



WEEK 6

SATURDAY, MARCH 25 AT 7:00 PM

HOUSTON SABERCATS VS. RUGBY ATL



HOUSTONSABERCATS.COM

A MESSAGE FROM OUR PRESIDENT

SaberCat Fans!

Thanks for joining us tonight as we take on Rugby ATL in a matchup of 2022 playoff teams. Tonight's game has special meaning as well as two of our players will reach milestones.

Our Captain, Dean Muir, has returned from paternity leave and will be starting at hooker. It marks his 50th appearance, or cap, in the MLR. We congratulate Dean not only on this, but the birth of his daughter last month.

Zach Pangelinan will be coming off the bench tonight and when he enters the game he will also be making his 50th appearance in the MLR. To make it even bigger of an accomplishment, all 50 appearances for Zach have come with the SaberCats—making him the first SaberCat to reach 50 caps with the team. Zach has been with us since the beginning of the team and is the lone player left from the first season.

On top of all that, it's a beautiful night for rugby. Grab some food and an ice-cold Pepsi or Karbach beer and enjoy!

Don't forget to stay after the game for a 50th cap ceremony plus the ability to meet your favorite SaberCats on the field.

Go Cats!

JT Onyett
President



HOUSTON SABERCATS

ROSTER

1 Alec McDonnell

2 Dean Muir (C)

3 Morgan Mitchell

4 CC Mahoni

5 Nathan Den Hoedt

6 Marno Redelinghuys

7 Danny Barrett

8 Wynand Grassmann

9 Carlo De Nysschen

10 David Coetzer

11 Gerrie Labuschagne

12 Louritz van der Schyff

13 Dominic Akina

14 Christian Dyer (VC)

15 Drew Wild



16 Gideon Van Wyk

17 Frikkie De Beer

18 Pono Davis

19 Axel Zapata

20 Malon Al-Jiboori

21 Nicklas Boyer

22 Zach Pangelinan

23 Emmanuel Albert

RUGBY ALT

ROSTER

- 1 William Burke
- 2 Tiaan Erasmus
- 3 John-Roy Jenkinson
- 4 Christian Milan
- 5 Jordan Brown
- 6 Johan Momsen (C)
- 7 Matthew Heaton (VC)
- 8 Daemon Angel Torres
- 9 Rowan Gouws
- 10 Duncan van Schalkwyk
- 11 Harley Davidson
- 12 William Leonard
- 13 Te Rangatira Waitokia
- 14 Jack Shaw
- 15 Martini Talapusi
- 16 Cullen Maughan
- 17 Jonas Petrakopoulos
- 18 Lincoln Sii
- 19 Justin Basson
- 20 Frederick Henry-Ajudua
- 21 Ross Deacon
- 22 Ryan Rees
- 23 Kurt Coleman





