis, and the Argentinian winger (Julián Domínguez) is big and strong, and he beats a lot of people one-on-one."

When you throw in the back row of Cam Dolan, Moni Tonga'uiha, and Andrew Guerra combined with Damian Stevens, Timothée Guillemain, and Juan Capiello in the backline, you have a potent



lineup on offense and defense.

The advantage for Old Glory this Saturday will be returning to the friendly and boisterous confines of Segra Field. NOLA is 0-2 on the road, and OGDC will need every bit of energy and confidence from the home crowd.

"We haven't had a real big crowd since last year, and we didn't lose a single home game," Dabulas said. "I think it's mainly because of that crowd. Having a big crowd at Segra this weekend is going to be massive for us."

"We got to show our fans a lot of respect because we didn't perform for them at home against New York," Douglas added. "I thought we were very poor and very disappointing to put that performance in front of our home fans. It would be nice to put on a really good performance for our fans at home and give them back the respect they deserve."

Old Glory won't say this is a must-win game, but if it wants to celebrate victory and play meaningful rugby at the end of July, DC needs to play angry and with purpose.

"We got to play a little pissed off," Dabulas concluded. "Losing those close games is pretty frustrating, to say the least, and I think we need

to play with a chip on our shoulder now. They are a top seed, it's a conference game, and we're pretty close to them. If we want to stay in this thing, we have to win this game."





POWERED BY  IRON VINE SECURITY

# STARTING

 <b>1 JAMIE DEVER</b>	 <b>2 JAMES KING</b>
 <b>3 STEVIE LONGWELL</b>	 <b>4 TEVITA NAQALI</b>
 <b>5 STAN SOUTH</b>	 <b>6 CALLUM GIBBINS</b>
 <b>7 MUNGO MASON (C)</b>	 <b>8 JOSH BROWN</b>

**June 12th // 5:00 PM ET**  
Segra Field  
vs NOLA GOLD


**VS**


Head Coach Andrew Douglas names the 23-man squad to face NOLA Gold tomorrow at 5:00 PM Eastern. Mungo Mason and Thretton Palamo will return as the team captains.

The front row consists of Jamie Dever, James King, and Stevey Longwell. Locks Tevita Naqali and Stan South see the start at second row. Mungo Mason returns to join Josh Brown and Callum Gibbins as the loose forwards.



**STARTING**

POWERED BY  
**IRON VINE**  
SECURITY.

**9 DANNY TUSITALA**

**10 MIKE DABULAS**

**11 RENATA ROBERTS TE-NANA**

**12 JASON ROBERTSON**

**13 THRETTON PALAMO (C)**

**14 SAM CUSANO**

**15 DYLAN TAIKATO-SIMPSON**

**RESERVES**

**16. DANTE LOPRESTI**

**17. JACK ISCARO**

**18. JACK CARROLL**

**19. CASEY RENAUD**

**20. CORY DANIEL**

**21. DANNY THOMAS**

**22. CIARAN HEARN**

**23. D'MONTAE NOBLE**

The back-row sees exciting shuffling, with Danny Tusitala and Mike Dabulas looking to reconnect at #9 and #10. Usual-flyha- If Jason Robertson will duet with the newly-returned Thretton Palamo in the center. Utility back Renata Roberts Te-Nana and Sam Cusano start at wing. Fullback Dylan Taikato-Simpson will stand at the last line of defense.





## BEGINNER

Chickpea liquid—yes!—creates a luxurious (and vegan) meringue in this summer drink.

# Limoncello Meringue

**SERVINGS** Varies

**PREPPING TIME** 10 mins

**SOUS VIDE COOKING TIME** 3 hours

## EQUIPMENT

Sous vide circulator  
Sous vide pouches  
Vacuum sealer  
Ice cream machine  
Paring knife  
Small saucepan  
Baking sheet  
Baking rack  
Grill

## INGREDIENTS

### HONEY LIMONCELLO

10 organic lemons  
2 C sugar  
1 C clover honey  
1 liter vodka  
3 C water

## COCKTAIL

1 1/2 fl oz sous-vide honey limoncello  
1 1/2 fl oz vodka  
1 fl oz fresh lemon juice  
1 fl oz canned low-sodium chickpea liquid, strained  
Angostura bitters

## DIRECTIONS

### FOR THE HONEY LIMONCELLO

1. Preheat water bath to 140°F (60°C).
2. Wash and peel lemons, trimming off any of the white pith from the peels. Juice the lemons and reserve.
3. In a large sous vide pouch, combine the lemon peels with the rest of the ingredients. Chill liquid to 37°F (3°C) or colder, then seal the pouch.
4. Cook in water bath for 3 hours, gently shaking once or twice to make sure the sugar is evenly dissolved. Remove the pouch from the water and strain the limoncello, while still warm, through a coffee strainer.
5. Chill, then transfer to a bottle or lidded container. Makes two liters.

