

OAKLAND UNIVERSITY ATHLETICS RECORD

RECORDS



GOLDEN GRIZZLIES

BOOK

OAKLAND

athletics university

golden grizzlies OAKLAND

OAK record book

LAN GO UN OAK
DUN LO EN D OAK
IVER GR ATHLE
SITY I Z L TIES
Z L IES



Golden Grizzlies



OAKLAND
RECORD BOOK



oakland university ATHLETICS

GOLDEN GRIZZLIES



OAKLAND ATHLETICS university

BOOK

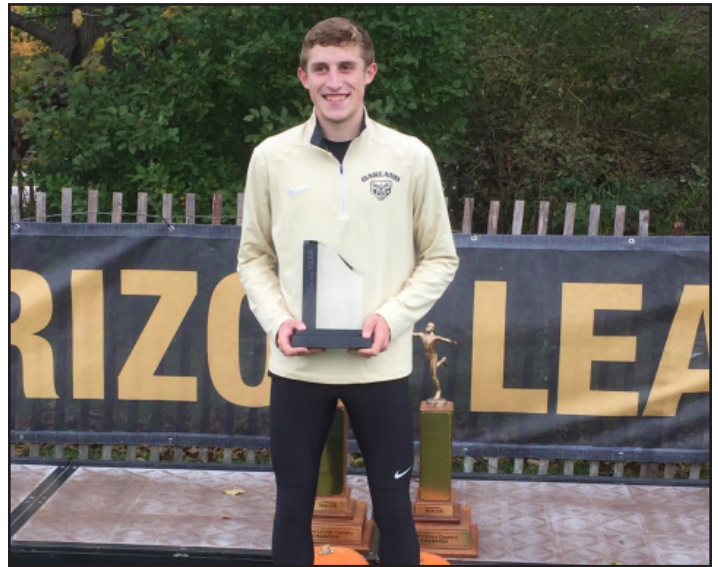
OAKLAND ATHLETICS GOLDEN GRIZZLIES OAKLAND RECORD



Men's Cross Country Top Times

4-Mile

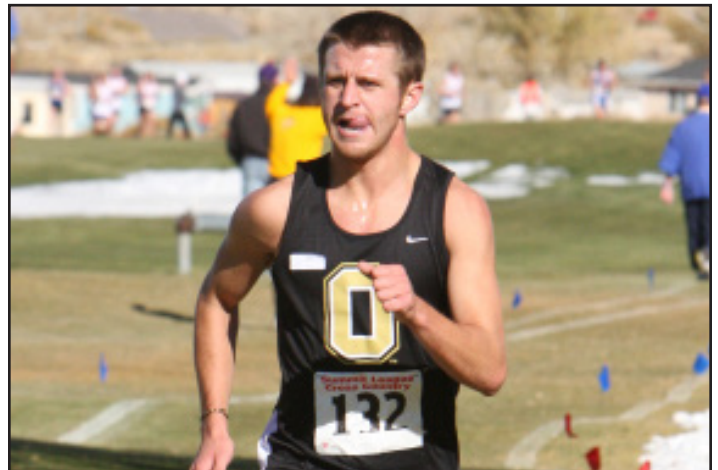
Zack Jones	19:59.00	2008
Adam Frezza	20:06.00	2003
Jason Bruscha	20:10.00	2003
Paul Monnett	20:44.00	1999
Pat Cassady	20:45.00	2008
Kenny Wall	20:47.00	2008
Paul Kulisek	20:52.00	2002
Connor Goetz	20:53.20	2018
Andrew Bowman	20:53.39	2013
Jason Young	20:55.00	2005
Ross Solanskey	20:57.00	2007
Brandon Griffin	20:58.00	2008
Brian Jones	21:03.00	1988
Tyler Delange	21:04.60	2015
Michael Cox	21:05.30	2015



In 2016, Bryce Stroede captured the program's first men's individual Horizon League Championship

8K

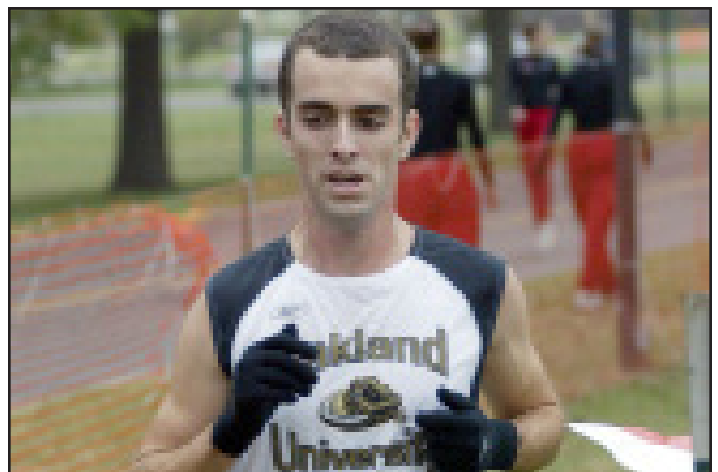
Bryce Stroede	23:53.70	2017
Connor Wuori	24:06.70	2019
Bryce Stroede	24:16.00	2015
Connor Wuori	24:23.90	2019
Zack Jones	24:28.30	2008
Jacob Bowman	24:28.70	2017
Adam Frezza	24:33.50	2005
Jacob Bowman	24:48.91	2015
Andrew Bowman	24:49.70	2015
Shawn Slater	24:49.90	2019
Pat Cassady	24:54.00	2010
Ken Osmun	24:55.00	1990
Bryce Stoeede	24:55.52	2015
Ross Solanskey	24:58.00	2007
Brandon Griffin	24:59.00	2010