2023

WK 1  SUNDAY FEB. 19
AT DALLAS JACKALS
7:05 PM CT

WK 2  SATURDAY FEB. 25
vs. NOLA GOLD
8:00 PM CT

WK 3  SUNDAY MAR. 05
vs. SAN DIEGO LEGION
2:00 PM CT

WK 4  SATURDAY MAR. 11
AT SEATTLE SEAWOLVES
9:30 PM CT

WK 5 **BYE**

WK 6  SATURDAY MAR. 25
vs. RUGBY ATL
7:00 PM CT

WK 7  SUNDAY APR. 2
AT CHICAGO HOUNDS
1:00 PM CT

WK 8  SATURDAY APR. 08
vs. UTAH WARRIORS
7:00 PM CT

WK 9  SATURDAY APR. 15
vs. DALLAS JACKALS
7:00 PM CT

WK 10  SUNDAY APR. 23
AT RUGBY NEW YORK
1:30 PM CT

WK 11  SUNDAY APR. 30
AT SAN DIEGO LEGION
3:00 PM CT

WK 12 **BYE**

WK 13  SATURDAY MAY 13
vs. SEATTLE SEAWOLVES
7:00 PM CT

WK 14  SATURDAY MAY 20
AT UTAH WARRIORS
8:30 PM CT

WK 15  SATURDAY MAY 27
vs. CHICAGO
7:00 PM CT

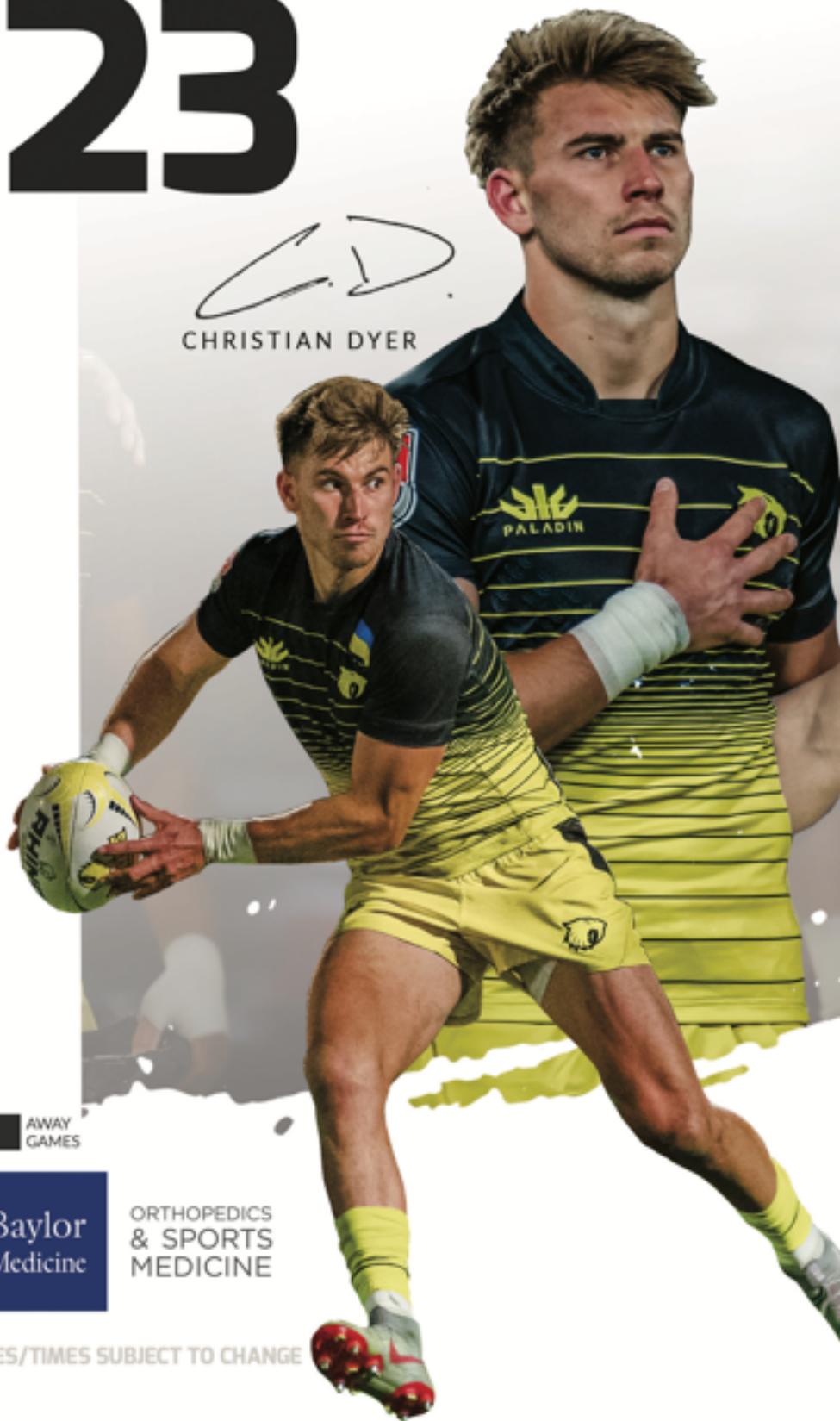
WK 16  SATURDAY JUN. 03
AT TORONTO ARROWS
6:00 PM CT

