



2019-20
COLGATE
ATHLETICS
ANNUAL REPORT

OUR VISION

TO BE AN INCLUSIVE COMMUNITY OF COMPETITIVE EXCELLENCE

We strive to be a welcoming and diverse community of students, professionals, alumni and fans whom we treat equitably and respectfully, and whom we invite as partners in cocreating our success. We share common goals, we affirm open communication and civility, we honor the sacredness of each person, we accept responsibility to act for the common good, we care for and serve one another, and we honor our history while celebrating our evolution. We strive to consistently perform at the upper range of our potential, to get better every day through antiracist, inclusive practices, with a goal to win - in competition, in the classroom, in the community and in the lives of every member of the Colgate Community.

OUR PILLARS

OUR PILLARS REPRESENT THE VALUES AND ATTRIBUTES THAT MAKE COLGATE ATHLETICS UNIQUE

They represent the core of who we are as an athletics program, serving to support our platform and guiding our overall story.



TRUE SCHOLAR-ATHLETES

- **An Uncompromising Scholar-Athlete Experience**
Our holistic approach emphasizes excellent academics and competitive Division I Athletics to ensure our scholar-athletes have the opportunity to thrive in every field and arena.
- **Academic Integration**
As true representatives of the student body, our scholar-athletes are deeply embedded into the fabric of our campus and surrounding community and wholly committed to fulfilling their academic pursuits and athletic aspirations.
- **A Foundation for Life Success**
We take tremendous pride in educating our scholar-athletes through the values and life lessons ingrained in athletic competition. While always striving to win, true success is measured by our ability to develop the physical, mental and social capabilities of our scholar-athletes.



CHAMPIONS OF EXCELLENCE

- **Competing for Life**
Our scholar-athletes view every day as an opportunity to get better. They relentlessly train, practice and compete because they are determined to push their limits and maximize their potential.
- **A Rich History**
Our 25 NCAA Division I athletic teams carry a proud tradition of excellence in sport—our success at the national level, and our Conference Titles are a testament to not only our athletic talents, but our commitment to hard work and the pursuit of success.
- **We Set the Standard**
As a model Division I Athletics Program, we maintain rigorous standards and strive for high moral character because true excellence can't be measured by statistics or wins and losses.



STEWARDS OF COLGATE

- **Our Home Away From Home**
Our beautiful campus is a true home away from home for all of us; it's where we learn, grow, inspire and build lifelong bonds. This sentiment is celebrated by all of our scholar-athletes. Together we stand united as a beacon for Colgate and Central New York.
- **A Life of Leadership**
Everyone associated with our athletics program is committed to carrying out our University's legacy of leadership. We uphold rigorous standards on and off the field to strengthen our campus, community and to exemplify what Colgate represents.
- **An Eternal Source of Pride**
We wear our jerseys, our colors and the Colgate name 24/7, because we perpetually uphold the values and beliefs that our great University stands for and represents.



Dear Colgate Alumni, Friends and Fans,

As we reflect on the academic year that was 2019-20, we do so with amazement and astonishment, pride and humility, regret and resolve, gratitude, and grief. I will remember it as my second year at Colgate - one that began with great promise, ended with a global pandemic, and held some incredible moments in between. We welcomed new members to our family and said goodbye to dear friends. We started new programs to better support and nourish student-athletes while they are here on the Colgate campus, and created brand new strategies to connect and encourage them while they were unexpectedly at a distance. Through it all, this ever-developing inclusive community of competitive excellence worked together to stay focused on our vision and to lift one another every step of the way.

As you walk through this report, I hope you'll catch a glimpse of the incredible people who delivered great moments both in and out of the competitive arena that we can all relish. Academically, a record 505 Colgate scholar-athletes achieved Academic Honor Roll recognition and 31 received convocation awards to end the academic year. Two scholar-athletes were tapped into Konosioni, Colgate's senior honor society, and 291 earned Dean's Awards with GPAs at 3.3 or above. Athletically, volleyball had the second-best season in program history, winning the Patriot League regular season title, and advancing to the second round in the National Invitational Volleyball Championship. Coach Ryan Baker won Patriot League Coach of the Year, and Alli Lowe won Player of the Year. Men's basketball won the regular season title as well, and Will Rayman won Defensive Player of the Year. Men's hockey advanced to the second round of the ECAC tournament before it was canceled due to Covid19. Men's golf had a promising fall, earning its first road tournament win since 2002. Men's and women's tennis as well as softball were off to their best starts in recent history before the season was canceled, and women's lacrosse under new head coach Kathy Taylor had some promising wins early in their shortened season, including the first win against Cornell since 1998.

Last year also saw advances throughout the division. The Diversity, Equity and Inclusion Working Group strove diligently to develop the first plan for an inclusive community of competitive excellence. Celebrations of Black History were held, diversity education was delivered, and conversations on antiracism were facilitated. Additional leadership opportunities were developed through the establishment of the Wellness Advocates and Career Ambassadors programs; and Raider Refuel and the ROCC Lounge were activated.

Finally, we found new ways to connect in 2019-20, with you: our alumni, supporters, parents and friends. We greeted some of you at new pre-game receptions, toasted to Raider success at gatherings near and far, and launched Raider Insider - a weekly Colgate sports update newsletter. And, you responded. You joined with us - with your presence, with your viewership, and with your giving. Because of you, we surpassed our March Mania goal, finishing the fundraising year strong, in spite of the pandemic.

As we look to the year ahead, your continued support will be so very important. Though competition feels tenuous, we will be ready as soon as it is safe to do so. When we do, we will remember that you are right there with us. Together, we will keep dreaming, planning and working to be an inclusive community of competitive excellence.

My Very Best Regards,

Nicki

ACADEMIC ACHIEVEMENT

COLGATE SECOND IN NATIONAL APR

A record 19 Colgate teams earned public recognition from the NCAA for achieving the top Academic Progress Rates within their respective sports for the 2018-19 academic year.