Zack Jones holds the school record for the four mile

10K

Ken Osmun	30:14.40	1990
Zack Jones	30:32.01	2010
Pat Cassady	31:07.31	2010
Brandon Griffin	31:19.48	2010
Bryce Stroede	31:25.00	2017
Andrew Bowman	31:29.50	2017
Connor Goetz	31:32.30	2019
Bryce Stroede	31:36.20	2015
Steven Marcinkowski	31:40.87	2010
Scott Collins	31:45.85	1995
Nathan Ziolk	31:47.00	2014
Andrew Bowman	31:52.60	2015
John Nemens	32:03.00	1993
Adam Frezza	32:07.60	2002
Andrew Bowman	32:09.00	2014



Adam Frezza won the Mid-Continent Championship in 2005



Men's Cross Country Honor Roll

NCAA Championships (Div. I 1997-), Div. II (1964-96)

1968	Team	43rd - 1010 pts
1990	Ken Osmun (All-American)	11th
1995	Scott Collins (All-American)	17th

All-Region

1986	Ken Osmun	14th
1987	Ken Osmun	24th
1988	Ken Osmun	6th
1990	Ken Osmun	2nd
	Brian Jones	24th
1991	John Myatt	12th
	Paul Rice	15th
1992	John Nemens	22nd
	Paul Rice	23rd
1993	Scott Collins	14th
	John Nemens	16th
	Paul Rice	25th
1995	Scott Collins	8th
2016	Bryce Stroede	20th
2017	Bryce Stroede	21st
	Jacob Bowman	22nd
	Andrew Bowman	23rd

All-GIAC

1987	Ken Osmun
1988	Ken Osmun (Runner-up)
1990	Brian Jones
	John Myatt
	Ken Osmun (Champion)
1991	John Myatt (Champion)
	Paul Rice (Runner-Up)
1992	John Myatt
	John Nemens
	Paul Rice
1993	Scott Collins
	John Nemens
1995	Scott Collins

All-Summit League*

*Known as Mid-Continent 1999-2006

1999	Bill Monnett	2nd
2001	Jason Bruscha	1st
	Adam Frezza	2nd
	Paul Kulisek	
2002	Adam Frezza	1st
	Paul Kulisek (Runner-Up)	
	Ryan Bissell	2nd
	Jason Bruscha	
	John Cook	
2003	Brandon Fisk	
	Jason Bruscha	1st
	Adam Frezza	
	John Cook	2nd
	Brandon Fisk	
	Luke Williams	
2004	Luke Williams	2nd
2005	Adam Frezza (Champion)	1st
	Paul Kulisek	
	Jason Young	
	Andy Lawrick	2nd
2006	Jason Young	1st
	Zack Jones	2nd
	Andy Lawrick	
2007	Andy Lawrick	2nd
	Jason Young	
2008	Zack Jones	1st
	Brandon Griffin	2nd
	Andy Lawrick	
	Kenny Wall	
2009	Zack Jones	1st
	Pat Cassady	2nd
	Phillip Palomino	
2010	Brandon Griffin	1st
	Zack Jones (Runner-Up)	
	Pat Cassady	2nd
2011	Kenny Wall	2nd
2012	Pat Cassady	2nd

All-Horizon League

2013	Michael Cox	2nd
	Jacob Bowman	
2014	Nathan Ziolk	1st
	Jacob Bowman	2nd
2015	Jacob Bowman	1st
	Andrew Bowman	
	George O'Conner	2nd
	Bryce Stroede	
	Michael Cox	
2016	Bryce Stroede (Champion)	1st
	Connor Wuori	
2017	Bryce Stroede (Runner-Up)	1st
	Jacob Bowman	
	Andrew Bowman	
	Brad Mallory	2nd
	Connor Wuori	
2018	Connor Goetz	2nd
2019	Connor Goetz (Champion)	1st
	Connor Wuori	
	Shawn Slater	2nd

All-CCC

2002	Adam Frezza
	Paul Kulisek
2005	Adam Frezza (Champion)
	Paul Kulisek
2006	Jason Young

All-State

1991	John Myatt
	Paul Rice
1992	John Myatt
	John Nemens
	Paul Rice
1993	Scott Collins
	John Nemens
	Paul Rice
1994	Jim Haviland
1995	Jason Ballard
	Scott Collins
	Chris Constantino
1999	Bill Monnett
2000	Kurt Brinker
	Brandon Fisk
	Luke Williams
2003	Adam Frezza
2004	Luke Williams
2005	Adam Frezza
	Paul Kulisek
2007	Justin Battle
	Jason Clement
	Tom Gienapp
2010	Pat Cassady (Champion)
	Kevin Cataldo (Runner-up)
	Brandon Griffin
	Nate Ismond
	Anthony Sterzick

Horizon League Freshman of the Year

2013	Jacob Bowman
2018	Connor Goetz

Horizon League Athlete of the Year

2016	Bryce Stroede
2019	Connor Goetz

Summit League Coach of the Year

2002	Paul Rice
2005	Paul Rice

Horizon League Coach of the Year

2015	Paul Rice
2017	Paul Rice



Men's Cross Country Top Finishers

INDIVIDUAL WINNERS

Andrew Bowman

Golden Grizzly Open - Aug. 29, 2015
Golden Grizzly Short Course - Oct. 9, 2015

Jacob Bowman

Golden Grizzly Open - Sept. 4, 2015
Golden Grizzly Open - Sept. 1, 2017

Jason Bruscha

Tower Trail Classic - Sept. 22, 2001

Pat Cassady

Golden Grizzly Open - Sept. 4, 2010
Michigan Intercollegiates - Oct. 8, 2010

Scott Collins

Chris Yanni Memorial Invite - Sept. 2, 1995
Bulldog Invitational - Sept. 23, 1995
Roadrunner Invitational - Oct. 6, 1995

Michael Cox

Golden Grizzly Open - Aug. 30, 2013

Adam Frezza

Mel Brodt Invitational - Sept. 13, 2003
Crusader Invitational - Sept. 9, 2005
Central Collegiates - Sept. 17, 2005
Mid-Continent Championships - Oct. 29, 2005