## TO BUILD

Place all ingredients in a cocktail shaker and shake for about 20 seconds. Remove shaker lid and fill with ice, then cover and shake well for another 20 seconds. Strain into a chilled martini glass. Garnish the top of the drink with a few drops of bitters, running a toothpick through the drops to create a swirled effect.



Developed by Chef Bruno Bertin, Executive Chef at Cuisine Solutions, the Cuisine Solutions culinary team, and CREA. Featured in Sous-Vide magazine Spring/Summer 2019.







## Salad Days

Nothing heralds the arrival of spring like the bright flavors of crisp, crunchy salads. Take a gander at some of our favorites and toss up something fabulous.

By Marilyn Kitzes

As any food lover knows, salad is so much more than a mound of greens on a plate. Depending on the ingredients, salads can serve as appetizers, main courses, and when made with fruit, dessert. They're the ideal creative medium for cooks who delight in nutritious foods—and especially satisfying for those of us who grow our own vegetables. In fact, perhaps more than with any other recipe, fresh produce matters when you're making salads, and if you can get to your local farmers' market to buy your ingredients, all the better.

### POACHED EGG SALAD WITH LEEKS AND MUSTARD VINAIGRETTE

This simple recipe ingeniously pairs sous vide eggs (the best way to cook eggs, we think!) with steamed leeks. It also calls for homemade croutons made from a sourdough bread and a simple Dijon mustard vinaigrette. To serve, combine the leeks with fresh radish (for a hit of crisp zestiness) and top with the eggs and croutons. Sophisticated and absolutely delicious.

### WOOD SKIN HALIBUT & CHICKPEA SALAD

A main course dish that's light and flavorful, this recipe conjures up a Middle Eastern mood thanks to fiery harissa and fresh lemon. You'll need cedar paper for this recipe, soaked in white wine and placed with the halibut in a sous vide bath for 17 minutes. The fish is then quickly seared on a non-stick pan. Chickpeas, first soaked overnight, also get the sous vide treatment, and are later tossed with cucumber, fresh parsley, mint, and a harissa vinaigrette. The combination of ingredients is delightful.



### MICHEL RICHARD'S TUNA & COMPRESSED WATERMELON SALAD



Pay tribute to the late, great Michel Richard with this inventive salad. Here, compressed watermelon (you'll need a vacuum sealer) is paired with raw tuna for a simply elegant presentation. These main ingredients shine bright on the palette thanks to a yuzu vinaigrette. All ingredients for the vinaigrette dressing are commonly found in the pantry, with the exception of yuzu juice and xanthan gum. Garnish with scallions, sesame seeds, Bibb lettuce, and green tobiko for next-level wow.



### GRILLED SALAD WITH BEER-HONEY VINAIGRETTE AND GOUDA SPREAD

Impress your taste buds—and any guests—with this flavorful salad. Belgian endive, romaine lettuce, and fennel are prepared to perfection thanks to 45 minutes in a sous vide circulator and 6 minutes on a grill. Served with a fantastic beer-honey vinaigrette and a homemade Gouda spread—that's also prepared through sous vide—it's a winning salad that works any time of year.

For these recipes and more of all skill levels head to [sousvidemagazine.com](http://sousvidemagazine.com).

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# NOLA Gold Week Squad



**Nate Osborne**  
**NOLA Gold**  
**Head Coach**  
**selects 23-man**  
**roster to face Old**  
**Glory DC**





## STARTING XV



VS



SATURDAY, JUNE 12TH. KICKOFF AT 4:00PM  
SEGRA FIELD, LEESBURG, VA

## FINISHERS

16. ERIC HOWARD  
17. MATT HARMON  
18. BRIAN NAULT  
19. BILLY STEWART  
20. MALCOLM MAY  
21. DAMIAN STEVENS  
22. JP DU PLESSIS  
23. KYLE ROBERTS

## WATCH ON




BROUGHT TO YOU BY






# OLD GLORY DC COACHING STAFF



**2021**  
**OLD GLORY DC**  
**COACHING STAFF**



<b>ANDREW DOUGLAS</b> Head Coach	<b>JOHN MANSON</b> Operations Manager
<b>TOSHI PALAMO</b> Assistant Coach	<b>CALLUM GIBBINS</b> Assistant Coach
<b>MARK DIXON</b> S&C Coach	<b>MATT BALES</b> Assistant S&C Coach
<b>NICHOLAS PURVIS</b> Performance Analyst	<b>MEGHAN WILKINSON</b> Athletic Trainer
<b>DARRAN COLEMAN</b> Team Manager	<b>TOGAMAU FANUELI</b> Assistant Team Manager