That placed the Raiders second nationally in both total teams awarded and percentage of teams honored. This year's Colgate teams earning public recognition for their multi-year APR scores:

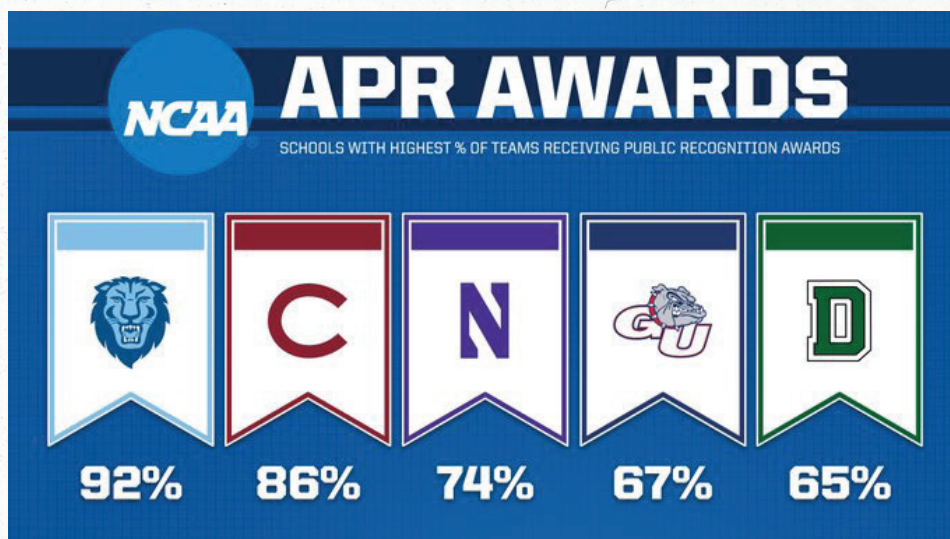
Men's Basketball
Men's Cross Country
Football
Golf
Men's Hockey
Men's Lacrosse
Men's Soccer
Men's Tennis
Women's Basketball
Women's Cross Country
Field Hockey
Women's Lacrosse
Women's Rowing
Women's Soccer
Softball
Women's Swimming & Diving
Women's Tennis
Women's Track and Field
Volleyball

Colgate's 19 APR Awards trailed only Columbia with 22, and Colgate's 86 percent of its teams earning recognition also trailed only Columbia at 92 percent. The next three in percentage were Northwestern at 74 percent, Gonzaga at 67 percent and Dartmouth at 65 percent.

Sixteen Colgate teams earned perfect 100 APR scores, and that total also ranked second nationally.

The 19 awards topped Colgate's previous high of 17 set for the 2013-14 academic year.

The Colgate Athletics Department paid specific recognition to the Men's Golf program as one of just 62 teams in all of



Division I to earn this recognition all 15 years of the APR.

The APR is an annual scorecard of academic achievement calculated for Division I sports teams nationally. It measures eligibility, graduation and retention each semester or academic term and provides a clear picture of the academic performance for each team in every sport.

97% GRADUATION SUCCESS RATE

The NCAA Graduation Success Rate (GSR) is an annual measure of the academic achievement of student-athletes. The GSR is calculated similarly to the Federal Graduation Rate (FGR), but removes student-athletes that choose to leave an institution, provided that they are in good academic standing upon departure.

Colgate student-athletes maintained their national status as a top 20 program in Graduation Success Rate, according to NCAA figures.

Colgate's 97 percent rate places the institution alongside such Division I contemporaries as Duke, Penn and Vanderbilt.

Colgate recorded perfect 100-percent GSR scores from 17 of its 21 NCAA-sponsored teams. For the purposes of this measure,

cross country, indoor and outdoor track and field are considered one sport instead of three.

291 RECEIVE DEAN'S AWARD HONORS

A total of 291 Colgate student-athletes received Dean's Award recognition for their academic efforts during the 2019-20 academic year with nearly 70% earning Dean's Award with Distinction honors.

The Dean's Award is presented to students who receive a term grade point average of 3.3 or higher while completing at least three course credits for a conventional letter grade and a minimum of 3.75 total course credits. Dean's Award with Distinction goes to students earning a term grade point average of 3.6 or higher under the same guidelines.

RAIDER ACADEMIC HONOR ROLL SALUTES 505

The 2020 class of honorees marks a 9.8 percent increase over last year's total of 460. The previous high was set two years ago when 491 student-athletes made the list.

Among this year's honorees are 43 who achieved a perfect 4.0 grade-point average

during either the spring or fall semesters of 2019. To be eligible for the Raiders Academic Honor Roll, members had to achieve a GPA of at least 3.25 during one of those two semesters.

31 RECEIVE CONVOCATION AWARDS

Colgate student-athletes once again were among the worthy honorees during the 2020 Awards Convocation, with a total of 31 student-athletes receiving recognition.

Rachel Schaaf from women's track & field and Samantha Croston from women's lacrosse each earned three convocation awards, while Molly Frauenheim (women's rowing), Lexi Luthringer (women's lacrosse), Joanna Rodriguez (cheer) and Haley Wenk (cheer) earned two awards apiece.

TWO NAMED TO KONOSIONI

Colgate field hockey's Katie Anderson and women's basketball's Keelah Dixon were named to the Colgate University Konosioni Class of 2021 Senior Honor Society.

The Konosioni Senior Honor Society stands as a peer-selected group of 26 members that recognizes outstanding leadership, dedicated service to the community and preservation of tradition.

It was formed in 1934 after two secret societies, the Skull and Scroll and the Gorgon's Head, resolved to end their rivalry and joined together to form the Konosioni Senior Honor Society.

Colgate's men's golf program is one of just 62 teams in all of Division I to earn this recognition all 15 years of the APR.

Recipient	Sport	Award Name	Department
Karen Aguilar	CH	Award for Excellence in Spanish Studies	Romance Language
Katie Anderson	FH	Charles A. Dana Scholar	Dean of College
Liz Auby	WIH	M. Wilson '67 Mem. Leadership Award	Athletics
Ingrid Backe	WLAX	Award for Excellence in Chinese Language	EALL
Warren Carter	MT&F	Oswald T. Avery Award	Biology
Christian Clarke	MSOC	Director of Athletics Award	Athletics
Samantha Croston	WLAX	Director of Athletics Award	Athletics
		Trimmer Awd for Outstanding Achievement	Writing & Rhetoric
		Class of 1997 Award	Dean of College
Lauren deTorres	WS&D	Donna Carter Memorial Fund	Athletics
Morgan Desautelle	WS&D	Award for Excellence in Childhood Studies	Educational Studies
Keelah Dixon	WBB	George W. Cobb Fellows Award—President	Dean of College
Eduardo Engst-Mansilla	MTXC	Voice of Conscience	Dean of College
Molly Frauenheim	WROW	Gottesman Award for Sciences & Athletics	Athletics
		Undergrad. Award in Analytical Chem.	Chemistry
Abbie Grady	WSOC	Haskell Schiff Memorial Prize	Chemistry
Mary Hurtgen	WROW	Norma Vergo Price in Geology	Geology
Virginia Irby	SB	Clarence Young Award	PCON
Steph Jacoby	SB	Haskell Schiff Memorial Prize	Chemistry
Hannah Kloster	WTXC	J. Curtiss Austin Latin Prize	Classics
Maggie Lake	FH	William & Nellie Edmonston Neuro. Award	Neuroscience
Lexi Luthringer	WLAX	John T. (Jack) Mitchell Memorial Award	Athletics
		Charles A. Dana Scholar	Dean of College
Thao Nguyen	AT	Charles A. Dana Scholar	Dean of College
Zack Pelland	FB	Haskell Schiff Memorial Prize	Chemistry
Joanna Rodriguez	CH	George W. Cobb Fellows Award	Dean of College
		Boren Scholarship – Alternate	ONFS
Rachel Schaaf	WTXC	Lawrence Chemical Prize	Chemistry
		Sisson Mathematics Prize	Mathematics
		Charles A. Dana Scholar	Dean of College
Jake Shaffner	FB	Howard W. & Anne T. Pike Memorial Prize	Theater
Gabrielle Sorresso	WROW	Charles A. Dana Scholar	Dean of College
Claire Short	WTXC	Kingsford Prizes for Public Speaking	Dean of College
Kun Tan	MTEN	Award for Excellence in French Studies	Romance Language
Haley Wenk	CH	Osborne Mathematics Prize	Mathematics
		Charles A. Dana Scholar	Dean of College
Lindsey Wiley	WSOC	Physics & Astron. Dept. Founders Award	Physics & Astron.
Milan Williams	MBB	Joseph Huther Prize Fund	Athletics
Zach Williams	MTXC	Haskell Schiff Memorial Prize	Chemistry



