



**2005-2006
Official UHL
Rule Book**

United Hockey League



Official Rules 2005-2006

The Title “Commissioner” should replace the title “President” in all rules that refer to “.... shall be subject to review by the President...”

All fines & suspensions listed throughout the Rule Book are subject to the UHL Fine Scale, Suspension guidelines & League By-Laws.

UHL Official Rules

NOTE

“President” in these playing rules shall mean President of the League of any League Officer designated by him to perform duties and exercise authority set out in these rules. Disregard all fine amounts in UHL rule book - these amounts are NHL fines.

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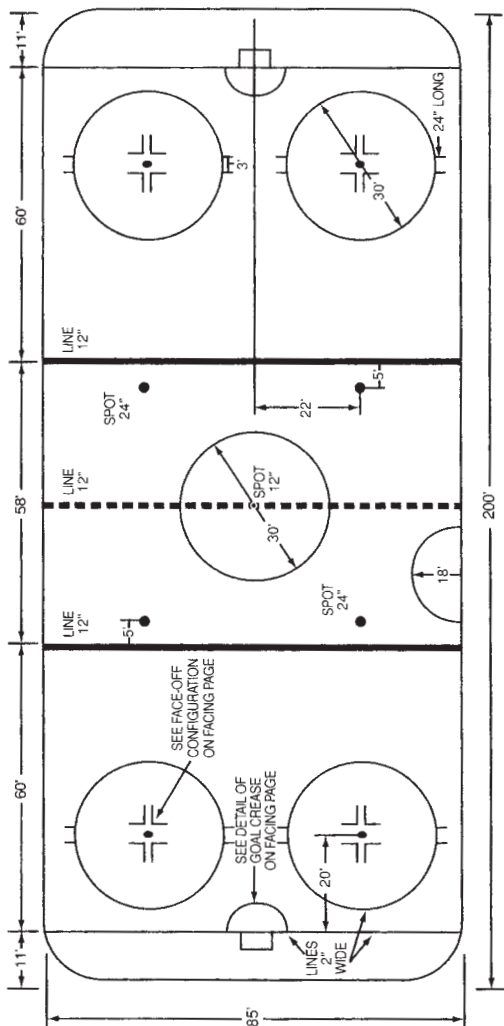
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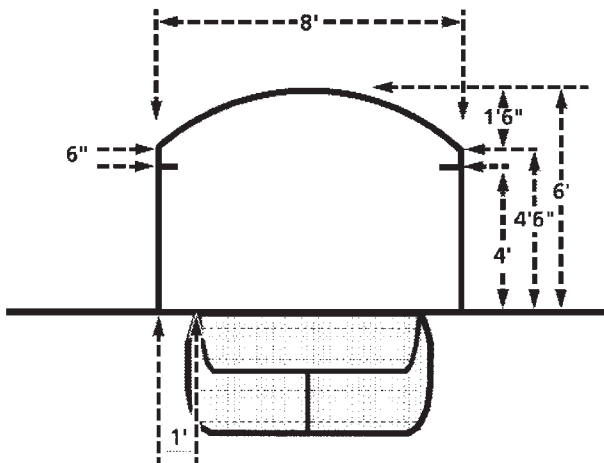
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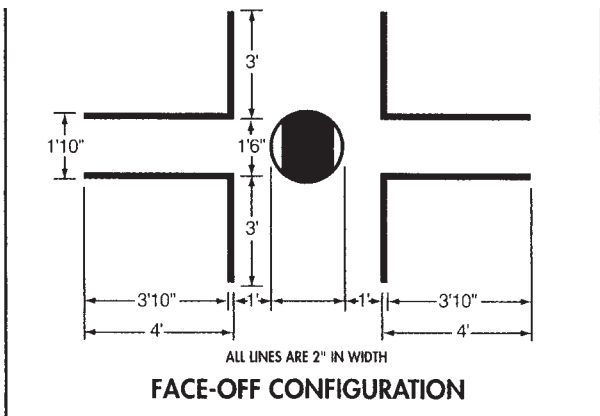


OFFICIAL DIMENSIONS OF RINK SURFACE

UHL Official Rules



DETAIL OF GOAL CREESE



FACE-OFF CONFIGURATION

UHL Official Rules

RULES GOVERNING THE GAME OF ICE HOCKEY

SECTION ONE - THE RINK

Rule 1. Rink

The game of "Ice Hockey" shall be played on an ice surface known as the "RINK."

(NOTE) There shall be no markings on the ice except as provided under these rules without the express written permission of the League.

Rule 2. Dimensions of Rink

- (a) The official size of the rink shall be two hundred feet (200') long and eighty-five feet (85') wide. The corners shall be rounded in the arc of a circle with a radius of twenty-eight feet (28').

The rink shall be surrounded by a wooden or fiberglass wall or fence known as the "boards" which shall extend not less than forty inches (40") and not more than forty-eight inches (48") above the level of the ice surface. The ideal height of the boards above the ice surface shall be forty-two inches (42"). Except for the official markings provided for in these rules, the entire playing surface and the boards shall be white in color except the kick plate at the bottom of the board which shall be light yellow in color.

Any variations from any of the foregoing dimensions shall require official authorization by the League.

- (b) The boards shall be constructed in such manner that the surface facing the ice shall be smooth and free of any obstruction or any object that could cause injury to players.

All doors giving access to the playing surface must swing away from the ice surface.

All glass or other types of protective screens and gear to hold them in position shall be properly padded or protected.

Protective glass shall be required in front of the penalty benches to provide for the safety of the players on and off the ice. All equipment used to hold the glass or screens in position shall be mounted on the boards on the side away from the playing surface.

UHL Official Rules

Rule 3. Goal Posts and Nets

- (a) Eleven feet (11') from each end of the rink and in the center of a red line two inches (2") wide drawn completely across the width of the ice and continued vertically up the side of the boards, regulation goal posts and nets shall be set in such manner as to remain stationary during the progress of a game. The goal posts shall be kept in position by means of flexible pegs affixed in the ice or floor. The flexible pegs shall be eight (8") inches in length and blue in color.

Where the length of the playing surface exceeds two hundred feet (200'), the goal line and goal posts may be placed not more than fifteen feet (15') from the end of the rink.

- (b) The goal posts shall be of approved design and material, extending vertically four feet (4') above the surface of the ice and set six feet (6') apart measured from the inside of the posts. A cross bar of the same material as the goal posts shall extend from the top of one post to the top of the other.
- (c) There shall be attached to each goal frame a net of approved design made of white nylon cord which shall be draped in such manner as to prevent the puck coming to rest on the outside of it, yet strung in a manner that will keep the puck in the net.

A skirt of heavy white nylon fabric or heavyweight white canvas shall be laced around the base plate of the goal frame in such a way as to protect the net from being cut or broken. This protective padding must be attached in a manner that will not restrict the puck from completely crossing the goal line. This padding must be set back a minimum of six inches (6") from the inside of the goal post. This skirt shall not project more than one inch (1") above the base plate.

(NOTE) The frame of the goal shall be draped with a nylon mesh net so as to completely enclose the back of the frame. The net shall be made of three-ply twisted twine (0.130 inch diameter) or equivalent braided twine of multifilament white nylon with an appropriate tensile strength of 700 pounds. The size of the mesh shall be two and one-half inches (2 1/2") (inside measurement) from each knot to each diagonal knot when fully stretched. Knotting shall be made as to ensure no sliding of the twine. The net shall be laced to the frame with medium white nylon cord no smaller in size than No. 21.(d) The goal posts and cross bar shall be painted in red and all other exterior surfaces shall be painted in white.

- (d) The goal posts and cross bar shall be painted in red and all other exterior surfaces shall be painted in white.
- (e) The red line, two inches (2") wide, between the goal posts on the ice and extended completely across the rink, shall be known as the "GOAL LINE."

UHL Official Rules

Rule 4. Goal Crease

- (a) In front of each goal, a "GOAL CREASE" area shall be marked by a red line two inches (2") in width.
- (b) The goal crease shall be laid out as follows: One foot (1') outside of each goal post a two inch (2") line shall be painted extending four feet, six inches (4'6") in length. These lines shall be at right angles to the goal line. On the side of the crease lines, four feet (4') from the goal line, extend a five-inch (5") line into the crease. (See diagram on Page 6.)
- (c) The goal crease area shall include all the space outlined by the crease lines and extending vertically four feet (4') to the level of the top of the goal frame. (Note: use paint code PMS 298.)
- (d) The goal crease area, which includes all the spaces outlined by the crease line and the goal line, shall be painted light blue color (paint code PMS 298). The area inside the goal frame, to the goal line, shall be painted a gloss white color.

(NOTE) On-ice logos must not interfere with any official game markings.

Rule 5. Division of Ice Surface

- (a) The ice area between the two goals shall be divided into three parts by lines, twelve inches (12") in width, and blue in color, drawn sixty feet (60') out from the goal lines, and extended completely across the rink, parallel with the goal lines, and continued vertically up the side of the boards.
- (b) That portion of the ice surface in which the goal is situated shall be called the "DEFENDING ZONE" of the team defending that goal; the central portion shall be known as the "NEUTRAL ZONE," and the portion farthest from the defended goal as the "ATTACKING ZONE."
- (c) There shall also be a line, twelve inches (12") in width and red in color, drawn completely across the rink in center ice, parallel with the goal lines and continued vertically up the side of the boards, known as the "CENTER LINE." This line shall contain at regular interval markings of a uniform distinctive design which will readily distinguish it from the two blue lines . . . the outer edges of which must be continuous.

Rule 6. Center Ice Spot and Circle

A circular blue spot, twelve inches (12") in diameter, shall be marked exactly in the center of the rink; and with this spot as a center, a circle of fifteen feet (15') radius shall be marked with a blue line two inches (2") in width.

UHL Official Rules

Rule 7. Face-off Spots in Neutral Zone

Two red spots two feet (2') in diameter shall be marked on the ice in the neutral zone five feet (5') from each blue line. The spots shall be forty-four feet (44') apart and each shall be a uniform distance from the adjacent boards.

Rule 8. End Zone Face-off Spots and Circles

- (a) In both end zones and on both sides of each goal, red face-off spots and circles shall be marked on the ice. The face-off spots shall be two feet (2') in diameter. Within the face-off spot, draw two parallel lines three inches (3") from the top and bottom of the spot. The area within the two lines shall be painted red, the remainder shall be painted white.

The circles shall be two inches (2") wide with a radius of fifteen feet (15') from the center of the face-off spots. At the outer edge of both sides of each face-off circle and parallel to the goal line shall be marked two red lines, two inches (2") wide and two feet (2') in length and three feet (3') apart.

One foot away from the outer edge of the face-off spot, two lines shall be drawn parallel with the sideboards that shall be four feet (4') in length and eighteen inches (18") apart. Parallel to the end boards, commencing at the end of the line nearest to the face-off spot, a line shall extend two feet and ten inches (2' 10") in length. All lines shall be two inches (2") in width. (See diagram on Page 7.)

- (b) The location of the face-off spots shall be fixed in the following manner:

Along a line twenty feet (20') from each goal line and parallel to it, mark two points twenty-two feet (22') on both sides of the straight line joining the center of the two goals.

Each such point shall be the center of a face-off spot and circle. (See diagram on Page 6.)

Rule 9. Players' Benches

- (a) Each rink shall be provided with seats or benches for the use of players of both teams and the accommodations provided including benches and doors shall be uniform for both teams. Such seats or benches shall have accommodation for at least fourteen (14) persons of each team, and shall be placed immediately along the ice, in the neutral zone, as near to the center of the rink as possible with doors opening in the neutral zone and convenient to the dressing rooms.

UHL Official Rules

Rule 9. Players' Benches *(Continued)*

Each players' bench should be twenty-four feet (24') in length and when situated in the spectator area, they shall be separated from the spectators by a protective glass of sufficient height so as to afford the necessary protection for the players. The players' benches shall be on the same side of the playing surface opposite the penalty bench and should be separated by a substantial distance, if possible.

(NOTE) Where physically possible, each players' bench shall have two doors opening in the neutral zone and all doors opening to the playing surface shall be constructed so that they swing inward.

- (b) No one but players in uniform, the Manager, Coach and Trainer shall be permitted to occupy the benches so provided.

(NOTE) One non-uniformed player shall be permitted on the players' bench in a coaching capacity. He must be indicated on the Roster Sheet and submitted by the Coach to the Referee or Official Scorer prior to the start of the game in accordance with Rule 15-Players in Uniform.

Rule 10. Penalty Bench

- (a) Each rink must be provided with benches or seats to be known as the "PENALTY BENCH." These benches or seats must be capable of accommodating a total of ten persons including the Penalty Timekeepers. Separate penalty benches shall be provided for each team and they shall be situated on opposite sides of the Timekeeper's area, directly across the ice from the players' benches. The penalty bench(es) must be situated in the neutral zone.
- (b) On the ice immediately in front of the Penalty Timekeeper's seat there shall be marked in red on the ice a semi-circle of ten feet (10') radius and two inches (2") in width which shall be known as the "REFEREE'S CREASE."
- (c) Each Penalty Bench shall be protected from the spectator area by means of a glass partition which shall not be less than five feet (5') above the height of the boards.

UHL Official Rules

Rule 11. Signal and Timing Devices

- (a) Each rink must be provided with a siren, or other suitable sound device, for the use of Timekeepers.
- (b) Each rink shall be provided with some form of electrical clock for the purpose of keeping the spectators, players and game officials accurately informed as to all time elements at all stages of the game including the time remaining to be played in any period and the time remaining to be served by at least five penalized players on each team.

Time recording for both game time and penalty time shall show time remaining to be played or served.

The game time clock shall measure the time remaining in tenths of a second during the last minute of each period.

- (c) Behind each goal, electrical lights shall be set up for the use of the Goal Judges. A red light will signify the scoring of a goal and a green light will signify the end of a period or a game.

(NOTE) A goal cannot be scored when a green light is showing.

Rule 12. Police Protection

All clubs shall provide adequate police or other protection for all players and officials at all times.

The Referee shall report to the President any failure of this protection observed by him or reported to him with particulars of such failure.

UHL Official Rules

SECTION TWO - TEAMS

Rule 13. Composition of Team

- (a) A team shall be composed of 18 players (16 skaters and 2 goal-tenders) as per Rule 15 (a), (c) & (d)—Players in Uniform) who shall be under contract to the Club they represent.
- (b) Each player and each goalkeeper listed in the line-up of each team shall wear an individual identifying number at least ten inches (10") high on the back of his sweater. Sweater numbers such as 00, 1/2 (fractions), .05 (decimals), 101 (three digit) are not permitted. In addition, each player and goalkeeper shall wear his surname in full, in block letters three inches (3") high, across the back of his sweater at shoulder height.

All players of each team shall be dressed uniformly with approved design and color of their helmets, sweaters, short pants, stockings and skates.

Altered uniforms of any kind, i.e. velcro inserts, oversized jerseys, altered collars, etc. will not be permitted. Any player or goalkeeper not complying with this rule shall not be permitted to participate in the game. See also Rule 21 – Goalkeeper's equipment.

Each Member Club shall design and wear distinctive and contrasting uniforms for their home and road games, no parts of which shall be interchangeable except the pants.

Rule 14. Captain of Team

- (a) One Captain shall be appointed by each team, and he alone shall have the privilege of discussing with the Referee any questions relating to interpretation of rules which may arise during the progress of a game. He shall wear the letter "C," approximately three inches (3") in height and in contrasting color, in a conspicuous position on the front of his sweater.

In addition, if the permanent Captain is not on the ice, Alternate Captains (not more than two) shall be accorded the privileges of the Captain. Alternate Captains shall wear the letter "A" approximately three inches (3") in height and in contrasting color, in a conspicuous position on the front of their sweaters.

(NOTE) Only when the Captain is not in uniform, the Coach shall have the right to designate three Alternate Captains. This must be done prior to the start of the game.

- (b) The Referee and official Scorer shall be advised prior to the start of each game, the name of the Captain and the Alternate Captains of both teams.

UHL Official Rules

Rule 14. Captain of Team *(Continued)*

- (c) Only the Captain, when invited to do so by the Referee, shall have the privilege of discussing any point relating to the interpretation of rules. Any Captain or player who comes off the bench and makes any protest or intervention with the Officials for any purpose shall be assessed a minor penalty for unsportsmanlike conduct under Rule 41(b) - Abuse of Officials. Should this protest continue, he may be assessed a misconduct penalty, and if it further continues, a game misconduct penalty shall be warranted.

A complaint about a penalty is NOT a matter "relating to the interpretation of the rules" and a minor penalty shall be imposed against any Captain or other player making such a complaint.

- (d) No playing Coach or playing Manager or goalkeeper shall be permitted to act as Captain or Alternate Captain.

Rule 15. Players in Uniform

- (a) At the beginning of each game, the Manager or Coach of each team shall list the players and goalkeepers who shall be eligible to play in the game. Not more than sixteen players, plus two goalkeepers, shall be permitted.

(NOTE) One non-uniformed player shall be permitted on the players' bench in a coaching capacity. He must be indicated on the Roster Sheet submitted by the Coach to the Referee or Official Scorer prior to the start of the game.

- (b) A list of names and numbers of all eligible players and goalkeepers must be handed to the Referee or Official Scorer before the game, and no change shall be permitted in the list of addition thereto shall be permitted after the commencement of the game.
- i) If a goal is scored when an ineligible player is on the ice, the goal will be disallowed.
 - ii) The ineligible player will be removed from the game and the club shall not be able to substitute another player from its roster. Only players on the list submitted to the Referee or Official Scorer before the game may participate in the game.
 - iii) The determining factor when considering whether or not a player is ineligible is that his name and not necessarily his number must be correctly listed by the Manager or Coach of that Team.
- (c) Each team shall be allowed one goalkeeper on the ice at one time. The goalkeeper may be removed and another player substituted. Such substitute shall not be permitted the privileges of the goalkeeper.

UHL Official Rules

Rule 15. Players in Uniform *(Continued)*

- (d) Each team shall have on its bench, or on a chair immediately beside the bench, a substitute goalkeeper who shall, at all times, be fully dressed and equipped ready to play.

The substitute goalkeeper may enter the game at any time following a stoppage of play, but no warm-up shall be permitted.

- (e) Except when both goalkeepers are incapacitated, no player in the playing roster in that game shall be permitted to wear the equipment of the goalkeeper.
- (f) In regular League and playoff games, if both listed goalkeepers are incapacitated, that team shall be entitled to dress and play any available goalkeeper who is eligible. This goaltender is eligible to sit on the player's bench, in uniform. No delay shall be permitted in taking his position in the goal, and he shall be permitted a two-minute warm-up. However, the warm-up is not permitted in the event a goalkeeper is substituted for a penalty shot.

(NOTE) In the event that the two regular goalkeepers are injured in quick succession, the third goalkeeper shall be provided with a reasonable amount of time to get dressed, in addition to a two-minute warm-up.

- (g) The Referee shall report to the President for disciplinary action any delay in making a substitution of goalkeepers.

Rule 16. Starting Line-Up

- (a) Prior to the start of the game, at the request of the Referee, the Manager or Coach of the visiting team is required to name the starting line-up to the Referee or Official Scorer. At any time in the game, at the request of the Referee made to the Captain, the visiting team must place a playing line-up on the ice and promptly commence play.
- (b) Prior to the start of the game, the Manager or Coach of the home team, having been advised by the Official Scorer or the Referee the names of the starting line-up of the visiting team, shall name the starting line-up of the home team which information shall be conveyed by the Official Scorer or the Referee to the Coach of the visiting team.
- (c) No change in the starting line-up of either team as given to the Referee or Official Scorer, or in the playing line-up on the ice, shall be made until the game is actually in progress. For an infraction of this rule, a bench minor penalty shall be imposed upon the offending team, provided such infraction is called to the attention of the Referee before the second face-off in the first period takes place.

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Rule 17. Change of Players

- (a) Players may be changed at any time from the players' bench provided that the player or players leaving the ice shall be within five feet (5') of his players' bench and out of the play before the change is made.

If in the course of making a substitution, either the player entering the game or the player retiring from the ice surface plays the puck with his stick, skates or hands or who checks or makes any physical contact with an opposing player while either the player entering the game or the retiring player is actually on the ice, then the infraction of "too many men on the ice" will be called.

If in the course of a substitution either the player entering the play or the player retiring is struck by the puck accidentally, the play will not be stopped and no penalty will be called. During the play, the player retiring from the ice must do so at the players' bench and not through any other exit leading from the rink. This is not a legal player change and therefore when a violation occurs, a bench minor penalty shall be imposed.

A goalkeeper may be changed for another player at any time under conditions set out in this section. The only exception to this provision is when a goalkeeper is removed for an extra attacker in regular season overtime. Any attempt by the goalkeeper to return to his position prior to the next stoppage of play (on the fly) shall be deemed to be an illegal substitution and a bench minor penalty shall be assessed for having an ineligible player.

(NOTE 1) When a goalkeeper leaves his goal area and proceeds to his players' bench for the purpose of substituting another player, the skater cannot enter the playing surface before the goalkeeper is within five feet (5') of the bench. If the substitution is made prematurely, the official shall stop the play immediately unless the non-offending team has possession of the puck in which event the stoppage will be delayed until the puck changes hands.

There shall be no time penalty to the Team making the premature substitution, but the resulting face-off will take place at the center ice face-off spot when play is stopped beyond the center red line. When play is stopped prior to the center red line, the resulting face-off shall be conducted at the point where the play was stopped.

In all other situations not covered in the above, a minor penalty may result for "too many men on the ice."

(NOTE 2) The Referee shall request that the public address announcer make the following announcement: "Play has been stopped due to premature substitution for the goalkeeper."

UHL Official Rules

Rule 17. Change of Players *(Continued)*

(NOTE 3) Goalkeepers' substitution during a game will be conducted within the same time frame as a regular line change. No extra time will allotted to the goalkeeper coming off the bench, except in the case where an injury to a goalkeeper occurs.

- (b) If by reason of insufficient playing time remaining, or by reason of penalties already imposed, a bench minor penalty is imposed for deliberate illegal substitution (too many men on the ice) which cannot be served in its entirety within the legal playing time, or at any time in overtime, a penalty shot shall be awarded against the offending team.
- (c) A player serving a penalty on the penalty bench, who is to be changed after the penalty has been served, must proceed at once by way of the ice and be at his own players' bench before any change can be made.

For any violation of this rule, a bench minor penalty shall be imposed.

- (d) Following the stoppage of play, the visiting Team shall promptly place a line-up on the ice ready for play and no substitution shall be made from that time until play has been resumed. The home Team may then make any desired substitution which does not result in the delay of the game.

(NOTE) "Placing a line-up on the ice" shall mean that both teams shall place the full compliment of players (and not exceed) to which they are entitled within the line change time frame.

If there is any undue delay by either Team in changing players, the Referee shall order the offending Team or Teams to take their positions immediately and not permit any further player changes.