WK 17  FRIDAY JUN. 09
vs. OLD GLORY DC
8:00 PM CT

WK 18  SATURDAY JUN. 17
AT NEW ENGLAND FREE JACKS
12:30 PM CT



CHRISTIAN DYER



HOME GAMES AWAY GAMES



ORTHOPEDICS & SPORTS MEDICINE

*ALL DATES/TIMES SUBJECT TO CHANGE



ALEC MCDONNELL

1

WELDON SPRING, MO

PROP

AGE	WEIGHT	HEIGHT
26	260	5'10"

PLAYING HISTORY: Francis Howell Force, 2015 ; Lindenwood University, 2015-19 ; Rugby United New York, 2020 ; Rugby HTX, 2020-2021 ; Houston SaberCats, 2021-



DEAN MUIR

2

DURBAN, SOUTH AFRICA

HOOKER

AGE	WEIGHT	HEIGHT
34	236	5'11"

PLAYING HISTORY: Stormers, Cape Town, South Africa; Kintetsu liners, Osaka, Japan; San Diego Legion, San Diego, CA; Houston SaberCats, Houston, TX



YOUTH FLAG RUGBY

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SPRING 2023

APRIL 23 MAY 14

APRIL 30 MAY 21

MAY 7 MAY 27

DETAILS & TO REGISTER VISIT
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**SABERCATS
YOUTH RUGBY**
FOUNDATION



MORGAN MITCHELL

3

GORE, NEW ZEALAND

TIGHT HEAD PROP

AGE	WEIGHT	HEIGHT
29	266	6'1"

PLAYING HISTORY: Toronto Arrows, Canada



CC MAHONI

4

EAST PALO ALTO, CA

LOCK

AGE	WEIGHT	HEIGHT
26	275	6'8"

PLAYING HISTORY: San Diego Legion, Houston SaberCats

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NATHAN DEN HOEDT

5

BRISBANE, AUSTRALIA

SECOND ROW

AGE	WEIGHT	HEIGHT
26	255	6'6"

PLAYING HISTORY: Los Angeles, Giltinis



MARNO REDELINGHUYS

6

KLERKSDORP, SOUTH AFRICA

SECOND ROW & FLANKER

AGE	WEIGHT	HEIGHT
30	255	6'5"

PLAYING HISTORY: Leopards Rugby Union, North West, South Africa; Western Province/Stormers Rugby Union, Cape Town, South Africa; Rugby Atlanta, Atlanta, GA; Houston SaberCats



DANNY BARRETT

7

PACIFICA, CA

FLANKER & 8

AGE	WEIGHT	HEIGHT
32	235	6'3"

PLAYING HISTORY: SFGGRFC 2004-2015; Cal 2008-2013; USA 15s 2014-2016; USA Eagles 7s 2014-2021, Houston SaberCats



WYNAND GRASSMANN

8

PORT ELIZABETH, SOUTH AFRICA

SECOND ROW & FLANKER

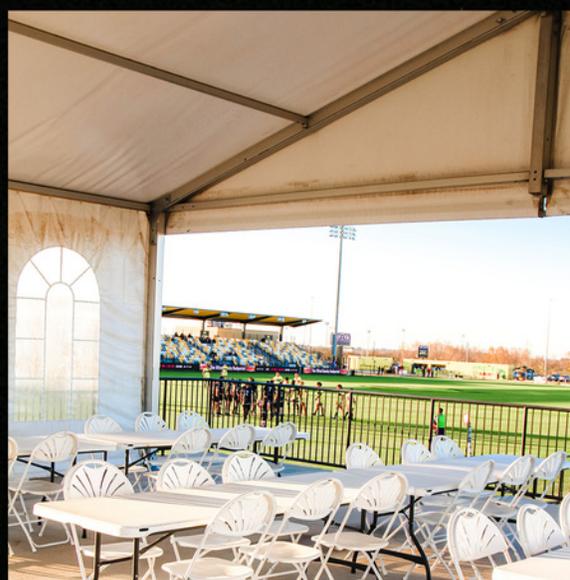
AGE	WEIGHT	HEIGHT
28	245	6'3"