2019-20 VARSITY SPORTS

VOLLEYBALL

**PATRIOT LEAGUE REG. SEASON CHAMPION
NIVC PARTICIPANT**

On its way to becoming the Patriot League Regular Season Champions behind a 15-1 league record, the Raiders earned their first win over American since 2012. Their success behind a 24-8 overall record propelled the Raiders to the Quarterfinals of the NIVC postseason after opening round wins over Boston College and Tulane. Alli Lowe was named Patriot League Player of the Year, while Ryan Baker garnered Coach of the Year. Joining Lowe on First Team All-Patriot League was Julia Kurowski, while Alex Stein was named to Second Team honors. The program's 24 wins tied for second-most in the Division I era.



FOOTBALL

Colgate rallied to win four of its last five games, culminating in a 16-0 shutout of Lafayette. It was the third consecutive Colgate shutout of the Leopards and lifted the Raiders into a tie for third place in the Patriot League. Colgate finished 3-3 in league play, boosting head coach Dan Hunt's six-year record to 27-9 against conference competition. Nick Wheeler posted 9½ sacks to set the program record for career sacks with 33 on his way to a second year of All-America honors. Abu Daramy-Swaray also picked up more All-America certificates after leading the team with 10 pass breakups.





MEN'S SOCCER

PATRIOT LEAGUE QUARTERFINALIST

Colgate Men's Soccer advanced to the Patriot League Tournament for the fifth consecutive season. The Raiders earned the No. 5 seed in the tournament after winning four of their last five games in the regular season, including back-to-back overtime victories over American and Navy, to clinch a postseason berth. Seniors Christian Clarke and Jacob Harris garnered United Soccer Coaches All-Region honors and three Raiders were named to All-Patriot League teams. Colgate's senior class reached uncharted territory, winning three consecutive Patriot League championships and capturing the program's first three NCAA Tournament victories.



WOMEN'S SOCCER

PATRIOT LEAGUE QUARTERFINALIST

Colgate Women's Soccer capped the regular season with five consecutive shutouts to reach the postseason for a Patriot League record 12th consecutive year. One of those shutouts included its first ever win over Boston University, snapping the Terriers' NCAA-leading 53-game home conference unbeaten streak. The Raiders' postseason push culminated with a 1-0 victory over Army on Senior Day to clinch the No. 6 seed in the Patriot League Tournament. Senior Leah Lewis earned United Soccer Coaches All-Region and All-Patriot League First Team laurels to highlight Colgate's four All-League selections.



WOMEN'S CROSS COUNTRY

Colgate's season was highlighted by a fifth-place finish at the Albany Invitational. Vicky Martinez was consistently the team's highest finisher. She contributed a top-10 mark individually at Albany and a top-50 finish at the ECAC/IC4A Championship, where Colgate placed 12th out of 18 teams. Sophia Manners was also major contributor. She frequently finished closely behind Martinez and gave Colgate a top-15 finish

2019-20 VARSITY SPORTS

MEN'S CROSS COUNTRY

Colgate posted two top-10 finishes as a team, including a sixth-place mark at the Albany Invitational. Ryan Curran led the way for the Raiders in every meet. The senior set an eight-kilometer personal best of 25:58.1 at the Lehigh's Paul Short Run. Curran, along with Luke Myers qualified for the ECAC/IC4A Championship to close their careers.

FIELD HOCKEY

Colgate earned three wins on the year, including an overtime thriller at home against Towson in which Taylor Casamassa scored the game-winner on a penalty stroke. For her success on the field, Casamassa was named All-Mideast Region Second Team after garnering First Team All-Patriot League honors. The Raiders closed out the season strong with a 1-0 victory at Bryant, a game in which Kali Williams scored her first career game-winner. Off the field, Katie Anderson earned her third straight Zag Field Hockey/NFHCA Division I Scholar of Distinction, an honor for student-athletes who achieve a cumulative GPA of 3.90 or higher. As a team, the Raiders doubled their honorees on the NFHCA Division I National Academic Squad from seven student-athletes on the squad in 2018 to 14 in 2019 for having a 3.30 GPA or higher.

WOMEN'S HOCKEY

ECAC HOCKEY QUARTERFINALIST

Women's Hockey completed its fifth straight winning season with a record of 17-15-6. Goaltender Liz Auby is the team's only departing senior. She leaves Colgate as the all-time leader in goals against average and shutouts in a season. 2019-20 was marked by strong first impressions by newcomers. Danielle Serdachny, Sammy Smigliani and Sydney Bard each earned spots on the ECAC's All-Rookie Team. Smigliani, who broke the program's freshman scoring record, was named to the conference's Third-Team. Looking ahead, these young stars along with rising seniors Malia Schneider, Coralie Larose, Shelby Wood, Peri Donaldson and Kendall Williamson will look to lead the Raiders to ECAC glory.



MEN'S BASKETBALL

PATRIOT LEAGUE REG. SEASON CHAMPION

Colgate Men's Basketball captured the Patriot League regular season title outright for the first time and reached the tournament championship for the third straight year behind a program record in total wins (25) and conference victories (14). Colgate during non-conference play knocked off Cincinnati, marking one of the most monumental wins in program history. Head Coach Matt Langel became the first coach in Patriot League men's basketball history to win three straight Coach of the Year awards. Senior Will Rayman was named Defensive Player of the Year to highlight Colgate's four All-Patriot League selections.



WOMEN'S SWIMMING & DIVING

The Raiders swam to three dual-meet wins, including a thrilling senior day victory over Lafayette and a sweep of Niagara and Canisius. In her final action at Lineberry, senior Lauren deTorres won three individual events and contributed to a relay victory to earn an honorable mention as Patriot League Swimmer of the Week. On the diving board, junior Caroline LaPlante won four events over the course of the season.