(NOTE) When a substitution has been made under the above Rule, no additional substitution may be made until play commences.

- (e) The Referee shall give the visiting team a reasonable amount of time to make their change after which he shall put up his hand to indicate that no further change shall be made by the visiting club. At this point, the home team may change immediately. Any attempt by the visiting team to make a change after the Referee's signal shall result in the assessment of a bench minor penalty for delay of game.

Rule 18. Injured Players

- (a) When a player other than the goalkeeper is injured or compelled to leave the ice during a game, he may retire from the game and be replaced by a substitute, but play must continue without the teams leaving the ice.

UHL Official Rules

Rule 18. Injured Players *(Continued)*

- (b) If a goalkeeper sustains an injury or becomes ill, he must be ready to resume play immediately or be replaced by a substitute goalkeeper and NO additional time shall be allowed by the Referee for the purpose of enabling the injured or ill goalkeeper to resume his position. The substitute goalkeeper shall be allowed a two-minute warm-up during all pre-season games. No warm-up shall be permitted for a substitute goaltender in all regular season or playoff games. (See also Section (d).)
- (c) The Referee shall report to the President for disciplinary action any delay in making a goalkeeper substitution.
The substitute goalkeeper shall be subject to the regular rules governing goalkeepers and shall be entitled to the same privileges.
- (d) When a substitution for the regular goalkeeper has been made, such regular goalkeeper shall not resume his position until play has resumed.
- (e) If a penalized player has been injured, he may proceed to the dressing room without the necessity of taking a seat on the penalty bench. If the injured player receives a minor penalty, the penalized team shall immediately put a substitute player on the penalty bench, who shall serve the penalty until such time as the injured player is able to return to the game. He would replace his teammate on the penalty bench at the next stoppage of play. If the injured player receives a major penalty, the penalized team shall place a substitute player on the penalty bench before the penalty expires and no other replacement for the penalized player shall be permitted to enter the game except from the penalty bench. For violation of this rule, a bench minor penalty shall be imposed.
Should the injured penalized player who has been replaced on the penalty bench return to his players' bench prior to the expiration of his penalty, he shall not be eligible to play until his penalty has expired. If, however, there is a stoppage of play prior to the expiration of his penalty, he must then replace his teammate on the penalty bench and return to play once his penalty has expired.
- (f) When a player is injured so that he cannot continue play or go to his bench, the play shall not be stopped until the injured player's team has secured possession of the puck; if the player's team is in possession of the puck at the time of injury, play shall be stopped immediately unless his team is in a scoring position.

UHL Official Rules

Rule 18. Injured Players *(Continued)*

(NOTE) In the case where it is obvious that a player has sustained a serious injury, the Referee and/or Linesman may stop the play immediately.

- (g) When play has been stopped by the Referee or Linesman due to an injured player, or whenever an injured player is attended to on the ice by the Trainer or medical personnel, such player must be substituted for immediately (except goalkeeper). This injured player cannot return to the ice until play has resumed.

If when the attacking Team has control of the puck in its attacking zone, play is stopped by reason of any injury to a player of the defending Team, the ensuing face-off shall take place at one of the defending Team's end zone face-off spots.

SECTION THREE - EQUIPMENT

(NOTE 1) A request for a stick measurement shall be limited to one request per Team during the course of any stoppage in play.

(NOTE 2) Altered uniforms of any kind, e.g. Velcro inserts, over-sized jerseys, etc., will not be permitted. Any player or goalkeeper not complying with these Rules shall not be permitted to participate in the game.

(NOTE 3) These equipment regulations are written in the spirit of "fair play". If at any time the UHL feels that this spirit is being abused, the offending equipment will be deemed ineligible for play until a hearing has ruled on its eligibility.

(NOTE 4) At random during the season, goalkeepers' and players' equipment shall be checked by League staff.

Rule 19. Sticks

- (a) The sticks shall be made of wood or other material approved by the Rules Committee, and must not have any projections. Adhesive tape of any color may be wrapped around the stick at any place for the purpose of reinforcement or to improve the control of the puck. In the case of the goalkeeper's stick, there shall be a knob of white tape or some other protective material approved by the league. This knob must not be less than one-half inch (1/2") thick at the top of the shaft.

Failure to comply with this provision of the Rule will result in the goalkeeper's stick being deemed unfit for play. The goalkeeper's stick must be changed without the application of a minor penalty.

UHL Official Rules

Rule 19. Sticks (Continued)

- (b) No stick shall exceed sixty-three inches (63") in length from the heel to the end of the shaft, nor more than twelve and one-half inches (12 1/2") from the heel to the end of the blade.

The blade of the stick shall not be more than three inches (3") in width at any point nor less than two inches (2"). All edges of the blade shall be beveled. The curvature of the blade shall be restricted in such a way that the distance of a perpendicular line from a straight line drawn from any point at the heel to the end of the blade to the point of maximum curvature shall not exceed one-half inch (1/2").

- (c) The blade of the goalkeeper's stick shall not exceed three and one-half inches (3 1/2") in width at any point except at the heel where it must not exceed four and one-half inches (4 1/2") in width; nor shall the goalkeeper's stick exceed fifteen and one-half inches (15 1/2") in length from the heel to the end of the blade.

There is to be no measurement of the curvature of the blade on the goalkeeper's stick. All other elements of the stick are subject to a measurement and the appropriate applicable penalty.

The widened portion of the goalkeeper's stick extending up the shaft from the blade shall not extend more than twenty-six inches (26") from the heel and shall not exceed three and one-half inches (3 1/2") in width.

- (d) A minor penalty plus a fine of two hundred dollars (\$200) shall be imposed on any player or goalkeeper who uses a stick not conforming to the provisions of this rule.

(NOTE 1) When a formal complaint is made by the Captain or Alternate Captain of a team, against the dimensions of any stick, the Referee shall take the stick to the Timekeeper's bench where the necessary measurement shall be made immediately. The result shall be reported to the Penalty Timekeeper who shall record it on the back of the penalty record.

If the complaint is not sustained, a bench minor penalty shall be imposed against the complaining club in addition to a fine of one hundred dollars (\$100).

(NOTE 2) A player who participates in the play, who checks or who intentionally prevents the movement of an opponent, or who intentionally plays the puck while carrying two sticks (including while taking a replacement stick to his goalkeeper) shall incur a minor penalty under this rule but the automatic fine of two hundred dollars (\$200) shall not be imposed. If his participation causes a foul resulting in a penalty, the Referee shall report the incident to the Commissioner for disciplinary action.

(NOTE 3) A request for a stick measurement in regular playing time or overtime of any game is permitted, provided that such a request is not made following the scoring of a goal (Note: This applies to the goal scorer's stick only). NO REQUEST CAN BE MADE AT ANY TIME DURING THE SHOOT-OUT.

UHL Official Rules

Rule 19. Sticks *(Continued)*

- (e) A minor penalty plus a ten-minute misconduct penalty shall be imposed on any player who refuses to surrender his stick for measurement when requested to do so by the Referee. In addition, this player shall be subject to a two hundred dollar (\$200) fine.

Any player who deliberately breaks his stick following a successful penalty shot shall result in the assessment of a ten (10) minute misconduct penalty and the loss of the apparent goal. Any player who deliberately breaks his stick following an unsuccessful penalty shot shall result in the assessment of a minor penalty plus a ten (10) minute misconduct penalty.

- (f) When a formal complaint is made by the Captain or Alternate Captain of the team, against the dimensions of any stick of an opponent, that opponent must be on the ice at the time the request is made, and as long as the officials maintain visual contact with the stick, it can be measured. This means that if the player who's stick is about to be measured steps off the ice onto his players' bench, his stick may still be measured provided the request was received prior to him leaving the ice surface and the stick remains in the view of at least one of the on-ice officials.

Rule 20. Skates

- (a) All hockey skates shall be of a design approved by the Rules Committee. All skates worn by players (but not goalkeepers) and by the Referee and Linesmen shall be equipped with an approved safety blade.

When the Referee becomes aware that any person is wearing a skate that does not have the approved safety blade, he shall direct its replacement at the next intermission. If such replacement is not carried out, the Referee shall report the incident to the President for disciplinary action.

- (b) The use of speed skates or fancy skates or any skate so designed that it may cause injury is prohibited.

Rule 21. Goalkeeper's Equipment

- (a) With the exception of skates and stick, all equipment worn by the goalkeeper must be constructed solely for the purpose of protecting the head or body, and he must not wear any garment or use any contrivance which would give him undue assistance in keeping goal.

- (b) Leg Pads

- (i) The leg guards worn by goalkeepers shall not exceed eleven inches (11") in extreme width when on the leg of the player.
- (ii) The maximum length from bottom mid-point to top mid-point of the pad is not to exceed thirty-eight inches (38").

UHL Official Rules

Rule 21. Goalkeeper's Equipment *(Continued)*

- (iii) The minimum length of the boot of the pad is to be no less than seven inches (7"). The boot channel of the goal pad must be flat or concave in appearance.
- (iv) No attachments such as plastic puck foils are permitted.
- (v) Calf protectors must follow the contour of the calf and ankle and can have a thickness of no greater than one and a half inches (1.5"). No raised ridges will be permitted on the calf protector that would be deemed to act as deflectors of pucks.
- (vi) The knee strap pad is not to exceed six inches (6") in length by five and one-half inches (5.5") in width by one and one-half (1.5") in thickness. The knee strap pad must be fastened to the inner risers. The total width measurement of the entire inner knee padding (pad risers) including the outer knee strap pad must not exceed two and a half (2.5") in thickness. The inner kneepads are not to exceed seven inches (7") in length, five and a half inches (5.5") in width. The length of seven inches (7") is measured from where the inner padding attaches to the leg pad and back to the end of the inner padding. Medial rolls (raised seam ridges) will not be permitted. All knee protection must be worn under the thigh guard of the pant.

(NOTE) These inspections can take place any time, before, during, or after the game. A member of the League Staff (Hockey Operations and/or Security Departments) may obtain the equipment from any or all four participating goalkeepers. This equipment may be removed to a secure location for measuring.

Any violation of this Rule will result in an automatic one (1) game suspension for the next League game to the offending goalkeeper. Should both goalkeepers on a Club have illegal equipment, both will be suspended in sequence. The goalkeeper who played the day/night of the measurement will be suspended for the next game, and the back-up goalkeeper will be suspended for the following game.

The recalling of goalkeepers to ensure a complete lineup for subsequent games, shall be deemed to be an Emergency Recall, and subject to the twenty-three (23) man roster limitations.

Refusal to submit the equipment for League measurement will result in the same sanctions as that of a goalkeeper with illegal equipment.

Any violation of this Rule shall be reported to the Club involved and to the Commissioner of the League.

UHL Official Rules

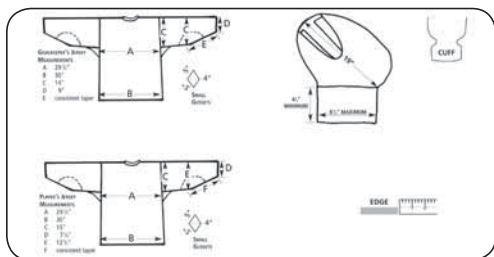
Rule 21. Goalkeeper's Equipment *(Continued)*

- (c) Chest and Arm Pads:
- (i) No raised ridges are allowed on the front edges or sides of the chest pad, the inside or outside of the arms, or across the shoulders.
 - (ii) Layering at the elbow is permitted to add protection but not to add stopping area. This layering, both across the front and down the sides, to protect the point of the elbow shall not exceed seven inches (7").
 - (iii) Shoulder Cap Protectors must follow the contour of the shoulder cap without becoming a projection/extension beyond or above the shoulder or shoulder cap. This contoured padding must not be more than one inch (1") in thickness beyond the top ridge of the shoulder and shoulder cap.
 - (iv) On each side the Shoulder Clavicle Protectors are not to exceed seven inches (7") in width. Their maximum thickness is to be one inch (1"). This protection is not to extend or project above or beyond the shoulder or shoulder cap nor extend beyond the armpit. No insert is allowed between the Shoulder Clavicle Protector and the chest pad that would elevate the Shoulder Clavicle Protector.
 - (v) If, when the goalie assumes his normal crouch position, the shoulder and/or shoulder cap protection is pushed above the contour of the shoulder, the chest pad will be considered illegal. (See Rule 23 (a) - Dangerous Equipment).
- (d) Pants:
- (i) No internal or external or cheater padding is permitted on the pant leg or waist beyond what is required to provide protection (no outside or inside ridges).
 - (ii) The maximum width (straight line) of the thigh pad across the front of the leg is ten inches (10"). If the groin and/or hip pads extend beyond the edge of the front thigh pad they are to be included in this ten inch (10") measurement. This measurement is to be taken while the goalie is in an upright standing position. This measurement is to be made five inches (5") up from the bottom of the pant.
 - (iii) All thigh pads must follow the contour of the leg. Square thigh pads are considered illegal.
 - (iv) All knee protection must be strapped and fit under the thigh pad of the pant leg and not exceed the ten inches (10") allowed for the width of the thigh pad.

UHL Official Rules

Rule 21. Goalkeeper's Equipment *(Continued)*

- (e) Goaltender's Jerseys:
- No inserts or additions are to be added to the standard goalie cut jersey as produced by the manufacturer. (Modifications at the manufacturer are not allowed, unless approved in advance by the league) (see Rule 13(b) - Composition of Team)
 - No "tying down" of the jersey is allowed at the wrists if it creates a tension across the jersey such that a "webbing effect" is created in the armpit area.
 - No other tie downs are allowed that create a "webbing effect."
 - The length of a jersey is illegal if it covers any area between the goalies' legs.
- (f) Catching glove
- A maximum perimeter of forty-five inches (45") is permitted. The perimeter of the glove is the distance around the glove.
 - The wrist cuff must be four inches (4") in width (height). The cuff of the glove is considered to be the portion of the glove protecting the wrist from the point where the thumb joint meets the wrist. Any protection joining/enhancing the cuff to the glove will be considered part of the glove rather than the cuff.
 - The wrist cuff is to be a maximum of eight inches (8") in width (this includes the bindings). All measurements follow the contour of the cuff.
 - The distance from the heel of the glove along the pocket and following the contour of the inside of the trap of the glove to the top of the "T" trap must not exceed eighteen inches (18"). The heel is considered to be the point at which the straight vertical line from the cuff meets the glove (see diagram below).
 - Measuring Procedures for Goalkeepers Catching Glove
 - Suggested Equipment - binder clip, pins and a 5/8" fiberglass cloth measuring tape that measures 1/8ths of an inch.



UHL Official Rules

Rule 21. Goalkeeper's Equipment *(Continued)*

- (b) Procedure -
- (1) The tape is to be placed on the outside edge of the glove with the midway line of the tape following the top ridge of the edge/binding.
 - (2) At the "starting point" of the measurement, anchor the tape with a pin and binder clip.
 - (3) Ensure that the midpoint line of the measuring tape follows the outside top ridge of the edge/binding.
 - (4) If at the junction of the cuff and catch portions of the glove there is a "jagged point"; the measurement tape will follow the imaginary perpendicular line to the glove ridge above. (A "jagged joint" anywhere else on the glove will not be allowed this "straight line" privilege, i.e. where the trap joins the main glove).
- (g) Blocking glove
- (i) Protective padding attached to the back or forming part of the goalkeeper's blocking glove shall not exceed eight inches (8") in width nor more than fifteen inches (15") in length at any point (this includes the bindings). All measurements follow the contour of the back of the glove.
 - (ii) The blocking glove must be rectangular in shape.
 - (iii) The flap protecting the thumb and wrist must be fastened to the blocker and must follow the contour of the thumb and wrist. This thumb protection must not exceed seven inches (7") in extreme length when measured from the top of the blocking surface.
 - (iv) Raised ridges are not to be added to any portion of the blocking glove.
- (NOTE) All goaltenders must use one of each a blocking glove and catching glove, meeting league approved sizing specifications.*
- (h) Protective masks, of a design approved by the Rules Committee, may be worn by goalkeepers. Protective masks, deemed to be worn only to increase stopping area, will be considered illegal.

Rule 22. Protective Equipment

- (a) All protective equipment, except gloves, headgear and goalkeepers' leg guards must be worn under the uniform. For violation of this rule, after warning by the Referee, a minor penalty shall be imposed.
- (NOTE) Players including the goalkeeper violating this rule shall not be permitted to participate in the game until such equipment has been corrected or removed.*

UHL Official Rules

Rule 22. Protective Equipment *(Continued)*

- (b) All players of both teams shall wear a helmet of design, material and construction approved by the rules committee at all times while participating in a game, either on the playing surface or the players' or penalty benches.

A player may continue to participate in the play without his helmet. However, if he goes to his players' bench to be substituted for, he may not return to the ice during play without a helmet. Should he do so, the play shall be stopped once his team has gained possession of the puck. If the play is stopped for such an infraction in the attacking zone, the ensuing face-off will take place at the nearest face-off spot in the neutral zone of the non-offending team. If the play is stopped for such an infraction in the defending or neutral zone, the ensuing face-off will take place at the location of the puck when the play was stopped.

When a goalkeeper has lost his helmet and/or face mask and his Team has possession of the puck, the play shall be stopped immediately to allow the goalkeeper the opportunity to regain his helmet and/or face mask. When the opposing Team has possession of the puck, play shall only be stopped if there is no immediate and impending scoring opportunity. This stoppage of play must be made by the Referee. When play is stopped in the defending zone because the goalkeeper has lost his helmet and/or face mask, the ensuing face-off shall take place at one of the defending Team's end zone face-off spots.

- (c) A glove from which all or part of the palm has been removed or cut to permit the use of the bare hand shall be considered illegal equipment and if any player wears such a glove in play, a minor penalty shall be imposed on him.

When a complaint is made under this rule, and such complaint is not sustained, a bench minor penalty shall be imposed against the complaining club under Rule 51—Delaying the Game.

(NOTE) The Officiating Department is specifically authorized to make a check of each Teams' equipment to ensure the compliance with the Rule. It shall report its findings to the Commissioner for his disciplinary action.

UHL Official Rules

Rule 23. Dangerous Equipment

- (a) The use of pads or protectors made of metal, or of any other material likely to cause injury to a player, is prohibited.

(NOTE) All elbow pads which do not have a soft protective outer covering of sponge rubber or similar material at least one-half inch (1/2") thick shall be considered dangerous equipment.

- (b) A mask or protector of a design approved by the President may be worn by a player who has sustained a facial injury.

In the first instance, the injured player shall be entitled to wear any protective device prescribed by the club doctor. If any opposing club objects to the device, it may record its objection with the President.

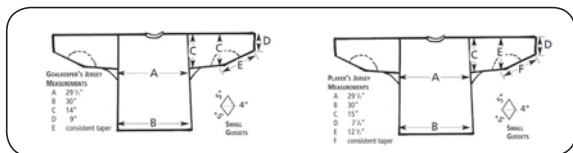
(NOTE) The Officiating Department is specifically authorized to make a check of each team's equipment to ensure the compliance with this rule. It shall report its findings to the President for his disciplinary action.

Rule 24. Puck

- (a) The puck shall be made of vulcanized rubber, or other approved material, one inch (1") thick and three inches (3") in diameter and shall weigh between five and one-half ounces (5 1/2 oz.) and six ounces (6 oz.). All pucks used in competition must be approved by the Rules Committee.
- (b) The home team shall be responsible for providing an adequate supply of official pucks which shall be kept in a frozen condition. This supply of pucks shall be kept at the penalty bench under the control of one of the regular Off-ice Officials or a special attendant.

Rule 24A. Players' Jerseys

- (a) The maximum jersey size is (see below).
- (b) No inserts or additions are to be added to the standard players' jersey as produced by the manufacturer. (Modifications at the manufacturer are not allowed unless approved in advance by the League) (see Rule 13(b) - Composition of Team).
- (c) No alteration of the neck opening is permitted.
- (d) Sleeves must extend into the cuff of the glove.
- (e) Jerseys must be "tied down" properly at all times.



SECTION FOUR—PENALTIES

Rule 25. Penalties

Penalties shall be actual playing time and shall be divided in the following classes:

- (1) Minor penalties
- (2) Bench minor penalties
- (3) Major penalties
- (4) Misconduct penalties
- (5) Match penalties
- (6) Penalty shot

When coincident penalties are imposed on players of both teams, the penalized players of the visiting team shall take their positions on the penalty bench first in the place designated for visiting players.

(NOTE) When play is not actually in progress and an offense is committed by any player, the same penalty shall apply as though play was actually in progress.

Rule 26. Minor Penalties

- (a) For a “MINOR PENALTY,” any player, other than a goalkeeper, shall be ruled off the ice for two minutes during which time no substitute shall be permitted.
- (b) A “BENCH MINOR” penalty involves the removal from the ice of one player of the team against which the penalty is assessed for a period of two minutes. Any player except a goalkeeper of the team may be designated to serve the penalty by the Manager or Coach through the playing Captain and such player shall take his place on the penalty bench promptly and serve the penalty as if it was a minor penalty imposed upon him.
- (c) If while a team is “short-handed” by one or more minor or bench minor penalties, the opposing team scores a goal, the first of such penalties shall automatically terminate.

(NOTE) “Short-handed” means that the team must be below the numerical strength of its opponents on the ice at the time the goal is scored. The minor or bench penalty which terminates automatically is the one with the least amount of time on the clock. Thus coincident minor penalties to both teams do NOT cause either side to be “short-handed.”

This Rule shall also apply when a goal is awarded. This Rule does not apply when a goal is scored on a penalty shot (i.e. offending team’s penalized player(s) do not get released on the scoring of a goal on a penalty shot).

UHL Official Rules

Rule 26. Minor Penalties *(Continued)*

Minor Penalty expiration criteria:

- i) Is the Team scored against, shorthanded?
- ii) Is the team scored against serving a Minor Penalty on the clock?
- iii) If the answer is yes to i) and ii), you are to delete the Minor Penalty with the least amount of time on the clock, except when coincidental penalties are being served.

When the minor penalties of two players of the same team terminate at the same time, the Captain of that team shall designate to the Referee which of such players will return to the ice first and the Referee will instruct the Penalty Timekeeper accordingly.

When one player receives a major penalty and a minor penalty at the same time, the major penalty shall be served first by the penalized player, except under Rule 27(c) where coincidental major penalties are in effect in which case the minor penalty will be recorded and served first.

- (d) When ONE minor penalty is assessed to ONE player of EACH Team at the same stoppage in play, these penalties will be served without substitution provided there are no other penalties in effect and visible on the penalty clocks. Both teams will therefore play four skaters against four skaters for the duration of the minor penalties.

(NOTE) Should one or either of these players also incur a misconduct penalty in addition to their ONE minor penalty, this rule shall apply and teams would still play four skaters against four skaters (the player incurring the misconduct penalty would have to serve the entire 12 minutes - minor plus misconduct - and his team would have to place an additional player on the penalty bench to serve the minor penalty and be able to return to the ice when the minor penalty expires).