# OLD GLORY DC FRONT OFFICE



## 2021 OLD GLORY DC FRONT OFFICE



**CHRIS DUNLAVEY**  
Co-Owner

**PAUL SHEEHY**  
Co-Owner

**TIM BROWN**  
Player Pathways Director

**BRIAN TAORMINA**  
Commercial Officer

**HOPE ALLEN**  
Marketing Manager

**KESHA HALL**  
Merchandise Manager

**JOHN MANSON**  
Operations Manager

**CHRIS McCAY**  
Ticketing & Technology Manager

**PARIS MALONE**  
Social Media Coordinator



# CLONAKILTY DISTILLERY AND OLD GLORY'S GOLD TICKET LEGACY BOTTLE

## *The Perfect Father's Day Gift*

We've said it before, we'll say it again: Old Glory has the best supporters in MLR – maybe in all of professional rugby. Why? It's not just the support you show for our team on the pitch – which is incredible. It's also because you naturally understand and embrace the unique culture of the rugby community of the Mid-Atlantic, out of which Old Glory was born, and which we are proud to represent.

During this season, despite all the challenges 2021 has brought us, we feel that we discovered one of the best new examples of rugby culture in our partnership with Clonakilty Distillery. Already, the Old Glory Captain's Bottle has become a symbol throughout MLR of the rugby ethos – that moment when the most bitter of enemies on the pitch meet after the match for expressions of mutual respect and shared reward for the battle fought honorably and well.

We know (because we've seen it in our social media and heard it directly from you) that many of you have enjoyed a Captain's Bottle (or two, or more!) or even invested in a Golden Ticket Legacy Bottle. Now, however, we would like to make a special appeal, along with sharing some information you may not know.

We'd like to invite and encourage all of our supporters to consider investing in a Clonakilty Golden Ticket Legacy Bottle. Yes, the Legacy Bottle is priced as the premium Irish whiskey it is, and we certainly realize it's not in everyone's budget to purchase one or more of these treasures. However, what's important for you to know is that every Legacy Bottle sold by Clonakilty provides a significant and direct financial contribution to Old Glory. This means that everything we are trying to do, to grow rugby in our region – from the creation of the Old Glory academy system and support for grassroots youth clubs, to the training, housing and welfare of the professional players we cultivate in our region and recruit from around the world – benefits from your support each time you purchase a bottle.



Already bought a Legacy Bottle? We thank you from the bottoms of our hearts. Think you might like another? Every bottle you buy helps Old Glory a little more. Looking for a perfect Father's Day gift? As Dads ourselves, we can report with confidence that we can't think of another gift we'd enjoy better. Got a hankering to return to travel once things get back to normal? Don't forget that a Golden Ticket Legacy Bottle gets you a shot at a free trip to Ireland – and with pretty good odds at that, given the limited run! And those odds only improve with each bottle you buy. . . .


As always, we thank you for your incredible support and look forward to seeing you back out at the pitch.

Go OG!!!

Chris Dunlavey and Paul Sheehy








# The power to do great things.

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To learn more about our people, programs and opportunities, visit:

**[careers.leidos.com](https://careers.leidos.com)**

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Learn about how Leidos is helping military members transition into civilian life on the next page.





## *Helping transitioning military members: Our partnership with Hiring Our Heroes*

David Wells found it tough to transition from 25 years in the Air Force to the civilian workforce without support or guidance. "I stumbled along trying different things until I found something that matched what I wanted to do — with a company that had strong ethics and a culture I wanted to be part of," he says, reflecting on his difficulties.

10 years down the road, Wells works as the Colorado Springs Site Manager for Dynetics, a Leidos subsidiary. His struggles inspired him to help ease the path for others making that leap to the civilian workforce by championing Hiring Our Heroes at Dynetics.

For Patrick Walsh, the decision to become a mentor in the Hiring Our Heroes program when he came to Leidos was effortless after his positive experience as a military fellow during his own transition from the U.S. Army almost four years ago. He notes that veterans and military spouses can be a big source of unemployment, "so if (Hiring Our

Heroes at Leidos) can help match some of those skills to different roles as these military members ease out of service, it's a win-win situation."

