

## How to Notebook Cover / Posh Book

**\*\*All Posh Books follow same steps as Starfleet Academy Posh Book. Pictures for reference only \*\***

**SPECIAL NOTES:**  
Use top thread that best matches your vinyl – arbitrary colors have been chosen to force color stops

### **Materials:**

Medium weight cut away  
About 8" of ¼" to 5/8" grosgrain ribbon  
3 pieces at 2 ½" FOE (fold over elastic)

painters tape

### **5x7:**

marine vinyl:  
Front: 6" x 8"  
Back: 6" x 8"  
Slip pockets: 2 @ 2 ½" x 6"



**Designed to fit Mini Composition Books**  
**3.25" x 4.5"**

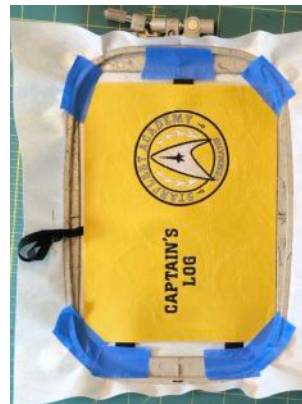
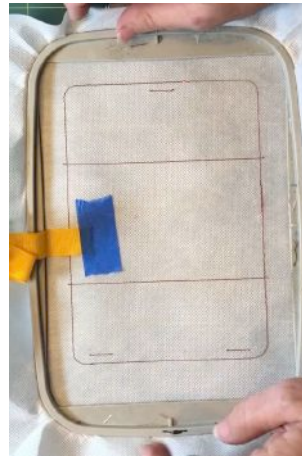
**ACTUAL SLIP POCKET CLEARANCE:**  
**3 5/8" X 4 7/8"**

**Please note step and color change – to force stops for various steps totally random colors have been used!**

**Step 1:** are we here, again!? Ugh, don't you ever get tired of ... hoop a piece of medium weight stabilizer ...

**Step 2:** Run Color Stop 1 (yeah, I know, this is eerily familiar too)

These are the die lines for various placements



NOW for something completely different  
**Step 3:** tape the edge of your ribbon so that it extends into the interior of your hoop, about ¼" past the die line as shown. Pin or tape the other end OUT OF THE WAY to the stabilizer OUTSIDE THE HOOP

**Step 4:** Fold ALL THREE pieces of FOE (fold over elastic) In half, matching the raw edges. Tape them so that the raw edges are to the inside of the hoop, overlapping the die lines by about ¼" and the loop end is OUTSIDE the vinyl placement die line. Be sure to tape the loop end down, as well, so it stays in place during stitching. Run color stop 2

**Step 5:** Place the vinyl you want for the OUTSIDE of your posh book so that it covers the entire vinyl die line on the stabilizer, taping just the 4 corners so that it does not shift.

**Step 6:** Run the "DESIGN ELEMENT" Color Stops – this will be ALL remaining color stops EXCEPT THE VERY LAST ONE.



**Step 7:** remove the hoop from the machine and flip over. On the back of your hoop, with a pen or pencil, extend the two horizontal placement lines for the slip pockets to the edge of the hoop (your machine can't stitch the die lines this far and the "inner lining vinyl" is going to hide your placement lines)



**Step 8:** STILL ON THE BACK, lay your "inner lining vinyl" so that it covers the vinyl die line and tape in place.



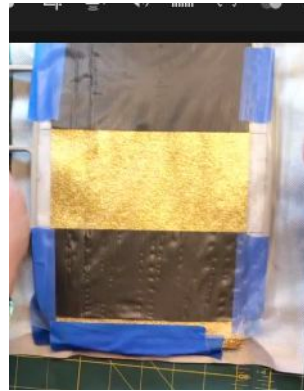
**Step 9:** take 1 piece of slip pocket vinyl and lay a long, straight edge such that it lines up with one of your drawn lines, with the left and right aligned with your "inner lining vinyl." Tape the left and right edges in place

LIKE THIS!  
←



**Step 10:** repeat step 9 with the OTHER piece of slip pocket vinyl.

LIKE THIS!  
←



**\*\* WARNING \*\***  
YOU MAY want to ALSO tape the inner edges to keep them from catching when they ride over the needle plate **OR COVER THE ENTIRE BACK IN WSS to prevent snagging, dragging and catching**



**Step 11:** run the last color stop to attach it ALL together.



**Step 12:** clip your jumps, remove your tape and de-hoop.

**There is only ONE SIDE YOU CAN STRAIGHT EDGE CUT WITH A ROTO-CUTTER – be careful!!!**



**Step 13:** on the three sides with ribbon or FOE you will have to cut the back and front separately to keep from accidentally cutting off the ribbon and FOE



**Step 14:** The way \*I did\* my cuts was to slip an aluminum hem ruler between the top vinyl and the FOE/ribbon, use a roto cutter \*THEN\* flip the work over, slip the hem ruler between the FOE/ribbon and the stabilizer and cut again from the back.



**Step 15:** once you have cut the edges, use scissors to round your corners



**Step 16:** slip your notebook into the slip pockets



**Step 17:** slide a pen through ALL three FOE loops



**TADA!!!!**



**ITH Zipper BAG TUTORIALS and MANY others available on my YouTube channel**

Be sure to check out our YouTube channel: <https://www.youtube.com/c/StringTheoryFabricArt>

Our store: <https://stringtheoryfabricart.com/>

AND our Facebook Fan Group where you will find more helpful hints, discounts, and coupons: <https://www.facebook.com/groups/STFANFanGroup/>