When multiple penalties are assessed to both teams, equal numbers of minor and major penalties shall be eliminated using the coincident penalty rule and any differential in time penalties shall be served in the normal manner and displayed on the penalty time clock accordingly. If there is no differential in time penalties, all players will still serve their allotted penalty time, but will not be released until the first stoppage of play following the expiration of their respective penalties.

UHL Official Rules

Rule 27. Major Penalties

- (a) For the first “MAJOR PENALTY” in any one game, the offender, except the goalkeeper, shall be ruled off the ice for five minutes during which time no substitute shall be permitted.

An automatic fine of one hundred dollars (\$100) shall also be added when a major penalty is imposed for any foul causing injury to the face or head of an opponent by means of a stick.

- (b) For the third major penalty in the same game to the same player, or for a major for butt-ending (Rule 46), checking from behind (Rule 48), clipping (Rule 49), cross-checking (Rule 50), head-butting (Rule 60), hooking (Rule 64), kneeling (Rule 71), slashing (Rule 85) or spearing (Rule 86), he shall be ruled off the ice for the balance of the game, but a substitute shall be permitted to replace the player so suspended after five (5) minutes have elapsed. (Major penalty plus game misconduct with automatic fine of two hundred dollars (\$200).)

The substitute is not required to take his place on the penalty bench immediately, but must do so at a stoppage of play prior to the expiration of the major penalty. He may then legally exit the penalty bench when the major penalty has expired. Failure to place a player on the penalty bench prior to the expiration of the major penalty will result in that team having to continue playing one player short (but not officially considered shorthanded) until the next stoppage of play. Any replacement player who enters the game other than from the players' bench shall constitute an illegal substitution under Rule 17 Change of Players calling for a bench minor penalty.

Furthermore, if the Team fails to place a player on the penalty bench to return to the ice at the end of the major penalty, they continue to play shorthanded but are NOT permitted to ice the puck as they are no longer shorthanded by reason of a penalty.

- (c) When coincident major penalties or coincident penalties of equal duration, including a major penalty, are imposed against players of both teams, the penalized players shall all take their places on the penalty benches and such penalized players shall not leave the penalty benches until the first stoppage of play following the expiry of their respective penalties. Immediate substitutions shall be made for an equal number of major penalties, or coincident penalties of equal duration including a major penalty to each team so penalized, and the penalties of the players for which substitutions have been made shall not be taken into account for the purpose of the Delayed Penalty Rule, (Rule 32).

UHL Official Rules

Rule 27. Major Penalties *(Continued)*

Where it is required to determine which of the penalized players shall be designated to serve the delayed penalty under Rule 32-Delayed Penalties, the penalized team shall have the right to make such designation not in conflict with Rule 26-Minor Penalties.

- (d) During the last five (5) minutes of regulation time, or at any time in overtime, when a minor penalty (or double minor penalty) is assessed to one player of team A, and a major (or match) penalty is assessed to one player of team B on the same stoppage of play, the three minute (or one minute) differential shall be served immediately as a major penalty. This is also applicable when coincidental penalties are negated, leaving the aforementioned example. In such instances, the Team of the player receiving the major penalty must place the replacement player in the penalty bench prior to expiration of the penalty (in the case of a match penalty, the replacement player must enter the penalty bench immediately). The differential will be recorded on the penalty clock as a three (3) minute or a one (1) minute penalty (as applicable), and served in the same manner as a major penalty.

Rule 28. Misconduct Penalties

- (a) In the event of "MISCONDUCT" penalties to any player except the goalkeeper, the players shall be ruled off the ice for a period of ten minutes each. A substitute player is permitted to immediately replace a player serving a misconduct penalty. A player whose misconduct penalty has expired shall remain in the penalty box until the next stoppage of play.

When a player receives a minor penalty and a misconduct penalty at the same time, the penalized team shall immediately put a substitute player on the penalty bench and he shall serve the minor penalty without change.

When a player receives a major penalty and a misconduct penalty at the same time, the penalized team shall place a substitute player on the penalty bench before the major penalty expires and no replacement for the penalized player shall be permitted to enter the game except from the penalty bench. Any violation of this provision shall be treated as an illegal substitution under Rule 17-Change of Players calling for a bench minor penalty.

- (b) A misconduct penalty imposed on any player at any time shall be accompanied with an automatic fine of fifty dollars (\$50).

UHL Official Rules

Rule 28. Misconduct Penalties *Continued*

- (c) A "GAME MISCONDUCT" penalty involves the suspension of a player for the balance of the game but a substitute is permitted to replace immediately the player so removed. A player incurring a game misconduct penalty shall incur an automatic fine of one hundred dollars (\$100) and the case shall be reported to the President who shall have full power to impose such further penalties by way of suspension or fine on the penalized player or any other player involved in the altercation.

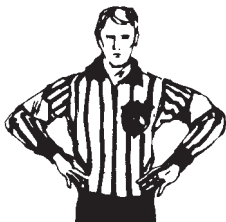
- (d) The Referee may impose a "GROSS MISCONDUCT" penalty on any player, Manager, Coach or Trainer who is guilty of gross misconduct of any kind. Any person incurring a "gross misconduct" penalty shall be suspended for the

balance of the game and shall incur an automatic fine of one hundred-fifty dollars (\$150) and the case shall be referred to the President of the League for further disciplinary action.

(NOTE) For all game misconduct and gross misconduct penalties regardless of when imposed, a total of ten minutes shall be charged in the records against the offending player.

- (e) In regular League games, any player who incurs a total of three (3) game misconduct penalties (exclusive of designated categories) shall be suspended for the next League game of his Team. For each subsequent game misconduct penalty, the automatic suspension shall be increased by one game. For each suspension of a player, his Club shall be fined one thousand dollars (\$1,000).

In Playoff games, any player who incurs a total of two (2) game misconduct penalties shall be suspended automatically for the next Playoff game of his team. For each subsequent game misconduct penalty during the Playoffs, the automatic suspension shall be increased by one game. For each suspension of a player during the Playoffs, his club shall be fined one thousand dollars (\$1,000).



MISCONDUCT

**Place both hands
on hips**

UHL Official Rules

Rule 28. Misconduct Penalties *(Continued)*

- (f) In regular League or Playoff games, any player who incurs a total of two (2) game misconduct penalties for Abuse of Officials related infractions penalized under Rule 41 (a), (b), or (c) - Abuse of Officials and other Misconduct, shall be suspended automatically for the next League or Playoff game of his Team. For each subsequent game misconduct penalty, the automatic suspension shall be increased by one game.
- (g) In regular League games, any player who incurs a total of two (2) game misconduct penalties for stick related infractions, Boarding – Rule 44(b), or Checking from Behind – Rule 48(a), shall be suspended automatically for the next League game of his Team. For each subsequent game misconduct penalty in this category, the automatic suspension shall be increased by one game.

(NOTE) Stick related infractions shall include the following infractions:

- i) Butt-ending – Rule 46(b)*
- ii) Cross-checking – Rule 50(a)*
- iii) Hooking – Rule 64(b)*
- iv) Slashing – Rule 85(b)*
- v) Spearing – Rule 86(b)*

In playoff games any player who incurs a total of two (2) game misconduct penalties for stick related infractions, Boarding – Rule 44(b), or Checking from Behind – Rule 48(a), shall be suspended automatically for the next Playoff game of his Team. For each subsequent game misconduct penalty in this category during the Playoffs the automatic suspension shall be increased by one game.

Prior to the commencement of each Colonial Cup Finals, a player will have his current stick-related, boarding and checking from behind game misconducts removed from his current playoff record. They will remain part of his historical record.

(NOTE 1) Any game misconduct penalty for which a player has been assessed an automatic suspension or supplementary discipline in the form of game suspension(s) by the Commissioner shall NOT be taken into account when calculating the total number of offenses under this subsection.

(NOTE 2) When a player has played in 41 consecutive regular League games without being assessed a stick-related major and a game misconduct according to Rule 27(b) - Major Penalties or Rule 28 (f) - Misconduct Penalties, he will have the previous game misconduct penalties removed from his current record. They will remain part of his historical record.

UHL Official Rules

Rule 29. Match Penalties

A "MATCH" penalty involves the suspension of a player for the balance of the game and the offender shall be ordered to the dressing room immediately. A substitute player is permitted to replace the penalized player after five minutes playing time has elapsed when the penalty is imposed under Rule 43 - Attempt to or Deliberate Injury of Opponents.

(NOTE 1) The match penalty shall be served by a player to be designated by the Manager or Coach of the offending Team through the playing Captain, such player to take his place in the penalty box immediately.

For all match penalties, regardless of when imposed, or prescribed additional penalties, a total of ten minutes shall be charged in the records against the offending player.

(NOTE 2) When coincident match penalties have been imposed to a player on both Teams, Rule 27(c) covering coincident major penalties will be applicable with respect to player substitution.

(NOTE 3) The Referee is required to report all match penalties and the surrounding circumstances to the Commissioner of the League immediately following the game in which they occur.

Rule 30. Penalty Shot

- (a) Any infraction of the rules which calls for a "PENALTY SHOT" shall be taken as follows:

The Referee shall ask to have announced over the public address system the name of the player designated by him or selected by the Team entitled to take the shot (as appropriate). He shall then place the puck on the center face-off spot and the player taking the shot will, on the instruction of the Referee, play the puck from there and shall attempt to score on the goalkeeper. The puck must be kept in motion towards the opponent's goal line and once it is shot, the play shall be considered complete. No goal can be scored on a rebound of any kind (an exception being the puck off the goal post, then the goalkeeper and then directly into the goal), and any time the puck crosses the goal line, the shot shall be considered complete.

Only a player designated as a goalkeeper or alternate goalkeeper may defend against the penalty shot.

- (b) The goalkeeper must remain in his crease until the player taking the penalty shot has touched the puck and in the event of violation of this rule or any foul committed by a goalkeeper, the Referee shall allow the shot to be taken and if the shot fails, he shall permit the penalty shot to be taken over again.

The goalkeeper may attempt to stop the shot in any manner except by throwing his stick or any object, in which case a goal shall be awarded. *(NOTE) See Rule 88.*

UHL Official Rules

Rule 30. Penalty Shot (Continued)

- (c) In cases where a penalty shot has been awarded under Rule 51(c), deliberately displacing goal post during course of a breakaway; under Rule 67(i), interference; under Rule 72(m), illegal entry into the game; under Rule 88(a) for throwing a stick; and under Rule 91(b), fouling from behind, the Referee shall designate the player who has been fouled as the player who shall take the penalty shot.

In cases where a player is fouled from behind (Rule 91(b)), four criteria must be met in order for the referee to award a penalty shot:

1. The infraction must have taken place in the opponent's half of the ice, i.e. over the center red line;
2. The infraction must have been committed from behind;
3. The player in possession and control (or, in the judgment of the Referee, clearly would have obtained possession and control of the puck) must have been denied a reasonable chance to score.

(NOTE) The fact that he got a shot off does not automatically eliminate this play from the penalty shot consideration criteria. If the foul was from behind and he was denied a "more" reasonable scoring opportunity due to the foul, then the penalty shot should be awarded.

4. The player in possession and control (or, in the judgment of the Referee, clearly would have obtained possession and control of the puck) must have had no opposing player between himself and the goalkeeper.

In cases where a penalty shot has been awarded under Rule 17(b), deliberate illegal substitution with insufficient playing time remaining; under Rule 51(d), deliberately displacing goal post; under Rule 55(c), failing on the puck in the crease; under Rule 59(d), picking up the puck from the crease area, the penalty shot shall be taken by a player selected by the Captain of the non-offending team from the players on the ice at the time when the foul was committed. Such selection shall be reported to the Referee and cannot be changed.

If by reason of injury, the player designated by the Referee to take the penalty shot is unable to do so within a reasonable time, the shot may be taken by a player selected by the Captain of the non-offending team from the players on the ice when the foul was committed. Such selection shall be reported to the Referee and cannot be changed.

UHL Official Rules

Rule 30. Penalty Shot (Continued)

- (d) Should the player in respect to whom a penalty shot has been awarded himself commit a foul in connection with the same play or circumstances, either before or after the penalty shot has been awarded, be designated to take the shot, he shall first be permitted to do so before being sent to the penalty bench to serve the penalty except when such penalty is for a game misconduct, gross misconduct or match penalty in which case the penalty shot shall be taken by a player selected by the Captain of the non-offending team from the players on the ice at the time when the foul was committed.

If at the time a penalty shot is awarded, the goalkeeper of the penalized team has been removed from the ice to substitute another player, the goalkeeper shall be permitted to return to the ice before the penalty shot is taken.

- (e) While the penalty shot is being taken, players of both sides shall withdraw to the sides of the rink and in front of their own players' bench.
- (f) If, while the penalty shot is being taken, any player of the opposing team shall have by some action interfered with or distracted the player taking the shot and, because of such action, the shot shall have failed, a second attempt shall be permitted and the Referee shall impose a misconduct penalty on the player so interfering or distracting.
- (g) If a goal is scored from a penalty shot, the puck shall be faced-off at center ice. If a goal is not scored, the puck shall be faced-off at either of the end face-off spots in the zone in which the penalty shot was tried.
- (h) Should a goal be scored from a penalty shot, a further penalty to the offending player shall not be applied unless the offense for which the penalty shot was awarded was such as to incur a major, match or misconduct penalty, in which case the penalty prescribed for the particular offense shall be imposed.

If the offense for which the penalty shot was awarded was such as to normally incur a minor penalty, then regardless of whether the penalty shot results in a goal or not, no further minor penalty shall be served.

If the offense for which the penalty shot was awarded was such as to incur a double minor penalty, or where the offending team is assessed an additional minor penalty on the same play in which a penalty shot was awarded, the first minor penalty is not assessed since the penalty shot was awarded to restore the lost scoring opportunity. The second minor penalty would be assessed and served regardless of whether the penalty shot results in a goal or not. This will be announced as a double minor penalty for the appropriate foul and the player will serve two (2) minutes only.

UHL Official Rules

Rule 30. Penalty Shot (Continued)

- (i) If the foul upon which the penalty shot is based occurs during actual playing time, the penalty shot shall be awarded and taken immediately in the usual manner notwithstanding any delay occasioned by a slow whistle by the Referee to allow play to continue until the attacking side has lost possession of the puck to the defending side, which delay results in the expiry of the regular playing time in any period.

The time required for the taking of a penalty shot shall not be included in the regular playing time or overtime.

- (j) If, after a player's stick has been ruled illegal, he attempts to take a penalty shot with a second stick that is also ruled illegal, prior to taking the penalty shot, the opportunity to take the penalty shot shall be disallowed. The player shall be assessed one minor penalty for the first illegal stick.

Rule 31. Goalkeeper's Penalties

- (a) A goalkeeper shall not be sent to the penalty bench for an offense which incurs a minor penalty, but instead, the minor penalty shall be served by another member of his team who was on the ice when the offense was committed, said player to be designated by the Manager or Coach of the offending team through the playing Captain and such substitute shall not be changed.

(NOTE) A penalized player may not serve a goalkeeper's penalty.

- (b) A goalkeeper shall not be sent to the penalty bench for an offense which incurs a major penalty, but instead, the major penalty shall be served by another member of his team who was on the ice when the offense was committed, said player to be designated by the Manager or Coach of the offending team through the playing Captain and such substitute shall not be changed.
- (c) Should a goalkeeper incur three major penalties in one game, in accordance with Rule 27(b)—Major Penalties, he shall be ruled off the ice for the balance of the game and his place will be taken by a member of his own club, or by a regular substitute goalkeeper who is available. Such player will be allowed the goalkeeper's equipment. [Major penalty plus game misconduct penalty and automatic fine of one hundred dollars (\$100).]
- (d) Should a goalkeeper on the ice incur a misconduct penalty, this penalty shall be served by another member of his team who was on the ice when the offense was committed, said player to be designated by the Manager or Coach of the offending team through the Captain and, in addition, the goalkeeper shall be fined fifty dollars (\$50).

UHL Official Rules

Rule 31. Goalkeeper's Penalties *(Continued)*

- (e) Should a goalkeeper incur a game misconduct penalty, his place will then be taken by a member of his own club, or by a regular substitute goalkeeper who is available, and such player will be allowed the goalkeeper's full equipment. In addition, the goalkeeper shall be fined one hundred dollars (\$100).
- (f) Should a goalkeeper incur a match penalty, his place will then be taken by a member of his own club, or by a substitute goalkeeper who is available, and such player will be allowed the goalkeeper's full equipment. However, any additional penalties as specifically called for by the individual rules covering match penalties will apply, and the offending team shall be penalized accordingly, such additional penalties to be served by other members of the team on the ice when the offenses were committed, said players to be designated by the Manager or Coach of the offending team through the Captain. (See Rules 43, 52 and 69.)
- (g) Should a goalkeeper incur a match penalty, the case shall be investigated promptly by the President who shall have full power to fine or suspend the penalized goalkeeper or any other players in the altercation.
- (h) A minor penalty shall be imposed on a goalkeeper who leaves the immediate vicinity of his crease during an altercation. In addition, he shall be subject to a fine of one hundred dollars (\$100) and this incident shall be reported to the President for such further disciplinary action as may be required.
(NOTE) All penalties imposed on a goalkeeper, regardless of who serves the penalty or any substitution, shall be charged in the records against the goalkeeper.
- (i) If a goalkeeper participates in the play in any manner when he is beyond the center red line, a minor penalty shall be imposed upon him.

Rule 32. Delayed Penalties

- (a) If a third player of any team shall be penalized while two players of the same team are serving penalties, the penalty time of the third player shall not commence until the penalty time of one of the two players already penalized has elapsed. Nevertheless, the third player penalized must at once proceed to the penalty bench but may be replaced by a substitute until such time as the penalty time of the penalized player shall commence.
- (b) When any team shall have three players serving penalties at the same time and because of the delayed penalty rule, a substitute for the third offender is on the ice, none of the three penalized players on the penalty bench may return to the ice until play has stopped. When play has been stopped, the player whose full penalty has expired may return to the play.

UHL Official Rules

Rule 32. Delayed Penalties *(Continued)*

Provided however that the Penalty Timekeeper shall permit the return to the ice in the order of expiry of their penalties, of a player or players when, by reason of the expiration of their penalties, the penalized team is entitled to have more than four players on the ice.

- (c) In the case of delayed penalties, the Referee shall instruct the Penalty Timekeeper that penalized players whose penalties have expired shall only be allowed to return to the ice when there is a stoppage of play.

When the penalties of two players of the same team will expire at the same time, the Captain of that team will designate to the Referee which of such players will return to the ice first and the Referee will instruct the Penalty Timekeeper accordingly.

When a major and a minor penalty are imposed at the same time on players of the same team, the Penalty Timekeeper shall record the minor as being the first of such penalties.

(NOTE) This applies to the case where the two penalties are imposed on DIFFERENT players of the same team. See also note to Rule 26-Minor Penalties.

Rule 33. Calling of Penalties

- (a) Should an infraction of the rules which would call for a minor, major, misconduct, game misconduct or match penalty be committed by a player of the side in possession of the puck, the Referee shall immediately blow his whistle and penalize the offending player.

The resulting face-off shall be made at the place where the play was stopped for the assessment of the penalty, unless the stoppage occurs in the attacking zone of the player penalized in which case the face-off shall be made at the nearest face-off spot in the neutral zone.

- (b) Should an infraction of the rules which would call for a minor, major, misconduct, game misconduct or match penalty be committed by a player of the Team not in possession of the puck, the Referee will raise his arm to signal the delayed calling of a penalty. When the Team to be penalized gains control of the puck, the referee will blow his whistle to stop play and impose the penalty on the offending player.

(NOTE) There shall be no signal given by the Referee for a misconduct or game misconduct penalty under this section.

The resulting face-off shall be located where the play was stopped when the offending Team gained control of the puck, except when they do so in their attacking zone, to which the ensuing face-off will be conducted in the neutral zone near the defending Team's blue line.

UHL Official Rules

Rule 33. Calling of Penalties

(Continued)

If the stoppage of play is caused by the defending Team (puck frozen along boards, frozen by goalkeeper, shot out of play) and the attacking Team is to be penalized, the resulting face-off shall be made at the place where the play was stopped. The only exception to this face-off location is if, prior to the stoppage of play for the assessment of the penalty, the non-offending Team ices the puck, then the face-off following the stoppage shall take place in the neutral zone near the defending blue line of the Team shooting the puck.

If the penalty to be imposed is a minor penalty and a goal is scored on the play by the non-offending side, the minor penalty shall not be imposed but major and match penalties shall be imposed in the normal manner regardless of whether or not a goal is scored.

Minor penalty expiration criteria:

- i) Is the team scored against short handed?
- ii) Is the team scored against serving a minor penalty on the clock?

If both criteria are satisfied, the minor penalty with the least amount of time on the clock shall terminate except when coincidental penalties are being served.

(NOTE) No penalty shall expire when a goal is scored against a Team on a penalty shot (Rule 26(c)).

When the penalty to be imposed is applicable under Rule 46(a)-Butt-Ending, Rule 60(a)-Head-Butting; Rule 61(b)-High Sticks or Rule 86(a)-Spearing, and a goal is scored, two minutes of the appropriate penalty will be assessed to the offending player. (This will be announced as a Double Minor for the appropriate foul and the player will serve two (2) minutes only.)



DELAYED CALLING OF PENALTY

Referee extends arm and points to penalized player.

UHL Official Rules

Rule 33. Calling of Penalties *(Continued)*

If when a team is “short-handed” by reason of one or more minor or bench minor penalties, the Referee signals a further minor penalty or penalties against the “short-handed” team and a goal is scored by the non-offending side before the whistle is blown, then the goal shall be allowed. The penalty or penalties signaled shall be assessed and the first of the minor penalties already being served shall automatically terminate under Rule 26(c)-Minor Penalties. Major and match penalties shall be imposed in the normal manner regardless of whether or not a goal is scored.

(NOTE 1) “Completion of the play by the team in possession” in this rule means that the puck must have come into the possession and control of an opposing player or has been “frozen.” This does not mean a rebound off the goalkeeper, the goal or the boards, or any accidental contact with the body or equipment of an opposing player. “Control of the puck” means the act of propelling the puck with the stick, hand or feet. If while it is being propelled, the puck is touched by another player or his equipment, or hits the goal or goes free, the player shall no longer be considered to be “in control of the puck”.

(NOTE 2) If after the Referee has signaled a penalty but before the whistle has been blown, the puck shall enter the goal of the non-offending team as the direct result of a player of that team, the goal shall be allowed and the penalty signaled shall be imposed in the normal manner. No goal may be scored by the offending team during the delayed calling of a penalty unless the non-offending team puts it directly into their own net. This shall mean that a deflection off an offending player or goalkeeper, or any physical action by an offending player that may cause the puck to enter the non-offending team’s goal, shall not be considered a legal goal. Play shall be stopped before the puck enters the net (whenever possible), and the signaled penalty assessed to the offending team.