Leidos has a strong track record of hiring veterans. In fact, Hiring Our Heroes fits right in line with Operation MVP, our company-wide initiative to hire, train, and support veterans. The Hiring Our Heroes Corporate Fellowship Program offers professional training, job search guidance, and hands-on experience to transitioning service members. Participants in the 12-week program are placed in civilian fellowships with corporations that understand the value veterans bring to the workplace.

Leidos has a strong track record of hiring veterans. In fact, Hiring Our Heroes fits right in line with Operation MVP, our company-wide initiative to hire, train, and support veterans. The Hiring Our Heroes Corporate Fellowship Program offers [www.example.com](http://www.example.com) job search guidance, and hands-on experience

to transitioning service members. Participants in the 12-week program are placed in civilian fellowships with corporations that understand the value veterans bring to the workplace.

"This program allows you to focus entirely on your transition for 32 hours a week and then use that time to reflect and not worry about a normal full-time job while you're still developing, and I can unequivocally say that I would've had challenges finding a job in the time frame I needed if I was not a military fellow," says Walsh.

To read more, visit [Leidos.com](http://Leidos.com).





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🔄 Bamboo

▣ Jira Align

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PARTNER  
OF OLD GLORY DC**

Iron Vine Security is a Washington D.C.-based cybersecurity company specializing in Program Development, Security Engineering, SOC Management, Forensics and Examinations, and Cloud Infrastructure Security, serving federal agencies and commercial organizations — anywhere in the world.



**PROGRAM DEVELOPMENT**



**FORENSICS AND EXAMINATIONS**



**SECURITY ENGINEERING**



**CLOUD INFRASTRUCTURE SECURITY**



**SOC MANAGEMENT**

**IRONVINE.COM/OGDC**





## THRETTON PALAMO CO-CAPTAIN

"The first half of the season is more about growth. It's whoever can develop faster and stay healthy into the backend of the season. In the first few games, I'm excited to see how we grow each week and how we can assess ourselves midseason to see if we are striding and developing from there."



## Clonakilty Captain's Bottle

In rugby culture, each post match social includes team captains congratulating the competing sides and sharing a drink in camaraderie. Old Glory DC Rugby in partnership with Clonakilty Distillery has developed "The Captains Bottle". This exclusive Captains Bottle has been customized for post match celebrations. Each Bordeaux cask finished Irish whiskey bottled is 46% ABV. Old Glory DC Rugby will present this classic bottle to our opposing captains during the 2021 season in the true spirit of the game.





By the coast, on the southwestern tip of the island of Ireland, is Clonakilty, one of the most beautiful locations in the World. My family, the Scully family has farmed this coastal land for 9 successive generations. Our mission is to create Clonakilty Whiskey utilizing the best resources that nature has to offer, prime land, pristine water and salt sea air. The perfect ingredients for a maritime distillery. We grow our own heritage barley on the family farm in the shadow of the Galley Head lighthouse. Centuries of sea mist, soft rain and ocean spray provide a complexity to the soil that permeates through to each individual grain. The state-of-the-art distillery is located a few short miles away at the waterfront, in the heart of Clonakilty town, the three gleaming copper pot stills are an inspiring sight to behold.

It is here that we distil the World's best new make single pot still, an accolade proudly received at the World whiskey awards in 2020. By the oceans edge on the family farm is the whiskey warehouse, ideal for maturing and finishing the finest of whiskeys. Pure clean air, transported across thousands of miles of the Atlantic Ocean, provides a freshness unspoilt by human intervention. This is where the magic really happens, blending, ageing, bottling and hand-labelling. it is here where we fill the casks and let the Irish salt sea air to work its magic. With a passion for innovation at Clonakilty we strive to use only the best casks to finish our whiskey. These include Imperial stout, Port, Bordeaux red wine and Cognac casks. So, when you receive a bottle of Clonakilty Whiskey you know it is something special.

# CLONAKILTY DISTILLERY

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“COMBINING THE  
NATURAL  
ELEMENTS OF  
LAND AND SEA TO  
CREATE THE  
PERFECT  
WHISKEY”



# PURPOSE-BUILT CYBERSECURITY

## RUGBY PLAYERS AND FANS WELCOME

As rugby players and fans ourselves, we know that teams are only as strong as their culture. Like Old Glory, Iron Vine recruits top talent and gives employees everything they need to reach their full potential. From professional development opportunities to social events, salary bonuses and more, we've created a culture we're truly proud of. If you're a cybersecurity enthusiast like us, then we want to hear from you. **Come find your purpose at Iron Vine.**

### Who We Are

We're cyber experts and true security enthusiasts, passionate about our work and dedicated to creating truly great security solutions that are innovative, cost-effective, and designed to make a measurable impact, no matter where you are in the world.