Connor Goetz

Horizon League Championships - Nov. 2, 2019

Brian Jones

Macomb CC-WSU Tri Meet - Sept. 6, 1988

Zack Jones

Tommy Titan Invitational - Sept. 8, 2008
Golden Grizzly Open - Sept. 5, 2009
IPFW Invitational - Sept. 12, 2009

John Myatt

GLIAC Championships - Oct. 26, 1991

John Nemens

Michigan Tech Invitational - Sept. 11, 1992
Chris Yanni Memorial Invite - Sept. 4, 1993
Roadrunner Invitational - Oct. 1, 1993

George O'Connor

Golden Grizzly Open - Aug. 31, 2012
IPFW Invitational - Sept. 8, 2012

Ken Osmun

Apple Amble - Sept. 12, 1987
Running Fit/Detroit Invite - Sept. 8, 1990
Bulldog Invitational - Sept. 22, 1990
Monarch Invitational - Sept. 29, 1990
Roadrunner Invitational - Oct. 5, 1990
GLIAC Championships - Oct. 20, 1990

Bryce Stroede

Golden Grizzly Open - Sept. 2, 2016
Golden Grizzly Short Course - Oct. 7, 2016
Horizon League Championships - Oct. 29, 2016

Jason Young

Golden Grizzly Open - Sept. 4, 2005

TOP 10 FINISHES

Ken Osmun - 20
Adam Frezza - 19
Zack Jones - 14
Bryce Stroede - 14
Scott Collins - 11
John Myatt - 11
Paul Rice - 11
Michael Cox - 10
Jason Bruscha - 9
Pat Cassady - 8
Paul Kulisek - 8
John Nemens - 8
Luke Williams - 8
Jacob Bowman - 10
George O'Connor - 7
Andrew Bowman - 8
John Cook - 7
Brandon Fisk - 7
Brian Jones - 7
Brandon Griffin - 6
Connor Wuori - 7
Kurt Brinker - 5
Jason Young - 5
Jason Ballard - 4
Andy Lawrick - 4
Bill Monnett - 4
Phillip Palomino - 4
Ross Solanskey - 4
Kenny Wall - 4
Ryan Bissell - 3
Chris Constantino - 3
Steven Marcinkowski - 3
Bill Soule - 3
Kenny Wassus - 3
Mike Craze - 2
Jason Bigelow - 2

Jim Haviland - 2
Tony Schafer - 2
Anthony Sterzick - 2
Barry Valko - 2
Nathan Ziolk - 4
Bruce Bearden - 1
Dave Elliott - 1
Chris Fecek - 1
Jim Haviland - 1
Paul Horvath - 1
Alex Katona - 1
Mike Kearns - 1
Jeff Kelke - 1
Pat Klein - 1
Andy McCloskey - 1
Kevin MacDonald - 1
Cal Magier - 1
Tony Markel - 1
Chris Melnychenko - 1
Sean Miller - 1
Hassan Mougrabi - 1
Bryan Nance - 1
Eric Nowicki - 1
Pat Sarver - 1
Tony Schafer - 1
Anthony Sterzick - 1
Paul Wakulat - 1
Mike Withee - 1
Tyler Delange - 1
Brad Mallory - 4
Jacob Greer - 1
Chris Scott - 1
Cameron Karagitz - 1
Matt Riter - 1
Keenan Jones - 1
Austin Dawn - 1
Connor Goetz - 3
Thomas Polak - 1
Nate Corcoran-Miller - 1



Women's Cross Country Top Times

5K

Kristie Kieffer	17:03.00	2003
Lia Jones	17:23.61	2010
Rachel Levy	17:28.10	2017
Maggie Schneider	17:29.10	2017
Rachel Levy	17:33.20	2019
Brittini Hutton	17:42.00	2012
Ashley Burr	17:42.20	2017
Maggie Schneider	17:43.10	2019
Maggie Schneider	17:43.10	2017
Melissa Nasers	17:51.00	2003
Sara Lieblein	18:05.27	2010
Miranda Haas	18:06.10	2015
Ashley Burr	18:07.80	2015
Kelsey Carmean	18:08.26	2010
Erica D'Angelo	18:09.55	2010



Rachel Levy captured the program's first women's individual Horizon League Championship

6K

Maggie Schneider	19:45.10	2019
Rachel Levy	20:06.30	2019
Maggie Schneider	20:50.90	2019
Maggie Schneider	20:52.90	2019
Rachel Levy	20:58.70	2015
Brittini Hutton	21:09.00	2012
Miranda Haas	21:09.80	2015
Kristie Kieffer	21:10.70	2003
Rachel Levy	21:13.90	2019
Maggie Schneider	21:17.00	2017
Maggie Schneider	21:19.60	2019
Maggie Schneider	21:22.00	2017
Rachel Levy	21:22.10	2019
Maggie Schneider	21:24.30	2017
Lia Jones	21:26.90	2010



The 2016 Horizon League Team featured four Oakland student-athletes who were First Team Selections (L to R): Rachel Levy (Champion), Miranda Haas (Runner-Up), Alana Koepf Ashley Burr



Women's Cross Country Honor Roll

NCAA Division I Championships

2003	Kristie Kieffer	150th	Rachel Levy	2nd
			Heather Czarnecki	

All-Region (Div. I 1997-, Div. II 1993-96)