- (c) Should the same offending player commit other fouls on the same play, either before or after the Referee has blown his whistle, the offending player shall serve such penalties consecutively.

Rule 33A. Supplementary Discipline

In addition to the automatic fines and suspensions imposed under these Rules, the President may, at his discretion, investigate any incident that occurs in connection with any Pre-season, Exhibition, League or Playoff game and may assess additional fines and/or suspensions for any offense committed during the course of a game or any aftermath thereof by a Player, Manager, Coach or Club Executive, whether or not such offense has been penalized by the Referee.

(NOTE) If an investigation is requested by a Club or by the League on its own initiative, it must be initiated within twenty-four (24) hours following the completion of the game in which the incident occurred.

UHL Official Rules

Rule 33B. Suspensions Arising from Pre-Season and Exhibition Games

Whenever suspensions are imposed as a result of infractions occurring during exhibition games, the President shall exercise his discretion in scheduling the suspensions to ensure that no team shall be short more players in any regular League game than it would have been had the infractions occurred in regular League games.

SECTION FIVE—OFFICIALS

Rule 34. Appointment of Officials

- (a) The Vice President of Hockey Operations shall appoint a Referee, two Linesmen, Game Timekeeper, Penalty Timekeeper, Official Scorer and two Goal Judges for each game.
- (b) The Vice President of Hockey Operations shall forward to all clubs a list of Referees, Linesmen, and Off-ice Officials, all of whom must be treated with proper respect at all times during the season by all players and officials of clubs.

Rule 35. Referee

- (a) The REFEREE shall have general supervision of the game and shall have full control of all game officials and players during the game, including stoppages; and in case of any dispute, his decision shall be final.

(NOTE) As there is a human factor involved in blowing the whistle to stop play, the referee may deem the play to be stopped slightly prior to the whistle actually being blown. The fact that the puck may come loose or cross the goal line prior to the sound of the whistle has no bearing if the referee has ruled that the play had been stopped prior to this happening.

The Referee shall remain on the ice at the conclusion of each period until all players have proceeded to their dressing rooms.

- (b) All Referees and Linesmen shall be dressed in black trousers and official sweaters.

They shall be equipped with approved whistles, a tape measure and an official stick measuring guide.

- (c) The Referee shall order the teams on the ice at the appointed time for the beginning of a game and at the commencement of each period. If for any reason, there is more than fifteen minutes' delay in the commencement of the game or any undue delay in resuming play after the fifteen (15) minute intervals between periods, the Referee shall state in his report to the President the cause of the delay and the Club or Clubs which were at fault.

UHL Official Rules

Rule 35. Referee *(Continued)*

- (d) It shall be his duty to see to it that all players are properly dressed, and that the approved regulation equipment is in use at all times during the game, including the approved ice-branded exposure program.
- (e) The Referee shall, before starting the game, see that the appointed Game Timekeeper, Penalty Timekeeper, Official Scorer and Goal Judges are in their respective places and ensure that the timing and signalling equipment are in order.
- (f) It shall be his duty to impose such penalties as are prescribed by the rules for infractions thereof and he shall give the final decision in matters of dispute goals. The Referee may consult with the Linesmen or Goal Judge before making his decision.
- (g) The Referee shall announce to the Official Scorer or Penalty Timekeeper all goals legally scored as well as penalties, and for what infractions such penalties are imposed.

The Referee shall cause to be announced over the public address system the reason for not allowing a goal every time the goal signal light is turned on in the course of play. This shall be done at the first stoppage of play regardless of any standard signal given by the Referee when the goal signal light was put on in error.

The Referee shall report to the Official Scorer the name or number of the goal scorer but he shall not give any information or advice with respect to the awarding of assists. See also Rule 57. *(NOTE)—Goals and Assists.*

(NOTE) The name of the scorer and any player entitled to an assist will be announced over the public address system. In the event that the Referee disallows a goal for any violation of the rules, he shall report the reason for the disallowance to the Official Scorer who shall have announced the Referee's decision correctly over the public address system.

The infraction of the rules for which each penalty has been imposed will be announced correctly, as reported by the Referee, over the public address system. Where players of both teams are penalized on the same play, the penalty to the visiting player will be announced first.

Where a penalty is imposed by the Referee which calls for a mandatory or automatic fine, only the time portion of the penalty will be reported by the Referee to the Official Scorer and announced on the public address system, and the fine will be collected through the League office.

- (h) The Referee shall see to it that players of opposing teams are separated on the penalty bench to prevent feuding.

UHL Official Rules

Rule 35. Referee *(Continued)*

- (3) When any player, Trainer, Coach or club executive becomes involved in an altercation with a spectator- Rule 68(b)-Interference By/With Spectators;
 - (4) Every infraction under Rule 27(b)-Major Penalties, major and game misconducts.
- (q) In the event of failure by a club to comply with a provision of the League constitution, by-laws, resolutions, rules or regulations affecting the playing of a game, the Referee shall, if so directed by the President or his designee, refuse to permit the game to proceed until the offending club comes into compliance with such provision.

Should the offending club persist in its refusal to come into compliance, the Referee shall, with the prior approval of the President or his designee, declare the game forfeited and the non-offending club the winner. Should the Referee declare the game forfeited because both clubs have refused to comply with such a provision, the visiting club shall be declared the winner.

If the game is declared forfeited prior to its having commenced, the score shall be recorded as 1-0 and no player shall be credited with any personal statistics.

If the game was in progress at the time it is declared forfeited, the score shall be recorded as zero for the loser and 1, or such greater number of goals that had been scored by it, for the winner; however, the players on both clubs shall be credited with all personal statistics earned up to the time the forfeit was declared.

- (r) In the event of any dispute regarding time, or the expiration of penalties, the matter shall be referred to the Referee for adjudication, and his decision shall be final.

Rule 36. Linesman

- (a) The Linesman shall stop play:
- 1.) When premature substitution of the goalkeeper has occurred: Rule 17(a) - Change of Players.
 - 2. When he deems that a player has sustained a serious injury: Rule 18(f)-Injured Players.
 - 3. For premature entry into the face-off area: Rule 54(a)(e) – Face-offs.
 - 4. When the puck has been directed with a hand to a teammate in any zone other than the defensive zone and this has gone undetected by either of the Referees: Rule 59(e) - Handling the Puck with Hands.
 - 5. When the puck is struck by a stick above the height of the shoulders and this has gone undetected by either of the Referees: Rule 61(d) - High Sticks

UHL Official Rules

- Rule 36. Linesman** *(Continued)*
6. When either team ices the puck: Rule 65–Icing the Puck.
 7. When there has been interference by/with spectators:
Rule 68 – Interference by/with Spectators.
 8. For any infraction of the rules concerning off-side at the blue line: Rule 74 – Off-Sides, and Rule 77 – Preceding Puck into Attacking Zone.
 9. When the puck is out of bounds or unplayable: Rule 80 - Puck Out of Bounds or Unplayable.
 10. When a goal has been scored that has not been observed by the Referee.
 11. When the puck is interfered with by an ineligible player/person.
 12. The calling of a penalty shot under Rule 88(a) – Throwing Stick.
- (b) The Linesman may stop play and report what he witnessed to the Referee when:
1. There are too many men on the ice: Rule 17 – Change of Players.
 2. Articles are thrown on the ice from the players’ bench or penalty bench: Rule 41(k) – Abuse of Officials and Other Misconduct.
 3. When Team personnel interferes with a game official: Rule 41(l) – Abuse of Officials and Other Misconduct.
 4. When a player who has lost or broken his stick receives one illegally: Rule 45(c) – Broken Stick.
- (c) The Linesman must report upon completion of play, any circumstances pertaining to:
1. Match penalties: Rule 43 – Attempt to or Deliberate Injury of Opponents.
 2. Minor or bench minor penalties (Unsportsmanlike Conduct): Rule 41(a) – Abuse of Officials.
 3. Misconducts, Game Misconducts and Gross Misconducts: Rule 28 – Misconduct Penalties.
 4. Interference with a goalkeeper when a goal has been scored.
- (d) The Linesman shall face-off the puck at all times except to start the game, at the beginning of each period and after a goal has been scored. The referee may call upon a linesman to conduct a face-off at any time.
- (e) The Linesman shall give his interpretation of any incident to the Referee, that may have taken place during the game.

UHL Official Rules

Rule 37. Goal Judge

- (a) There shall be one GOAL JUDGE at each goal. They shall not be members of either club engaged in a game, nor shall they be replaced during its progress, unless after the commencement of the game it becomes apparent that either Goal Judge, on account of partisanship or any other cause, is guilty of giving unjust decisions, when the Referee may appoint another Goal Judge to act in his stead.
- (b) Goal Judges shall be stationed behind the goals during the progress of play, in properly protected areas, if possible, so that there can be no interference with their activities. They shall not change goals during the game.
- (c) In the event of a goal being claimed, the Goal Judge of that goal shall decide whether or not the puck has passed between the goal posts and entirely over the goal line.

Rule 38. Penalty Timekeeper

- (a) The PENALTY TIMEKEEPER shall keep, on the official forms provided, a correct record of all penalties imposed by the officials including the names of the players penalized, the infractions penalized, the duration of each penalty and the time at which each penalty was imposed. He shall report in the Penalty Record each penalty shot awarded, the name of the player taking the shot and the result of the shot. He shall also record in the Penalty Record the details and the result of any stick measurement performed by the Referee during the game.
- (b) The Penalty Timekeeper shall check and ensure that the time served by all penalized players is correct. He shall be responsible for the correct posting of penalties on the scoreboard at all times and shall promptly call to the attention of the Referee any discrepancy between the time recorded on the clock and the official correct time and he shall be responsible for making any adjustments ordered by the Referee.

He shall upon request, give a penalized player correct information as to the unexpired time of his penalty.

(NOTE 1) The infraction of the rules for which each penalty has been imposed will be announced twice over the public address system as reported by the Referee. Where players of both teams are penalized on the same play, the penalty to the visiting player will be announced first.

(NOTE 2) Misconduct penalties and coincident major penalties should not be recorded on the timing device but such penalized players should be alerted and released at the first stoppage of play following the expiration of their penalties.

UHL Official Rules

Rule 38. Penalty Timekeeper *(Continued)*

- (c) Upon completion of each game, the Penalty Timekeeper shall complete and sign three copies of the Penalty Summary to be distributed as quickly as possible to the following persons:
 - (1) One copy to the Official Scorer to be sent to the League Office;
 - (2) One copy to the visiting Coach or Manager;
 - (3) One copy to the home Coach or Manager.
- (d) The Officiating Department shall be entitled to inspect, collect and forward to League headquarters the actual work sheets used by the Penalty Timekeeper in any game.
- (e) The Penalty Timekeeper will have an official stick measuring gauge available for the Officials' use during the game.

Rule 39. Official Scorer

- (a) Before the start of the game, the Official Scorer shall obtain from the Manager or Coach of both teams a list of all eligible players and the starting line-up of each team which information shall be made known to the opposing Manager or Coach before the start of play, either personally or through the Referee.

The Official Scorer shall secure the names of the Captain and Alternate Captains from the Manager or Coach at the time the line-ups are collected and will indicate those nominated by placing the letter "C" or "A" opposite their names on the Referee's Report of Match. All this information shall be presented to the Referee for his signature at the completion of the game.

- (b) The Official Scorer shall keep a record of the goals scored, the scorers, and players to whom assists have been credited and shall indicate those players on the lists who have actually taken part in the game. He shall also record the time of entry into the game of any substitute goalkeeper. He shall record on the Official Score Sheet a notation where a goal is scored when the goalkeeper has been removed from the ice.
- (c) The Official Scorer shall award the points for goals and assists and his decision shall be final. The awards of points for goals and assists shall be announced twice over the public address system and all changes in such awards shall also be announced in the same manner.

No requests for changes in any award of points shall be considered unless they are made at or before the conclusion of actual play in the game by the team Captain.

- (d) Upon completion of each game, the Official Scorer shall complete and sign three copies of the Scoring Summary to be distributed as quickly as possible to the following persons:
 - (1) One copy to the Official Scorer to be sent to the League Office;
 - (2) One copy to the visiting Coach or Manager;
 - (3) One copy to the home Coach or Manager.

UHL Official Rules

Rule 39. Official Scorer *(Continued)*

- (e) The Official Scorer shall also prepare the Official Report of Match for signature by the Referee and forward it as quickly as possible to the League Office along with the Scoring Summary, the Penalty Summary and the Official Statistics of the Game. If the game ends in a shoot-out the Shoot-Out Record should also be included.
- (f) The Official Scorer should be in an elevated position, well away from the players' benches, with house telephone communication to the public address announcer.

Rule 40. Game Timekeeper

- (a) The Game Timekeeper shall record the time of starting and finishing of each period in the game. During the game the game timekeeper will start the clock with the drop of the puck and stop the clock upon hearing the Official's whistle or the scoring of a goal. Any loss of time on the game or penalty clocks due to a false face-off must be replaced as deemed appropriate.
- (b) The Game Timekeeper shall signal the Referee and the competing teams for the start of the game and each succeeding period and the Referee shall start the play promptly in accordance with Rule 90 - Time of Match.

For the purpose of keeping the spectators informed as to the time remaining during intermissions, the Game Timekeeper will use the electric clock to record the length of intermissions. The clock will start for the intermission immediately at the conclusion of the period.

To assist in assuring the prompt return to the ice of the teams and the officials, the Game Timekeeper shall give preliminary warnings five, two and one minutes prior to the resumption of play in each period.

The new procedure for starting line ups on the ice to begin the 2nd and 3rd periods. Players must go directly to their benches. Except the starting line ups failure to do so will result in a bench minor for delay of game. The referee will drop the puck to start the period immediately when the clock is at twenty (20) minutes.

- (c) If the rink is not equipped with an automatic signalling device or, if such device fails to function, the Game Timekeeper shall signal the end of each period by blowing a whistle.
- (d) He shall cause to be announced on the public address system at the nineteenth minute in each period that there is one minute remaining to be played in the period.
- (e) In the event of any dispute regarding time, the matter shall be referred to the Referee for adjustment and his decision shall be final. The Game Timekeeper will assist to verify game time via an additional timing device (stopwatch).

UHL Official Rules

Rule 40. Game Timekeeper *(Continued)*

- (f) The Game Timekeeper is requested to synchronize his timing device with the Television Producer of the originating broadcast.

Rule 40A. Statistician

- (a) There shall be appointed for duty at every game played in the League a Statistician and such assistants or alternates as may be deemed necessary.
- (b) The duty of the Statistician(s) is to correctly record on the official League forms, all of the required data concerning the performances of the individual players and teams.
- (c) These records shall be compiled and recorded in strict conformity with the instructions printed on the forms supplied and shall be completed as to totals where required and with such accuracy as to ensure that the data supplied is "in balance."
- (d) Upon completion of each game, the Statistician shall complete and sign three copies of the Official Statistics of the Game to be distributed as quickly as possible to the following persons:
- (1) One copy to the Official Scorer to be sent to the League Office;
 - (2) One copy to the visiting Coach or Manager;
 - (3) One copy to the home Coach or Manager.

SECTION SIX - PLAYING RULES

Rule 41. Abuse of Officials and other Misconduct

- (a) A minor penalty for unsportsmanlike conduct shall be imposed on any player who uses obscene, profane or abusive language to any person. If this conduct persists, he shall be assessed a misconduct penalty and if this conduct further persists, then a game misconduct penalty shall be imposed. A misconduct penalty shall be imposed on any player who intentionally knocks or shoots the puck out of the reach of an official who is retrieving it or who deliberately throws any equipment out of the playing area.
- (b) A minor penalty for unsportsmanlike conduct shall be assessed to any player who challenges or disputes the rulings of any official during a game. If the player persists in such challenge or dispute, he shall be assessed a misconduct penalty and any further dispute will result in a game misconduct penalty being assessed to the offending player.

UHL Official Rules

Rule 41. Abuse of Officials and other Misconduct *(Continued)*

(NOTE) Any player who, having entered the penalty bench, leaves the penalty bench prior to the expiration of his penalty for the purpose of challenging an official's ruling, shall be assessed a game misconduct penalty. He shall also be automatically suspended for the next three Regular League and/or Playoff games of his club. This rule does not replace any other more severe penalty that may be imposed for leaving the penalty bench for the purpose of starting or participating in an altercation. (See Rule 72—Leaving Players' or Penalty Bench).

- (c) A minor penalty for unsportsmanlike conduct shall be assessed to any player or players who bang the boards with their sticks or other objects at any time, or who, in any manner, shows disrespect for an Official's decision. If this conduct persists, he shall be assessed a misconduct penalty and if this conduct further persists, then a game misconduct penalty shall be imposed.

In the event that the Coach, Trainer, Manager or club executive commits an infraction under this rule, a bench minor penalty shall be imposed.

- (d) Where coincident penalties are imposed on players of both teams, the penalized players of the visiting team shall take their positions on the penalty bench first in the place designated for visiting players.
- (e) Any player who, following a fight or other altercation in which he has been involved is broken up and for which he is penalized, fails to proceed directly and immediately to the penalty bench, or who causes any delay by retrieving his equipment (gloves, sticks, etc. shall be delivered to him at the penalty bench by teammates), shall incur an automatic fine of one hundred dollars (\$100) in addition to all other penalties or fines incurred.
- (f) Any player who persists in continuing or attempting to continue a fight or altercation after he has been ordered by the Referee to stop, or who resists a Linesman in the discharge of his duties shall, at the discretion of the Referee, incur a misconduct or game misconduct penalty in addition to any penalties imposed.
- (g) A misconduct penalty shall be imposed on any player who persists in any course of conduct (including threatening or abusive language or gestures or similar actions) designed to incite an opponent into incurring a penalty.

If, after the assessment of a misconduct penalty, a player persists in any course of conduct for which he was previously assessed a misconduct penalty, he shall be assessed a game misconduct penalty.

UHL Official Rules



The Title “Commissioner” should replace the title “President” in all rules that refer to “... shall be subject to review by the President...”

All fines & suspensions listed throughout the Rule Book are subject to the UHL Fine Scale, Suspension guidelines & League By-Laws.

For the 2005-06 season, the United Hockey League will follow Rule 56(a) which states, “A player who is deemed to be the instigator of an altercation shall be assessed an instigating minor penalty, a major penalty for fighting and a 10-Minute Misconduct penalty. A player deemed to be the instigator of a second altercation in the same game shall be assessed an instigating minor penalty, a major penalty for fighting and a Game Misconduct.”

Game Misconducts issued for Instigating during the last five minutes of a game shall accumulate. The first Game Misconduct for Instigating during the last five minutes of the game shall be punishable with an automatic one game suspension. The suspension shall increase by one game for each additional Game Misconduct issued for Instigating during the last five minutes of the game.

In addition, referees shall have the ability (at their discretion) to issue a 2-minute, 5-minute and 10-Minute Misconduct for the first instigator and a Game Misconduct for the second instigator in the same game. 10-Minute Misconducts shall accumulate along with Game Misconducts for Instigating.

A player who engages in fisticuffs and whose sweater is not properly “tied-down” (sweater properly fastened to pants), and who loses his sweater (completely off his torso) in that altercation, shall be issued both a 2-minute unsportsmanlike conduct penalty and a 10-Minute Misconduct for the first offense. The second offense, in the same, game, shall be punishable with a Game Misconduct.

Any Player who deliberately removes his elbow pads or shoulder pads prior to an altercation shall be fined (\$100.00) for the first offense, (\$200.00) for the second offense, and (\$500.00) for the third (or more) offense(s). The Player shall also receive a Game Misconduct under rule 56A. Such Misconduct shall be added to the Player’s Accumulation.

UHL Official Rules

For the 2005-06 season, the United Hockey League shall add the following to Rule 61(b) of the Rule Book:

Assess a major and game misconduct for all contact that causes an injury but is not judged to be accidental or careless in the opinion of the referee.

For the 2005-06 season, the United Hockey League shall add high-sticking to Rule 27(b) of the Rule Book.

For the 2005-06 season, the United Hockey League shall replace Rule 17(e) of the Rule Book with the following:

Speed Up Face-Off

Upon each stoppage of play, the linesman dropping the puck shall mark the location of the ensuing face-off. The referee shall give the visiting team a reasonable amount of time to make their change, after which he will put up his hand to indicate that no further change shall be made by the visiting club. At this point, the home team may change immediately. Any attempt by the visiting team to make a change after the referee's signal shall result in the assessment of a bench minor penalty for delay of game.

The referee will continue to keep his hand up while the home team is making their change. Upon bringing his hand down, the linesman dropping the puck shall blow his whistle. This shall signal both teams that the puck will be dropped in seven (7) seconds. The puck may be dropped sooner if centers are ready.

The responsibility rests with each team to make their changes without any undue delay. The object of the rule is to:

Resume play quickly

Eliminate unnecessary conversation with officials

It is not intended to create an advantage arising from players out of position or unfair face-offs. Referees shall use Rule 17(d), should either team delay in making a change.

It is the responsibility of each center to take the proper position in regard to feet and stick, prior to all face-offs. Rule 54b will be applied.

A face-off will not be conducted when any player(s) of either team is in an "off-side" position at the time the puck is to be dropped. The referee shall advise the offending team(s) coach that if his team again prevents resumption of play, a bench minor penalty will be assessed.

The referee or either linesman may stop any face-off from occurring, should they observe any circumstances that would give any unfair advantage to either team.

UHL Official Rules

For the 2005-06 season, the United Hockey League shall replace Rule 89 of the Rule Book with the following: UHL Shootout Procedure and Rules.

If a United Hockey League Regular Season game is tied at the end of three (3) twenty (20) minute periods of play, the final result will be determined by a shootout. The winner of the shootout is credited with a win and receives two (2) points towards their league points total. The losing team in the shootout is credited with a shootout point and receives one (1) point in the league points totals.

At the end of each shootout round, the P.A. Announcer will announce the score of the shootout through the number of shooters that have attempted shots. For example- if neither the visiting team shooter nor the home team shooter is successful on their shots, the score after round one of the shootout is 0-0.