- > We founded Iron Vine in 2008 to create an environment in which the best cyber practitioners, who love what they do, can thrive.
- > We've quickly become the known small business leader in the Federal cybersecurity landscape, empowering both large and small agencies and enabling critical missions in more than 30 countries.
- > Our unique understanding of Federal challenges and deep technical experience informs the efficient and effective solutions and supports the talented and enthusiastic staff that we are known for.

### What We Do



SOC Management



Security  
Engineering



Cyber Strategy  
and Program Management



Forensics  
and Investigations



Cloud Infrastructure  
Security



Security  
Controls Testing



## WHY WE'RE DIFFERENT

- > 2021 Healthcare Tech Outlook Magazine  
Top 10 Healthcare Security Solution Provider
- > 2020 CIO Magazine Top 10 Security Firm
- > 2019 Enterprise Security Magazine Top 10  
Digital Forensics Company
- > 2019 ACG Company of the Year Growth  
Award <\$25M

- 🔗 >90% retention rate annually  
for Cybersecurity professionals
- 🔗 Experience working  
in 30+ countries
- 🔗 CMMISVC/3 Appraised, ISO 9001:2015  
Certified, ISO 27001 Certified,  
and ISO/IEC 20000-1:2011 Certified

## Life at Iron Vine



401(k)  
Matching



Medical, Dental,  
Vision Insurance



Professional  
Development



Salary  
Bonuses



Community  
Involvement  
Opportunities



Comprehensive  
Annual Leave



In-person  
and Virtual  
Social Events



Critical  
Cybersecurity  
Work

"Each day that I show up for work at Iron Vine, I know that I've been placed into a position of success. From the respect we receive daily to how this company has helped me elevate my career, accepting a position here years ago was one of the best decisions I've ever made."

- HOLLY FAUST, 5 YEAR  
IRON VINE EMPLOYEE

TOP  
WORK  
PLACES  
2020

BALTIMORE SUN  
MEDIA

## ARE YOU DRIVEN BY PURPOSE?

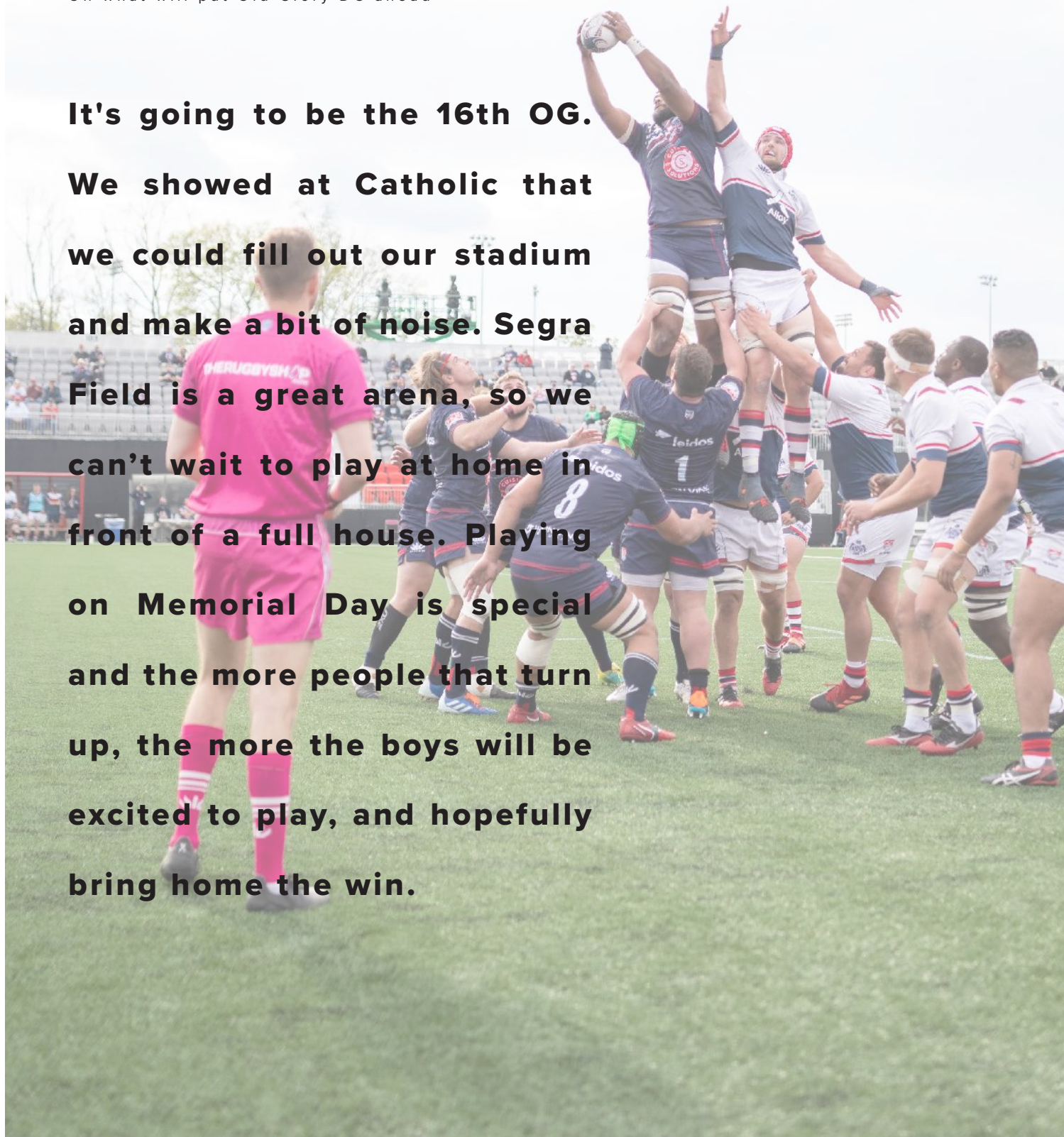
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# JASON ROBERTSON