1993	Nancy Collister	18th
2003	Kristie Kieffer	13th
2009	Lia Jones	18th

All-GLIAC

1993	Nancy Collister
1995	Traci Boenick
1996	Christina Colombe

All-Summit League *

* Known as Mid-Continent 1999-2006

1999	Kristie Kieffer	1st
2000	Kristie Kieffer (Champion)	1st
	Christina Colombe	2nd
	Jennifer Kunst	
2001	Kristie Kieffer (Runner-Up)	1st
	Melissa Nasers	2nd
2002	Melissa Nasers (Runner-Up)	1st
	Sarah Kane	2nd
2003	Kristie Kieffer (Champion)	1st
	Melissa Nasers	
2004	Laura Fisher	2nd
	Kim Schultz	
2005	Laura Fisher	2nd
2006	Laura Fisher	2nd
2008	Erica D'Angelo	2nd
	Sara Lieblein	
2009	Sara Lieblein	2nd
2010	Brittini Hutton	1st
	Lia Jones	
	Sara Lieblein	
	Kelsey Carmean	2nd
2011	Brittini Hutton	1st
	Lia Jones	2nd
2012	Brittini Hutton (Champion)(MVP)	1st

All-Horizon League

2013	Sammy Mondry	2nd
2014	Karli Keur	2nd
	Ashley Burr	
2015	Ashley Burr (Runner-Up)	1st
	Rachel Levy	
	Miranda Haas	
	Karli Keur	
2016	Rachel Levy (Champion)	1st
	Miranda Haas (Runner-Up)	
	Ashley Burr	
	Alana Koepf	
2017	Maggie Schneider (Champion)	1st
	Rachel Levy	
	Ashley Burr	
	Maddi Leigh	2nd
	Sammy Mondry	
2018	Maggie Schneider (Champion)	1st
	Megan Nichols	
	Heather Czarnecki	2nd
2019	Maggie Schneider (Champion)	1st

All-CCC

2002	Sarah Kane
	Melissa Nasers
2003	Kristie Kieffer
	Melissa Nasers
2005	Dayna Cline
	Laura Fisher
	Kate Reilly
2006	Dayna Cline

All-State

1995	Traci Boenick
	Densie McCartney
1999	Kristie Kieffer
2000	Kristie Kieffer
2002	Melissa Nasers
2004	Dayna Cline
	Laura Fisher
2005	Dayna Cline
2007	Kelsey Carmean
	Kayla Doan
2008	Kelsey Carmean
	Erica D'Angelo
2010	Kelsey Carmean
	Brittini Hutton
	Lia Jones (Runner-Up)
	Sara Lieblein

Summit League Athlete of the Year

2003	Kristie Kieffer
2012	Brittini Hutton

Horizon League Athlete of the Year

2017	Rachel Levy
2018	Maggie Schneider
2019	Maggie Schneider

Summit League Coach of the Year

2010	Paul Rice
------	-----------

Horizon League Coach of the Year

2015	Paul Rice
2016	Paul Rice
2017	Paul Rice
2019	Paul Rice



Women's Cross Country Top Finishers

INDIVIDUAL WINS

Traci Boenick

Chris Yanni Memorial/U.P. Classic - Sept 2, 1995
Roadrunner Invitational - Oct. 6, 1995

Morgan Bridgewater

Glen Oaks CC Invite - Sept. 25, 2015

Ashley Burr

UW-Parkside Midwest Open - Sept. 13, 2015

Kelsey Carmean

Golden Grizzly Open - Sept. 5, 2009
IPFW Invitational - Sept. 12, 2009

Miranda Haas

Golden Grizzly Open - Sept. 4, 2015

Brittini Hutton

Golden Grizzly Open - Aug. 31, 2012
IPFW Invitational - Sept. 8, 2012
Dual Meet vs. Detroit - Oct. 19, 2012
Summit League Championships - Oct. 27, 2012

Lia Jones

Golden Grizzly Open - Aug. 30, 2008
Golden Grizzly Open - Sept. 2, 2011

Kristie Kieffer

Tower Trail Classic - Sept 23, 2000
Mid-Continent Championship - Oct. 28, 2000
Motor City Classic - Sept. 1, 2001
Running Fit/Detroit Mercy Invitational - Sept. 8, 2001
Running Fit/Detroit Mercy Invitational - Sept. 6, 2003
Mel Brodt Invitational - Sept. 13, 2003
Bronco Invitational - Oct. 17, 2003
Mid-Continent Championships - Nov. 1, 2003

Rachel Levy

Golden Grizzly Open - Sept. 9, 2016
Golden Grizzly Short Course Dual vs. CMU - Oct. 7, 2016
Horizon League Championships - Oct. 29, 2016
Golden Grizzly Open - Sept. 1, 2017
Golden Grizzly Open - Aug. 30, 2019

Sara Lieblein

Golden Grizzly Open - Sept. 4, 2010

Melissa Nasers

Motor City Classic - Aug. 30, 2003

Maggie Schneider

Horizon League Championships - Oct. 28, 2017
Horizon League Championships - Oct. 27, 2018
Horizon League Championships - Nov. 2, 2019

TOP 10 FINISHES

Kristie Kieffer - 21
Melissa Nasers - 14
Brittini Hutton - 9
Miranda Haas - 9
Karli Keur - 8
Jennifer Kunst - 8
Kelsey Carmean - 7
Lia Jones - 7
Sara Lieblein - 7
Ashley Burr - 8
Laura Fisher - 6
Rachel Levy - 8
Lydia Stanley - 5
Dayna Cline - 5
Jeanine Chura - 4
Erica D'Angelo - 4
Sarah Kane - 4
Jami Rodes - 4
Jenae Curley - 4
Sammy Mondry - 5
Alana Koepf - 4
Traci Boenick - 3
Nancy Collister - 3
Christina Colombe - 3
Denise McCartney - 3
Amber Nagel - 3
Kate Reilly - 3
Hannah Scherer - 3
Kayla Doan - 2
Amy Noser - 2
Cassie Peterson - 2
Hannah Scherer - 2
Kim Schultz - 2
Ann Marie Seiter - 2
Betsy Speer - 2
Kendra Coles - 2
Morgan Bridgewater - 1
Autumn Cleverley - 1
Kara Coraci - 1
Theresa Derwinski - 1
Sarah Drouillard - 1
Jackie Dugall - 1
Sara Gerhardt - 1
Stephanie Huber - 1
Hillary Kowalski - 1
Janelle Lindman - 1
Rita Lucio - 1
Tanya Murnock - 1
Sarah Oren - 1
Leslie Schachinger - 1
Andrea Sutter - 1
Sarah Thompson - 1
Martha Young - 1
Jenae Curley - 1
Courtney Stauffer - 1
Lauren Zens - 1
Kailey Weingartz - 1
Kaitlin Catania - 2
Allison Shannon - 1
Maggie Schneider - 8
Maddi Leigh - 2
Kendra Coles - 1
Megan Nichols - 2
Rachel Kempf - 4
Heather Czarnecki - 2