Below are the procedures and rules for the UHL shootout:

- There will be a one (1) minute break between the end of the regulation play and the shootout period. During the shootout, five players from each team will attempt to score using a penalty shot format. Players from each team will alternate shot attempts, with the visiting team having the first attempt.
- Goaltenders shall not change ends during the shootout. Teams may change goaltenders at the beginning of each shootout period or if the goaltender sustains any injury during the shootout. After the first visiting player has attempted to score in the shootout period, neither goaltender may be changed (except in case of injury) until all five (5) players from each team have completed their shot attempts.
- Should one (1) team have a goal advantage after both teams have attempted their five (5) shots (i.e. team A scores on four (4) or five (5) shots, while team B scores on two (2) or five (5) shots) that team is declared the shootout winner and is awarded two (2) points total.
- Should neither team have an advantage at the end of the first shootout round, additional shootout round(s) will result until there is a winner. After the first shootout round, a sudden death format will commence with an equal number of shooters for each team. For example, the score is tied 3-3 after five shooters from each team have attempted shots. If the visiting team's sixth overall shooter scores, then the home team's sixth overall shooter is given a shot attempt. If the player from the home team scores, the shootout continues another period. If the home team's sixth overall shooter does not score, the visiting team wins the shootout.
- Ten (10) shooters from each team will be allowed to participate, but they need not to be identified prior to the commencement of the shootout. These will be the only players allowed to participate in the shootout. All ten (10) eligible players must shoot once prior to any player shooting a second time. In the event the shootout remains tied after ten (10) rounds, the same ten (10) players remain the only ones eligible to shoot. However, they are not required to shoot in the same order as in rounds 1-10. Goaltenders may not shoot in the shootout round.

UHL Official Rules

- A winner must be declared in the shootout. No UHL Regular Season game can finish in a tie.
- Goals scored during the shootout do not count toward an individual player's scoring statistic. The shootout winning goal is to be credited to the "Bench". Goals scored against the goaltender in the shootout do not count toward the goaltender statistics.
- Players who have been ejected from the game or who have penalty time remaining on the penalty clock at the end of regulation play are not eligible to participate in the shootout.
- The goaltender from the team winning the shootout is credited with a win, while the goaltender from the losing team in the shootout is credited with a tie.
- Goaltenders shall not be allowed to form snow piles in front of their respective crease prior to a shootout. A Linesman will immediately remove any snow pile formed prior to a shootout.

RULE 87G

Before the start of the second and third periods, the teams will proceed directly to their respective players' benches. Only the starting lineup will be allowed on the ice. The visiting team will immediately place its starting lineup at the face-off circle, then the home team will follow. Skating, warm-ups or on-ice activities by non-starters will result in a delay of game penalty to the offending team.

UHL Official Rules

Rule 41. Abuse of Officials and other Misconduct *(Continued)*

- (h) A bench minor penalty shall be imposed against the offending team if any player, club executive, Manager, Coach or Trainer uses obscene, profane or abusive language or gesture to any person or uses the name of any official coupled with any vociferous remarks.

A gross misconduct penalty shall be assessed to any player or non-playing club personnel who directs obscene, profane or abusive language or gestures to any person or uses the name of any official coupled with any vociferous remarks, after the expiration of the game. This action may occur on or off the ice.

This shall also apply to anyone who throws or shoots any equipment or other object in the general direction of an official but does not come close to making any kind of contact. This action may occur on or off the ice.

Any player or non-playing club personnel penalized under this section may be subject to supplemental discipline under Rule 33A.

- (i) In the case of any club executive, Manager, Coach or Trainer being guilty of such misconduct, he is to be removed from the bench by order of the Referee and his case reported to the President for further action (refer to Rule 73(b)-Obscene or Profane Language or Gestures).
- (j) If any club executive, Manager, Coach or Trainer is removed from the bench by order of the Referee, he must not sit near the bench of his club nor in any way direct or attempt to direct the play of his club.

When a Coach has been removed from the bench he shall be assessed a Game Misconduct Penalty.

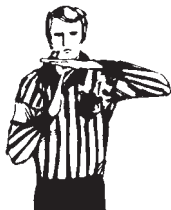
- (k) A bench minor penalty shall be imposed against the offending team if any player, Trainer, Coach, Manager or club executive in the vicinity of the players' bench or penalty bench throws anything on the ice during the progress of the game or during stoppage of play.
- (l) A bench minor penalty shall be imposed against the offending team if any player, Trainer, Coach, Manager or club executive interferes in any manner with any game official including Referees, Linesmen, Time-keepers or Goal Judges in the performance of their duties. The Referee may assess further penalties under Rule 76 (Abuse of Officials) if he deems them to be warranted.
- (m) A misconduct penalty shall be imposed on any player or players who, except for the purpose of taking their positions on the penalty bench, enter or remain in the Referee's crease while he is reporting to or consulting with any game official including Linesmen, Timekeeper, Penalty Timekeeper, Official Scorer or Announcer.

UHL Official Rules

Rule 41. Abuse of Officials and other Misconduct *(Continued)*

- (n) A minor penalty shall be imposed on any player who is guilty of unsportsmanlike conduct including, but not limited to hair-pulling, biting, grabbing hold of a face mask, etc.

(NOTE) In severe cases of hair pulling, biting or grabbing hold of a face mask, and specifically when injury results, Rule 43 - Attempt to or Deliberate Injury of Opponents must be applied and a match penalty assessed.



UNSPORTSMANLIKE CONDUCT

Use both hands to form a "T" in front of the chest.

Rule 42. Adjustment to Clothing or Equipment

- (a) Play shall not be stopped nor the game delayed by reasons of adjustments to clothing, equipment, skates or sticks. For an infringement of this rule, a minor penalty shall be given.
- (b) The onus of maintaining clothing and equipment in proper condition shall be upon the player. If adjustments are required, the player shall leave the ice and play shall continue with a substitute.
- (c) No delay shall be permitted for the repair or adjustment of goalkeeper's equipment. If adjustments are required, the goalkeeper shall leave the ice and his place shall be taken by the substitute goalkeeper immediately.
- (d) For an infraction of this rule by a goalkeeper, a minor penalty shall be imposed.

UHL Official Rules

Rule 43. Attempt to or Deliberate Injury of Opponents

- (a) A match penalty shall be imposed on any player who deliberately attempts or who deliberately injures an opponent and the circumstances shall be reported to the Commissioner for further action.

A match penalty can be assessed for the following infractions:

- i) attempt to injure in any manner* (Rule 43)
- ii) biting (Rule 41)
- iii) butt-ending* (Rule 46)
- iv) cross-checking (Rule 50)
- v) deliberate injury in any manner* (Rule 43)
- vi) hair pulling (Rule 41)
- vii) head-butting* (Rule 60)
- viii) high sticking (Rule 61)
- ix) kicking a player (Rule 69)
- x) kneeling (Rule 71)
- xi) grabbing of the face mask (Rule 41)
- xii) slashing (Rule 85)
- xiii) slew-footing (Rule 91)
- xiv) spearing* (Rule 86)
- xv) throwing stick or any object (Rule 88)
- xvi) wearing tape or other material on hands in an altercation* (Rule 56)
- xvii) goalkeeper who uses his blocking glove to the head or face of an opponent* (Rule 84)

(* = match penalty *must* be assessed when injury results).

- (b) In addition to the match penalty, the player shall be automatically suspended from further competition until the Commissioner has ruled on the issue.
- (c) No substitute shall be permitted to take the place of the penalized player until five (5) minutes of actual playing time have elapsed from the time the penalty was imposed.

Rule 44. Board Checking

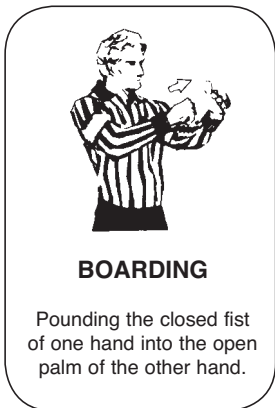
- (a) A minor or major penalty, at the discretion of the Referee, based upon the degree of violence of impact with the boards, shall be imposed on any player who checks an opponent in such a manner that causes the opponent to be thrown violently into the boards.

(NOTE) Any unnecessary contact with a player playing the puck on an obvious "icing" or "off-side" play which results in that player being knocked into the boards is "boarding" and must be penalized as such. In other instances where there is no contact with the boards, it should be treated as "charging."

UHL Official Rules

Rule 44.

Boarding



- (b) When a major penalty is imposed under this Rule for a foul resulting in an injury to the face or head of an opponent, a game misconduct shall be imposed.
- (c) Any player who incurs a total of two (2) game misconducts for Boarding under Rule 44(b) in either Regular Season or Playoffs, shall be suspended automatically for the next game of his Team. For each subsequent game misconduct penalty the automatic suspension shall be increased by one game.

- (d) When a major penalty is imposed under this Rule, an automatic fine of sixty dollars (\$60) shall be imposed.

Rule 45.

Broken Stick

(NOTE) A broken stick is one which, in the opinion of the Referee, is unfit for normal play.

- (a) A player without a stick may participate in the game. A player whose stick is broken may participate in the game provided he drops the broken stick. A minor penalty shall be imposed for an infraction of this Rule.
- (b) A goalkeeper may continue to play with a broken stick until a stoppage of play or until he has one legally handed to him by a teammate.
- (c) A player who has lost or broken his stick may only receive a stick at his own players' bench or be handed one from a teammate on the ice. A minor penalty shall be imposed for any infraction of this rule.

(NOTE) A player tendered a stick thrown on the ice, from the players' or penalty will not receive a penalty. The person responsible for throwing the stick will receive the penalty, as covered in Rule 41(k)-Abuse of Officials and other Misconduct and Rule 67(g)(h)(i)-Interference.

UHL Official Rules

Rule 45. Broken Stick (Continued)

- (d) A goalkeeper whose stick is broken or illegal may not go to the player's bench for a replacement but must receive his stick from a teammate.

For an infraction of this rule, a minor penalty shall be imposed on the goalkeeper.

Rule 46. Butt-Ending

(NOTE) *Butt-ending shall mean using the end of the shaft of the stick in a jabbing motion.*

- (a) A double-minor penalty shall be imposed on a player who attempts to butt-end an opponent.
- (b) A major penalty and a game misconduct shall be imposed on a player who butt-ends an opponent.

In addition to the major penalty and game misconduct imposed under this Rule, an automatic fine of one hundred dollars (\$100) will be imposed.

- (c) A match penalty shall be imposed on a player who injures an opponent as a result of a butt-end. See Rule 43 - Attempt to or Deliberate Injury of Opponents.

Rule 47. Charging

Charging shall mean the actions of a player who, as a result of distance traveled, shall violently check an opponent in any manner. A "Charge" may be the result of a check into the boards, into the goal frame or in open ice.

- (a) A minor or major penalty shall be imposed on a player who skates or jumps into, or charges an opponent in any manner.
- (b) When a major penalty is imposed under this Rule for a foul resulting in an injury to the face or head of an opponent, a game misconduct and an automatic fine of one hundred (\$100) shall be imposed.
- (c) A minor, major or a major and a game misconduct penalty shall be imposed on a player who charges a goalkeeper while the goalkeeper is within his goal crease.



CHARGING

Rotating clenched fists around one another in front of chest.

UHL Official Rules

Rule 47. Charging *(Continued)*

(NOTE) A goalkeeper is NOT “fair game” just because he is outside the goal crease area. The appropriate penalty should be called in every case where an opposing player makes unnecessary contact with a goalkeeper.

However, incidental contact, at the discretion of the Referee, will be permitted when the goalkeeper is in the act of playing the puck outside his goal crease provided the attacking player has made a reasonable effort to avoid such contact.

Although goalkeepers are provided with additional protection under Rule 78-Protection of the Goalkeeper, they are still subject to penalties for infractions of the rules that they commit in or out of the goal crease. Particular attention will be made by the Referees to goalkeepers that embellish the contact in an attempt to draw a penalty.

Rule 48. Checking from Behind

A check from behind is a check delivered on a player who is not aware of the impending hit, therefore UNABLE TO DEFEND HIMSELF, and contact is made on the back part of the body. When a player intentionally turns his body to create contact with his back, no penalty shall be assessed.

- (a) Any player who cross-checks, pushes or charges from behind, an opponent who is unable to defend himself, shall be assessed a major and a game misconduct. This penalty applies anywhere on the playing surface.
- (b) Any player who incurs a total of two (2) game misconducts for Checking from Behind under Rule 48(a) in either Regular Season or Playoffs, shall be suspended automatically for the next game of his Team. For each subsequent game misconduct penalty the automatic suspension shall be increased by one game.

Rule 49. Clipping

Clipping is the act of throwing the body, from any direction, across or below the knees of an opponent.

- (a) A player may not deliver a check in a “clipping” manner, nor lower his own body position to deliver a check on or below an opponent’s knees.
- (b) An illegal “low hit” is a check that is delivered by a player who may or may not have both skates on the ice, with his sole intent to check the opponent in the area of his knees. A player may not lower his body position to deliver a check to an opponent’s knees.

A player who commits these fouls will be assessed a minor penalty for “clipping.” If an injury occurs as a result of this “clipping” check, the player must be assessed a major penalty and a game misconduct.

UHL Official Rules

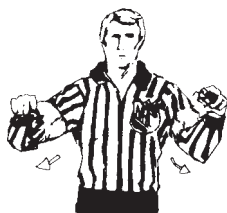
Rule 50. Cross-Checking

(NOTE) A crosscheck shall mean a check rendered with both hands on the stick, and the extending of the arms while the check is being delivered.

- (a) A minor or major penalty, at the discretion of the Referee, shall be imposed on a player who “cross-checks” an opponent.

When a major penalty is assessed for cross-checking, an automatic game misconduct penalty shall be imposed on the offending player.

- (b) When a major penalty is imposed under this Rule, an automatic fine of one hundred dollars (\$100) shall also be imposed.



CROSS-CHECKING

A forward and backward motion with both fists clenched extending from the chest.

Rule 51. Delaying the Game

- (a) A minor penalty shall be imposed on any player or goalkeeper who delays the game by deliberately shooting or batting the puck with his stick outside the playing area.

(NOTE 1) When the goalkeeper shoots the puck directly (non-deflected) out of the playing surface, except where there is no glass, a penalty shall be assessed for delaying the game. When the puck is shot by the goalkeeper into the players' bench, the penalty will not apply. When the puck is shot by the goalkeeper over the glass 'behind' the players' bench, the penalty will be assessed.

(NOTE 2) This penalty shall also apply when a player or goalkeeper deliberately bats or shoots the puck with his stick outside the playing area after the stoppage of play.

- (b) A minor penalty shall be imposed on any player or goalkeeper who throws or deliberately bats the puck with his hand or stick outside the playing area.
- (c) A minor penalty shall be imposed on any player (including the goalkeeper) who delays the game by deliberately displacing a goal post from its normal position. The Referee shall stop play immediately when the offending team gains possession of the puck.

UHL Official Rules

Rule 51. Delaying the Game *(Continued)*

If the goal post is deliberately displaced by a goalkeeper or player during the course of a “breakaway,” a penalty shot will be awarded to the non-offending team, which shot shall be taken by the player last in possession of the puck.

(NOTE) A player with a “breakaway” is defined as a player in control of the puck with no opposition between him and the opposing goal and with a reasonable scoring opportunity.

In the event that a goal post is deliberately displaced by a defending player or goalkeeper, a minor penalty shall be assessed for delaying the game. Should this occur in the last two minutes of regulation time or at anytime in overtime, a penalty shot shall be awarded to the non-offending team.

In the event that a goal post is deliberately displaced by a defending player, prior to the puck crossing the goal line between the normal position of the goalposts, the Referee, may award a goal.

In order to award a goal in this situation, the goal post must have been deliberately displaced by a defending player, the puck must have been shot (or the player must be in the act of shooting) at the goal prior to the goal post being displaced, and it must be determined that the puck would have entered the net between the normal position of the goal posts. See also Rule 57(a) - Goals and Assists.

- (d) If by reason of insufficient time in the regular playing time or by reason of penalties already imposed, the minor penalty assessed to a player for deliberately displacing his own goal post cannot be served in its entirety within the regular playing time of the game or at any time in overtime, a penalty shot shall be awarded against the offending team.
- (e) A bench minor penalty shall be imposed upon any team which, after warning by the Referee to its Captain or Alternate Captain to place the correct number of players on the ice and commence play, fails to comply with the Referee’s direction and thereby causes any delay by making additional substitutions, by persisting in having its players off-side, or in any other manner.

Rule 52. Diving

- (a) A minor penalty shall be imposed on a player who, in the opinion of the referee, blatantly embellishes a fall, a reaction or feigns an injury in an attempt to draw a penalty, by his actions. This penalty shall be assessed for diving.

(NOTE) A player may also be penalized under this section if he intentionally skates into an opponent (when both he and his opponent are not in possession of the puck) in a clear attempt to draw a penalty on his opponent.

UHL Official Rules

Rule 53.

Elbowing

Elbowing shall mean the use of an extended elbow in a manner that may or may not cause injury.

- (a) A minor or major penalty, at the discretion of the Referee, shall be imposed on any player who uses his elbow to foul an opponent.
- (b) When a major penalty is imposed under this Rule for a foul resulting in an injury to the face or head of an opponent, a game misconduct shall be imposed and an automatic fine of one hundred dollars (\$100).



ELBOWING

Tapping the elbow of the "whistle hand" with the opposite hand.

Rule 54.

Face-Offs

Conduct of any face-off commences when the Official designates the place for the face-off and he takes up his position to drop the puck.

- (a) The puck shall be faced-off by the Referee or Linesman dropping the puck on the ice between the sticks of the players facing-off. Players facing-off will stand squarely facing their opponent's end of the rink approximately one stick length apart with the blades of their sticks on the ice.

When the face-off takes place in any of the end zone face-off circles, the players taking part shall take their position so that they will stand squarely facing their opponent's end of the rink, and clear of the ice markings. The sticks of both players facing-off shall have the blade on the ice, within the designated white area. The visiting player shall place his stick within the designated white area first followed **IMMEDIATELY** by the home player.

No other player shall be allowed to enter the face-off circle or come within fifteen feet (15') of the players facing-off. All players must stand on side on all face-offs.

If a violation of this sub-section occurs, the Referee or Linesman shall conduct the face-off again.

- (b) If after warning by the Referee or Linesman, either of the players fails to take his proper position for the face-off promptly, the official shall be entitled to face-off the puck notwithstanding such default.

UHL Official Rules

Rule 54. Face-Offs *(Continued)*

- (c) In the conduct of any face-off anywhere on the playing surface, no player facing-off shall make any physical contact with his opponent's body by means of his own body or by his stick except in the course of playing the puck after the face-off has been completed.

For violation of this Rule, the Referee shall impose a minor penalty or penalties on the player(s) whose action(s) caused the physical contact.

Face-off encroachment may be applied during face-offs anywhere on the playing surface. However, since no such lines are painted on the ice, linesmen shall use their judgment as to whether or not a violation has occurred. All players other than the centers shall be uniformly back from the face-off location similar to being outside the face-off circle for face-offs in the end zones.

- (d) If a player facing-off fails to take his proper position immediately when directed by the official, the official may order him replaced for that face-off by any teammate then on the ice.

No substitution of players shall be permitted until the face-off has been completed and play has been resumed except when a penalty is imposed which affects the on-ice strength of either team.

- (e) A second violation of any of the provisions of sub-section (a) hereof by the same team during the same face-off shall be penalized with a minor penalty to the player who commits the second violation of the rule. The official must drop the puck twice in order to have a second face-off violation. Any loss of time on the game or penalty clock due to a false face-off must be replaced.

During end zone face-offs, all other players on the ice must position their bodies on their own side of the restraining lines marked on the outer edge of the face-off circles.

If a player, other than the player taking the face-off, moves into the face-off circle prior to the dropping of the puck, then the offending team's player taking the face-off shall be ejected from the face-off.

If a violation of this rule occurs, the Referee or Linesman shall order another face-off unless the non-offending team wins the draw and retains possession of the puck.

- (f) When an infringement of a rule has been committed or a stoppage of play has been caused by any player of the attacking side in the attacking zone, the ensuing face-off shall be made in the neutral zone on the nearest face-off spot.

UHL Official Rules

Rule 54. Face-Offs *(Continued)*

If an attacking player is to be penalized, and the play is stopped due to the actions of a defending player (ie. puck frozen by the goalkeeper) the ensuing face-off will remain in the defending zone of the non-offending Team.

(NOTE) This is also true for situations whereby the attacking team is penalized after the play has been stopped in the attacking zone by an act by the defending Team. The face-off would remain in the non-offending Team's end zone.

- (g) When an infringement of this rule has been committed by the players of both sides in the play resulting in the stoppage, the ensuing face-off will be made at the place of such infringement or at the place where play is stopped.
- (h) When stoppage occurs between the end face-off spots and near end of the rink, the puck shall be faced-off at the end face-off spot on the side where the stoppage occurs unless otherwise expressly provided by these rules.
- (i) No face-off shall be made within fifteen feet of the goal or sideboards.
- (j) When a goal is illegally scored as a result of a puck being deflected directly off an Official anywhere in the defending zone, the resulting face-off shall be made at the end face-off spot in the defending zone.
- (k) When the game is stopped for any reason not specifically covered in the officials rules, the puck must be faced-off where it was last played.
- (l) The whistle will not be blown by the official to start play. Playing time will commence from the instant the puck is faced-off and will stop when the whistle is blown or a goal is scored.
- (m) Following a stoppage of play, should one or both defensemen who are the point players or any player coming from the bench of the attacking team, enter into the attacking zone beyond the outer edge of the end zone face-off circle during an altercation or "scrum," the ensuing face-off shall take place in the neutral zone near the blue line of the defending team.

UHL Official Rules

Rule 55. Falling on Puck

- (a) A minor penalty shall be imposed on a player other than the goalkeeper who deliberately falls on or gathers the puck into his body.

(NOTE) Any player who drops to his knees to block a shot should not be penalized if the puck is shot under him or becomes lodged in his clothing or equipment but any use of the hands to make the puck unplayable should be penalized promptly.

- (b) A minor penalty shall be imposed on a goalkeeper who, when he is in his own goal crease, deliberately falls on or gathers the puck into his body or who holds or places the puck against any part of the goal in such a manner as to cause a stoppage of play unless he is actually being checked by an opponent.

(NOTE) Refer to Rule 79(b)-Puck Must Be Kept In Motion for the Rule governing freezing of the puck by a goalkeeper outside of his crease area.

- (c) No defending player, except the goalkeeper, will be permitted to fall on the puck, hold the puck or gather the puck into the body or hands when the puck is within the goal crease.

For infringement of this rule, play shall immediately be stopped and a penalty shot shall be ordered against the offending team, but no other penalty shall be given.

(NOTE) The rule shall be interpreted so that a penalty shot will be awarded only when the puck is in the crease at the instant the offense occurs. However, in cases where the puck is outside the crease, Rule 55(a) may still apply and a minor penalty may be imposed, even though no penalty shot is awarded.

Rule 56. Fisticuffs

An instigator of an altercation shall be a player who by his actions or demeanor demonstrates any/some of the following criteria: distance traveled; gloves off first; first punch thrown; menacing attitude or posture; verbal instigation or threats; conduct in retaliation to a prior game (or season) incident; obvious retribution for a previous incident in the game or season.