On what will put Old Glory DC ahead

**It's going to be the 16th OG. We showed at Catholic that we could fill out our stadium and make a bit of noise. Segra Field is a great arena, so we can't wait to play at home in front of a full house. Playing on Memorial Day is special and the more people that turn up, the more the boys will be excited to play, and hopefully bring home the win.**





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# RUGBY 101







# “ IT'S LIKE A GAME OF CHESS UNDER FATIGUE.

## Rules of Rugby 15

Two teams of 15 players have 80 minutes to advance the ball past their opponents' side of the field (pitch) and touch it to the ground for a score worth 5 points (try). Participants may only pass the ball backwards or sideways with no blocking allowed; using a variety of phases such as lineouts, mauls, rucks and scrums to retain possession during play. Rugby is unique in that play is continuous even after players are tackled on the field. Kicking is the only method by which both teams may move the ball forward.

After each try, worth 5 points, the scoring team is allowed an opportunity to kick the ball through the posts for an additional 2 points (conversion). Certain penalties also earn the non-offending team a kick through the posts, worth 3 points (penalty) if made. At the conclusion of the match, the team with the most points wins.

### LOOSE PLAY

**MAUL** A maul occurs when a player carrying the ball is held by one or more opponents, and one or more of the ball-carrier's teammates bind on the ball-carrier.

**RUCK** A ruck happens when one or more players from each team, who are on their feet and in contact, close around the ball on the ground. Once a ruck is formed, players can't use their hands to get the ball, only their feet.

### THE SET PIECE

The set piece is a means of restarting the game.

**SCRUM** A contest for the ball involving eight players who bind together and push against the other team's eight for possession of the ball.

**LINE-OUT** Looks somewhat like a jump-ball in basketball, with both teams lining up opposite each other, but one team then throws the ball down the middle of the tunnel.

### WHY DID THE WHISTLE BLOW?

**OFFSIDE** Rugby's offside law restricts where on the field players can be, to ensure there is space to attack and defend. In general, a player is in an offside position if that player is further forward (nearer to the opponents' goal line) than the teammate who is carrying the ball or the teammate who last played the ball. Being in an offside position is not, in itself, an offence, but an offside player may not take part in the game until they are on-side again. If an offside player takes part in the game, that player will be penalized.

**FORWARD PASS OR KNOCK ON** Sometimes an attack which seems to be heading towards the try line will be stopped by the referee's whistle. If a pass has gone forwards, or a handling error has resulted in a knock-on, a scrum will have been awarded to the non-offending team.

**FAILURE TO RELEASE PLAYER OR BALL** After a tackle, the tackler must immediately release the ball carrier, and the ball carrier must immediately release the ball. Failure on either of these counts limits a fair contest for possession. If release does not occur within a reasonable time frame, the referee will award a penalty to the non-offending team.

**FAILURE TO ROLL AWAY** Any players on the ground when a ruck or maul is formed must immediately roll away from the ball, so as to allow continuity of play for the team in possession. Failure to do so will result in the award of a penalty to the non-offending team.