Men's Year-by-Year Results

1964-67

Information Not Available

1968

NCAA DIVISION II QUALIFIER

NCAA Division II 43rd, 1043

1969-74

Information Not Available

John Osler (1975)

Information Not Available

1976-78

Information Not Available

Steve Hebold (1979-81)

1979

(4-1)

Northern Kentucky	L, 33-22
Detroit	W, 17-38
Albion	W, 24-31
Mid-American Collegiate	8th, NA
Olivet	W, 15-40
Grand Valley Invitational	2nd, NA
GLIAC Championship	6th, NA
Detroit	W, 21-34
Siena Heights Invitational	1st, NA
UM-Dearborn Invitational	2nd, NA

1980

EMU Invitational	NTS
Olivet Invitational	6th, NA
Northern Kentucky Quad	2nd, 35
Wisconsin-Parkside Invite	16th, NA
Monarch Open	4th, NA
Grand Valley Invitational	4th, NA
GLIAC Championship	6th, NA
Siena Heights Invitational	1st, NA

1981

Information Not Available

DeWayne Jones (1982)

Information Not Available

Terry Dibble (1983-84)

1983

(1-1)

EMU Open	NTS
Charger Invitational	4th, 137
Siena Heights	L, 45-15
Toledo	W, 28-29
Monarch Invitational	6th, NA
Tri State Invitational	14th, 443
GLIAC Championship	7th, 195
Siena Heights Invitational	10th, 372
Great Lakes Regional	19th, 560

1984

EMU Open	NTS
Lake Superior State	W, 15-40
Tri State Invitational	10th, 269
Hillsdale	L, 40-15
GLIAC Championship	7th, 173
Great Lakes Regional	14th, 405

John Stevenson (1985-86)

1985

2-0

Midwest Collegiate	9th, NA
Bulldog Invitational	4th, NA
Monarch Invitational	2nd, NA

Grand Valley Invitational	3rd, NA
GLIAC Championship	7th, NA
Lake Superior State	W, NA
Michigan Tech	W, NA

1986

Midwest Collegiate	20th	684
GLIAC Championship	4th	115
Great Lakes Regional	10th	264

Hal Commerson (1987-90)

1987

Apple Amble	NA, 371
Midwest Collegiate	26th, 693
Bulldog Invitational	8th, 270
Monarch Invitational	INC
Road Runner Invitational	INC
GLIAC Championship	INC
Great Lakes Regional	INC

1988

(1-1)

Macomb CC	L, 29-26
Wayne State	W, 15-40
Midwest Collegiate	14th, 404
Bulldog Invitational	6th, 135
Monarch Invitational	3rd, 52
Road Runner Invitational	5th, 141
GLIAC Championship	7th, 172
Great Lakes Regional	13th, 336

1989

Detroit Invitational	2nd, 58
Jeff Drenth Memorial	7th, 172
Bulldog Invitational	4th, 122
Monarch Invitational	3rd, 77
Road Runner Invitational	3rd, 124
Pioneer Invitational	1st, 30
GLIAC Championship	6th, 157
Great Lakes Regional	15th, 377

1990

EMU Open	NTS
Detroit Invitational	1st, 44
Calvin Invitational	2nd, 56
Bulldog Invitational	3rd, 84
Monarch Invitational	3rd, 78
Road Runner Invitational	2nd, 61
GLIAC Championship	3rd, 79
Great Lakes Regional	6th, 168
NCAA Division II	DNS

Dave McCauley (1991-95)

1991

U.P. Classic	5th, 92
Detroit Invitational	3rd, 84
Bulldog Invitational	3rd, 71
Michigan Intercollegiates	4th, 95
GLIAC Championship	4th, 85
Great Lakes Regional	11th, 256

1992

GLIAC RUNNER-UP

Michigan Tech Invitational	1st, 30
Malone Invitational	3rd, 90
Bulldog Invitational	2nd, 73
Roadrunner Invitational	1st, 36
Michigan Intercollegiates	7th, 261
GLIAC Championship	2nd, 63
Great Lakes Regional	9th, 189

1993

GLIAC RUNNER-UP

Chris Yanni Memorial	1st, 46
Midwest Collegiate	9th, 290
Bulldog Invitational	2nd, 86
Roadrunner Invitational	3rd, 81
Michigan Intercollegiates	3rd, 91
GLIAC Championship	2nd, 86
Great Lakes Regional	8th, 199

1994

Chris Yanni Memorial	INC
Bulldog Invitational	3rd, 93
Roadrunner Invitational	3rd, 115
Michigan Intercollegiates	8th, 155
GVSU Invitational	INC
GLIAC Championship	5th, 141
Great Lakes Regional	16th, 444

1995

STATE RUNNER-UP

Chris Yanni Memorial	1st, 24
Midwest Collegiate	19th, 555
Bulldog Invitational	2nd, 63
Roadrunner Invitational	3rd, 79
Michigan Intercollegiates	2nd, 87
GLIAC Championship	5th, 159
Great Lakes Regional	13th, 348
NCAA Division II	DNS

1996

Tower Trail Classic	6th, 122
Loyola Lakefront Invitational	10th, 269
Michigan Intercollegiates	6th, 160
GLIAC Championship	8th, 247
Great Lakes Regional	21st, 618