WOMEN'S TRACK & FIELD

The Raiders took part in 11 indoor meets and claimed one team victory at the Class of '32 Invitational. Colgate put together its highest-scoring performance of the year and won in a landslide. The team placed eighth at Patriot League Indoor Championships led by Rachel Schaaf, who finished fifth in the triple jump and was Colgate's lone ECAC qualifier. Also shining in field events, Dominique Grogue set a Colgate freshman record in the weight throw.



2019-20 VARSITY SPORTS

MEN'S HOCKEY ECAC HOCKEY QUARTERFINALIST

Before the season came to an unexpected end, the Raiders secured a spot in the ECAC Quarterfinals with a sweep of Brown in the First Round. In the shortened season, the Raiders garnered 12 wins, including a pair over nationally ranked opponents. Colgate concluded the season holding its opponent scoreless on the power play in eight straight games, while it also marked the first time since the 2014-15 season that the Raiders swept a playoff series. While abroad, the Raiders advanced to the Friendship Four Championship in Belfast, Northern Ireland with a win over league-foe Princeton, while it's competitive slate of 34 games included a total of 15 nationally ranked opponents, where Cornell's No. 2 rating was their top competitor.

MEN'S SWIMMING & DIVING

Colgate found its lone head-to-head win against Niagara at Lineberry Natatorium. In the victory, Justin Song and Andrew Kelemen placed first and second in 1000 and 500 Yard Freestyle Races. Earning Team MVP, Camden Koch swam to several personal bests at Patriot League Championships and shined in a dual-meet with Holy Cross. Looking ahead, the Raiders return plenty of key contributors including Koch in 2020-21.



WOMEN'S BASKETBALL PATRIOT LEAGUE QUARTERFINALIST

Colgate is coming off one of the best seasons in program history. The Raiders finished 19-11 for the second-most wins and just the second winning season in 33 years of Division I play. Colgate fashioned a 6½-game improvement over 2018-19 and finished above .500 in the Patriot League for just the third time at 11-7. The Raiders were picked to finish sixth in the preseason but exceeded those expectations with a third-place result. Rachel Thompson was Colgate's first All-Patriot League First Team pick since 2006 on her way to finishing in the program top 10 in nine career and nine season categories.





GOLF

2019 BUCKNELL FALL INVITE CHAMPION

Colgate Golf followed up an outstanding showing at the 2019 Patriot League Championship last spring with a team title at the 2019 Bucknell Fall Invitational. Colgate captured team honors for the first time since winning the 2010 Colgate Invitational during head coach Keith Tyburski's second season at the helm. The Raiders broke their season scoring average record for the second year in a row, finishing at 293.8 and +10.07 in relation to par. Senior Ryan Skae was named a Division I Ping All-Northeast Region honoree, capping one of the best careers in Raider Golf history.



MEN'S LACROSSE

Colgate against one of the toughest schedules in collegiate lacrosse lost its first six games before the season was cut short as part of the entire NCAA shutdown. When the 2020 season ended, underdog Colgate's first three opponents were ranked first, third and fourth nationally. The Raiders in their two conference games played lost by a total of three goals. Griffin Brown led the team with 21 goals and 27 points en route to what was shaping up to be his best Colgate season. Brian Minicus was the assist leader with 12 and second in points with 19.

WOMEN'S LACROSSE

Although the Raiders faced a shortened season, they were quick to make an impact. Colgate made the move to Andy Kerr Stadium for all home games under first year head coach Kathy Taylor. The program opened with a 2-0 record, but most-notably earned the program's first win over Cornell since 1998. An 11-8 victory at home snapped the Big Red's 20-game win streak in head-to-head action, a game in which goalie Samantha Croston earned a career-high of 17 saves. In addition to Cornell, the Raiders competitive slate also featured in-state rival Syracuse for the first time since 2011. Although postseason awards were unable to be presented, Danielle Van Calcar was named to the Preseason All-Patriot League Team.



SOFTBALL

Colgate Softball jumped out to its best start to a season since 2010. The Raiders tallied three wins in each of their first two preseason trips before going 4-1 in the Stetson Invitational, which included the program's first-ever win over Stetson. Freshman pitcher Bailey Miskin was on record pace, earning three consecutive Patriot League Rookie of the Week honors. She ranked 12th in the country in shutouts (4) and 18th in earned run average (1.02). Senior Nicole Rounsavill and sophomore Morgan Farrah both garnered Patriot League Player of the Week honors during the season.

MEN'S TRACK & FIELD

The men's season was highlighted by a first-place finish at the Class of '32 Invitational and performances for the record books by Warren Carter. Colgate finished eighth at Patriot League Indoor Championships, but saw the highest finish in any event since 2013 when Carter took second in the 60-meter hurdles. He would later break his own school record at ECAC/IC4A Championships.



MEN'S TENNIS

Led by top singles option Scott Bickel and senior captain Kun Tan, Colgate had the best win percentage in the Patriot League at the time of the season's cancellation. The Raiders roared to a 7-3 start and had already matched their win total from 2019. The men had won each of their last four and were about to head into Patriot League play. Coming off an All-League caliber year, Bickel went 7-3 in singles and was named Patriot League Player of the Week once. The squad will look to pick up where they left off with a host of returning talent and the addition of two promising freshmen.



MEN'S ROWING

Colgate Men's Rowing wrapped up its abbreviated season with a Varsity 8+ victory at the Bill Braxton Regatta in New Jersey. It was Colgate's second Varsity 8+ win at that regatta in consecutive seasons and capped a five-race fall campaign. Legendary head coach Khaled Sanad won the national College Award during the Joy of Sculling Coaches' Conference in December. Alex Damjanovic earned the team's MVP Award, Luke Smith took home the Parks Award, Colin Clark was Most Improved and Jack Foley won the David Pullman Award. Letter winners for 2019-20 were Tom Feeney, Colin Clark, Noah Barkoff, Smith and Damjanovic.



WOMEN'S TENNIS

Led by seniors Jordan Williams and Lauren O'Brien, Colgate surpassed its 2019 win total in a shortened season. The 7-2 start marked the best of any Raider squad since 2013. Dubbed the "Revenge Tour," this year's campaign featured three wins over teams that had defeated Colgate just a year ago. Junior Mackenzie Deeter played singles on the highest court for a third consecutive year and posted a record of 5-3. Freshmen Rebecca Wolf, Katerina Atallah, Emily Untermeyer, and Emme Levenson each had strong starts to their college careers and will be major contributors for years to come.



WOMEN'S ROWING

Colgate Women's Rowing under first-year head coach Jessica Deitrick and first-year assistant coach Codi Swenson competed in an abbreviated season due to the national shutdown. The Raiders rowed a fall schedule only, highlighted by appearances at the Head of the Fish Regatta over in Saratoga Springs and the 1969 Cup down at Princeton. Anna Duerr earned the team's Most Improved Award, Gabrielle Sorresso earned the Raider Award and the entire senior class of Lucy Bonin, Molly Frauenheim, Mary Hurtgen, Carly Leifken, Rayzel Rosner and Taylor Wright shared the Most Valuable Athlete Award.