**JOINING RUCK/MAUL FROM THE SIDE** When joining a ruck or maul, all players must do so from behind the feet of the last teammate. If they join from the side, they are in an offside position and taking part in the game, then this will immediately be penalized, then a penalty will be awarded to the opposing team.

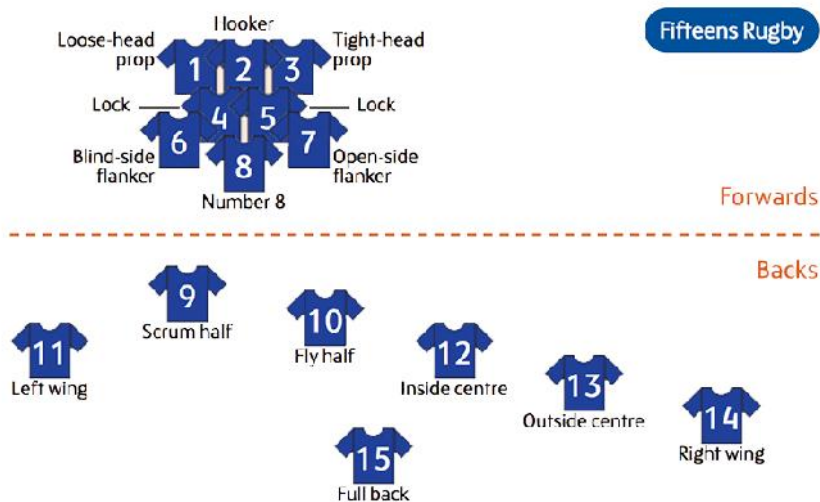
**UN-PLAYABLE BALL IN RUCK OR MAUL** If the ball becomes un-playable in a ruck or maul, e.g., underneath players on the ground, but neither team is at fault, the referee will award a scrum to the team who was in possession before the ruck or maul was formed.

## FORWARDS

1. PROP (TIGHTHEAD)
2. HOOKER
3. PROP (LOOSEHEAD)
4. LOCK
5. LOCK
6. FLANKER (BLINDSIDE)
7. FLANKER (OPENSIDE)
8. NO. 8

## BACKS

9. SCRUMHALF
10. FLYHALF
11. WING (LEFT)
12. CENTER (INSIDE)
13. CENTER (OUTSIDE)
14. WING (RIGHT)
15. FULLBACK





# Delivering care **on and off the field.**

Official medical team of Old Glory DC. And you.



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MedStar Health



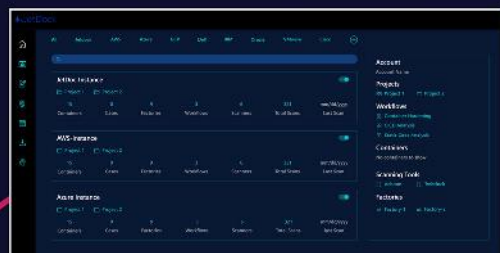


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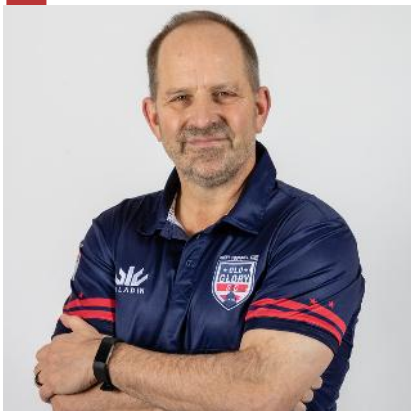
SUBARU



TOYOTA







## Paul Sheehy

Old Glory DC Co-founder  
and Sheehy Auto Stores  
Used Vehicle Director

In 1966, Sheehy Ford began as a small, suburban, family-owned car dealership just off the brand-new Washington D.C. Beltway.

Today, Sheehy is the 32nd largest dealer group in the nation. Sheehy Auto Stores is still primarily family-owned and has grown to more than \$1.6 Billion in sales with 25,000 new and 20,000 used vehicles sold per year. We have 29 dealerships located from Hagerstown and Baltimore, MD to Richmond, VA. We are the largest retailer of Fords and Nissan in the region and have the largest selection of inventory in the Mid-Atlantic. Our other franchises include Honda, Lincoln, Subaru, Lexus, INFINITI, Toyota, Volkswagen, Hyundai, Nissan, Buick, GMC, Mazda and Harley-Davidson.