1997

Running Fit/Detroit Invit.	12th	347
EMU Invitational		NTS
Loyola Lakefront Invitational	29th	941
Michigan Intercollegiates	17th	491
Spring Arbor Invitational	11th	301

Paul Rice (1998-)

1998

Running Fit/Detroit Invit.	7th	144
Midwest Collegiate	14th	409
Malone Invitational	4th	85
Loyola Lakefront Invitational	22nd	624
Michigan Intercollegiates	18th	517
Defiance Invitational	1st	46
Great Midwest Classic	16th	483

1999

EMU Open	NTS
Running Fit/Detroit Invite	7th, 168
Midwest Collegiate	5th, NA
Loyola Lakefront Invitational	16th, NA
Michigan Intercollegiates	4th, 118
UW-Parkside Invitational	13th, 353
Mid-Continent	5th, 130
Great Lakes Regional	26th, 692

2000

Motor City Classic	2nd, 41
Running Fit/Detroit Invit.	6th, 161
Midwest Collegiate	14th, 375
Tower Trail Classic	2nd, 52
Loyola Lakefront Invitational	15th, 416
Michigan Intercollegiates	3rd, 70
Mid-Continent	5th, 117
Great Lakes Regional	21st, 624



Men's Year-by-Year Results

2001

MID-CONTINENT RUNNER-UP

Motor City Classic	2nd, 29
Running Fit/Detroit Invit.	4th, 80
Tower Trail Classic	NTS
Loyola Lakefront Invitational	6th, 188
Notre Dame Invitational	4th, 168
NCAA Pre-Nationals	28th, 706
Mid-Continent	2nd, 60
Great Lakes Regional	17th, 474

2002

MID-CONTINENT CHAMPIONS

Motor City Classic	1st, 20
Running Fit/Detroit Invit.	1st, 58
Mel Brodt Invitational	2nd, 78
Spartan Invitational	INC
Central Collegiates	4th, 105
Notre Dame Invitational	2nd, 80
NCAA Pre-Nationals	34th, 839
Mid-Continent	1st, 34
Great Lakes Regional	16th, 475

2003

MID-CONTINENT RUNNER-UP

Motor City Classic	1st, 18
Running Fit/Detroit Invit.	4th, 91
Mel Brodt Invitational	2nd, 39
Spartan Invitational	NTS
Notre Dame Invitational	21st, 508
Bronco Invitational	2nd, 39
Mid-Continent	2nd, 40
Great Lakes Regional	18th, 532

2004

Golden Grizzly Open	NTS
Running Fit/Detroit Invit.	9th, 222
Spartan Invitational	NTS
Loyola Lakefront Invitational	25th, 666
Michigan Intercollegiates	13th, 299
Mid-Continent	4th, 130
Great Lakes Regional	28th, 808

2005

MID-CONTINENT CHAMPIONS CENTRAL COLLEGIATES RUNNER-UP

Golden Grizzly Open	NTS
Crusader Invitational	2nd, 35
Central Collegiates	2nd, 62
Western Invitational	4th, 130
Lansing CC Invitational	NTS
Michigan Intercollegiates (4K)	3rd, 70
Michigan Intercollegiates (8K)	8th, 192
NCAA Pre-Nationals	30th, 688
EMU Classic	NTS
Mid-Continent	1st, 38
Great Lakes Regional	17th, 523

2006

MID-CONTINENT RUNNER-UP

Golden Grizzly Open	NTS
Tommy Titan Invitational	7th, 184
Central Collegiates	3rd, 94
Notre Dame Invitational	14th, 367
Michigan Intercollegiates (4K)	10th, 162
Michigan Intercollegiates (8K)	11th, 296
Falcon Invitational	3rd, 120
EMU Classic	NTS
Mid-Continent	2nd, 75
Great Lakes Regional	19th, 599

2007

SUMMIT LEAGUE RUNNER-UP STATE CHAMPS (4K)

Golden Grizzly Open	NTS
Tommy Titan Invitational	5th, 142
Mel Brodt Invitational	3rd, 69

Notre Dame Invitational	11th, 329
Michigan Intercollegiates (4K)	1st, 17
Michigan Intercollegiates (8K)	3rd, 70
NCAA Pre-Nationals	36th, 983
Summit League	2nd, 82
Great Lakes Regional	17th, 484

2008

Golden Grizzly Open	NTS
Tommy Titan Invitational	3rd, 67
Notre Dame Invitational	8th, 202
Michigan Intercollegiates	3rd, 72
NCAA Pre-Nationals	33rd, 920
Summit League	5th, 126
Great Lakes Regional	22nd, 607

2009

Golden Grizzly Open	NTS
IPFW Invitational	2nd, 29
Greater Louisville Classic	12th, 350
Michigan Intercollegiates	4th, 131
Falcon Open	3rd, 122
Summit League	3rd, 72
Great Lakes Regional	17th, 453

2010

SUMMIT LEAGUE RUNNER-UP STATE CHAMPIONS

Golden Grizzly Open	NTS
IPFW Invitational	3rd, 88
Notre Dame Invitational	18th, 413
Michigan Intercollegiates	1st, 23
Falcon Open	12th, 313
Chile Pepper Festival	9th, 319
Summit League	2nd, 58
Great Lakes Regional	16th, 424

2011

(3-1)

Golden Grizzly Open vs Detroit	W, 25-31
Golden Grizzly Open vs IPFW	W, 15-50
IPFW Invitational vs IPFW	W, 15-50
IPFW Invitational vs Purdue	L, 46-15
Notre Dame Invitational	9th, 268
Michigan Intercollegiates	11th, 365
Prenational Meet	31st, 830
Summit League	6th, 129
Great Lakes Regional	22nd, 597

2012

(1-0)

