



# A Look at 2024 NFL Kickoff Weekend Rosters

*Crimson Tide paces all colleges for eighth straight season*

**NEW YORK — Sept. 12, 2024** — A look at 2024 NFL Kickoff Weekend Rosters, including most represented colleges, quarterback information, a team-by-team player dimensions breakdown and the height, weight and age averages among Week 1 rosters.

**Tide Rolling into NFL:** For the eighth consecutive season, Alabama had the most or tied for the most players (61) on active NFL Kickoff Weekend rosters, the league announced today. The Crimson Tide also placed the most active NFL players on season-opening rosters in 2018 (44), 2019 (56), 2020 (53), 2021 (54), 2022 (58) and 2023 (57), and shared the league lead in 2017 (39). Ohio State (51) ranked second in 2024, followed by Georgia (45).

A total of 234 colleges were represented on Kickoff Weekend active rosters. The colleges with the most NFL players:

<u>COLLEGE</u>	<u>PLAYERS</u>	<u>COLLEGE</u>	<u>PLAYERS</u>	<u>COLLEGE</u>	<u>PLAYERS</u>
Alabama	61	Texas	31	Stanford	25
Ohio State	51	Clemson	30	Wisconsin	25
Georgia	45	Florida	30	UCLA	24
Notre Dame	41	Oregon	28	Illinois	22
Michigan	40	USC	28	Mississippi	22
LSU	39	Texas A&M	27	Auburn	21
Penn State	36	Florida State	26	Miami	21
Oklahoma	33	Iowa	26	South Carolina	21
Washington	32	Tennessee	26		

A breakdown by position of colleges with the most players in the NFL:

<u>POS.</u>	<u>SCHOOL</u>	<u>PLAYERS</u>	<u>POS.</u>	<u>SCHOOL</u>	<u>PLAYERS</u>
<b>C</b>	Penn State, Wisconsin	4	<b>DT</b>	Alabama	8
<b>G</b>	Michigan	6	<b>DE</b>	Ohio State	8
<b>T</b>	Oklahoma	7	<b>LB</b>	Penn State, Wisconsin	8
<b>TE</b>	Iowa, Notre Dame, Stanford	5	<b>DB</b>	Alabama	13
<b>QB</b>	Alabama, North Carolina, Oklahoma	3	<b>P</b>	Penn State	2
<b>RB</b>	Alabama	6	<b>K</b>	Notre Dame	3
<b>WR</b>	Alabama, USC	8			

**QB Breakdown:** A by-the-numbers look at the 32 starting quarterbacks in Week 1.

<b>7</b>	First or second-year players	Daniels, WAS; Levis, TEN; Nix, DEN; Richardson, IND; Stroud, HOU; Williams, CHI; Young, CAR
<b>23</b>	First-round draft picks	Allen, BUF; Burrow, CIN; Daniels, WAS; Darnold, MIN; Fields, PIT; Goff, DET; Herbert, LAC; Jackson, BAL; Jones, NYG; Lawrence, JAX; Love, GB; Mahomes, KC; Mayfield, TB; Murray, ARI; Nix, DEN; Richardson, IND; Rodgers, NYJ; Stafford, LAR; Stroud, HOU; Tagovailoa, MIA; Watson, CLE; Williams, CHI; Young, CAR
<b>4</b>	Second-round draft picks	Carr, NO (No. 36 overall); Hurts, PHI (53); Levis, TEN (33); Smith, SEA (39)
<b>5</b>	Drafted in third round or later, or undrafted	Brissett, NE (third round, No. 91 overall); Cousins, ATL (4, 102); Minshew, LV (6, 178); Prescott, DAL (4, 135); Purdy, SF (7, 262)
<b>8</b>	No. 1 overall picks	Burrow, CIN; Goff, DET; Lawrence, JAX; Mayfield, TB; Murray, ARI; Stafford, LAR; Williams, CHI; Young, CAR

**The Tall and Short of it:** On NFL Kickoff rosters, there were 316 players weighing under 200 pounds, 254 players under six-feet tall and 352 players weighing over 300 pounds.

Miami had 15 players weighing less than 200 pounds, the most in that category. Detroit, Houston and Miami each had 12 players under six-feet tall, while Carolina, Detroit, Kansas City and the New York Giants each had 13 players weighing over 300 pounds.