In addition to our exceptional employees, our success has been driven by our customers' response to our unique and innovative selling approach. At Sheehy we make buying your next vehicle easy with our No Haggle, No Hassle, Sheehy Easy Price. With our Sheehy Easy Trade, you

always get up to 125% KBB value. Sheehy also buys cars – no purchase necessary from us! Most recently, we launched Sheehy Direct, which allows you to shop for and purchase your vehicle from the comfort of your home. We'll even deliver your vehicle right to your door!

Sheehy also supports many organizations in the greater Washington D.C., Baltimore, Hagerstown and Richmond areas. We are proud to give back to the community that has given so much to us. Some of the organizations that we've helped support over the years are Gonzaga, the Innocence Project, Toys for Tots, local food banks in our many different communities, the American Heart Association, Ashland Christian Emergency Services, Mercy Mall of Virginia, Food for Others, Inova Children's Hospital, Washington County Humane Society, Loudon Hunger Relief, Fauquier FISH, St. Lucy Project, Arundel House of Hope, the Arnold House and so many more!





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# REBOOTING EDUCATION WITH FURNITURE AND SANITATION

It's 2021 and schools are faced with the complex task of getting students, faculty, and staff back into classrooms safely. This task will require a variety of well thought out plans. Plans that address the logistics and scheduling of a greater number of smaller class sizes and plans that support keeping those spaces clean. With extensive experience, Impact Office can help ease the stress of designing and executing these plans.

## FURNITURE



Desk and table shields with mobile and multi-functional furniture is one key factor in making spaces both safe and flexible. Creative plans will include scenarios for how and when to turn a gymnasium, cafeteria, or common area into a classroom and back in minutes. Flip-top tables can be nested and moved aside quickly when not in use. These tables and shields can also create health checkpoints, sanitation stations, and help direct the flow of traffic at building entrances and in common areas. this combined with clear and consistent signage will ensure students and faculty have the time and space to keep safe.

## SANITATION

Knowing the difference between cleaning, disinfecting and sanitizing and when to do each is the second key to developing you plan. To start, what is the difference?

- **Cleaning:** removes visible dirt, soil and debris – it does not disinfect.
- **Disinfecting:** eliminates bacteria, fungi and certain viruses – it does not remove dirt.
- **Sanitizing:** reduces the number of germs on surfaces or objects to a safe level, as judged by public health standards or requirements – it does not fully eliminate them.



Sanitizing and disinfecting products also vary in their dwell time (the length of time that a chemical must be in contact with the surface and remain wet, in order to achieve the product's advertised kill rate.) Dwell times can range from a matter of seconds to 10 minutes. Our janitorial and sanitation experts are here to help recommend the best products for your space and put your plan in place.

While the situation with the pandemic is rapidly evolving in every direction, it is important that the solutions you create are adaptable and resilient. Designing a creative plan to keep your faculty and students safe with the ability to flex will help reduce infection and create a stable learning environment. Let's start a conversation – visit our website or call to get help with your plans and implementation today.

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OFFICIAL



## THE ROAD TO GLORY PODCAST

RETURNING THURSDAY, MARCH 18

PRESENTED BY



leidos

### Old Glory DC Is Excited To Announce The Return Of The Road To Glory, The Team's Official Podcast!

The Road to Glory aired weekly during the inaugural season in early 2020 on popular podcast streaming websites. It quickly became OG supporter's favorite way to consume game highlights, team analysis, interviews, and behind-the-scenes content. 2020 Hosts Brianna Kim and Roland "Roly" Pratt will return this season for weekly podcast episodes airing Thursday evenings throughout the Major League Rugby (MLR) season. Bri and Roly will cover all that is rugby on The Road to Glory. The duo will tackle men's and women's rugby in all of its forms – international, domestic, collegiate, 7's, youth, MLR, and of course Old Glory DC! For long-form interviews, expert analysis, features, and in-depth coverage of Old Glory DC and rugby taking place in the DMV, listen to The Road To Glory weekly on your favorite podcast hosting website. Go to [www.oldglorydc.com](http://www.oldglorydc.com) for more details on how you can engage with DC's first professional rugby franchise.



# THANK YOU TO THE 16TH OG!

Old Glory is building for the long haul. We plan to be a fixture in this community and a force in North American rugby for many years to come. In these difficult, pandemic-affected early years, we ask for your continued patience, cooperation, and support. We'll do everything in our power to make this a safe but forward-looking return to rugby, which one day we will all look back on with pride.

We believe there has never been a more important time to see the sport of rugby thrive in the United States. We know our sport connects people, communities, and nations. We look forward to the day we can enjoy our beautiful sport together, and we are committed, more than ever, to making that happen.

Thank you for supporting Old Glory DC and rugby in Greater Washington!