Golden Grizzly Open	NTS
IPFW	IPFW
W, 19-38	
Spartan Invitational	NTS
Loyola Invitational	12th, 373
Michigan Intercollegiates	NTS
Bradley Classic	14th, 321
Summit League	4th, 111
Great Lakes Regional	23rd, 610

2013

Golden Grizzly Open	NTS
Detroit Invitational	2nd, 47
Western Invitational	2nd, 104
Notre Dame Invite	9th, 248
Michigan Intercollegiates	NTS
Bradley Invitational	11th, 278
Horizon League Championship	4th, 84
NCAA Great Lakes Regional	27th, 819

2014

Golden Grizzly Open	1st, 27
Running Fit Detroit Invite	5th, 148
UW-Parkside Midwest Open	3rd, 62
Notre Dame Open	10th, 276
Bradley Invite	17th, 480

EMU Fall Classic	NTS
Horizon League Championship	4th, 77
NCAA Great Lakes Regional	20th, 562

2015 HORIZON LEAGUE CHAMPIONS (1-0)

Golden Grizzly Open	1st, 15
Running Fit-Detroit Invite	3rd, 65
Glen Oaks CC Viking Invite	NTS
Greater Louisville Classic	1st, 52
Golden Grizzly Short Course/vs. CMU	W, 16
Bradley Pink Classic	7th, 209
Horizon League Championship	1st, 45
NCAA Great Lakes Regional	11th, 303

2016

(1-0)

Golden Grizzly Open	1st, 22
Joe Pisne Notre Dame Invite	12th, 322
Golden Grizzly Short Course/vs. CMU	W, 21
Pre-National Invite	12th, 267
Horizon League Championship	5th, 123
NCAA Great Lakes Regional	16th, 445

2017

HORIZON LEAGUE CHAMPIONS

Golden Grizzly Open	1st, 18
Running Fit-Detroit Invite	NTS
Louisville Classic	12th, 383
Golden Grizzly Short Course/vs. CMU	1st, 15
Bradley Pink Classic	7th, 176
Horizon League Championship	1st, 33
NCAA Great Lakes Regional	11th, 315

2018

Golden Grizzly Open	1st, 15
Running-Fit Detroit Invite	5th, 89
Loyola Lakefront Invite	20th, 599
Bradley Pink Classic	30th, 804
EMU Fall Classic	NTS
Horizon League Championship	9th, 199

2019

Golden Grizzly Open	1st, 15
MSU Spartan Invite	6th, 163
Knight-Raider Invite	5th, 230
Notre Dame Invite	7th, 231
Lansing Invite	NTS
Pre-National Invite	6th, 198
EMU Fall Classic	NTS
Horizon League Championship	2nd, 72
NCAA Great Lakes Regional	19th, 537



Women's Year-by Year Results

Dave McCauley (1993-95)

1993

Bulldog Invitational	INC
Roadrunner Invitational	5th, 150
Michigan Intercollegiates	16th, 475
Grand Valley Tri-Meet	3rd, 69
GLIAC Championship	7th, 175
Great Lakes Regional	17th, 427

1994

Chris Yanni Memorial	INC
Roadrunner Invitational	INC
Michigan Intercollegiates	INC
GLIAC Championship	5th, 165
Great Lakes Regional	18th, 488

1995

Chris Yanni Memorial	INC
Midwest Collegiate	17th, 539
Roadrunner Invitational	4th, 107
Michigan Intercollegiates	INC
GLIAC Championship	7th, 203
Great Lakes Regional	21st, 538

Shaun Butler (1996-97)

1996

Loyola Lakefront Invitational	INC
GLIAC Championship	INC
Great Lakes Regional	INC

1997

Running Fit/Detroit Invite	10th, 255
EMU Invitational	4th, 88
Loyola Lakefront Invitational	29th, 745
Michigan Intercollegiates	INC
Spring Arbor Invitational	INC

Paul Rice (1998-)

1998

Running Fit/Detroit Invite	7th, 165
Midwest Collegiate	2nd, 73
Malone Invitational	3rd, 59
Loyola Lakefront Invitational	21st, 559
Michigan Intercollegiates	14th, 410
Defiance Invitational	2nd, 63
Great Midwest Classic	12th, 293

1999

EMU Open	1st, 24
Running Fit/Detroit Invite	6th, 127
Midwest Collegiate	8th, NA
Loyola Lakefront Invitational	16th, NA
Michigan Intercollegiates	9th, 252
UW-Parkside Invitational	5th, 218
Mid-Continent	6th, 128
Great Lakes Regional	26th, 720

2000

MID-CONTINENT RUNNER-UP

Motor City Classic	1st	40
Running Fit/Detroit Invite	4th	76
Midwest Collegiate	144th	145
Tower Trail Classic	3rd	64
Loyola Lakefront Invitational	13th	411
Michigan Intercollegiates	5th	109
Mid-Continent	2nd	78
Great Lakes Regional	26th	720

2001

MID-CONTINENT RUNNER-UP

Motor City Classic	1st, 29
Running Fit/Detroit Invite	3rd, 76
Spartan Invitational	7th, 157
Loyola Lakefront Invitational	7th, 240
Notre Dame Invitational	4th, 136
NCAA Pre-Nationals	33rd, 830
Mid-Continent	2nd, 85
Great Lakes Regional	25th, 628

2002

Motor City Classic	1st, 23
Running Fit/Detroit Invite	8th, 186
Mel Brodt Invitational	8th, 186
Central Collegiates	7th, 164
Notre Dame Invitational	6th, 185
NCAA Pre-Nationals	22nd, 500
Mid-Continent	4th, 97
Great Lakes Regional	21st, 632

2003

MID-CONTINENT RUNNER-UP

Motor City Classic	1st, 22
Running Fit/Detroit Invite	3rd, 78
Mel Brodt Invitational	3rd, 119
Spartan Invitational	NTS
Notre Dame Invitational	16th, 422
Bronco Invitational	3rd, 62
Mid-Continent	2nd, 65
Great Lakes Regional	20th, 492
NCAA Division I	DNS