PLAYING HISTORY: Houston SaberCats, Houston TX; RC Slava, Moscow Russia; SWD Eagles, George, South Africa; EP Kings, Port Elizabeth, South Africa



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CARLO DE NYSSCHEN

9

PRETORIA, SOUTH AFRICA
SCRUM HALF

AGE	WEIGHT	HEIGHT
26	186	5'10"

PLAYING HISTORY: Colorado Raptors, San Diego Legion, Dallas Jackals, Houston Sabercats



DAVY COETZER

10

EAST LONDON, SOUTH AFRICA
FLY HALF

AGE	WEIGHT	HEIGHT
24	194	5'7"

PLAYING HISTORY: Western Province (2018,2019); Junior Springboks (2018,2019), Blue Bulls (2020,2021)



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GERRIE LABUSCHAGNE

11

SPRINGS, SOUTH AFIRCA
WING & FULL BACK

AGE	WEIGHT	HEIGHT
27	215	6'4"

PLAYING HISTORY: Free State XV, Golden Lions XV, Pumas, Yamaha Jubilo, Houston SaberCats



LOURITZ VAN DER SCHYFF

12

PRETORIA
INSIDE CENTER

AGE	WEIGHT	HEIGHT
24	240	6'1"

PLAYING HISTORY: Golden Lions Johannesburg; Blue Bulls Pretoria

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DOMINIC AKINA

13

KAHUKU, HAWAI'I

FLANKER

AGE	WEIGHT	HEIGHT
28	230	6'2"

PLAYING HISTORY: Houston SaberCats



CHRISTIAN DYER

14

SACRAMENTO, CA

SCRUM HALF

AGE	WEIGHT	HEIGHT
25	210	6'1"

PLAYING HISTORY: University of California Berkeley 2016-2020, USA Rugby 7s, USA Rugby 15s, Houston SaberCats



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**DREW
WILD**

15

FEILDING, NEW ZEALAND

FULL BACK

AGE	WEIGHT	HEIGHT
22	189	5'8"

PLAYING HISTORY: Manawatu Turbos, New Zealand



GIDEON VAN WYK

16

LICHTENBURG, SOUTH AFRICA

BLIND SIDE FLANKER & 8

AGE	WEIGHT	HEIGHT
21	235	6'2"

PLAYING HISTORY: Cheetahs, Bloemfontein 2019-2021, Houston SaberCats



FRIKKIE DE BEER

17

JOHANNESBURG, SOUTH AFRICA

PROP

AGE	WEIGHT	HEIGHT
31	260	6'

PLAYING HISTORY: Chicago Lions, Chicago, IL; Utah Warriors, Salt Lake City, UT; LA Giltinis, Los Angeles, LA; Houston SaberCats, Houston, TX



PONO DAVIS

18

KAILUA-KONA, HAWAII

PROP

AGE	WEIGHT	HEIGHT
25	300	6'1"

PLAYING HISTORY: American Raptors, Colorado (2021); Houston SaberCats (2022)



AXEL ZAPATA

19

BUENOS AIRES, ARGENTINA

HOOKER

AGE	WEIGHT	HEIGHT
30	257	6'2"

PLAYING HISTORY: Olimpia Lions, Asuncion, Py Argentina XV, Buenos Aires, Arg



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MALON AL-JIBOORI

20

TULSA, OK

8 MAN

AGE	WEIGHT	HEIGHT
26	240	6'3"

PLAYING HISTORY: Houston SaberCats, Houston, TX



NICKLAS BOYER

21

SACRAMENTO, CA

SCRUM HALF

AGE	WEIGHT	HEIGHT
29	220	6'3"

PLAYING HISTORY: Land Park Motley, Cal Berkeley, USA 7's, San Diego Legion, Colorado Raptors

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ZACH PANGELINAN 22

GUAM / USA

FULL BACK

AGE	WEIGHT	HEIGHT
34	190	5'9"

PLAYING HISTORY: OMBAC (San Diego); Randwick (Australia); Houston SaberCats



EMMANUEL ALBERT 23

MINNEAPOLIS, MN

SECOND ROW & FLANKER

AGE	WEIGHT	HEIGHT
23	240	6'4"

PLAYING HISTORY: Lindenwood University, Houston SaberCats

RUGBY 101

RUGBY GAME TIME: Two 40 min. halves of continuous play for a total of 80 min.