The aggressor in an altercation shall be the player who continues to throw punches in an attempt to inflict punishment on his opponent who is in a defenseless position or who is an unwilling combatant. A player must be deemed the aggressor when he has clearly won the fight but he continues throwing and landing punches in a further attempt to inflict punishment and/or injury on his opponent who is no longer in a position to defend himself.

An altercation is a situation involving two players, with at least one to be penalized.

UHL Official Rules

Rule 56. Fisticuffs *(Continued)*

- (a) A major penalty shall be imposed on any player who fights.
(NOTE) A player deemed to be the instigator of fisticuffs during the last five (5) minutes of the game shall be suspended automatically from the team's next game.

A player who is deemed to be the instigator of an altercation shall be assessed an instigating minor penalty, a major for fighting and a ten minute misconduct.

A player who is assessed a major and a game misconduct for being an instigator/aggressor of an altercation will have this recorded as an instigator of an altercation for statistical and suspension purposes.

If the same player is deemed to be the instigator of a second altercation in the same game he shall be assessed an instigating minor penalty, a major for fighting and a game misconduct. A player who is deemed to be the aggressor of an altercation shall be assessed a major penalty for fighting and a game misconduct.

A player who is deemed to be the instigator of an altercation or aggressor for the third time, in one regular season shall be suspended for the next two Regular season games of his team. For the fourth instigator penalty in the same Regular Season, the player will be suspended for the next four games of his Team. For the fifth instigator penalty in the same Regular Season, the player will be suspended for the next six games of his Team, etc.

A Player who deliberately removes his sweater prior to participating in an altercation or who is clearly wearing a sweater that has been modified and does not conform to Rule 24A - Players' Jerseys, shall be assessed a minor penalty for Unsportsmanlike Conduct and a game misconduct. This is in addition to the other penalties to be assessed to the participants of an altercation.

A player who engages in fisticuffs and whose sweater is removed (completely off his torso), other than through the actions of his opponent in the altercation or through the actions of the Linesman, shall be assessed a game misconduct penalty.

A player who engages in fisticuffs and whose sweater is not properly "tied-down" (sweater properly fastened to pants), and who loses his sweater (completely off his torso) in that altercation, shall receive a game misconduct.

A player who is involved in an altercation when the opponent has been identified as an instigator, shall not be assessed a game misconduct if his sweater should be removed by an opponent or an Official in the discharge of his duties.

UHL Official Rules

Rule 56. Fisticuffs *(Continued)*

- (b) A minor penalty shall be imposed on a player who, having been struck, shall retaliate with a blow or attempted blow. However, at the discretion of the Referee, a major or a double-minor penalty or a game misconduct penalty may be imposed if such player continues the altercation.

(NOTE 1) It is the intent and purpose of this rule that the Referee shall impose the "major and game misconduct" penalty in all cases where the instigator or retaliator of the fight is the aggressor and is plainly doing so for the purpose of intimidation or punishment. To further clarify, the player who starts the fight, and who then also becomes the aggressor shall be assessed an instigating minor penalty, a major penalty for fighting, a ten minute misconduct (instigator), and a game misconduct for being the aggressor.

(NOTE 2) The Referee is provided very wide latitude in the penalties which he may impose under this rule. This is done intentionally to enable him to differentiate between the obvious degrees of responsibility of the participants either for starting the fighting or persisting in continuing the fighting. The discretion provided should be exercised realistically.

(NOTE 3) Referees are directed to employ every means provided by these rules to stop "brawling" and should use this rule and Rules 41(e) and (f)-Abuse of Officials and other Misconduct.

(NOTE 4) Any player wearing tape or any other material on his hands (below the wrist) who cuts or injures an opponent during an altercation will receive a match penalty under Rule 43 - Attempt to or Deliberate Injury of Opponents in addition to any other penalties imposed including penalties for fighting under this rule.

- (c) A misconduct or game misconduct penalty shall be imposed on any player involved in fisticuffs off the playing surface or with another player who is off the playing surface. These penalties are in addition to any other time penalties assessed.
- (d) A game misconduct penalty, at the discretion of the Referee, shall be imposed on any player or goalkeeper who is the first to intervene in an altercation already in progress except when a match penalty is being imposed in the original altercation. This penalty is in addition to any other penalty incurred in the same incident.
- (e) When a fight occurs, all players not engaged shall go immediately to the area of their players' bench and in the event the altercation takes place at a players' bench, the players on the ice from that team shall go to their defensive zone.

Failure to comply with this Rule, in addition to the other penalties that may be assessed, shall result in a fine to the team up to a maximum of one thousand dollars (\$1,000) and the Coach of said team up to a maximum of one thousand dollars (\$1,000).

UHL Official Rules

Rule 56. Fisticuffs *(Continued)*

- (f) A game misconduct penalty shall be imposed on any player who is assessed a major penalty for fighting after the original altercation.

Notwithstanding this rule, at the discretion of the Referee, the automatic game misconduct penalty may be waived for a player in the altercation if the opposing player was clearly the instigator of the altercation.

- (g) Any teams whose players become involved in an altercation, other than during the periods of the game, shall be fined automatically ten thousand dollars (\$10,000) in addition to any other appropriate penalties that may be imposed upon the participating players by supplementary discipline or otherwise.

Any player who would be deemed to be an instigator pursuant to Rule 56(a) at a time other than during the periods of the game shall be suspended automatically for ten (10) games. Such determination may be made by the Referee at the time of the incident or subsequently by the President or his designee based upon such reports and other information as he deems sufficient, including but not limited to television tapes.

(NOTE) In the case of altercations taking place after the period or game the fine under this rule shall be assessed only in the event that an altercation is commenced after the period or game has terminated.

Rule 57. Goals and Assists

(NOTE) It is the responsibility of the Official Scorer to award goals and assists, and his decision in this respect is final, notwithstanding the report of the Referee or any other game Official. Such awards shall be made or withheld strictly in accordance with the provisions of this Rule. Therefore, it is essential that the Official Scorer be thoroughly familiar with every aspect of this Rule; be alert to observe all actions which could affect the awarding of a goal or assist, and above all, give or withhold awards with absolute impartiality.

In case of an obvious error in awarding a goal or an assist has been announced, it should be corrected promptly, but changes should not be made in the Official Scoring Summary after the Referee has signed the Game Report.

- (a) A goal shall be scored when the puck shall have been put between the goal posts by the stick of a player of the attacking side, from in front and below the crossbar, and entirely across a red line the width of the diameter of the goal posts drawn on the ice from one goal post to the other with the goal frame in its proper position. (See also Rule 51(c) - Delaying the Game.)

UHL Official Rules

Rule 57. Goals and Assists *(Continued)*

The goal frame is considered to be displaced if either or both goal peg(s) are no longer in their respective holes in the ice, or the net has come completely off the peg(s), prior to or as the puck enters the goal.

(b) A goal shall be scored if the puck is put into the goal in any way by a player of the defending side. The player of the attacking side who last played the puck shall be credited with the goal but no assist shall be awarded.

(c) A goal cannot be scored by an attacking player who deliberately bats the puck with any part of his body across the goal line. A goal cannot be scored where an attacking player bats the puck and it is deflected off any player or goalkeeper into the net.

(d) If an attacking player has the puck deflect into the net, off his skate or body, in any manner, the goal shall be allowed. The player who deflected the puck shall be credited with the goal.

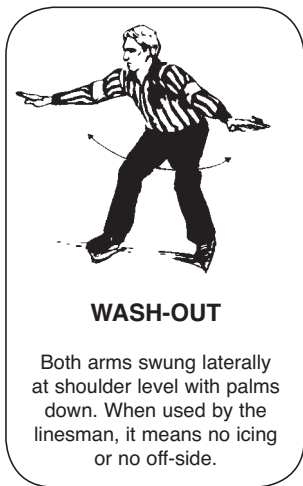
The goal shall not be allowed if the puck has been intentionally kicked with his skate or foot, using a distinct kicking motion, and subsequently enters the net.

A goal shall be allowed unless a distinct kicking motion is evident.

The goal shall not be allowed if the puck has been thrown or otherwise deliberately directed into the goal by any means other than a stick. (See also Rule 70—Kicking the Puck.)

(e) If a goal is scored as a result of being deflected directly into the net off an official, the goal shall not be allowed. Refer to Rule 82-Puck Striking Official.

(f) Should a player legally propel a puck into the goal crease of the opponent club and the puck should become loose and available to another player of the attacking side, a goal scored on the play shall be legal.



UHL Official Rules

Rule 57. Goals and Assists *(Continued)*

- (g) Any goal scored, other than as covered by the official rules, shall not be allowed.
- (h) A "goal" shall be credited in the scoring records to a player who shall have propelled the puck into the opponent's goal. Each "goal" shall count one point in the player's record.
- (i) When a player scores a goal, an "assist" shall be credited to the player or players taking part in the play immediately preceding the goal, but no more than two assists can be given on any goal. Each "assist" shall count one point in the player's record.
- (j) Only one point can be credited to any one player on a goal.

Rule 58. Gross Misconduct

The Referee may impose a "GROSS MISCONDUCT" penalty on any player, Manager, Coach or Trainer who is guilty of gross misconduct of any kind. Any person incurring a "gross misconduct" penalty shall be suspended for the balance of the game and shall incur an automatic fine of two hundred dollars (\$200) and the case shall be referred to the Commissioner of the League for further disciplinary action. (See also Rule 28(d) - Misconduct Penalties.)

(NOTE) For all game misconduct and gross misconduct penalties regardless of when imposed, a total of ten minutes shall be charged in the records against the offending player.

A gross misconduct penalty can be assessed for the following infractions:

- i) interfering with or striking a spectator.
- ii) post-game verbal abuse from players or non-playing club personnel (on or off the ice)
- iii) racial taunts or slurs
- iv) spitting on an opponent, Official or spectator

Rule 59. Handling Puck with Hands

- (a) If a player, except a goalkeeper, closes his hand on the puck, the play shall be stopped and a minor penalty shall be imposed on him. A player shall be permitted to catch the puck out of the air but must immediately place it or knock it down to the ice. If he catches it and skates with it, either to avoid a check or to gain a territorial advantage over his opponent, a minor penalty shall be assessed for "closing his hand on the puck".

A goalkeeper who holds the puck with his hands for longer than three seconds shall be given a minor penalty unless he is actually being checked by an opponent.

UHL Official Rules

Rule 59. Handling Puck with Hands *(Continued)*

- (b) A goalkeeper must not deliberately hold the puck in any manner which, in the opinion of the Referee, causes a stoppage of play, nor throw the puck forward towards the opponent's net, nor deliberately drop the puck into his pads or onto the goal net, nor deliberately pile up snow or obstacles at or near his net, that in the opinion of the Referee, would tend to prevent the scoring of a goal.

(NOTE) The object of this entire rule is to keep the puck in play continuously and any action taken by the goalkeeper which causes an unnecessary stoppage must be penalized without warning.

- (c) The penalty for infringement of this rule by the goalkeeper shall be a minor penalty.

(NOTE) In the case of the puck thrown forward by the goalkeeper being taken by an opponent, the Referee shall allow the resulting play to be completed, and if goal is scored by the non-offending team, it shall be allowed and no penalty given; but if a goal is not scored, play shall be stopped and a minor penalty shall be imposed against the goalkeeper.

- (d) A minor penalty shall be imposed on a player, except the goalkeeper, who, while play is in progress, picks up the puck off the ice with his hand.

If a player, except a goalkeeper, while play is in progress, picks up the puck with his hand from the ice in the goal crease area, the play shall be stopped immediately and a penalty shot shall be awarded to the non-offending team.

- (e) A player shall be permitted to stop or "bat" a puck in the air with his open hand, or push it along the ice with his hand, and the play shall not be stopped unless, in the opinion of the Referee, he has directed the puck to a teammate in any zone other than the defending zone, in which case the play shall be stopped and the puck faced-off at the spot where the offense occurred, except when the offense occurs in the attacking zone in which case the ensuing face-off shall be conducted outside the defending Team's blue line in the neutral zone.

Play will not be stopped for any hand pass by players in their own defending zone. A hand pass in the defending zone is considered to have occurred when both the player making the pass and the player receiving the pass have both of their skates inside their defending zone.

A goal cannot be scored by an attacking player who bats the puck with his hand directly into the net. A goal cannot be scored by an attacking player who bats the puck and it is deflected into the net off any player, goalkeeper, or Official.

UHL Official Rules

Rule 60. Head-Butting

- (a) A double minor penalty shall be imposed on a player who attempts to head-butt an opponent.
- (b) A major and a game misconduct penalty shall be imposed on a player who head-butts an opponent. (See also Rule 43 – Attempt to or Deliberate Injury of Opponents.)
- (c) A match penalty shall be imposed on a player who injures an opponent as a result of a head-butt. (See also Rule 43 – Attempt to or Deliberate Injury of Opponents.)

Rule 61. High Sticks

A “high stick” is one which is carried above the height of the opponent’s shoulders. A player is permitted accidental contact on an opponent if the act is committed as a normal windup or follow through of a shooting motion.

- (a) Any contact made by a stick on an opponent above the shoulders is prohibited and a minor shall be imposed subject to section (b) of this Rule.
- (b) When a player carries or holds any part of his stick above the shoulders of the opponent so that injury results, the Referee shall:
 - (i) Assess a double minor penalty for all contact that causes an injury, whether accidental or careless, in the opinion of the Referee.
 - (ii) Assess a match penalty to a player, who in the opinion of the Referee attempted to injure an opponent. (See Rule 43 – Attempt to or Deliberate Injury of Opponents.)
 - (iii) Assess a match penalty to a player, who in the opinion of the Referee deliberately injured an opponent. (See Rule 43 - Attempt to or Deliberate Injury of Opponents.)



HIGH-STICKING

Holding both fists, clenched, one above the other at the side of the head.

UHL Official Rules

Rule 61. High Sticks *(Continued)*

- (c) An apparent goal scored by an attacking player when any part of his stick makes contact with the puck above the height of the crossbar of the goal frame shall not be allowed. The determining factor is where the puck makes contact with the stick. If the puck makes contact with the stick below the level of the crossbar and enters the goal, this goal shall be allowed.

A goal scored by a defending player who strikes the puck with his stick above the height of the crossbar of the goal frame shall be allowed.

- (d) Batting the puck above the normal height of the shoulders with a stick is prohibited. When a puck is struck with a high stick and subsequently comes into the possession of a teammate, there shall be a whistle. If a territorial advantage is gained by the offending Team, the ensuing face-off will be where the high-stick occurred. If a territorial disadvantage occurs to the offending Team, the ensuing face-off will be where the puck is touched. Play continues following a high-sticked puck if:

- (1) the puck has been batted to an opponent in which case the play shall continue.
- (2) a player on the defending side shall bat the puck into his own goal in which case the goal shall be allowed.

(NOTE) When a player bats the puck to an opponent under sub-section 1, the Referee shall give the "washout" signal immediately. Otherwise, he will stop the play.

- (e) Following a high sticking the puck violation, if both teams abstain from touching the puck, the referee shall blow the whistle and the ensuing face-off shall be where the play was stopped, regardless of which Team was responsible for contacting the puck with a high stick.
- (f) When either Team is below the numerical strength of its opponent and a player of the Team of greater numerical strength causes a stoppage of play by striking the puck with his stick above the height of his shoulder, the resulting face-off shall be made at one of the end zone face-off spots adjacent to the goal of the Team causing the stoppage.

Rule 62. Holding an Opponent

A minor penalty shall be imposed on a player who holds an opponent by using his hands, arms or legs.

(NOTE) A player is permitted to use his arm in a strength move, by blocking his opponent, provided he has body position and is not using his hands in a holding manner, when doing so.

UHL Official Rules

Rule 63. Holding an Opponent's Stick

A player is not permitted to hold an opponent's stick. A minor penalty shall be assessed to a player who holds an opponent's stick.

(NOTE) A player is permitted to protect himself by defending against an opponent's stick. He must immediately release the stick and allow the player to resume normal play.



HOLDING

Clasping the wrist of the "whistle hand" well in front of the chest.

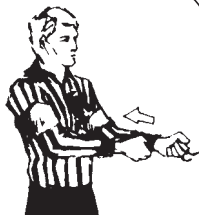
Rule 64. Hooking

Hooking is the act of using the stick in a manner that enables a player to restrain an opponent.

(NOTE) When a player is checking another in such a way that there is only stick-to-stick contact, such action is not to be penalized as hooking.

- (a) A minor penalty shall be imposed on a player who impedes the progress of an opponent by "hooking" with his stick.
- (b) A major penalty and a game misconduct shall be imposed on

any player who injures an opponent by "hooking." A player who has been assessed a major penalty and a game misconduct under this Rule shall be automatically fined one hundred dollars (\$100).



HOOKING

A tugging motion with both arms, as if pulling something toward the stomach

UHL Official Rules

Rule 65. Icing the Puck

- (a) Icing the puck shall immediately occur the instant the puck completely crosses the opponent's goal line. For the purpose of this rule, the center red line will divide the ice into halves. Should any player of a team, equal or superior in numerical strength to the opposing team, shoot, bat or deflect the puck from his own half of the ice beyond the goal line of the opposing team, play shall be stopped and the puck faced-off at the end face-off spot of the offending team, unless on the play, the puck shall have entered the net of the opposing team, in which case the goal shall be allowed.

For the purpose of this rule, the point of last contact with the puck by the team in possession shall be used to determine whether icing has occurred or not. As such, the team in possession must "gain the line" in order for the icing to be nullified. "Gaining the line" shall mean that the puck (not the player's skate) must make contact with the center red line in order to nullify a potential icing.

(NOTE 1) If during the period of a delayed whistle due to a foul by a player of the side NOT in possession, the side in possession "ices" the puck, then the face-off following the stoppage of play shall take place in the neutral zone near the defending blue line of the team icing the puck.

(NOTE 2) When a Team is "short-handed" as the result of a penalty and the penalty is about to expire, the decision as to whether there has been an "icing" shall be determined at the instant the penalty expires. The action of the penalized player remaining in the penalty box will not alter the ruling. When a Team is "short-handed" by reason of a major penalty, and they have neglected to ensure there is a player on the penalty bench to exit upon the expiry of the penalty, they will continue to play short-handed but are not permitted to ice the puck. Icing will be called. They may substitute for this penalized player at the next stoppage of play.

(NOTE 3) For the purpose of interpretation of the rule, "icing the puck" is completed the instant the puck is touched first by a defending player (other than the goalkeeper) after it has crossed the goal line and if the action of so touching the puck, it is knocked or deflected into the net, it is NO GOAL.

(NOTE 4) When the puck is shot and rebounds from the body or stick of an opponent in his own half of the ice so as to cross the goal line of the player shooting, it shall not be considered as "icing."

(NOTE 5) Notwithstanding the provisions of the section concerning "batting" the puck in respect to the "icing the puck" rule, the provisions of the final paragraph of Rule 59(e) apply and NO goal can be scored by batting the puck with the hand into the opponent's goal whether intended or not.



NEW

UHL Official Rules

Rule 65.

Icing the Puck

(Continued)

(b) If a player of the side shooting the puck down the ice who is on-side and eligible to play the puck does so before it is touched by an opposing player, the play shall continue and it shall not be considered a violation of this rule.

(c) If the puck was so shot by a player of a side below the numerical strength of the opposing team, play shall continue and the icing violation will not be called.

(NOTE) If the team returns to full strength following a shot by one of its players, play shall continue and the face-off shall not take place.

(d) If, however, the puck shall go beyond the goal line in the opposite half of the ice directly from either of the players while facing-off it shall not be considered a violation of this rule.

(e) If, in the opinion of the Linesman, any player of the opposing team is able to play the puck before it passes his goal line, but has not done so, play shall continue and the icing violation shall not be called. If, in the opinion of the Referee, the defending side intentionally abstains from playing the puck promptly when they are in position to do so, he shall stop the play and order the resulting face-off on the adjacent corner face-off spot nearest the goal of the team at fault. If, in the opinion of the Linesman, the goalkeeper feigns playing the puck or skates in the direction of the puck on an icing at any time, the potential icing shall not be called and play shall continue.

(NOTE) The purpose of this section is to enforce continuous action and both Referee and Linesmen should interpret and apply the rule to produce this result. If, however, a goalkeeper is legitimately out of the net in an attempt to go to the players' bench to be substituted for an extra attacker and in no way makes an attempt to play the puck, the icing should not be nullified under this section.

(f) If the puck touches any part of a player of the opposing side, including his skates or his stick, or if it touches any part of the opposing team's goalkeeper, including his skates or his stick, at any time before or after crossing the goal line, it shall not be considered icing.



ICING

Linesman's arms folded across the upper chest.

UHL Official Rules

Rule 65.

Icing the Puck

(Continued)

(NOTE) If a goalkeeper takes any action to dislodge the puck from the back of the net, icing shall be washed out.

- (g) If the Linesman shall have erred in calling an "icing the puck" infraction (regardless of whether either Team is short-handed), the puck shall be faced-off on the center ice face-off spot.



WASH-OUT

Both arms swung laterally at shoulder level with palms down. When used by the Linesmen, it means no icing or no off-side

Rule 66.

Illegal Puck

If at any time while play is in progress, a puck other than the one legally in play shall appear on the playing surface, the play shall not be stopped but shall continue with the legal puck until the play then in progress is completed by change of possession.

Rule 67.

Interference

(NOTE) A strict standard of interference must be adhered to in all areas of the rink, WITH AN EMPHASIS ON INTERFERENCE IN THE NEUTRAL ZONE.

- (a) A minor penalty shall be imposed on a player who interferes with or impedes the progress of an opponent who is not in possession of the puck.
- (b) A minor penalty shall be imposed on a player who restrains an opponent who is attempting to "fore-check."
- (c) A minor penalty shall be imposed on an attacking player who deliberately checks a defensive player including the goalkeeper, who is not in possession of the puck.
- (d) A minor penalty shall be imposed on a player who shall cause an opponent who is not in possession of the puck to be forced off-side, causing a stoppage in play.
- (e) A minor penalty shall be imposed on a player who deliberately knocks a stick out of an opponent's hand, or who prevents a player who has dropped his stick or any other piece of equipment from regaining possession of it.

UHL Official Rules

Rule 67. Interference *(Continued)*

- (f) A minor penalty shall be imposed on a player who knocks or shoots any abandoned or broken stick or illegal puck or other debris toward an opposing puck carrier in a manner that could cause him to be distracted. (See also Rule 88(a)-Throwing Stick.)
- (g) A minor penalty shall be imposed on any player on the players' bench or penalty bench who, by means of his stick or his body, interferes with the movements of the puck or any opponent on the ice during the progress of the play.

(NOTE) The appropriate penalty according to the playing rules shall be assessed when a player on the players' or penalty bench gets involved with an opponent on the ice during a stoppage in play. The player(s) involved may be subject to additional sanctions as appropriate pursuant to Rule 33A - Supplementary Discipline.