PHYSICAL EDUCATION, RECREATION & OUTDOOR EDUCATION

CLUB SPORTS SUCCESS

The **Colgate club baseball team** competed during Fall 2019 in the inaugural season of the Colonial Club Baseball Association, earning the second seed going into the playoffs. The team defeated Syracuse 6-2 in the championships to bring the CCBA trophy home to Huntington Gym.

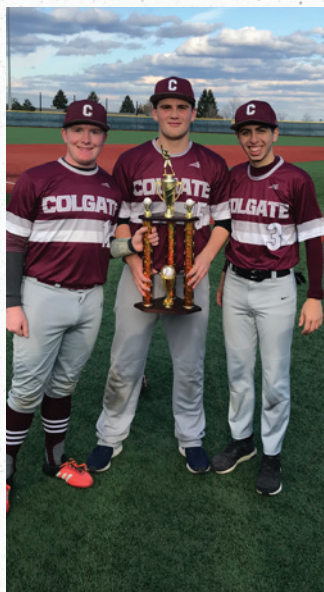
The **figure skating club** represented Colgate at the Empire State Games in Lake Placid, earning a bronze medal in the U.S. Figure Skating open-collegiate division.

The **western equestrian team** had a successful season, with two riders qualifying for the IHSA Regional show. Caroline Rock earned a third-place ribbon in the Novice division, and Kyla Waring finished in second place in Walk Trot, earning a bid to the semifinal show in Oklahoma, which was unfortunately canceled.

The **english equestrian team** also rode well during the 2019-2020 season, finishing in third place in the region. Five riders qualified for the Regional show across seven divisions, but were unable to compete as the show was canceled.

The **men's alpine ski team** qualified for the 2020 USCSA National Championships for the third year in a row, finishing in 8th place overall and first among club teams. Hanna Petro '22 led the women's team with a first-place overall finish in conference standings, and Zach Leeds '20 finished in first place in conference standings on the men's side.

The **Colgate curling team** qualified for the 2020 College Curling USA National Championships, but was unfortunately unable to compete due to the event's cancellation. The team finished the regular season ranked #7 nationally.







COMMONS CUP

After pilot programs were introduced in 2018-19, the Commons Cup officially debuted for the 2019-20 academic year. A series of events allowed students to represent their commons and earn points toward the championship.

Events included Badminton, Halloween Trick-or-Trot, Dodgeball, Chess, and a Mario Kart raceoff. A wiffleball championship was planned for the end of the spring semester, but was canceled. The hope is to continue to build on the success of this year, encouraging students to get involved in diverse programming that helps to build community and an inclusive space on campus.



2019-20 COMMONS CUP STANDINGS

1.		Dart Colegrove	1200
2.		Ciccone	1150
3.		Brown	600
4.		Hancock	375

INTRAMURAL WRAP

A total of 241 teams competed in intramural sports during the 2019-20 academic year, representing a 79 percent increase in teams; notably, the spring remote engagement plan included additional eSports leagues, which included single-player teams and more opportunities for participation. There were a total of 801 unique participants involved in intramural sports, representing a 62 percent increase over 2018-19. Highlights included the first Inner Tube Water Polo tournament, 3v3 Outdoor Volleyball, and a new slate of eSports. Check out the full slate in intramural champions on the next page.



OUTDOOR EDUCATION

The Outdoor Education staff training program is known nationally as one of the most comprehensive non-academic outdoor leadership programs in higher education. The program has seen a four-year increase in demand, with applications increasing 76% since 2016-17. This year there were 65 applicants for 18 spots in the training program.

The team building program also saw an increase this year, serving nearly 500 people total. This year saw a 31% increase in the number of groups who came out to the Beattie Reserve Challenge Course, and a 7.7% increase in the number of students served. Included in those numbers were three varsity teams: women's soccer, women's rowing, and women's basketball.



WILDERNESS ADVENTURE

Wilderness Adventure, Colgate's largest pre-orientation program, set another record in 2019. Registration has grown in each of the last four years with a high of 215 participants (27.2% of the incoming class) taking part in the weeklong trip in the Adirondacks prior to the start of the 2019-20 academic year. Overall, the program has grown 89% since 2016.

The goal of Wilderness Adventure is to facilitate a smooth entrance into the Colgate community for first-year students. As a result of participating in Wilderness Adventure, first-year students:

- Gain a social support network of peers and upper class students
- Learn about the Colgate community, it's traditions, expectations, and norms
- Practice the skills to be an active citizen within the Colgate community
- Develop a sense of place within Colgate, Central New York, and the Adirondacks
- Push their comfort zones while trying new activities, practicing healthy risk taking, and developing new skills

2019-20 INTRAMURAL CHAMPIONS

3 vs 3 Volleyball tournament - Wilson
 Soccer - Gator Gang (Div. A), Curtie's Cuties (Div B.)
 Flag Football - Remember the Tau (3-Peat, Div. A), Dawg Pack (Div. B)
 Inner Tube Water Polo - Tubular Tau
 Table Tennis - Jeffery Yang
 Basketball - The Regulators (Div A.), The Big Chillers (Div B)
 Basketball Skills Challenge - Grant Roess
 3-Point Contest: Abu Daramy-Swaray

SPRING 2020 ESPORTS CHAMPIONS

NBA 2k20 - Dechok De
 FIFA 20 - Jesus Rivera (XBox Division), Leo Montoya-Garcia (PS4 Division)
 League of Legends - Gator Gang
 3-3 Call of Duty Warzone - B-Tech Faze Plan
 6-6 Call of Duty Modern Warfare - Pocket & The Squares
 Rocket League - Eddie Lynch
 Mario Kart Raceoff - Charlie Huemmler & Alex Wu

PERSONAL DEVELOPMENT



JEN FRY WORKSHOPS

In February, Athletics welcomed Jen Fry to campus for a set of workshops for student-athletes, coaches, and staff. Fry is a former college volleyball coach turned social justice educator, and trains student-athletes, coaches and athletics staffs through an antiracist lens on issues of race, inclusion, intersectionality, diversity, and equity. In early June, many athletics department members took part in a Whiteness in Athletics webinar hosted by Fry and Victoria Harris. The session focused on how whiteness affects all aspects of athletics from K-12 through college and into the professional ranks. Following the original webinar, Colgate coaches and staff came together for a conversation on the topic and a second conversation was facilitated.

In June, the athletics department held two conversations/listening sessions with coaches, staff, and students as a response to recent events related to racial injustice. The coaches and staff session was loosely

structured, and many coaches and staff members shared their feelings and thoughts surrounding national events. The evening session with student-athletes included discussion topics and breakout groups. Approximately 55 student-athletes joined the call, which was facilitated by athletics administrators and head coaches.

