



Brock Bowers & Braden Fiske Named November Rookies of the Month

NEW YORK — Dec. 5, 2024 — Las Vegas tight end **Brock Bowers** and Los Angeles Rams defensive end **Braden Fiske** are the NFL Rookies of the Month for games played in the month of November.

OFFENSE: TE BROCK BOWERS, LAS VEGAS RAIDERS

- Bowers led all rookies in receiving yards (349), receptions (32), receiving yards per game (87.3) and receiving touchdowns (three) in November. In Week 11, he had 13 receptions for 126 yards and a touchdown, the most receptions by a rookie tight end in a game in NFL history. Bowers recorded his third game with at least 10 receptions in Week 13 and joined Odell Beckham Jr. (four games in 2014) and Jaylen Waddle (three games in 2021) as the only rookies all-time with 10-or-more receptions in three games.
- Bowers becomes the third Raiders player to win Rookie of the Month, joining Josh Jacobs (October & November, 2019) and Pro Football Hall of Famer Charles Woodson (December, 1998).
- Bowers becomes the first former Georgia tight end to win Rookie of the Month.

DEFENSE: DE BRADEN FISKE, LOS ANGELES RAMS

- Fiske led all rookies in tackles for loss (six) and sacks (five) in November. His five sacks were the second-most among all NFC players in November and was the only player in the NFL with two-or-more tackles for loss in three games.
- Fiske becomes the third Rams player to win Defensive Rookie of the Month, joining Kobie Turner (December, 2023) and Jared Verse (September, 2024).
- Fiske becomes the third former Florida State defensive lineman to win Defensive Rookie of the Month, joining Brian Burns (September, 2019) and Corey Simon (November, 2000).