- (h) If when the goalkeeper has been removed from the ice, any member of his team (including the goalkeeper) not legally on the ice, including the Manager, Coach or Trainer, interferes by means of his body, stick or any other objects with the movements of the puck or an opposing player, the Referee shall immediately award a goal to the non-offending team.
- (i) When a player in control of the puck on his opponent's side of the center red line and having no other opponent to pass than the goalkeeper is interfered with by a stick or any part thereof or any other object thrown or shot by any member of the defending team including the Manager, Coach or Trainer, a penalty shot shall be awarded to the non-offending team.

NOTE 1 Obstruction:

Obstruction shall be defined as any tactic by a player who attempts to or who restrains an opponent who is not in possession of the puck, or who physically prevents an opponent from moving freely in the direction he wishes to go. The term "obstruction" shall be used coupled with the appropriate foul (holding, hooking, interference, tripping) when the obstruction offense occurs in the neutral zone.

NOTE 2 Body Position:

Body position shall be determined as the player skating in front of or beside his opponent, traveling in the same direction. A player who is behind an opponent, who does not have the puck, may not use his stick, body or free hand in order to restrain his opponent, but must skate in order to gain or reestablish his proper position in order to make a check. Failure to do so may result in an obstruction penalty being assessed.

UHL Official Rules

Rule 67.

Interference

(Continued)

A player is allowed the ice he is standing on (body position) and is not required to move in order to let an opponent proceed. A player may "block" the path of an opponent provided he is doing so by skating in the same direction. Moving laterally and without establishing body position, the making contact with the non-puck carrier is not permitted and will be penalized as interference. A player is always entitled to use his body position to lengthen an opponent's path to the puck, provided his stick is not utilized (to

make himself "bigger" and therefore considerably lengthening the distance his opponent must travel to get to where he is going); his free hand is not used and he does not take advantage of his body position to deliver an otherwise illegal check.

NOTE 3 Possession of the Puck:

The last player to touch the puck, other than the goalkeeper, shall be considered the player in possession. The player deemed in possession of the puck may be checked legally, provided the check is rendered immediately following his loss of possession.

NOTE 4 Restrain:

The actions of a player who does not have body position, but instead uses illegal means (e.g. hook with stick; hold with hands, trip with the stick or in any manner) to impede an opponent who is not in possession of the puck. Illegal means are acts which allow a player to establish, maintain or restore body position, other than by skating.

NOTE 5 Pick:

A "pick" is the action of a player who checks an opponent who is not in possession of the puck and is unaware of the impending check/hit. A player who is aware of an impending hit, not deemed to be a legal "battle for the puck," may not be interfered with by a player delivering a "pick." A player delivering a "pick" is one who moves into an opponent's path without initially having body position, thereby taking him out of the play. When this is done, and interference penalty shall be assessed.



INTERFERENCE

Crossed arms stationary in front of the chest with fists closed.

UHL Official Rules

Rule 67. Interference (Continued)

NOTE 6 Free Hand:

When a free hand is used to hold, pull, tug, grab or physically restrain an opponent from moving freely, this must be penalized as holding or obstruction – holding. The free hand may be used by a player to “fend off” an opponent or his stick, but may not be used to hold an opponent’s stick or body.

NOTE 7 Stick:

A player who does not have body position on his opponent, who places his stick above the waist or uses his stick (either the blade or the shaft, including the butt end of the shaft) to impede or prevent his opponent from moving freely on the ice shall be assessed a hooking or an obstruction – hooking penalty. **EXCEPTION:** When a player is in possession of the puck, a defending player may check the offensive player by using his stick as long as he does not break any other rule such as slashing, cross-checking, high sticking, etc. Use of the stick in these situations would only be permitted once the player has already established body position and the position of his stick is only to assist him with directing his opponent into the boards for the purpose of separating the player from the puck (a legal body check).

Rule 68. Interference by/with Spectators

- (a) In the event of a player being held or interfered with by a spectator, the Referee or Linesman shall blow the whistle and play shall be stopped unless the Team of the player interfered with is in possession of the puck. The play shall be allowed to be completed before blowing the whistle and the puck shall be faced-off where play was stopped.
- (b) Any player, Trainer, Manager, Coach or club executive who physically interferes with the spectators shall automatically incur a gross misconduct penalty and the Referee shall report all such infractions to the Commissioner who shall have full power to impose such further penalty as he shall deem appropriate.
- (c) In the event that objects are thrown on the ice that interfere with the progress of the game, the Referee shall blow the whistle and stop the play and the puck shall be faced-off at the spot where play is stopped.

(NOTE 1) In the event that objects are thrown on the ice during a stoppage in play, including after the scoring of a goal, the Referee shall have announced that any further occurrences will result in a bench minor penalty being assessed to the home Team.

(NOTE 2) The Referee shall report to the President for disciplinary action all cases in which a player becomes involved in an altercation with a spectator.

UHL Official Rules

Rule 69. Kicking a Player

A match penalty shall be imposed on any player who kicks or attempts to kick another player.

Whether or not an injury occurs, the Referee will impose a five (5) minute time penalty under this Rule. Refer to Rule 43 – Attempt to or Deliberate Injury of Opponents.

Rule 70. Kicking the Puck

- (a) Kicking the puck shall be permitted in all zones. A goal cannot be scored by an attacking player who uses a distinct kicking motion to propel the puck into the net. A goal cannot be scored by an attacking player who kicks a puck that deflects into the net off any player, goalkeeper or Official.
- (b) A puck that deflects into the net off of an attacking player who does not use a distinct kicking motion, is a legitimate goal.
(NOTE) The following should clarify deflections following a kicked puck that enters the goal:
- (i) A kicked puck that deflects off the body of any player of either team (including the goalkeeper) shall be ruled NO GOAL.
 - (ii) A kicked puck that deflects off ANY stick (excluding the goalkeeper's stick) shall be ruled a GOOD GOAL. After the puck has been kicked, makes contact with any stick and then deflects off any player (excluding the goalkeeper) and into the net will still be ruled a GOOD GOAL.
 - (iii) The player who kicks the puck and has the puck deflect off his OWN stick and then into the net, this will be ruled a GOOD GOAL.
- (c) A goal cannot be scored by an attacking player who kicks any equipment (stick, gloves, helmet, etc.) at the puck, causing the puck to cross the goal line.

Rule 71. Kneeing

Kneeing is the act of a player leading with his knee and in some cases extending his leg outwards to make contact with his opponent.

A minor, major or match penalty shall be imposed on any player who fouls an opponent by kneeing.

When a player has been assessed a major penalty for kneeing, he shall also be assessed a Game Misconduct.



KNEEING

Slapping the knee with palm of hand while keeping both skates on the ice.

UHL Official Rules

Rule 72. Leaving Players' or Penalty Bench

- (a) No player may leave the players' or penalty bench at any time during an altercation or for the purpose of starting an altercation. Substitutions made prior to the altercation shall be permitted, provided the players so substituting do not enter the altercation. A player who has entered the game on a legal line change and starts an altercation will be subjected to discipline in accordance with Rule 33A - Supplementary Discipline.

A player or players who have entered the game on a legal line change during a stoppage of play, who line up in preparation for the ensuing face-off, and who participate in an altercation shall be penalized under the appropriate rule and will be subjected to discipline in accordance with Rule 33A – Supplementary Discipline (a game misconduct is not automatic in this situation unless provided for as a result of his actions in the altercation).

- (b) For violation of this rule, a game misconduct penalty shall be imposed on the player who was the first or second player to leave the players' or penalty bench from either or both teams.
- (c) The first player to leave the players' or penalty bench from either or both teams shall be suspended automatically without pay for the next ten (10) regular League and/or playoff games of his team.
- (d) The second player to leave the bench from either or both teams shall be suspended automatically without pay for the next five (5) regular League and/or playoff games.

(NOTE) The determination as to the players penalized under (c) and (d) of this rule shall be made by the Referee in consultation with the Linesmen and off-ice officials. In the event that he is unable to identify the offending players, the matter will be referred to the President or his designee and such determinations may be subsequently based on reports and other information including but not limited to television tapes.

- (e) Any team that has a player penalized under (a) shall be fined five thousand dollars (\$5,000) for the first instance. This fine shall be increased by twenty-five hundred dollars (\$2,500) for each subsequent occurrence over the next following three-year period.
- (f) All players including the first and second players who leave the bench during an altercation shall be subject to an automatic fine in the amount equal to the maximum permitted under the collective bargaining agreement.
- (g) Any player who leaves the penalty bench during an altercation and is not the first player, shall be suspended automatically without pay for the first five (5) regular League and/or playoff games.

UHL Official Rules

Rule 72. Leaving Players' or Penalty Bench *(Continued)*

- (h) Except at the end of each period or on expiration of his penalty, no player may, at any time, leave the penalty bench.

Any player who, having entered the penalty bench, leaves the penalty bench prior to the expiration of his penalty for the purpose of challenging an official's ruling, shall be assessed a game misconduct penalty. He shall also be automatically suspended for the next three regular League and/or playoff games of his club. This rule does not replace any other more severe penalty that may be imposed for leaving the penalty bench for the purpose of starting or participating in an altercation as outlined in this Rule 72.

(NOTE) Once a player enters the penalty bench, he must not leave until his penalty expires and his team is entitled to an additional player on the ice, or, at the end of a period to proceed to his dressing room, or, when he has received permission from an on-ice official. At any other time, he shall be assessed a game misconduct penalty under this rule.

- (i) A penalized player who leaves the penalty bench before his penalty has expired, whether play is in progress or not, shall incur an additional minor penalty, after serving his unexpired penalty.
- (j) Any penalized player leaving the penalty bench during stoppage of play and during an altercation shall incur a minor penalty plus a game misconduct penalty after serving his unexpired time.
- (k) If a player leaves the penalty bench before his penalty is fully served, the Penalty Timekeeper shall note the time and signal the officials who will stop play when the offending player's team obtains possession of the puck.
- (l) In the case of a player returning to the ice before his time has expired through an error of the Penalty Timekeeper, he is not to serve an additional penalty, but must serve his unexpired time.
- (m) If a player of the attacking side in possession of the puck shall be in such a position as to have no opposition between him and the opposing goalkeeper, and while in such position he shall be interfered with by a player of the opposing side who shall have illegally entered the game, the Referee shall impose a penalty shot against the side to which the offending player belongs.
- (n) If the opposing goalkeeper has been removed and a player throws or shoots any part of a stick or any other object at the puck or puck carrier, or the puck carrier is fouled from behind, thereby being prevented from having a clear shot on an open net, a goal shall be awarded to the attacking Team.

If, when the opposing goalkeeper has been removed from the ice, a player of the side attacking the unattended goal is interfered with by a player who shall have entered the game illegally, the Referee shall immediately award a goal to the non-offending Team.

UHL Official Rules

Rule 72. Leaving Players' or Penalty Bench *(Continued)*

- (o) If a Coach or Manager gets on the ice after the start of a period and before that period is ended, the Referee shall impose a bench minor penalty against the team and report the incident to the President for disciplinary action.
- (p) Any club executive or Manager committing the same offense will be automatically fined two hundred dollars (\$200).
- (q) If a penalized player returns to the ice from the penalty bench before his penalty has expired by his own error or the error of the Penalty Timekeeper, any goal scored by his own team while he is illegally on the ice shall be disallowed but all penalties imposed on either team shall be served as regular penalties.
- (r) If a player shall illegally enter the game from his own players' bench or from the penalty bench, any goal scored by his own team while he is illegally on the ice shall be disallowed but all penalties imposed on either team shall be served as regular penalties.
- (s) A bench minor penalty shall be imposed on a team whose player(s) leave the players' bench for any purpose other than a change of players and when no altercation is in progress.
- (t) Any player who has been ordered to the dressing room by the Referee and returns to his bench or to the ice for any reason before the appropriate time shall be assessed a game misconduct penalty and shall be suspended automatically without pay for the next ten (10) regular League and/or playoff games.
- (u) The Coach(es) of the team(s) whose player(s) left the players' bench(es) during an altercation may be suspended, pending a review by the President. The Coach(es) may also be fined to a maximum of ten thousand dollars (\$10,000).
- (v) For all suspensions imposed on players under this rule, the club of the player shall pay to the League a sum equal to the pro-rate of that player's salary covered by the suspension. For purposes of computing amounts due for a player's suspension, the player's fixed salary shall be divided by the number of days in the regular season and then, said result shall be multiplied by the number of games suspended.

In addition, any club that is deemed by the President to pay or reimburse to the player the amount of the fine or loss of salary assessed under this rule shall be fined automatically ten thousand dollars (\$10,000).

(NOTE) In the event that suspensions imposed under this rule cannot be completed in regular League and/or playoff games in any one season, the remainder of the suspension shall be served the following season.

UHL Official Rules

Rule 73. Obscene Language or Gestures

- (a) Players shall not use obscene gestures on the ice or anywhere in the rink before, during or after the game. For violation of this Rule, a game misconduct penalty shall be imposed and the Referee shall report the circumstances to the Commissioner of the League for further disciplinary action.

(NOTE) It is the responsibility of all game officials and all club officials to send a confidential report to the Commissioner setting out the full details concerning the use of obscene gestures or language by any player, Coach or other official. The Commissioner shall take such further disciplinary action as he shall deem appropriate.

- (b) Club Executives, Managers, Coaches and Trainers shall not use obscene or profane language or gestures anywhere in the rink. For violation of this Rule, a bench minor penalty shall be imposed. Should this behavior continue, a Game Misconduct Penalty shall be imposed and a confidential report to the Commissioner shall be completed and filed with the League for possible further disciplinary action.

Rule 74. Off-Sides

- (a) The position of the player's skates and not that of his stick shall be the determining factor in all instances in deciding an off-side. A player is off-side when both skates are completely over the outer edge of the blue line involved in the play.

(NOTE 1) A player is on-side when either of his skates are in contact with, or on his own side of the line, at the instant the puck completely crosses the outer edge of that line regardless of the position of his stick.

(NOTE 2) It should be noted that while the position of the player's skates is what determines whether a player is "off-side", nevertheless the question of an "off-side" never arises until the puck has completely crossed the outer edge of the line at which time the decision is to be made.

- (b) If while an off-side call is delayed, the Linesman shall drop his arm to nullify the off-side violation and allow play to continue if:
- (i) All players of the offending team clear the zone at the same instant (skate contact with the blue line) permitting the attacking players to re-enter the attacking zone, or
 - (ii) The defending team passes or carries the puck into the neutral zone.
- (c) If the attacking team does not clear the attacking zone, play shall be stopped for the off-side violation if any attacking player touches the puck, or attempts to gain possession of a loose puck while the puck is still in the attacking zone, or forces the defending puck carrier further back into the attacking zone.

UHL Official Rules

Rule 74. Off-Sides *(Continued)*

(NOTE) If the puck enters the defending team's goal during a delayed off-side, the goal is disallowed. The face-off will be in the neutral zone.

- (d) If in the opinion of the Linesman, an intentional off-side play has been made, the puck shall be faced-off at the end face-off spot in the defending zone of the offending Team.

(NOTE 1) An intentional off-side is one which is made for the purpose of securing a stoppage of play regardless of the reason, whether either Team is short-handed.

(NOTE 2) If, while an off-side call is delayed, a player of the offending Team deliberately touches the puck to create a stoppage of play, the Linesman will signal an intentional off-side.



WASH-OUT

Both arms swung laterally at shoulder level with palms down. When used by the Linesmen, it means no icing or no off-side

Rule 75. Passes

- (a) The puck may be passed by any player to a player on the same Team within any one of the three zones into which the ice is divided.
- (b) Should the puck, after having been passed, contact any part of the body, stick or skate of a player on the Team who is legally on-side, the pass shall be considered complete.
- (c) The player last touched by the puck shall be deemed to be in possession. Rebounds off goalkeepers' pads or other equipment shall not be considered as a change of possession or completion of the play by the Team when applying Rule 33(b) - Calling of Penalties.
- (d) If a player in the neutral zone is preceded in the attacking zone by the puck passed from the neutral zone, he shall be eligible to take possession of the puck anywhere in the attacking zone except when the "icing the puck" Rule applies.

UHL Official Rules

Rule 76. Physical Abuse of Officials

- (a) Any player who deliberately applies physical force in any manner against an official, in any manner attempts to injure an official, deliberately makes contact with an official, physically demeans an official or deliberately applies physical force to an official solely for the purpose of getting free of such an official during or immediately following an altercation shall receive a game misconduct penalty.

In addition, the following disciplinary penalties shall apply:

CATEGORY I

Any player who deliberately strikes an official and causes injury or who deliberately applies physical force in any manner against an official with intent to injure, or who in any manner attempts to injure an official shall be automatically suspended for not less than 20 games. (For the purpose of the rule, "intent to injure" shall mean any physical force which a player knew or should have known could reasonably be expected to cause injury.)

CATEGORY II

Any player who deliberately applies excessive physical force to an Official in any manner (excluding actions as set out in Category I), which physical force is applied without intent to injure, shall be automatically suspended for not less than 10 games.

CATEGORY III

Any player who, by his actions, physically demeans an official or physically threatens an official by (but not limited to) throwing a stick or any other piece of equipment or object at or in the general direction of an official, shooting the puck at or in the general direction of an official, spitting at or in the general direction of an official or who deliberately applies physical force to an official solely for the purpose of getting free of such an official during or immediately following an altercation shall be suspended for not less than 3 games.

Immediately after the game in which such game misconduct penalty is imposed, the Referee shall, in consultation with the Linesmen, decide the category of the offense. He shall make an oral report to the Director of Hockey Operations and advise of the category and of the offense. In addition, he shall file a written report to the Director of Hockey Operations in which he may request a review as to the adequacy of the suspension. The NHLPA Player and the Club involved shall be notified of the decision of the Referee on the morning following the game. The League will then hold a conference call with the NHLPA to review the Official's application of this Rule, and will refrain from issuing public comment affirming the Referee's application of Rule 76 until that call is complete.

UHL Official Rules

Rule 76. Physical Abuse of Officials *(Continued)*

The Player or the Official may request the Commissioner to review, subject to the provisions of this Rule, the penalty imposed by the Referee. Such request must be filed with the Commissioner in writing not later than seventy-two (72) hours following notification of the penalty.

If a review of the incident is requested by either the Player or by the Official, a hearing will be conducted by the President on an expedited basis, and best efforts will be used to provide a hearing before the second game missed by the Player due to the automatic suspension imposed under this Rule. The Player's suspension shall continue pending the outcome of the hearing by the President.

After any review as called for hereby, the President shall issue an order either:

- (1) sustaining the minimum suspension, **or**
- (2) increasing the number of games within the Category, **or**
- (3) changing to a lower Category, **or**
- (4) changing to a lower Category and increasing the number of games within this Category, **or**
- (5) in the case of a Category III suspension only, reducing the number of games of the suspension.

In the event that the player has committed more than one offense under this rule, in addition to the penalties imposed under this offense, his case shall be referred to the President of the League for consideration of supplementary disciplinary action.

(In all instances where the President is referred to in this rule, it shall mean the President or his designee.)

- (b) Any club executive, Manager, Coach or Trainer who holds or strikes an official shall be automatically suspended from the game, ordered to the dressing room and the matter will be reported to the President for further disciplinary action.

Rule 77. Preceding Puck into Attacking Zone

- (a) Players of the attacking Team must not precede the puck into the attacking zone.
- (b) For violation of this Rule, the play is stopped and the puck shall be faced-off in the neutral zone at the face-off spot nearest the attacking zone of the offending Team.

(NOTE) A player actually controlling the puck who shall cross the line ahead of the puck shall not be considered "off-side".

UHL Official Rules

Rule 77. **Preceding Puck into Attacking Zone** *(Continued)*

- (c) If a player or players precede the puck into the attacking zone, the Linesman shall raise his non-whistle arm to indicate a delayed off-side call. The Linesman shall drop his arm to nullify the off-side violation and allow play to continue if:
- (i) The defending Team passes or carries the puck into the neutral zone, or
 - (ii) All attacking players in the attacking zone (at the time the puck crosses the blue line) clear the attacking zone by making skate contact with the blue line. All attacking players must be clear of the zone at the same instant before the Linesman can drop his arm permitting the attacking players to re-enter the attacking zone.
- (d) If the puck is shot on goal, during a delayed off-side, the play shall be allowed to continue under the normal clearing the zone rules. Should the puck enter the net in this situation, either directly or off the goalkeeper, or a player or an official on the ice, the goal shall not be allowed as the original shot was off-side.
- (e) For all delayed off-sides, including intentional off-sides, the Linesman will raise his non-whistle arm. He will allow play to continue and, if a stoppage of play occurs, there will be three possible face-off locations:
- (i) When an intentional off-side has been called, the face-off location will be on the face-off spot of the offending team's defensive zone.
 - (ii) If an errant pass or shoot-in makes unintentional contact with an attacking player who preceded the puck into the attacking zone, the whistle shall be blown and the ensuing face-off shall take place at the location from where the pass or shot originated.
 - (iii) If the defending player is about to be checked by an attacking player who is unaware that he is in an off-side position, the ensuing face-off shall take place on a neutral zone face-off spot nearest to the defending Team's blue line.

(NOTE 1) An intentional off-side is one which is made for the purpose of securing a stoppage of play regardless of the reason.

(NOTE 2) If, while an off-side call is delayed, a player of the offending Team deliberately touches the puck to create a stoppage of play; or, when a player deliberately carries the puck into the attacking zone when he knows that players from his team are in an off-side position; the Linesman will signal an intentional off-side.

(NOTE 3) An intentional off-side is still in effect when a team is short-handed.

UHL Official Rules

Rule 77.

Preceding Puck into Attacking Zone

(Continued)

(NOTE 4) If a delayed off-side has been signaled, the non-offending player must carry or pass the puck towards and into the neutral zone. If he does not, the whistle shall be blown and the face-off take place in the neutral zone at a spot nearest the defending Team's blue line.

(NOTE 5) In the case of a delayed off-side being signaled, and play as a result of the pass or shot by the attacking player, the ensuing face-off shall be from at the point the pass or shot originated

(NOTE 6) A puck that deflects back into the defensive zone off of an Official who is in the neutral zone will be off-side (or a delayed off-side, as appropriate).

- (f) If a player legally carries or passes the puck back into his own defensive zone while a player of the opposing Team is in such defensive zone, the off-side shall be ignored and play permitted to continue.

(NOTE) If a puck clearly deflects off a defensive player in the neutral zone back into the defensive zone, all attacking players are eligible to play the puck.



SLOW WHISTLE

Arm in which the whistle is not held extended above head. If play returns to neutral zone without stoppage of play, arm is drawn down the instant the puck crosses the line.