2004

Golden Grizzly Open	NTS
Running Fit/Detroit Invite	4th, 107
Spartan Invitational	NTS
Loyola Lakefront Invitational	22nd, 526
Michigan Intercollegiates	5th, 127
Mid-Continent	6th, 116
Great Lakes Regional	22nd, 636

2005

Golden Grizzly Open	NTS
Crusader Invitational	1st, 48
Central Collegiates	3rd, 72
Western Invitational	5th, 134
Lansing CC Invitational	NTS
Michigan Intercollegiates	4th, 75
NCAA Pre-Nationals	33rd, 899
Mid-Continent	4th, 94
Great Lakes Regional	25th, 611

2006

Golden Grizzly Open	NTS
Tommy Titan Invitational	INC
Central Collegiates	3rd, 92
Notre Dame Invitational	12th, 310
Falcon Invitational	10th, 229
EMU Classic	NTS
Mid-Continent	3rd, 85
Great Lakes Regional	26th, 734

2007

Golden Grizzly Open	NTS
Mel Brodt Invitational	8th, 202
Notre Dame Invitational	18th, 455
Michigan Intercollegiates	3rd, 57
NCAA Pre-Nationals	33rd, 948
Summit League	6th, 144
Great Lakes Regional	23rd, 554

2008

Golden Grizzly Open	NTS
Tommy Titan Invitational	5th, 129
Notre Dame Invitational	13th, 335
Michigan Intercollegiates	INC
NCAA Pre-Nationals	41st, 1152
Summit League	5th, 126
Great Lakes Regional	22nd, 607

2009

Golden Grizzly Open	NTS
IPFW Invitational	INC
Cardinal Invitational	2nd, 49
Greater Louisville Classic	20th, 570
Michigan Intercollegiates	5th, 154
Falcon Open	4th, 109
Summit League	4th, 121
Great Lakes Regional	18th, 499

2010

SUMMIT LEAGUE CHAMPIONS

Golden Grizzly Open	NTS
IPFW Invitational	3rd, 77
Notre Dame Invitational	1st, 91
Michigan Intercollegiates	1st, 49
BGSU Invitational	14th, 359
Chile Pepper Festival	4th, 262
Summit League	1st, 45
Great Lakes Regional	14th, 357

2011

2-2

Golden Grizzly Open	NTS
Detroit	W, 20-36
IPFW	W, 21-34
IPFW	L, 34-21
Purdue	L, 50-15
Notre Dame Invitational	11th, 300
Michigan Intercollegiates	19th, 538
Prenational Meet	31st, 812
Summit League	7th, 148
Great Lakes Regional	22nd, 639

2012

4-0

Golden Grizzly Open	NTS
IPFW Invitational vs Fort Wayne	W, 24-31
IPFW Invitational vs IUPUI	W, 27-28
IPFW Invitational vs Ball State	W, 25-30
Spartan Invitational	NTS
Michigan Intercollegiates	NTS
Bradley Classic	12th, 323
Detroit	W, 20-41
Summit League	4th, 117
Great Lakes Regional	22nd, 665

2013

Golden Grizzly Open	NTS
Detroit Invitational	2nd, 39
Western Invitational	4th, 143
Notre Dame Invite	11th, 314
Michigan Intercollegiates	5th, 159
Bradley Invitational	9th, 313
Horizon League Championship	3rd, 84
NCAA Great Lakes Regional	24th, 712



Women's Year-by Year Results

2014

Golden Grizzly Open	1st, 20
Running Fit Detroit Invite	5th, 131
UW-Parkside Midwest Open	2nd, 65
Notre Dame Invite	15th, 349
Bradley Invite	16th, 387
EMU Fall Classic	NTS
Horizon League Championship	3rd, 89
NCAA Great Lakes Regional	20th, 597

2015

HORIZON LEAGUE CHAMPIONS

(1-0)

Golden Grizzly Open	1st, 15
Running Fit Detroit Invite	3rd, 81
Glen Oaks CC Viking Invite	NTS
Greater Louisville Classic	3rd, 97
Golden Grizzly Short Course/ vs CMU	W, 21
Bradley Pink Classic	2nd, 170
Horizon League Championship	1st, 32
NCAA Great Lakes Regional	19th, 488

2016

(1-0)

Golden Grizzly Open	1st, 16
Joe Pisne Notre Dame Invite	4th, 178
Golden Grizzly Short Course/vs. CMU	W, 15
Pre-National Invite	5th, 182
Horizon League Championship	1st, 28
NCAA Great Lakes Regional	13th, 364

2017

Golden Grizzly Open	1st, 24
Running-Fit Detroit Invite	NTS
Louisville Classic	18th, 462
Golden Grizzly Short Course/vs. CMU	1st, 15
Bradley Pink Invite	8th, 198
Horizon League Championship	1st, 29
NCAA Great Lakes Regional	15th, 395

2018

Golden Grizzly Open	1st, 30
Running-Fit Detroit Invite	1st, 33
Loyola Lakefront Invite	13th, 384
Bradley Pink Classic	13th, 376
EMU Fall Classic	NTS
Horizon League Championship	4th, 89
NCAA Great Lakes Regional	22nd, 578

2019

HORIZON LEAGUE CHAMPIONS

Golden Grizzly Open	1st, 15
MSU Spartan Invite	8th, 233
Knight-Raider Invite	3rd, 230
Loyola Lakefront Invite	4th, 126
Lansing Invite	1st, 44
Pre-National Invite	14th, 342
EMU Fall Classic	NTS
Horizon League Championship	1st, 47
NCAA Great Lakes Regional	13th, 393
NCAA Division I Championship	NTS



In 2015, The Golden Grizzlies became only the fourth team in Horizon League history to have both the men's and women's teams win the conference title in the same season



Oakland's women team went back-to-back winning the Horizon League title in 2016