NUMBER OF PLAYERS: 15 players for each team, 30 players on the field. Unless someone gets sent to the sin bin.

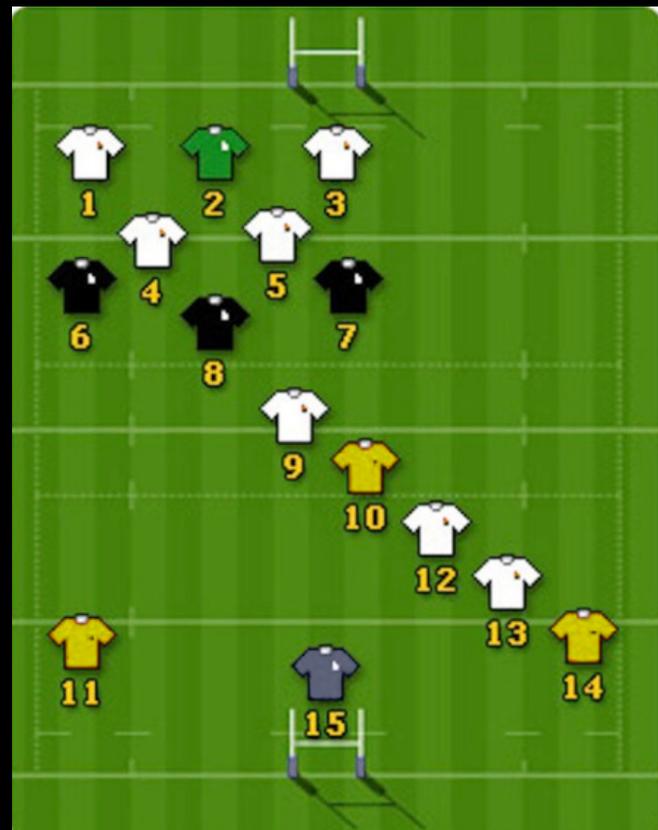
FIELD LENGTH: 100 M (Try Line to Try Line)

FIELD WIDTH: 70 M

*larger than a football field.

POSITIONS

1. LOOSE-HEAD PROP
2. HOOKER
3. TIGHT-HEAD PROP
4. SECOND ROW
5. SECOND ROW
6. BLIND-SIDE FLANKER
7. OPEN-SIDE FLANKER
8. NUMBER 8
9. SCRUM-HALF
10. FLY-HALF
11. LEFT WING
12. INSIDE CENTER
13. OUTSIDE CENTER
14. RIGHT WING
15. FULL-BACK



RUGBY 101

SCORING POINTS

TRY (5 POINTS): A player scores a try by grounding the ball in his opponents' in goal.

CONVERSION KICK (2 POINTS): After scoring a try, the scoring team attempts to kick the ball through the uprights from any point on an imaginary line that runs the length of the field through where the ball was touched down.

PENALTY KICK (3 POINTS): After a penalty, a team may attempt to score by kicking the ball through the goal posts.

DROP GOAL (3 POINTS): A drop goal can be scored at any time during a game by simply kicking the ball through the uprights after it has been drop kicked.

MOVING THE BALL

RUNNING: One way to advance the ball is to run with it. However, the opposing team is free to tackle the player with the ball. If this happens, his team may lose possession. (See "RUCK")

PASSING: A team may pass the ball as many times as they like. However, they may not pass the ball forwards.

KICKING: A team may kick the ball to gain territory or a tactical advantage.

THANK YOU

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