UHL Official Rules

Rule 78. Protection of Goalkeeper

The revised crease rule is intended to implement a “no harm, no foul, no video review” standard. The rule is based on the premise that an attacking player’s position, whether inside or outside the crease, should not, by itself, determine whether a goal should be allowed or disallowed - i.e., goals scored while attacking players are standing in the crease may, in appropriate circumstances be allowed. Goals should be disallowed only if: (1) an attacking player, either by his positioning or by contact, impairs the goalkeeper’s ability to move freely within his crease or defend his goal; or (2) an attacking player initiates more than incidental contact with a goalkeeper, inside or outside of his goal crease. Incidental contact with a goalkeeper will be permitted, and resulting goals allowed, when such contact is initiated outside of the goal crease, provided the attacking player has made a reasonable effort to avoid such contact. The rule will be enforced exclusively in accordance with the on-ice judgement of the Referee(s), and not by means of video replay or review.

- (a) If an attacking player initiates contact with a goalkeeper, incidental or otherwise, while the goalkeeper is in his goal crease, and a goal is scored, the goal will be disallowed.
- (b) If an attacking player initiates any contact with a goalkeeper, other than incidental contact, while the goalkeeper is outside his goal crease, and a goal is scored, the goal will be disallowed.
- (c) In all cases in which an attacking player initiates other than incidental contact with a goalkeeper, whether or not the goalkeeper is inside or outside the goal crease, and whether or not a goal is scored, the offensive player will receive a penalty (minor or major, as the Referee deems appropriate). See also rule 47(c) - Charging).

(NOTE 1) In exercising his judgment under subsections (a) and (b) above, the Referee should give more significant consideration to the degree and nature of the contact with the goalkeeper than to the exact location of the goalkeeper at the time of the contact.

(NOTE 2) If an attacking player has been pushed, shoved, or fouled by a defending player so as to cause him to come into contact with the goalkeeper, such contact will not be deemed to be contact initiated by the attacking player for purposes of this rule, provided the attacking player has made a reasonable effort to avoid such contact.

(NOTE 3) A goalkeeper is not “fair game” just because he is outside the goal crease. The appropriate penalty should be assessed in every case where an attacking player makes unnecessary contact with the goalkeeper. However, incidental contact will be permitted when the goalkeeper is in the act of playing the puck outside his goal crease provided the attacking player has made a reasonable effort to avoid such unnecessary contact.

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Rule 78. Protection of Goalkeeper *(Continued)*

- (d) If (i) a goalkeeper initiates contact with an offensive player who is in the goal crease; and (ii) such contact is (a) initiated by the goalkeeper in order to establish position in his goal crease; and (b) results in an impairment of the goalkeeper's ability to defend his goal, and a goal is scored, the goal will be disallowed.
- (e) If, after any contact by a goalkeeper who is attempting to establish position in his goal crease, the attacking player does not immediately vacate his current position in the goal crease (i.e. give ground to the goalkeeper), and a goal is scored, the goal will be disallowed. In all such cases, whether or not a goal is scored, the offensive player will receive a minor penalty for goalkeeper interference.

(NOTE 1) The overriding rationale of subsections (d) and (e) above is that a goalkeeper should have the ability to move freely within his goal crease without being hindered by the actions of an attacking player.

(NOTE 2) If, while attempting to establish position within his goal crease, a goalkeeper commits an act that is worthy of a penalty (i.e. cross-checking, slashing, etc.), then the appropriate penalty shall be assessed by the Referee.

- (f) When a goalkeeper has played the puck outside of his crease and is then prevented from returning to his crease area due to the deliberate actions of an attacking player, such player may be penalized for goalkeeper interference. Similarly, the goalkeeper may be penalized, if by his actions outside of his crease he deliberately interferes with an attacking player who is attempting to play the puck or an opponent.
- (g) If an attacking player establishes a significant position within the goal crease, so as to obstruct the goalkeeper's vision and impair his ability to defend his goal, and a goal is scored, the goal will be disallowed.

(NOTE) For this purpose, a player "establishes a significant position within the crease" when, in the Referee's judgment, his body, or a substantial portion thereof, is within the goal crease for more than an instantaneous period of time.

- (h) Subject to (i) below, if an attacking player enters the goal crease and, by his actions, impairs the goalkeeper's ability to defend his goal, and a goal is scored, the goal will be disallowed.
- (i) In a rebound situation, or where a goalkeeper and offensive player(s) are simultaneously attempting to play a loose puck, whether inside or outside the crease, incidental contact with the goalkeeper will be permitted, and any goal that is scored as a result thereof will be allowed.

UHL Official Rules

Rule 78. Protection of Goalkeeper *(Continued)*

- (j) In the event that a goalkeeper has been pushed into the net together with the puck after making a stop, the goal will be disallowed. If applicable, appropriate penalties will be assessed.

In the event that the puck is under a player in or around the crease area (deliberately or otherwise), a goal cannot be scored by pushing this player together with the puck into the goal. If applicable, the appropriate penalties will be assessed, including a penalty shot if deemed to be covered in the crease deliberately (see rule 55(c) - Falling on Puck).

- (k) A goalkeeper who deliberately initiates contact with an attacking player other than to establish position in the crease, or who otherwise acts to create the appearance of other than incidental contact with an attacking player, is subject to the assessment of a minor penalty for unsportsmanlike conduct.
- (l) An attacking player who, in the judgment of the Referee, initiates contact with the goalkeeper, whether inside or outside the crease, in a fashion that would otherwise warrant a penalty, will be assessed an appropriate penalty (minor or major and/or game misconduct) and will be subject to additional sanctions as appropriate pursuant to Rule 33A - Supplementary Discipline.

(NOTE 1) For purposes of this rule, "contact", whether incidental or otherwise, shall mean any contact that is made between or among a goalkeeper and attacking player(s), whether by means of a stick or any part of the body.

(NOTE 2) The above-stated standards relating to when a goal will be disallowed will be applied in all situations in which the puck enters the net regardless of whether it was directed into the net by the attacking or defensive team.

- (m) Whenever the Referee stops play to disallow a goal as a result of contact with the goalkeeper (incidental or otherwise), the resulting face-off shall take place at the nearest neutral zone face-off spot outside the attacking zone of the offending Team.

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Rule 79. Puck Must Be Kept in Motion

- (a) The puck must be kept in motion at all times.
- (b) A minor penalty shall be imposed on any player, including the goalkeeper, who holds, freezes or plays the puck with his stick, skates or body in such a manner as to deliberately cause a stoppage of play.

(NOTE 1) With regard to a goalkeeper, this Rule applies outside of his goal crease area.

(NOTE 2) If a goalkeeper comes out of his crease to “cut down the angle” on a shot and after making the save covers the puck, this shall be legal. If the goalkeeper races out of his crease in an attempt to beat the attacking player to the puck and instead of playing the puck jump on the puck causing a stoppage of play, this shall be a minor penalty for delay of game.

(NOTE 3) The overall intent to this rule is to keep the play going.

Rule 80. Puck Out of Bounds or Unplayable

- (a) When a puck goes outside the playing area at either end or either side of the rink, or strikes any obstacles above the playing surface other than the boards or glass, it shall be faced-off where it was shot or deflected out of play.

Notwithstanding this Rule; should an attacking player cause the puck to go out of play or become unplayable in the attacking zone, the face-off shall take place at a neutral zone face-off spot or the point from which the puck left the ice, whichever is least advantageous to the attacking Team. Any loss of time on the game or penalty clocks due to the puck going out of play must be replaced.

(NOTE) Should the puck strike the spectator netting at the ends and the corners of the arena, play shall be stopped and the ensuing face-off shall be determined as if the puck went outside the playing area. However, if the puck striking the spectator netting goes unnoticed by the on-ice officials, play shall continue as normal and resulting play with the puck shall be deemed a legitimate play. Players must not stop playing the game until they hear the whistle to do so.

- (b) When the puck becomes lodged in the netting on the outside of either goal so as to make it unplayable, or if it is “frozen” between opposing players intentionally or otherwise, the Referee shall stop the play and face-off the puck at either of the adjacent face-off spots unless in the opinion of the Referee, the stoppage was caused by the attacking Team, in which case the resulting face-off shall be conducted in the neutral zone.

UHL Official Rules

Rule 80. Puck Out of Bounds or Unplayable *(Continued)*

(NOTE) The defending Team and/or the attacking Team may play the puck off the net at any time. However, should the puck remain on the net for more than three (3) seconds, play shall be stopped and the face-off shall take place in the end zone, corner face-off spot, except when the stoppage is caused by the attacking team, in which case the face-off shall take place on a face-off spot in the neutral zone.

- (c) A minor penalty shall be imposed on a goalkeeper who deliberately drops the puck on the goal netting to cause a stoppage of play.
- (d) If the puck comes to rest on top of the boards surrounding the playing area, it shall be considered in play and may be played legally by hand or stick.

Rule 81. Puck Out of Sight

Should a scramble take place or a player accidentally fall on the puck and the puck be out of sight of the Referee, he shall immediately blow his whistle and stop the play. The puck shall then be faced-off at the point where the play was stopped unless otherwise provided for in the Rules.

Rule 82. Puck Striking Official

- (a) Play shall not be stopped if the puck touches an Official anywhere on the rink, regardless of whether a Team is shorthanded or not. A puck that deflects back into the defensive zone off an Official who is in the neutral zone, will be deemed to be off-sides as per Rule 74 - Off-Sides.
- (b) When a puck deflects off an Official and goes out of play, the ensuing face-off will take place at the spot where the puck deflected off the Official.

(NOTE) If a goal is scored as a result of being deflected directly into the net off an Official, the goal shall not be allowed.

UHL Official Rules

Rule 83. Refusing to Start Play

- (a) If, when both Teams are on the ice, one Team for any reason shall refuse to play when ordered to do so by the Referee, he shall warn the Captain and allow the Team so refusing fifteen (15) seconds within which to begin the play or resume play. If at the end of that time, the Team shall still refuse to play, the Referee shall impose a bench minor penalty for delay of game on a player of the offending Team to be designated by the Manager or Coach of that Team through the playing Captain. Should there be a repetition of the same incident, the Referee shall notify the Coach that he has been fined the sum of two hundred dollars (\$200). The offending Coach shall be removed from the players' bench and assessed a game misconduct penalty.

Should the offending Team still refuse to play, the Referee shall have no alternative but to declare that the game be forfeited to the non-offending club and the case shall be reported to the Commissioner for further action.

- (b) If a Team, when ordered to do so by the Referee through its club executive, Manager or Coach, fails to go on the ice and start play within five (5) minutes, the club executive, Manager or Coach shall be fined five hundred dollars (\$500), the game shall be forfeited and the case shall be reported to the Commissioner for further action.

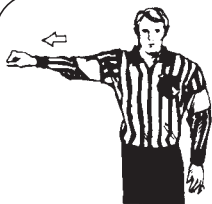
(NOTE) The Commissioner of the League shall issue instructions pertaining to records, etc., of a forfeited game.

Once the club executive, Manager or Coach has been notified of the five (5) minute warning, and the Team returns to the ice to resume play within that time frame, a bench minor penalty for delay of game must be assessed to the offending Team.

UHL Official Rules

Rule 84. Roughing

Roughing is a minor altercation that is not worthy of a major penalty to either participant. An altercation is a situation involving two players, with at least one to be penalized.



ROUGHING

A thrusting motion with the arm extending from the side.

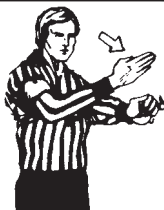
- (a) A minor penalty shall be imposed on a player who strikes an opponent. (See also Rule 56—Fisticuffs.)
- (b) If, in the judgment of the referee, a goalkeeper uses his blocking glove to punch an opponent in the head or face in an attempt to or to deliberately injure an opponent, a match penalty must be assessed.

Rule 85. Slashing

Slashing is the act of swinging a player's stick at an opponent, whether contact is made or not.

(NOTE) Non aggressive stick contact to the pant or front of the shin pads, should not be penalized for slashing.

- (a) A minor or major and a game misconduct penalty, at the discretion of the Referee, shall be imposed on any player who impedes the progress of an opponent by "slashing" with his stick.
- (b) A major and a game misconduct penalty or a match penalty shall be imposed on any player who injures an opponent by slashing. (See Rule 43 – Attempt to or Deliberate Injury of Opponents.)



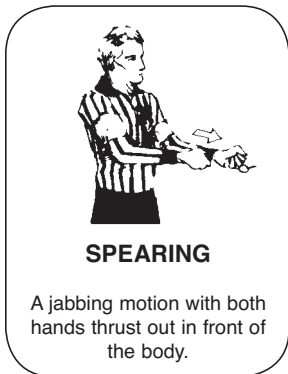
SLASHING

A chopping motion with the edge of one hand across the opposite forearm.

UHL Official Rules

Rule 86. Spearing

Spearing shall mean stabbing an opponent with the point of the stick blade whether contact is made or not.



- (a) A double minor penalty will be imposed on a player who spears an opponent and does not make contact.
- (b) A major and a game misconduct shall be imposed on a player who spears an opponent. (See also Rule 43 - Attempt to or Deliberate Injury of Opponents.)
- (c) A match penalty shall be imposed on a player who injures an opponent as a result of a spear. (See also Rule 43 - Attempt to or Deliberate Injury of Opponents.)

Rule 87. Start of Game and Periods

- (a) The game shall be commenced at the time scheduled by a "face-off" in the center of the rink and shall be renewed promptly at the conclusion of each intermission in the same manner.

No delay shall be permitted by reason of any ceremony, exhibition, demonstration or presentation unless consented to reasonably in advance by the visiting team.

- (b) Home clubs shall have the choice of goals to defend at the start of the game except where both players' benches are on the same side of the rink, in which case the home club shall start the game defending the goal nearest to its own bench. The teams shall change ends for each period of regulation time and in playoff games, for each overtime period (See Rule 89 (NOTE)-Tied Games). Teams do not change ends for the Shoot-out.
- (c) During the pre-game warm-up (which shall not exceed twenty minutes in duration) and before the commencement of play in any period, each team shall confine its activity to its own end of the rink. Refer to Rule 56(g) Fisticuffs.

(NOTE 1) The Game Timekeeper shall be responsible for signaling the commencement and termination of the pre-season warm-up and any violation of this rule by the players shall be reported to the President by the supervisor when in attendance at the game.

(NOTE 2) Players shall not be permitted to come on the ice during a stoppage of play or at the end of the first and second periods for the purpose of warming-up. The Referee will report any violation of this rule to the President for disciplinary action.

UHL Official Rules

Rule 87. Start of Game and Periods *(Continued)*

- (d) Twenty minutes before the time schedule for the start of the game, both teams shall vacate the ice and proceed to their dressing rooms while the ice is being flooded. Both teams shall be signaled by the Game Timekeeper to return to the ice together in time for the scheduled start of the game.
- (e) At the beginning of the game, if a team fails to appear on the ice promptly without proper justification, a fine shall be assessed against the offending team, the amount of the fine to be decided by the President.

At the beginning of the second and third periods, and overtime periods in playoffs (0:00 on the clock), clubs must be on the ice or be observed to be proceeding to the ice. For failure to comply, a bench minor penalty for delay of game shall be imposed.
- (f) At the end of each period, the home team players must proceed directly to their dressing room while the visiting team players must wait for a signal from the Referee to proceed only if they have to go on the ice to reach their dressing room. Failure to comply with this regulation will result in a two-minute bench minor for delay of game.
- (g) Before the start of the second and third periods, the teams will proceed directly to their respective players' benches. Only the starting lineup will be allowed on the ice. The visiting team will immediately place its starting lineup at the face-off circle, then the home team will follow. Skating, warm-ups or on-ice activities by non-starters will result in a delay of game penalty to the offending team.

UHL Official Rules

Rule 88. Throwing Stick

- (a) When any member of the defending Team, including any Manager, Coach or Trainer, throws or shoots any part of a stick or any other object at the puck or puck carrier in his defending zone, the Referee shall:
- i) If the stick or other object is thrown or shot at the puck or the puck carrier in the defending zone, preventing a reasonable shot or pass, a penalty shot must be awarded.
 - ii) If the stick or other object is thrown or shot at the puck or the puck carrier in the defending zone, but does not interfere in any manner with the puck or the puck carrier, a minor penalty for interference must be assessed.
 - iii) If the stick or object is thrown or shot away from the area of play (moved out of the traffic area) and in no way interferes with the play, no penalty shall be assessed.

This shot shall be taken by the player designated by the Referee as the player fouled.

If, when the opposing goalkeeper had been removed, a member of the defending Team, including any Manager, Coach or Trainer, deliberately throws or shoots any part of a stick or any other object at the puck or puck carrier, thereby preventing the puck carrier from having a clear shot on an "open net," a goal shall be awarded to the attacking side.

(NOTE 1) If the officials are unable to determine the person against whom the offense was made, the offended team, through the Captain, shall designate a player on the ice at the time the offense was committed to take the shot.

(NOTE 2) For the purpose of this rule, an open net is defined as one from which a goalkeeper has been removed for an additional attacking player.

- (b) A minor penalty shall be imposed on any player on the ice who throws his stick or any part thereof or any other object in the direction of the puck in any zone, except when such act has been penalized by the assessment of a penalty shot or the award of a goal.

(NOTE) When the player discards the broken portion of a stick by tossing it to the side of the ice (and not over the boards) in such a way as will not interfere with play or opposing player, no penalty will be imposed for so doing.

- (c) A misconduct or game misconduct penalty, at the discretion of the Referee, shall be imposed on a player who throws his stick or any part thereof outside the playing area. If the offense is committed in protest of an official's decision, a minor penalty for unsportsmanlike conduct plus a game misconduct penalty shall be assessed to the offending player.
- (d) If a player attempts to or deliberately injures an opponent by throwing a stick or any other object at an opposing player, Coach, Manager or Trainer, he shall be assessed a match penalty under Rule 43 – Attempt to or Deliberate Injury of Opponents.

UHL Official Rules

Rule 89. Tied Games

- (a) If, during regular season play, the score shall be tied at the end of three regulation twenty-minute periods, each team will be credited with one point in the league standings. The teams will immediately proceed to shoot-out period to determine the outcome of the game and the award of a second point in the league standings.

There will be a two-minute intermission period before the start of the shoot-out. The teams shall not change ends for the shoot-out period and the ice shall not be resurfaced.

Five players from each team will then attempt to score in the first shoot-out round using the penalty shot format. Should one team gain advantage during the first round of the shoot-out that team shall be declared the winner and receive an additional point in the league standings. The other team shall be declared the loser and receive an "SOP."

Should neither team have an advantage at the end of the first shoot-out round, a second shoot-out round will result. The second shoot-out round will be a sudden death format featuring an equal number of shooters from each team.

The visiting team shooters will always shoot first. Ten (10) shooters from each team will be allowed to participate, but they need not be identified prior to the commencement of the shoot-out. These will be the only players allowed to participate in the shoot-out.

All 10 eligible players must shoot once prior to any player shooting a second time. In the event that the shoot-out remains tied after 10 rounds, the same 10 players remain the only ones eligible to shoot. However, they are not required to shoot in the same order as in Rounds 1-10.

Players who have been ejected from the game or who have penalty time remaining on the clock at the end of the game are not eligible to participate in the shoot-out and must report to their respective locker rooms.

Goaltenders may not shoot in the shoot-out. No stick measurements are allowed during the shoot-out period.

- (b) If, during playoff games, the score shall be tied at the end of three regulation twenty-minute periods, the teams will proceed to twenty-minute sudden-death overtime periods to determine the outcome of the game. The teams will continue to play overtime periods until the game is decided.

The ice shall be resurfaced before the start of the overtime period(s) while the teams leave the ice for a normal intermission. Teams will switch ends for each of the overtime periods.

UHL Official Rules

Rule 90. Time of Match

- (a) The time allowed for a game shall be three twenty (20)-minute periods of actual play with a rest intermission between periods. Play shall be resumed promptly following each intermission upon the expiration of eighteen (18) minutes, or a length as designated by the League, from the completion of play in the preceding period. This timing commences immediately upon the conclusion of the period. (see Rule 40(b)-Game Timekeeper). A preliminary warning shall be given by the Game Timekeeper to the officials and to both teams five minutes prior to the resumption of play in each period and the final warning shall be given two minutes prior to resumption of play to enable the teams to start play promptly.

(NOTE) For the purpose of keeping the spectators informed as to the time remaining during intermissions, the Game Timekeeper will use the electric clock to record length of intermissions.

- (b) The team scoring the greatest number of goals during the three twenty-minute periods shall be the winner and shall be credited with two points in the League standing.
- (c) In the interval between periods, the ice surface shall be flooded unless mutually agreed to the contrary.
- (d) If any unusual delay occurs within five minutes of the end of the first or second periods, the Referee may order the next regular intermission to be taken immediately and the balance of the period will be completed on the resumption of play with the teams defending the same goals after which, the teams will change ends and resume play of the ensuing period without delay.

(NOTE) If a delay takes place with more than five minutes remaining in the first or second period, the Referee will order the next regular intermission to be taken immediately only when requested to do so by the home club.

UHL Official Rules

Rule 91. Tripping

(NOTE 1) *Accidental trips which occur simultaneously with a completed play will not be penalized.*

(NOTE 2) *If, in the opinion of the Referee, a player is unquestionably hookchecking the puck and obtains possession of it, thereby tripping the puck carrier, no penalty shall be imposed.*

(NOTE 3) *Accidental trips occurring simultaneously with or after the stoppage of play will not be penalized.*

(a) A minor penalty shall be imposed on any player who shall place his stick or any portion of his body in such a manner that it shall cause his opponent to trip and fall.

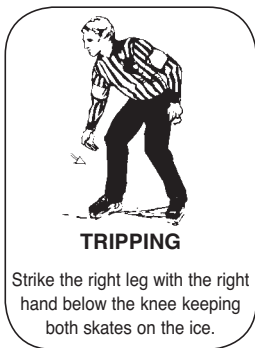
(b) When a player, in control of the puck (or who could have obtained possession and control of the puck) on the opponent's side of the center red line and having no other opponent to pass than the goalkeeper, is tripped or otherwise fouled from behind, thus preventing a reasonable

scoring opportunity, a penalty shot shall be awarded to the non-offending side. Nevertheless, the Referee shall not stop play until the attacking side has lost possession of the puck to the defending side.

(NOTE) *The intention of this Rule is to restore a reasonable scoring opportunity which has been lost by reason of a foul from behind when the foul is committed on the opponent's side of the red line. "Control of the puck" means the act of propelling the puck with the stick, hand or feet. If while it is being propelled, the puck is touched by another player or his equipment, or hits the goal or goes free, the player shall no longer be considered to be "in control of the puck".*

In order for a penalty shot to be awarded for a player being fouled from behind, the following four criteria must have been met:

- i) The infraction must have taken place in the opponent's half of the ice (i.e. over the center red line);
- ii) The infraction must have been committed from behind;
- iii) The player in possession and control (or, in the judgment of the Referee, the player clearly would have obtained possession and control of the puck) must have been denied a reasonable chance to score;



Strike the right leg with the right hand below the knee keeping both skates on the ice.