POSITIVE COACHING INITIATIVE

While working remotely during the Pandemic, athletics department coaches and staff took part in the Missouri Institute for Positive Coaching's Power of Positive Coaching Digital Workshop. This 13-lesson digital workshop taught coaches and educators how to motivate athletes and students in a positive, healthy manner to help them achieve athletic, academic and personal excellence. Coaches and staff members have worked through the lessons on their own, and then following each lesson, two staff members have facilitated discussions for the full group centered on the material.

CAREER SERVICES AMBASSADORS

Career Services Ambassadors are selected members from varsity athletic teams trained to bridge the gap between student-athletes and Career Services. Their role is focused on encouraging teammates' greater utilization of available resources and services while helping to reduce barriers to engagement. Additionally, Career Ambassadors create a pathway between student-athletes and staff to share feedback that will enhance the relationship and resources available to students through Career Services. Ambassadors are role models in their experiences with Career Services. At least one ambassador is selected from each team; larger teams may opt for additional ambassadors in consultation with program administrators. These ambassadors assist teammates in learning about starting points to advance their career goals when they are unsure of whom to contact, promote Career Services' programming and services at optimal times for students, and assist to facilitate career programming delivered to student-athletes.

WELLNESS ADVOCATES

Wellness Advocates are members from varsity athletic teams who are passionate about the well-being of Colgate's student-athletes. This is a role that student-athletes choose to opt into, but there is a representative from every team. The Wellness Advocates mission is two-fold: to put on initiatives that bring awareness to different areas of wellness (i.e. sexual assault, mental health, alcohol, drugs and hazing) and to prepare the Wellness Advocates to support their teammates' well-being. This is done through trainings on areas such as suicide prevention training or the signs of healthy/unhealthy relationships, as well as dedicated time to tough conversations. This group prepares them to facilitate conversations with their teammates and act as liaisons from their teams to the athletics administration.

ATHLETICS DIRECTOR LEADERSHIP AWARD

Vice President & Director of Athletics Dr. Nicki Moore presented the Athletics Director's Leadership Award to two senior student-athletes who display leadership and Colgate virtues – thoughtful, driven, enthusiastic, cohesive and bold – over their entire Colgate career. This year's honors were given to Samantha Croston of the women's lacrosse team and Abu Daramy-Swaray of the football team.



ABU DARAMY-SWARAY

Daramy-Swaray capped his senior campaign with another All-America season. The Columbus, Ohio, product also earned All-Patriot League First Team honors for a third consecutive year. Daramy-Swaray led the Raiders with 10 pass-breakups and finished fourth in tackles with 54. He also returned 15 punts for an 8.7-yard average that was second in the Patriot League. His 37 career starts were tops among all Raiders active in 2019. Daramy-Swaray's trophy wall now contains three different All-America certificates and five All-Patriot League First Team honors to go with his 2016 Patriot League Rookie of the Year trophy.

"In my two years here at Colgate, I have been so impressed by Abu's energy, optimism and resilience," Moore said. "Abu does not know a stranger, because he quickly makes everyone his friend. Generous with his smile and energy with young children, his peers, administrators and faculty, and our senior-most fans alike, Abu welcomes everyone to share in his love of Colgate."

"In both big, public ways (need an emcee? Abu's your guy), and in quieter compassionate ways (need a friend or advocate? Abu will elevate your concern), Abu has given himself fully to his Colgate experience, and both he and we are better for it."



SAMANTHA CROSTON

Croston has worked her way into the Colgate Women's Lacrosse record books, ranking sixth all-time in career saves with 449 and eighth in goalkeeper wins with 21. Behind an All-Patriot League Second Team season in 2019, Croston helped lead the Raiders to the Patriot League Tournament semifinals after a thrilling 14-13 victory over Boston University in the quarterfinals. Croston has garnered three Patriot League Goalkeeper of the Week honors and has been selected to the Raider Academic Honor Roll three times during her career in the Maroon and White.

"I am so pleased to honor Samantha with the Athletics Director Leadership Award," Moore said. "Samantha has been a strong, consistent, persistent leader on her team and in our department. She has the invaluable skill of pivoting when faced with adversity, and energetically bringing others along with her."

"When her team underwent a coaching transition, Samantha was there to help her team adjust and get after it quickly. When a special project arose needing the student-athlete perspective, Samantha added hers. Samantha is an excellent ambassador for her team and for our department, and I have no doubt she will continue to make a positive impact in the world."

CAMPUS & COMMUNITY INVOLVEMENT

SAAC INITIATIVES

During the 2019-20 academic year, Colgate's Student-Athlete Advisory Committee undertook many initiatives aimed to bolster both the Colgate and surrounding communities.

During December 2019, SAAC teamed up with Pathfinder Village to do a **Random Acts of Kindness** campaign. Their residents would post a RAOK and "challenge" SAAC, which would then challenge a team to do a RAOK. That team would post one and tag another team, along with Pathfinder. It was probably a total of two hours, and it was a great way, not just for our student-athletes to do RAOK, but to engage with members of Pathfinder.

More than 300 sanitary items were collected by student-athletes while on road trips and staying in hotels as part of **The Little Things** project. Colgate SAAC partnered with Syracuse SAAC to distribute these items to local homeless shelters.

Colgate SAAC planned to send student-athletes to Hamilton Central School on Friday, March 13, to read to kids in all their classrooms as part of the school's **Pick a Reading Partner Program (PARP)**, but the event was canceled.

SAAC's annual 5K was originally scheduled for Sunday, April 5. The route was to be through the village Hamilton and the Colgate campus but was canceled. Proceeds were to be donated to the Bob Woodruff Foundation.

ADOPT-A-CLASSROOM

The 2019-20 Adopt-A-Classroom program with Sherburne-Earlville Elementary was split into three parts this year.

The first part was letter writing. Teams were partnered with classrooms based on the number of student-athletes on a team and the size of the corresponding classroom. Letters were written to each student at the school, with each team writing them for the students in their classes. Students at the school then wrote back to the student-athletes, and so forth. There are 636 students at Sherburne-Earlville Elementary, so 2,544 total letters were to be written by student-athletes. With the shutdown, 1,272 letters ended up being written. Colgate student-athletes loved being able to have a personal connection with students at Sherburne since they don't always get to go. Teachers thought it was a great way to have writing and reading exercises, and kids and their parents loved it.

The second part was school visits. Teams sent at least two athletes to each classroom they were matched with. Unfortunately, only two visits were able to occur before both Colgate and Sherburne-Earlville went remote. The letter writing helped establish a relationship and there is a hope moving forward that all pen-pals are able to meet in person once school and state guidelines allow.

Finally, student-athletes have been sending video to their classrooms. The videos have student-athletes saying things to motivate them with school work, to stay active, or just to stay positive. More than 70 videos have been delivered so far.