A team-by-team player dimensions breakdown based on 2024 Kickoff rosters:

Team	Under 200 lbs.	Under 6-feet	Over 300 lbs.
Arizona Cardinals	12	9	12
Atlanta Falcons	11	8	8
Baltimore Ravens	11	5	12
Buffalo Bills	10	9	11
Carolina Panthers	7	10	13+
Chicago Bears	7	11	11
Cincinnati Bengals	7	8	12
Cleveland Browns	9	7	12
Dallas Cowboys	10	4	12
Denver Broncos	11	9	8
Detroit Lions	12	12+	13+
Green Bay Packers	9	7	12
Houston Texans	14	12+	12
Indianapolis Colts	9	7	11
Jacksonville Jaguars	7	8	11
Kansas City Chiefs	7	6	13+
Las Vegas Raiders	12	11	9
Los Angeles Chargers	7	9	10
Los Angeles Rams	9	10	11
Miami Dolphins	15+	12+	10
Minnesota Vikings	13	6	9
New England Patriots	7	7	11
New Orleans Saints	13	4	12
New York Giants	10	5	13+
New York Jets	7	7	11
Philadelphia Eagles	12	10	12
Pittsburgh Steelers	10	8	10
San Francisco 49ers	8	6	10
Seattle Seahawks	11	6	12
Tampa Bay Buccaneers	9	9	10
Tennessee Titans	9	5	9
Washington Commanders	11	7	10

+ NFL high

**Height, Weight and Age Averages among Week 1 Rosters, 2024**

<b>Team</b>	<b>Height</b>	<b>Weight</b>	<b>Experience</b>	<b>Age (Years)</b>	<b>Rookie &amp; 1st Year</b>	<b>Players Aged 30 &amp; Over</b>
Arizona Cardinals	6.15&	242.51	4.34	26.09	10	5
Atlanta Falcons	6.19	242.13	4.65	26.70	7	11
Baltimore Ravens	6.21	245.91	4.49	26.38	9	11
Buffalo Bills	6.20	244.27	4.49	26.33	11	9
Carolina Panthers	6.20	246.40	4.64	26.93	10	9
Chicago Bears	6.17	245.91	4.36	26.40	5&@	7
Cincinnati Bengals	6.21	246.31	3.76	25.87	12	4^
Cleveland Browns	6.18	244.30	5.37**	26.91	5^@	14**
Dallas Cowboys	6.22	244.98	4.45	26.43	9	11
Denver Broncos	6.21	240.67	3.76	26.00	14*	5
Detroit Lions	6.17	245.20	3.82	25.38	14	6
Green Bay Packers	6.23#	247.59	3.00&@	24.91&@	12	1&@
Houston Texans	6.13^@	236.77^@	5.08	26.62	6	12
Indianapolis Colts	6.24**	245.20	4.07	26.06	8	8
Jacksonville Jaguars	6.24**	247.11	3.96	25.59^	10	7
Kansas City Chiefs	6.23	247.98	4.06	25.68	10	6
Las Vegas Raiders	6.18	240.06	3.69^	25.91	13	6
Los Angeles Chargers	6.20	246.49	4.15	25.79	8	6
Los Angeles Rams	6.17	243.70	3.06	25.32	17**	3
Miami Dolphins	6.15	240.50	5.22	27.07**	9	11
Minnesota Vikings	6.19	241.39	5.00	27.04	8	11
New England Patriots	6.19	249.02**	4.06	26.09	10	6
New Orleans Saints	6.20	243.54	4.28	26.50	12	8
New York Giants	6.20	245.94	4.10	25.83	9	6
New York Jets	6.20	247.24	4.87	26.65	9	9
Philadelphia Eagles	6.20	246.07	4.04	25.65	8	4
Pittsburgh Steelers	6.19	243.19	4.75	26.73	7	13
San Francisco 49ers	6.19	241.31&	4.85	27.07**	6	13#
Seattle Seahawks	6.21	248.96#	4.25	26.09	10	10
Tampa Bay Buccaneers	6.19	245.47	3.49	25.49	12	3
Tennessee Titans	6.23	245.43	4.22	26.26	10	6
Washington Commanders	6.19	242.91	5.04#	26.96	10	12
<b>NFL Average</b>	<b>6.20</b>	<b>244.51</b>	<b>4.30</b>	<b>26.21</b>	<b>9.69</b>	<b>7.91</b>

+ NFL high; @ NFL low ... \*AFC High; ^ AFC Low ... # NFC High; & NFC Low

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