LEARN TO SKATE

Each year the Colgate Women's Hockey Team hosts a month long inclusive Learn to Skate Program. Young people (aged 4-21) with an Autism Spectrum Disorder (ASD) or related diagnosis and their siblings of all skating levels are invited to participate. During the program, players of the team engage with participants to aid in their development of skating and social skills

while providing a safe and fun learning environment. The end of the program coincides with the team's annual sensory-friendly Autism Awareness Game where the team auctions off custom, game-worn jerseys with all proceeds donated to a local Autism group.

KID'S DAY GAMES

Colgate hosted two kid's day games for area school children, attracting more than 3,000 combined fans to the women's basketball and women's hockey mid-day games. Schools represented this year for the Kids Game were Hamilton Central, Brookfield, Madison Central, Morrisville-Eaton, Sherburne-Earlville and Whitesboro.



SIDEKICKS

Men's basketball student-athletes Milan Williams, Jack Ferguson, Zach Light, Tucker Richardson, and Rapolas Ivanauskas all have a "sidekick" that they spend some time with a couple of times a month. The program, run annually by the COVE (Center for Outreach, Volunteerism, and Education), pairs Colgate students with school children at Hamilton Elementary and provides a great mentoring opportunity to children in the community.

Sidekicks get together for two hours every two weeks, or one hour every week, and spend time together doing things like getting dinner, catching a game, etc. Additionally, some of them get them to be Raiders for the Day and join their bench for home games.

GATE GIVES BACK

Colgate Athletics held its second 'gate Gives Back event on December 13, 2019. There were 37 PERA participants who went to five different locations to provide community service for the morning. Activities for the day included organizing a clothing drive for families to shop at prior to Christmas, hosting Bingo at a local senior center, and cleaning farm stalls at a non-profit animal farm.



NGWSD CLINIC

Held in Sanford Fieldhouse, nearly every women's sports team volunteered to help run a clinic for girls and boys around the community. The club rugby and ultimate frisbee teams also took part. More than 80 children from the area signed up for the event and it ended up being wonderful. The kids rotated stations, and were disappointed when it was over because they wanted to keep playing with the student-athletes. After the clinic, everyone received pizza and ice cream, and they received basketballs and free tickets to upcoming women's basketball and women's hockey games. It was a really wonderful day promoting Women in Sport, allowing the community to interact with Colgate student-athletes, and a chance for the student-athletes to absolutely shine.



LEADERSHIP TEAM

SENIOR TEAM

Dr. Nicki Moore
Vice President and Director of Athletics

Juliana Smith
Deputy Athletics Director, Senior Woman
Administrator

Yariv Amir
Senior Associate Athletics Director,
Finance and Operations

Laura Sgrecci
Senior Associate Athletics Director,
External Affairs and Strategic Advancement

Steve Chouinard
Associate Athletics Director,
Health and Performance

Angela Marathakis
Assistant Athletics Director,
Dir. of Student-Athlete Academic Services

Jamie Mitchell
Associate Athletics Director,
Event Management and Facilities

Toni Rogers
Associate Athletics Director,
Compliance and Student-Athlete Services

Brigid St. Leger
Interim Assistant Athletics Director,
Marketing and Fan Engagement

Malachi Hoskins
Administration Fellow

HEAD COACHES

Ryan Baker, Volleyball

Bill Cleary, Women's Basketball

April Cornell, Field Hockey

Jessica Deitrick, Women's Rowing

Greg Fargo, Women's Hockey

Lyndse Hokanson, Women's Soccer

Dan Hunt, Football

Matt Karweck, Men's Lacrosse

Marissa Lamison-Myers, Softball

Matt Langel, Men's Basketball

Harlis Meaders,
Cross Country/Track & Field

Bobby Pennington, Tennis

Ed Pretre, Swimming and Diving

Erik Ronning, Men's Soccer

Khaled Sanad, Men's Rowing

Kathy Taylor, Women's Lacrosse

Keith Tyburski, Golf

Don Vaughan, Men's Hockey

PROMOTIONS

Brendan Walsh
Assistant Coach, Football

JOINING OUR STAFF

Andy Bochetto
Assistant Coach, Men's Hockey

David Bodden
Assistant Director, Strength and Conditioning

Lyndse Hokanson
Head Coach, Women's Soccer

Brody Honeycutt
Assistant Coach, Track & Field

Malachi Hoskins
Administration Fellow

Jason Houghtaling
Assistant Coach, Football

Lizzy Johnson
Assistant Coach, Women's Soccer

Meghan Kovac
Director of Student-Athlete Development &
Academic Achievement

Olivia Leavitt
Assistant Coach, Tennis

Harlis Meaders
Director of Track & Field/Cross Country

Michelle Meehan
Assistant Coach, Volleyball

Haley Miller
Assistant Coach, Women's Soccer

Shawn Trice
Assistant Coach, Men's Basketball

Andrew Vossler
Assistant Coach, Men's Lacrosse

AWARDS & MILESTONES



Matt Langel has 139 wins, second most all-time. And this year he became the first head coach in Patriot League history to earn three straight Coach of the Year honors.



Ryan Baker earned his third Patriot League Coach of the Year award and was named to VolleyballMag.com's Under 40 Coaching Hotshots list.



Khaled Sanad in his 20th season leading Colgate Men's Rowing won the prestigious Coaches Award from his peers in the national rowing community. Sanad led the Colgate Varsity 8+ in its most recent spring season to a top 20 national ranking.



Harlis Meaders was named the permanent Director of Track & Field and Cross Country in June after serving in an interim capacity. Meaders brings more than 20 years of coaching experience to Colgate.



Bill Cleary earned career win No. 250 with Colgate's season-opening victory at NJIT. He coached the Raiders to a record 19 regular season wins in 2019-20.



Colgate's fall victory at the Bucknell Invitational pushed **Keith Tyburski** over the 400-win mark for his career. Tyburski's 410 victories during the stroke-play era make him the winningest coach in Raiders history.

ATHLETICS IDENTITY LAUNCH

Colgate Athletics has unveiled an exciting new identity initiative, connecting past with present and aligning its visual identity with its commitment to clearly represent and celebrate Colgate University.

As one of a very few liberal arts colleges that compete at the Division I level, Colgate possesses a rare combination of academic and athletic opportunity, and a tradition of achievement in every field and every arena. This new identity strengthens that tradition and reinforces Athletics' strong history at Colgate bridging the connection between classroom and competition.

To create the Colgate Athletics makeover, the department collaborated with SME Creative Agency, one of the nation's most trusted branding firms in sports, entertainment and higher education; and Pentagram, an award-winning design firm that developed the Colgate University and Bicentennial identities.

"I am proud of the process by which we have arrived at this moment," said Nicki Moore, Colgate Vice President and Director of Athletics. "We were inclusive, engaging countless members of the Colgate community. Students, student-athletes, coaches, staff, alumni, faculty and community members have all contributed to this project. We worked closely with our excellent colleagues in University Communications as well as with brilliant external experts with an aim to precisely and beautifully represent those elements that distinguish the Colgate Athletics experience.

"I am equally proud of the outcome of our efforts. Our goals with this new Athletics identity system were to centralize what our athletics program represents; differentiate our program from our competitors; articulate our unique values and story; reflect our rich history of athletic and academic success; substantiate the value of our exemplary scholar-athlete experience; and promote the success of our collective program, as well as each individual team. We have done just that."

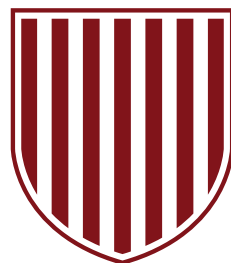
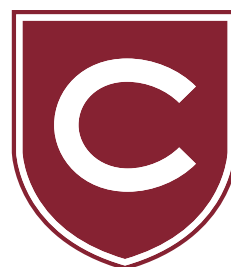
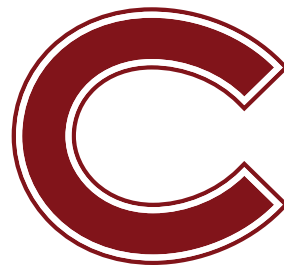
The centerpiece of Colgate's new athletics branding remains the C, inspired by the cover of the 1904 Salmagundi school yearbook. Track and field athletes brandished that C and Colgate had its first athletics logo more than 100 years ago. The new athletics C adds a double outline but remains true to its origins:

- Athletics is in close alignment with the University.
- Athletics emanates from the core mission and values of the institution.
- Athletics is an extension of the classroom.

The intentional inclusion of a shield – as a primary mark, two spirit marks and an accent in the 'gate mark – conveys athletics as an extension of the academic mission. This is the same shield shape now seen in Colgate's residential commons marks, and it represents the learning community fostered within the context of intercollegiate athletics at Colgate.

The 13 stripes as a graphic element of the new identity system represent Colgate's 13 founders with 13 dollars, 13 articles and 13 prayers, and pay homage to those Colgate student-athletes who have come before and who "earned their stripes" competing for championships. Each of the student-athlete uniforms will feature the 13 stripes shield spirit mark. By "donning their stripes," Colgate student-athletes are representing not only their team but the values and competitive tradition of the University.

The script 'gate, beloved by Colgate's alumni community, has a special place in celebrating our rich tradition of competitive success. The apostrophe reflects the shield, and, appropriately, the script is poised at a 13-degree angle.



ATHLETICS ADVANCEMENT

ANNUAL FUND

A total of \$2,392,111 was received in support of varsity athletic programs and the Colgate Athletics Council in FY20. This result was \$17,417 less (-1%) than the total raised in FY19. The total number of gifts received, however, is the third highest sum of contributions for athletics in Colgate history. Forty one percent of former varsity athletes made a gift to Colgate Athletics (any designation).

The following nine support groups saw an increase in dollars raised over the previous year, with four* setting record fundraising numbers in the last year.

- Goal Getters Club (Men's Soccer)*
- Men's Rowing*
- Center Court Club (Volleyball)*
- Triple Double Club (Women's Basketball)
- Women's Rowing*
- Center Ice Club (Women's Hockey)
- Track & Field/Cross Country
- Webfoot Association (Swimming & Diving)
- Racquetbusters (Tennis)
- Colgate Athletics Council

MARCH MANIA

On March 9, Colgate Athletics set out to pursue an ambitious goal of securing 2,613 gifts from former athletes, current student-athletes, parents of student-athletes, Raider fans, and members of the Colgate community in support of this year's March Mania challenge.

The annual March Mania competition is very important to Colgate Athletics as it raises vital support for the university's 25 Division I varsity programs and the Colgate Athletic Council.

The campaign was paused on March 11 due to the COVID-19 pandemic. At that time, more than \$315,000 had been raised, through the participation and generosity of more than 2,000 donors, but leaving a gap in needed support. The competition restarted

on May 14, and the outpouring of support for Colgate Athletics during the ensuing two days was inspiring.

Colgate is thrilled to announce that this year's March Mania competition was a success, raising \$577,329 from 2,688 donors, and earning an additional \$130,000 in challenger support for Colgate Athletics.

The success of the annual fundraising challenge would not have been possible without the support of the following March Mania challengers: Robin Kiam Aviv '83; Gretchen H. Burke '81, P'11,'20 and Stephen B. Burke '80, P'11,'20, H'04; Michael J. Herling '79, P'08,'09,'12 and Nancy Herling '81, P'08,'09,'12; Barry Small '76 and Laurie Small '78, and four anonymous parent and alumni donors.

VIRTUAL ENGAGEMENT

Colgate Athletics hosted 39 engagement events during the 2019-20 fiscal year, including golf tournaments, tailgates, receptions, and alumni socials. Virtual events were a necessary pivot due to COVID, but they offered a unique engagement opportunity both for individual sport programs as well as the larger Colgate Athletics community. Ten teams hosted virtual socials as an opportunity to connect with alumni, parents and friends of the program, provide team and campus updates, and offer a space for alumni to interact with and support the current student-athletes.



"MARCH" MANIA			FINAL STANDINGS AS OF MAY 22, 2020			COLGATE ATHLETICS		
FORMER VARSITY ATHLETES			CURRENT STUDENT-ATHLETES			CURRENT STUDENT-ATHLETE PARENTS		
1. Volleyball			1. Women's Ice Hockey			1. Men's Rowing		
2. Women's Ice Hockey			1. Softball			1. Women's Ice Hockey		
3. Men's Lacrosse			1. Volleyball			3. Women's Rowing		
4. Women's Lacrosse			1. Golf			4. Field Hockey		
5. Women's Soccer			1. Men's Ice Hockey			5. Softball		
6. Field Hockey			1. Men's Rowing			6. Swimming & Diving		
7. Softball			1. Women's Soccer			7. Golf		
8. Men's Soccer			1. Women's Rowing			8. Volleyball		



OUR VIEW

WE BELIEVE SPORT HELPS PEOPLE TO BE BETTER

OUR VISION

**TO BE AN INCLUSIVE COMMUNITY OF
COMPETITIVE EXCELLENCE**

OUR VIRTUES

THOUGHTFUL We are empathetic and inclusive, embracing diversity of all kinds because we appreciate the value of different perspectives.

DRIVEN We are relentless, energetic and perpetually focused on our individual and collective goals.

ENTHUSIASTIC We are passionate, positive and eager to chase excellence in everything we pursue.

COHESIVE We are a tight-knit group bound together by our commitment to the whole; we value collaboration and teamwork and lean on each other to meet challenges head on.

BOLD We are strong and vibrant, united by our quest to bring out the best in every scholar-athlete and undaunted in our collective pursuit of excellence.